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The National Association of Therapeutic Schools and Programs

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No member of the National Association of Therapeutic Schools and Programs may discriminate on the basis of race, color, national or ethnic origin in their programmatic or admission policies, or in their scholarship, loan, or extracurricular programs.

National Association of Therapeutic Schools and Programs (NATSAP)

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NATSAP was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many therapeutic residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the 2019 - 2020 Directory are diverse. From therapeutic boarding schools and residential treatment centers to wilderness therapy programs and group homes, the directory’s listings offer a wide range of programmatic types, lengths of stay and services to meet the needs of a variety of struggling young people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a person is arguably the most important decision that will ever be made on behalf of that person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is a volunteer membership organization supporting professionals and programs in their efforts to help struggling young people. NATSAP is not an accrediting or licensing body. All members that serve adolescents are either licensed by their respective state or accredited by one or more nationally recognized accreditation bodies.

All programs listed in the 2019-2020 Directory are members as of August 31, 2019.
Program Definitions

**Outpatient/Non-Residential Programs** – These programs are designed to serve youth and young adults who can benefit from community-based treatment including, but not limited to: outpatient therapy, recreational therapy, community service, academics, mentoring, coaching and support with addictions. These programs are overseen by a licensed clinician, and when offering academic credits, must have appropriate accreditation. Day treatment models, as well as community-based mentoring and counseling models which include in-home and community interventions may be typical of this category.

**Residential Treatment Centers** – The focus of these programs is behavioral support. Medication management and medical monitoring is generally available on-site. These facilities treat adolescents with serious psychological and behavior issues. Most are accredited by a national accrediting body. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics.

**Specialty Psychiatric & Behavioral Hospitals** – Specialty Psychiatric Hospitals, are hospitals or wards specializing in the treatment of serious mental illness, such as clinical depression, schizophrenia, and bipolar disorder. Psychiatric hospitals vary widely in their size and grading. Some hospitals may specialize only in short-term or outpatient therapy for low-risk patients. Others may specialize in the temporary or permanent care of residents who, as a result of a psychological disorder, require routine assistance, treatment, or a specialized and controlled environment.

**Therapeutic Boarding Schools** – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program’s therapeutic components.

**Therapeutic Day Schools** – Unlike Therapeutic Boarding Schools, these schools do not have a residential component and provide services during the day. However, similar to Therapeutic Boarding Schools, these schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program’s therapeutic components.
Program Definitions

Transitional Independent Living Programs / Young Adult Programs– These programs are designed to serve young adults over the age of 18 years who could benefit from a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to community-based self-help groups such as 12 step programs and may have a psychiatric component. Generally, these programs offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community-based, independent living apartment model. Young Adult Programs are designed to work exclusively with young adults and may not be able to be fully licensed or accredited as an entity but have therapeutic services that are overseen by a licensed clinical professional.

Wilderness Therapy Programs / Outdoor Therapeutic Programs – These programs subscribe to a diverse treatment model that incorporates a blend of therapeutic modalities, but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice, and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contains the following key elements that distinguish it from other approaches found to be effective in working with adolescents and young adults: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences, and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.
Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants, treatment that is rooted in good-hearted concern for their well-being and growth, respect for them as human beings and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of and responsive to the dignity, welfare and worth of our program participants.

2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program and to not exploit the potential clients’ fears and vulnerabilities.

3. Respect the privacy, confidentiality and autonomy of program participants within the context of our facilities and programs.

4. Be aware and respectful of cultural, familial and societal backgrounds of our program participants.

5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants or lead to exploitation.

6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational and physical needs of our program participants.

7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.

8. Value continuous professional development, research and scholarship.

9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.

10. Manage our finances to ensure that there are adequate resources to accomplish our mission.

11. Fully disclose to prospective candidates the nature of services, benefits, risks and costs.

12. Provide informed, professional referrals when appropriate or if we are unable to continue service.

13. NATSAP members agree to not facilitate or practice reparative therapy.
Courteous

- Attend the presentations and breakout sessions. Don’t be a lobby dweller.
- Avoid surfing screens and talking during presentations.
- Presenters, keep content focused on helpful information, not self-promotion.
- Avoid attending non-conference events during conference hours.
- Register and pay for the conferences you attend.

Collegial

- Reach out and make new friends.
- Limit marketing activities to the times and places designated in the conference agenda.
- Avoid a spirit of competition while at the conference by fostering personal humility and a desire to learn and grow together.

Committed

- Co-create NATSAP’s path by attending the town hall meeting.
- Give feedback by completing the conference surveys.
- Go beyond being a NATSAP spectator. Get involved.
- Attend the annual business meeting to stay in the loop with NATSAP.
NATSAP’s Role
NATSAP is not a referral or placement agency, or an accreditation or licensing organization. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

About NATSAP’s Members
NATSAP’s membership is composed of programs, both established and new, that have made a commitment to following national standards.

All programs that oversee adolescents applying for membership or renewing in NATSAP must:
1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency — Joint Commission, COA, CARF, NIPSA - Therapeutic (Level 3 or 4)
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Questions to Ask Before Making A Final Placement Selection
You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/outdoor behavioral program or a residential treatment center. As we have indicated on our web site and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected one or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child’s care in the facility. We urge you not to make a decision until you have explored all of these factors.

Overall
• What makes your program a good choice for my child (medical, therapeutic, academic factors)?
• What kind of supervision is there as the child progresses through the day?

Admissions
• What are your admissions criteria?
• What criteria exclude a child from consideration?
• When will space be available? How many clients are enrolled?
• What patient consents are needed, if any?
• What play/entertainment activities are available?
• Who reviews my child’s application? What are their credentials?
• What are the costs? What does this cost cover?
• Are there additional costs? If so, what are they?
• How long will the admissions process take?
• Who will I be meeting with during the admissions process?
• Will I be able to say goodbye to my child after the admissions process is complete?

Licensing and Accreditation
• Are you licensed by the State? What type of license? What State office issued the license?
• Are you accredited by a mental health agency, such as The Joint Commission (JCAHO), Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), or National Independent Private School Association (NIPSA)?
Questions to Ask Before Making A Final Placement Selection

Licensing and Accreditation (Cont’d)

- Do you have a Clinical Director? What are his/her credentials? May I meet him/her? What is their degree of involvement with the child? Are they on-site full-time?
- What are the credentials of the staff that will be working with my child? Specifically, the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

Therapeutic Model/Clinical

- Is there a description of your therapeutic model using terminology one can use to gain a better understanding through further research?
- How would you describe your therapeutic model? How is the child’s behavior shaped?
- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy? How is it executed?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child’s progress judged? Who participates in determining my child’s progress?

If applicable:

- By what means will the child improve their understanding of their true nature? Be able to sense the onset of issues? Be able to cope with these issues?
- How closely involved are the psychiatrists/medical staff involved? What is the link between the neurological assessment and medication and the therapeutic components of the treatment and between the medical and therapeutic staff?

Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State? Academic qualifications? Special Ed qualifications?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas? Of the graduates, what percentage go to college? What do the others do?
- Any vocational training? Vocational certificates?
- What accommodations are available for needs defined by IEPs or by their equivalences?
- How heterogeneous are the classes? How much individual instruction is the norm and how are varied skill levels accommodated?
- What percentage of your student body fails courses they do not like?
- Will a student transitioning to a public school at the same grade level be on par academically?
- Is the academic program a 12-month program?
- Is homework given regularly? How is its accomplishment managed?

If applicable:

- Do any neuro-psychological or therapeutic assessments influence the teaching style?
Questions to Ask Before Making A Final Placement Selection

**Medical**
- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?
- How will the efficacy of the child’s medication be assessed both initially and thereafter?
- If applicable:
  - Will there be a physiological/neurological component and how will that be used to inform the choice of medication? How/when will the parents be notified?
  - How does the interaction between the medical (and medicinal), therapeutic, and academic staff ensure integrated treatment?

**Direct Care Staff**
- What type of training is provided to your direct care staff?
- What are their duties and qualifications?
- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?
- What is the staff experience level and qualifications and what is the staff’s stability?

**Risk Management**
- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students? How are outbursts handled and what means are used to obtain control? Quiet room upon request? Locked room? Restraints? Sedation?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors? Will children with criminal pasts interact with my child?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities? In case of a medical/psychological emergency, how close is the nearest fully capable emergency facility?
- How do you handle children at risk of suicide?
- What special programs do you offer, for example, for children that have experimented with drugs?
- What steps do you take to negate risky behavior—for example, checking medication?
- How do you handle allegations of abuse? What protections are there for the children and staff? How high in the organization does the person handling abuse complaints report to?

**Questions for Specific Program Types**
- **Short Term Outdoor/Wilderness Program**
  - How do you handle severe weather?
  - How do you handle emergencies?
  - What type of food do you provide?
  - How do you manage personal hygiene?
- **Long Term Residential Specific**
  - Are you a locked facility? Locked for how long? Any opportunity to go outside? To play sports? What relief is offered?
  - Is there 24-hour awake staff supervision?
  - How often will I see my child?
  - Will I be able to speak with my child on the telephone?
  - Will I be able to write and receive letters?
  - What is the reporting structure to parents? Periodic? At decision points?
  - Who is the parental point of contact?
  - How are parents kept in-the-loop? What are parental roles and expected interactions, if any?
Questions to Ask Before Making A Final Placement Selection

Success Rate / Outcomes
- What is your success rate?
- Do you administer an outcome study? If so, where is that data?
- Do you have students return to your program? What percentage?
- What percentage of your graduates are subsequently hospitalized?
- What constitutes successful treatment? What criteria are used to evaluate the degree of success achieved? Who evaluates success?
- What percentage do not succeed therapeutically after spending enough time so that more time would not help?
- How much follow-up do you do and what kind of data do you collect?

Transition / Next Step
- How many of your students return home after the program? If they don’t return home, where do they go?
- Will your program help us assess what is the next best step? The kind of care required in the next step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?
- If there are transitions between discrete components of the program, how is continuity maintained?
- If the child will transition to an outside program, what arrangements will be made to prepare the child for a smooth transition?
- How will your products (e.g., reports/assessments) be useful in the next step?
- Do you help prepare the child for the activities of daily living?
- When pertinent, how do you assist re-integration into the family?

More Information
NATSAP has more information on the selection of the appropriate placement plus other important information on our web site www.natsap.org. We encourage you to review the For Parents section of our web site.
The Board of Directors of NATSAP has long realized that our profession has the responsibility of providing data that examines the impact and effectiveness of our programs. To this end, NATSAP has sponsored an outcome research project in collaboration with Dr. Michael Gass at the University of New Hampshire for the past decade. This work has resulted in a permanent database and led to numerous conference presentations, and scholarly articles aimed at documenting the effectiveness of NATSAP programs. However, the database has relied in large part on a handful of programs who have contributed the majority of data to this effort.

The Board has decided it is now time to push our efforts to the next level and make clear to consumers that not all programs are alike, and those who honestly examine their work and contribute to the scholarly, professional, and practical understanding of the effects of our interventions deserve to be set apart and receive the proper recognition for their efforts. To this end the Board of NATSAP has established the new status of Research Designated Program (RDP) to be given to programs that apply and demonstrate they are involved in supplying data that is aimed at evaluating NATSAP program effectiveness and increasing the understanding of our programs impact on youth and their families.

The RDP is a NATSAP endorsement designed to acknowledge programs that track outcomes using a normed and valid measure that is designed as an outcomes measure. There are three levels:

- Bronze= 70% of Admit census sampled
- Silver= Bronze + 70% of discharge data
- Gold= Silver + 25% of 6 & 12 months post discharge data

Providers can be an RDP without participating in the Golden Thread or the NATSAP research network.

**How to Join:**

For NATSAP programs not using the Remote Research Director service, complete the following application: [www.natsap.org/rdp_app](http://www.natsap.org/rdp_app)

For Petree Consulting customers using the Remote Research Director service, email Mike Petree. (mike@remoteresearchdirector.com)

If you are already an RDP member and have questions about renewal, please contact Mike Petree (mike@remoteresearchdirector.com)
NATSAP Member Benefits

As a member of NATSAP, the following benefits are available:

• **National & Regional Conferences** - All NATSAP members are encouraged to attend and present at our Annual and Regional Conferences, which occur throughout the year. A few of the many benefits of attending include professional development, continuing educational credits, and networking. Members may also promote their schools, programs, and businesses by exhibiting at conferences at preferred member rates.

• **Link ‘n Learn Workshops** - Link ‘n Learn is an innovative service that allows educational consultants and NATSAP programs to meet and network. Programs and Educational Consultants are given time to learn about and get to know one another.

• **NATSAP Leadership Summit** - The purpose of the NATSAP Leadership Summit is to create a dedicated, private, and confidential space for NATSAP program leaders to meet and discuss program development, professional growth, best practices, needed improvements, and other issues best suited to a closed group format.

• **Government Representation** - The NATSAP Government Relations Committee seeks to analyze all legislation coming from Capitol Hill that will affect member programs. Through the committee, NATSAP formulates responses that would best support our members’ beliefs. Our government representation takes several forms, including: Washington Fly-in day when members can meet key legislators to discuss issues of importance; review of and commentary on recently-introduced legislation; participation in hearings; and participation in key coalitions, among others.

• **Participation on Committee** - One of the best ways to maximize your membership in NATSAP is to participate in one of our many committees addressing various needs of programs and professionals in our field. Our Committees can only benefit from the new ideas that representatives from our member programs bring. Committees include: Membership, Member Services, Government Relations, Research, Best Practices, Education, and Public Relations.

• **Public Relations** - NATSAP has retained a professional public relations firm to help outside entities understand and appreciate the work our member programs do. A Public Relations Toolkit has been created to help member programs interface with the public in their local communities.

• **Participation in Coalitions** - NATSAP seeks to align with various other like-minded organizations on a wide spectrum of issues and projects. We will continue to belong to various coalitions and will consider partnerships that provide a greater voice in issues of importance to our membership.

• **Youth Advocate Bulletin** - NATSAP circulates a quarterly email on Senate and House happenings. This email contains information on government relations issues that may have a direct impact on our association’s members.

• **Networking** - NATSAP seeks to create a strong network of programs and individuals across North America. A variety of regional and annual conferences are held during the year to promote networking amongst our membership. Conferences are a place to circulate new research and ideas contemplated or implemented in member programs. NATSAP events also provide a chance for programs to meet with various suppliers of goods and services.

• **Vendor Discounts** - NATSAP has negotiated rate reductions for member programs with Food and Supply Source, Jiffy Lube, HotelStorm and more.
NATSAP Member Benefits (cont’d)

• **Surveys** - NATSAP conducts periodic surveys on topics of interest to members. Past surveys have addressed employee salaries, how member programs impact the local and regional economy, and educational consultant/program relations.

• **Research Designated Program (RDP)** - The Board has decided it is now time to push our efforts to the next level and make clear to consumers that not all programs are alike, and those who honestly examine their work, and contribute to the scholarly, professional, and practical understanding of the effects of our interventions deserve to be set apart and receive the proper recognition for their efforts. To this end the Board of NATSAP has established the new status of Research Designated Program to be given to programs that apply and demonstrate they are involved in supplying data that is aimed at evaluating NATSAP program effectiveness and increasing the understanding of our programs impact on youth and their families.

• **Outcomes Research Project** - NATSAP and the University of New Hampshire are working in cooperation to study the long-term effects of residential treatment centers and wilderness programs on clients. This provides a unique opportunity to quantify the benefits of attending our programs well beyond student graduation. Outcomes are a key component guiding NATSAP’s Best Practices Committee. The Journal of Therapeutic Schools & Programs is circulated on a yearly basis to augment the findings of our outcome research.

• **Webinars** - NATSAP Webinars are a new service provided to enhance the knowledge of our member organizations. We provide live web broadcasts on our website from industry experts on various issues that may affect our members. Previous webinars are stored on our website in the member portal and can be viewed at any time.

• **Monitoring of Applicable Federal Grants** - NATSAP regularly monitors Federal grants for those that may be beneficial and applicable to our membership. Qualifying NATSAP members are welcome to apply for grants directly with the government.

• **We Are NATSAP** - We Are NATSAP is our quarterly newsletter which focuses on the latest news and events occurring at member programs. Participation is open to all NATSAP Member Programs.

• **Online Continuing Education** - NATSAP has partnered with the Telemental Health Institute to offer discounted training seminars for NATSAP members who are interested in the legal, ethical and clinical issues relevant to evidence-based distance counseling and other technology-mediated best practices.

• **Membership Directory Listing** - Inclusion in NATSAP Membership Directory with widespread distribution, in both printed and electronic versions. Deadlines apply for the printed version.

• **TEACH-NOW** - The National Association of Therapeutic Schools and Programs (NATSAP) is excited to announce our latest collaboration with TEACH-NOW, in order to increase high-quality certified teachers in NATSAP member programs and in schools around the globe!
Full Membership: (only programs with Full Membership have voting rights). Programs applying for Full Membership must be in operation beginning with the first client admission for 2 years or more and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents, and young adults or accredited by one or more of the following: JCAHO, COA, CARF, NIPSA – Therapeutic (Level 3 or 4). This category includes non-residential treatment programs. (Educational accreditation is not accepted as licensure.)
- have therapeutic services with oversight by a qualified clinician
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

*A young adult program is defined as a program that is exclusively designed to work with young adults aged 18 and older.

Provisional Membership: Programs applying for Provisional Membership must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents or young adults, or accredited by one or more of the following: JCAHO, COA, CARF, NIPSA – Therapeutic (Level 3 or 4)
- have therapeutic services with oversight by a qualified clinician
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

*The Provisional Member is approved for a period of 2 years. At that time the program is subject for review by the membership committee for an extension of the provisional membership.

Associate Program Membership: This category includes unlicensed or non-accredited residential, non-residential programs, or Young Adult Programs. Programs applying for the Associate Program Membership must:

- membership must be in operation beginning with the first client admission for at least one year prior to applying for membership
- unlicensed/non-accredited programs serving an adult population of 18 and older
- therapeutic services implemented by a state-licensed mental health provider
- aspire to the NATSAP Ethical Principles and Principles of Good Practice
## Program Listing: By Name

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Echo Springs Transitional Study Center  
EDGE Learning and Wellness Collegiate Community  
Elevations RTC  
Elk River Treatment Program  
Ellenhorn  
Equinox RTC  
Evangelhouse Christian Academy  
Evoke At Cascades  
Evoke Entrada  
Explorations  
Family First Adolescent Services, LLC  
Forest Heights Lodge  
The Foundation for Independent Living, Inc.  
Foundation House  
Fulshear Treatment to Transition  
Gateway Academy, LLC  
Genesee Lake School  
Green Chimneys  
Greenbrier Academy for Girls  
Grove School  
Havenwood Academy, Inc.  
Heartspring School  
Heritage Schools, Inc.  
Hillside ®  
In Balance Ranch Academy  
Innercept  
Intermountain  
Ironwood Maine  
Journey Academy  
Journey Home West  
Journey Home Young Adult  
JRI - Anchor Academy  
JRI - Bay Cove Academy  
JRI - Granite Academy  
JRI - River Run at Susan Wayne Center  
JRI-The Victor School  
Kaizen Academy  
Kolob Canyon RTC  
La Europa Academy  
Lakemary Center, Inc.  
Latham Centers

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Academy at Sisters
(Therapeutic Boarding School)

CONTACT

Executive Contact: Brooke Hare
Admissions Contact: Janice Cummings
Academic Contact: Rick Buening
Email: jcummings@academyatsisters.org
Phone: (541) 389-2748
Fax: (541) 389-2897
Address: PO Box 5986
Bend, OR 97708-5986
Website: www.academyatsisters.org

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 13 - 18
Grades: 8 - 12/College prep
Enrollment: 16
Duration: 12 - 18 months
Founded: 1994

The Academy at Sisters is a small, safe therapeutic boarding school designed specifically to help young women address challenges such as: depression, anxiety, academic decline and school avoidance, social media misuse, relationship issues, family conflict, attachment, and substance use.

The Academy at Sisters treatment program is an eclectic combination of the latest evidence-based treatment models. Our therapeutic approach can best be described as attachment based, trauma informed, gender supportive, and strength based. We incorporate the use of Dialectical Behavior Therapy, Mindful Self-Compassion, Eye Movement Desensitization and Reprocessing, Cognitive Behavioral Therapy and Equine Assisted Psychotherapy to help youth identify how their past has impacted their present as they build effective skills for a healthier future.

Individual, Group, and Family Therapy is facilitated by Licensed Therapists, and supported on a daily basis by experienced Treatment Coordinators.

Equine Assisted Psychotherapy is a key component of our program. Youth participate in individual, group and family therapy using the horses. Youth also have the opportunity to participate in our basic horsemanship program and learn basic Western or English riding skills.

The Academy’s Accredited Academic component utilizes a Proficiency Based Model of experiential learning which encourages youth to integrate and maximize individual learning styles. Classes are facilitated by master’s level teachers who are skilled at making learning relevant and fun. Youth who meet criteria are eligible to transition to the local high school to practice their new skills in a “real world” setting.

Recreational and community service opportunities are abundant and round out the overall experience at the Academy. Identifying one’s purpose and passion in the community and in nature affords youth the opportunity to connect and build relationships through leadership and service.

Individual Psychotherapy Available: Yes
Accreditation & Licensure: Oregon Department of Human Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Central Oregon Program Alliance
AIM House
(Young Adult Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td>Executive Contact: Daniel Conroy</td>
<td>Gender: All Genders (non-binary)</td>
</tr>
<tr>
<td>Admissions Contact: Deserae Kofoed</td>
<td>Ages: 18 - 25</td>
</tr>
<tr>
<td>Academic Contact: Tim Wells, MSW</td>
<td>Grades: N/A</td>
</tr>
<tr>
<td>Email: <a href="mailto:dkofoed@aimhouse.com">dkofoed@aimhouse.com</a></td>
<td>Enrollment: 35</td>
</tr>
<tr>
<td>Phone: (303) 554-0011</td>
<td>Duration: 6 months</td>
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<tr>
<td>Fax: (303) 554-0022</td>
<td>Founded: 1998</td>
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<tr>
<td>Address: 888 13th St</td>
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<tr>
<td>Boulder, CO 80302</td>
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<tr>
<td>Website: <a href="http://www.aimhouse.com">www.aimhouse.com</a></td>
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AIM House is an individualized, live-in mentoring program for young men ages 18 and older who are having difficulty with the transition to adulthood. Our goal is to help participants cultivate personal awareness and discover their unique place in the world. To this end, we provide a positively structured living environment and a supportive, personalized program that includes:

- Group, Individual and Family Therapy
- Life Skills Coaching
- Vocational Coaching and Internships
- Academic Mentoring and Access to Academic Institutions
- Relapse Prevention and Support
- Health and Wellness Instruction
- Creative Accelerator Program
- Positive Peer Support
- Integrative Psychiatry

AIM House gives participants a unique opportunity to reach beyond self-imposed limitations and determine their own success. Our committed team works to creatively address the specific emotional, behavioral and educational needs of each participant, preparing them for the future while increasing self-confidence in the here and now. This holistic approach is designed to help AIM House residents move forward with their lives in a real world setting.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Associate Member
Aloft Transitions
(Young Adult Program)

**CONTACT**

**Executive Contact:** Jason Wood  
**Admissions Contact:** Jason Wood  
**Academic Contact:** Jason Wood  
**Email:** jason@alofttransitions.org  
**Phone:** (208) 365-8049  
**Address:** 372 S Eagle Road, #117 Eagle, ID 83616  
**Website:** www.alofttransitions.org

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 18 - 30  
**Grades:** N/A  
**Enrollment:** 14  
**Duration:** 12 - 18 months  
**Founded:** 2012

Aloft Transitions is a residential, life transition program for young adults 18 to 30 years old. Our clients participate in a therapeutic milieu which centers on preparing for an independent life through life skills coaching, career training, clinical counseling, and educational mentoring. Our aim is to successfully prepare each client for life as an ethical and responsible adult. The program focuses on attribute and values development, couched in a framework of relationship building, and mentoring from caring adult mentors. Clients also participate in frequent clinical counseling and group therapy. Aloft’s supportive and structured environment allows the approach to be individualized with each client per their individual needs and goals.
# Alpine Academy
(Residential Treatment Center)

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<tbody>
<tr>
<td><strong>Executive Contact</strong>: Christian Egan</td>
<td><strong>Gender</strong>: Female only, as assigned at birth</td>
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<tr>
<td><strong>Admissions Contact</strong>: Jill McIntyre</td>
<td><strong>Ages</strong>: 12 - 18</td>
</tr>
<tr>
<td><strong>Academic Contact</strong>: Angie Alvey</td>
<td><strong>Grades</strong>: 7 - 12</td>
</tr>
<tr>
<td><strong>Email</strong>: <a href="mailto:cegan@alpineacademy.org">cegan@alpineacademy.org</a></td>
<td><strong>Enrollment</strong>: 70</td>
</tr>
<tr>
<td><strong>Phone</strong>: (800) 244-1113</td>
<td><strong>Duration</strong>: 13 months</td>
</tr>
<tr>
<td><strong>Fax</strong>: (435) 843-5416</td>
<td><strong>Founded</strong>: 2001</td>
</tr>
<tr>
<td><strong>Address</strong>: 1280 Whispering Horse Drive</td>
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</tr>
<tr>
<td>Erda, UT 84074</td>
<td></td>
</tr>
<tr>
<td><strong>Website</strong>: <a href="http://www.alpineacademy.org">www.alpineacademy.org</a></td>
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What if residential treatment didn’t feel like treatment? What if healing could take place in a safe, nurturing family environment? What if a girl could not only recover credit, but also discover she loves learning? What if the most productive therapy took place not only in the therapist’s office, but also in natural environments? Alpine Academy provides all of this through use of the Teaching-Family Model, which is nationally recognized as an evidence-based method of treatment by SAMHSA and APA, resulting in an experience unparalleled by any other private-pay treatment center in the country.

The Model uses a relational, brain-based learning approach that is proven to heal trauma and effect lasting change, creating an environment where students feel seen, heard, and safe. Ten students reside in each of our 7 homes, which are lived in and overseen by a married couple that is trained and certified as professional parents in the Model. Living in the home, these family teachers and their support team know each student and family individually and cater the treatment process to meet their goals. This allows for continuous, immersive therapeutic work to take place.

Advanced training and certification in evidence-based, cutting-edge modalities enables our therapists to help students develop insight, heal trauma, strengthen the family, establish identity, and see their potential. DBT, EMDR, Family Systems, and EAGALA are integrated into daily therapeutic work, individualized to each student's needs.

Alpine Academy is accredited through AdvancED and scored far above the national average in educational quality. Classrooms are led by direct instruction from highly qualified teachers that are certified in core subjects and have Special Education endorsements. Small class sizes, individual tutoring time, credit recovery/remediation, weekly academic outings that focus on experiential learning, and opportunities for advanced coursework are just a few elements of our individualized academic approach.

**Individual Psychotherapy Available**: Yes
**Accreditation, Licensure**: AdvancED; State of Utah, Department of Licensing; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations**: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Teaching-Family Association; National Association of Private Special Education Centers (NAPSEC)-Full Member; Young Adult Transition Association (YATA); Illinois Alliance of Private SpEd Centers

Airport: Salt Lake City Int’l (SLC)
ANASAZI Foundation
(Wilderness Therapy Program)

CONTACT
Executive Contact: Michael J. Merchant
Email: info@anasazi.org
Phone: (480) 892-7403
Fax: (480) 892-6701
Address: 1424 South Stapley Dr.
             Mesa, AZ 85204
Website: www.anasazi.org

PROGRAM OUTLINE
Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 31+
Grades: N/A
Enrollment: 40
Duration: 49 days minimum
Founded: 1988

NATSAP Member
Since: 2002

The mission of Anasazi Foundation is to prepare parents and children to turn their hearts to one another, begin anew, and walk in harmony in the wilderness of the world.

Anasazi’s outdoor behavioral health care services are effective for adolescents and young adults with mood and behavioral concerns. Treatment addresses depression, anxiety, substance abuse, oppositional behavior, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), attachment, poor social skills, lack of motivation, entitlement and other issues related to a lack of self-regulation and moral identity.

Youth and young adults with parents who are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child’s therapist; join their child in the wilderness for the final two nights/three days of the program; and participate in seven weeks of post discharge parent shadowing.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at Anasazi summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior.

Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing and experiential education. Staffing ratios are 2:1 and group sizes range from 3-8. Aftercare and alumni services are available to support and sustain changes made while at Anasazi. Fees may be covered by insurance. Anasazi is a nonprofit (501c3) organization. Funds are raised throughout the year to assist families with little or no financial resources.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider; The Joint Commission (JCAHO); Association for Experiential Education (AEE)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; OBH Council, Accredited Outdoor Behavioral Healthcare Program
ARCH Academy (Adolescent Recovery of Cumberland Heights)  
(Residential Treatment Center - Substance Abuse)

**CONTACT**

**Executive Contact:** Dean Porterfield  
**Admissions Contact:** Amara Diffenderfer / Cole Szabo  
**Academic Contact:** Dr. Tenganyike Cook  
**Email:** dean_porterfield@arch.org  
**Phone:** (615) 906-6804  
**Fax:** (615) 432-3186  
**Address:** 1062 Hwy 70  
Kingston Springs, TN 37082  
**Website:** www.arch.org

**NATSAP Member Since:** 2009

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 14 - 18 (18 if admitted 30 days prior to 18th birthday)  
**Grades:** 7 - 12 (onsite private school)  
**Enrollment:** 30  
**Duration:** 30 days - 6 months (30 day primary/assessment program)  
**Founded:** 1985

ARCH Academy is committed to providing the highest quality of care possible, in a cost-effective manner, for adolescent males and their families who are at risk for, or suffering from primary substance abuse or substance dependency issues. ARCH Academy also treats common co-occurring issues that accompany substance use. Our treatment modality compliments the 12-step philosophy with evidenced based clinical interventions, experiential therapy, licensed private high school, all specifically designed for the developmental needs of the adolescent male. ARCH Academy is a non-profit in network with over 40 private insurance companies, and a preferred provider for several of those insurances (covering significant portions of treatment, but not the entire 6 months).

Each resident will participate in individual therapy, family therapy and family program, group therapy, experiential therapy, creative arts therapy, all while participating in the fundamentals of the 12 steps. Specific interventions offered are: ropes course, zip lines, pottery, art therapy, 3-day family intensive program, academics, community service work and adventure-based trips. Programming is divided into three phases: Phase one, Primary Intensive and Assessment, averages 3-45 days and focuses on having the teen acknowledge the problem, uncover underlying issues, psychiatric assessment and medication management. The second phase can average 3-4 months and will explore in depth the primary issues revealed in phase one, including coping strategies, trauma work, and family systems work. The third and final phase focuses on skill application, life skills and re-integration. Alumni services available.

As of winter, 2020, ARCH Academy will transition from the main Cumberland Heights campus to its own state of the art campus just outside Nashville, TN. The new campus sits on 67 wooded acres with all new resident dorms, dining-hall, school, medical unit and all new furnishings. Equine will be added in late spring of 2020.

**Individual Counseling Available:** Yes  
**Accreditation, Licensure:** State of Tennessee, Department of Mental Health and Substance Abuse Services; Tennessee Department of Education; The Joint Commission  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; MUSICARES; National Association of Addiction Treatment Providers (NAATP); ARISE
# Arrowhead Youth and Family Services
(Residential Treatment Center)

## CONTACT

<table>
<thead>
<tr>
<th><strong>Executive Contact:</strong></th>
<th>Luis Moreno</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Admissions Contact:</strong></td>
<td>Mary Davidson</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong></td>
<td>David Hobin</td>
</tr>
<tr>
<td><strong>Email:</strong></td>
<td><a href="mailto:mdavidson@arrowheadyouth.org">mdavidson@arrowheadyouth.org</a></td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>(309) 799-7044</td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>(309) 799-7090</td>
</tr>
</tbody>
</table>
| **Address:** | 12200 104th Street  
Coal Valley, IL 61240 |
| **Website:** | www.arrowheadyouth.org |

## PROGRAM OUTLINE

<table>
<thead>
<tr>
<th><strong>Gender:</strong></th>
<th>All Genders (non-binary)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ages:</strong></td>
<td>12 - 21</td>
</tr>
<tr>
<td><strong>Grades:</strong></td>
<td>N/A</td>
</tr>
<tr>
<td><strong>Enrollment:</strong></td>
<td>42</td>
</tr>
<tr>
<td><strong>Duration:</strong></td>
<td>9 months</td>
</tr>
<tr>
<td><strong>Founded:</strong></td>
<td>1945</td>
</tr>
</tbody>
</table>

Airport: Quad City Int’l, IL (MLI)  
Chicago O’Hare Int’l, IL (ORD)  
Chicago Midway Int’l, IL (MDW)

Arrowhead is a residential treatment center and academy located in Coal Valley, Illinois. Our midwestern campus offers a peaceful, simple backdrop for treatment and education. Since 1945, we have been working with troubled teens that are having difficulties at home, in school or the community. Our goal is to offer them life skills to get them pointed back in the right direction. We encourage the youth to build strong relationships with their families, our staff and the community at large. We foster family involvement in treatment and education to support and nurture the youth as they confront and overcome the challenges that affect their behavior.

Our back to basics, wholistic approach to the healing process focuses on all aspects of the youth’s life, preparing them for the future they want and deserve. At Arrowhead, our mission is to motivate youth at risk to become responsible young men and women by providing the highest quality counseling, education and social services to youth and their families.

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**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Council on Accreditation (COA); Illinois Department of Children and Family Services; Illinois State Board of Education  
**Professional Affiliations:** NATSAP-Full Member; Alliance for Strong Families and Communities; Illinois Residential Providers; Illinois Association of Private Special Education Centers (IAPSEC)
Ascend Healthcare
(Residential Treatment Center - Substance Abuse)

**CONTACT**

**Executive Contact:** Effie Goldberg  
**Admissions Contact:** Effie Goldberg  
**Academic Contact:** Hayden Harrower  
**Email:** fe@ascendhc.com  
**Phone:** (747) 247-2176  
**Fax:** (747) 208-0016  
**Address:** 4346 Empress Ave  
Encino, CA 91316  
**Website:** www.ascendhc.com

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 12 - 17  
**Grades:** N/A  
**Enrollment:** 6  
**Duration:** 45 days  
**Founded:** 2017

 Ascend Healthcare offers counseling and rehabilitation services in a residential setting to clients ages 12-17 that accepts adolescents through recommendation from mental health practitioners, as part of Individualized Education Programs, and private placement by the parent/guardian. The program is designed to strengthen client resilience and self-efficacy through psycho-educational groups and daily practical application throughout their duration in the program. Ascend believes that fostering a safe and warm therapeutic environment empowers clients to engage in deep and meaningful therapeutic work. Ascend offers many evidence-based treatments such as Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, 12 step programming, and Mindfulness-based practice. The facility also offers many experiential treatments such as cross-fit style exercise, yoga, music therapy, art therapy, equine therapy, drama therapy, therapeutic writing and poetry therapy, and process groups. If appropriate, the facility will also provide individual sensorimotor therapy or Eye Movement Desensitization and Reprocessing (EMDR) therapy for more trauma-focused work. Weekends include intensive multi-family days, community-based volunteer work, community-based outings, horticulture, and surf therapy. Clients have a minimum of two private therapy session per week and one individualized family session per week with a licensed therapist. Clients also see the Ascend psychiatrist a minimum of one time per week during the duration of their treatment. As a program with a strong LGBT+ inclusivity policy, Ascend is passionate about honoring each client’s unique identity and experience.

The on-site education program is highly individualized, offering remediation for low academic performers, college counseling for clients just graduated or about to graduate high school, and full collaboration with primary educational placement to keep assignments current while residing in treatment.

The clinical program is designed to help clients build self-acceptance, learn distress tolerance, connect with others, become honest and vulnerable, strengthen executive functioning, identify values, and take action.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of California Department of Social Services (DSS); Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Full Member
Ashcreek Ranch Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Ray Forrester
Admissions Contact: Darren L. Prince
Academic Contact: Boyd Prince, MA
Email: admissions@ashcreekacademy.com
Phone: (435) 215-0500
Fax: (435) 215-0505
Address: P.O. Box 39
Toquerville, UT 84774
Website: www.ashcreekranchacademy.com

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 13 - 17
Grades: 8 - 12/College Prep
Enrollment: 35
Duration: 10 - 12 months
Founded: 2012

Airport: Saint George, UT (SGU)
Las Vegas, NV (LAS)

Ashcreek Ranch Academy is a specialized school, serving boys ages 13 - 18, who may be struggling with a variety of issues that have previously limited their success. We are unique in that we offer the best features of both therapeutic boarding schools and residential treatment centers. We provide high quality, evidence-based clinical services, top-notch college preparatory academics, unique fitness and horsemanship programs and low staff to student ratio, all within a warm, nurturing and healthy living environment.

The ARA mission is to meet students “Where they are,” helping them heal the past and rebuild new and healthy pathways with their families. In this regard, we hold firmly to core beliefs that each student is unique, powerful and has a bright future ahead. We utilize a strength-based approach, reconnecting our students to their passions and interests. ARA gives each young man the opportunity to reclaim his true identity, creating a fresh start and the necessary tools to lead him to success.

We teach the importance of service and the importance of giving to others. Our students live in a compassionate environment that prepares them for transition to young adulthood. Most of all, we believe in the healing power of reconnecting sons to their family.

The ARA program is intentional with the design of every aspect of their program. Every program component, every class offering, every activity is specifically planned and designed to bring our students to the ultimate aim of healing the past and creating a hopeful future.

We do this by building relationships with each student, we teach our students to have respect, we teach our boys about responsibility and we create opportunities for the boys to have many experiential experiences.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Human Services - Residential Treatment; AdvancED, National Accreditation Commission; Joint Commission (JCAHO); Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member
Asheville Academy for Girls
(Therapeutic Boarding School)

CONTACT

Executive Contact: Catherine (Cat) Jennings
Admissions Contact: Kathryn Huffman
Academic Contact: Ben Chamberlain
Email: laura@ashevilleacademy.com
Phone: (828) 419-8100
Fax: (877) 268-8161
Address: 126 Camp Elliott Rd.
Black Mountain, NC 28711
Website: www.ashevilleacademy.com

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 10 - 14
Grades: 4th - 11th
Enrollment: 40
Duration: 10 - 14 months
Founded: 2012

Located in the mountains of North Carolina, Asheville Academy for Girls is one of the nation’s leading therapeutic boarding schools for girls. We are a close-knit and clinically sophisticated community, uniquely designed to help girls ages 10-14 overcome challenges and become the best version of themselves. By utilizing developmentally appropriate therapeutic techniques and excellent academics, we help students rebuild and repair relationships with themselves, peers, and their families. Our mission at Asheville Academy is to provide an environment which fosters a spirit of creative inquiry, academic excellence, and personal success.

NATSAP Member
Since: 2017

Airport: Asheville Regional, NC (AVL)

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Commission on Accreditation of Rehabilitation Facilities (CARF); AdvancED
Professional Affiliations: NATSAP-Full Member
Aspiro Adventure (Wilderness Therapy Program)

**Contact**

**Executive Contact:** Rick Meeves  
**Admissions Contact:** Jolene McGuire  
**Academic Contact:** Kyle Oberly  
**Email:** sweaver@aspiroadventure.com  
**Phone:** (801) 349-2740 ext. 1  
**Fax:** (801) 454-3805  
**Address:** 63 East 11400 South, #186  
Sandy, UT 84070  
**Website:** www.aspiroadventure.com

**Program Outline**

- **Gender:** All Genders (non-binary)  
- **Ages:** 13 - 28  
- **Grades:** N/A  
- **Enrollment:** 8 participants per group  
- **Duration:** 6 - 10 weeks  
- **Founded:** 2006  
- **Airport:** Salt Lake City Int’l (SLC)

Aspiro is a clinically advanced Wilderness Adventure Therapy program that not only provides a dynamic clinical treatment model, but fully integrates evidence-based psychology within the constructs of sequential high adventure components. The program takes treatment out of the confines of a traditional facility setting and utilizes the real world, front and back country environments, to craft therapeutic experiences which provide real time assessment and skill-building opportunities. Students engage in activities such as mountain biking, rock climbing, rappelling, alpine skiing, canyoneering, snowshoeing and backpacking to gain confidence and self-mastery which aid in their therapeutic growth and experience.

The Aspiro clinical team utilizes empirically based approaches to therapy consisting of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Adventure Therapy, Motivational Interviewing, individual therapy, group therapy and family therapy which take place on a weekly basis. A formalized Individualized Treatment Plan is also developed for each participant. An emphasis is placed on family systems therapy, including regular weekly communication, therapeutic assignments and a mid-program family seminar on site. Through this hands on, integrated clinical model, participants gradually begin to develop healthier relationships, learn new, healthy coping strategies, and enhance emotional/behavioral regulation skills, social skills and life skills that lead to future success. The goal is to help participants develop a higher level of self efficacy and eliminate negative unhealthy behaviors.

Appropriate candidates are adolescent males and females, ages 13 - 17, and young adult males and females, ages 18 - 28, with a history of mild to moderate behavioral problems, low self-esteem, academic underachievement, anxiety, depression, ADD/ADHD, adoption, attachment issues, learning disabilities, drug/alcohol use, processing difficulties and family conflict. One unique aspect of Aspiro is a specialized group called Vantage Point that focuses more specifically on adolescents and young adults dealing with neurodevelopmental challenges, autism spectrum diagnosis, executive function, social and learning deficits.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah Office of Licensing, Department of Human Services, Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER
At the Crossroads
(Transitional Independent Living Program & Young Adult Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong> Brian Virgin</td>
<td><strong>Gender:</strong> All Genders (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Shannon Virgin</td>
<td><strong>Ages:</strong> 18 - 26</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Shannon Virgin</td>
<td><strong>Grades:</strong> N/A</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:Shannon@atthecrossroads.com">Shannon@atthecrossroads.com</a></td>
<td><strong>Enrollment:</strong> 36</td>
</tr>
<tr>
<td><strong>Phone:</strong> (8660 439-0354</td>
<td><strong>Duration:</strong> 9 - 12 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (435) 251-8067</td>
<td><strong>Founded:</strong> 2005</td>
</tr>
<tr>
<td><strong>Address:</strong> 139 North 100 West</td>
<td><strong>Airport:</strong> Cedar City (CDC)</td>
</tr>
<tr>
<td>Saint George, UT 84770</td>
<td>Saint George (SGU)</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.atthecrossroads.com">www.atthecrossroads.com</a></td>
<td><strong>NATSAP Member</strong></td>
</tr>
<tr>
<td><strong>Since:</strong> 2017</td>
<td>Since: 2017</td>
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</tbody>
</table>

At the Crossroads is a young adult transitional living program providing coaching, therapeutic support and real-life experiences for young adult men and women struggling to launch from their primary support systems. Although there is variance with the underlying diagnostic indicators that bring a young adult to ATC and the subsequent treatment planning and solutions necessary during their course of treatment; the inability to develop healthy individuation is at the common root among all clients.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; the Joint Commission
**Professional Affiliations:** NATSAP-Full Member
Auldern Academy
(Therapeutic Boarding School)

**CONTACT**

**Executive Contact:** Angie Fusco  
**Admissions Contact:** Beth Ragland  
**Academic Contact:** Jim Phillips  
**Email:** auldern.admissions@sequeltsi.com  
**Phone:** (919) 837-2336  
**Fax:** (919) 837-5284  
**Address:** 990 Glovers Grove Church Road  
Siler City, NC 27344  
**Website:** www.auldern.com

**NATSAP Member**  
**Since:** 2002

**PROGRAM OUTLINE**

**Gender:** Female Only, as assigned at birth  
**Ages:** 13 - 18  
**Grades:** 8 - 12, College Prep  
**Enrollment:** 60  
**Duration:** 14 - 18 months  
**Founded:** 2001

Auldern Academy is an all-girls, therapeutic boarding school located in rural North Carolina about one hour from Raleigh. Auldern serves students in a structured, clinically informed, nurturing environment with a focus on empowering young women and strengthening self-advocacy and self-efficacy.

Auldern has small classrooms taught by full-time teachers with a focus on college preparation. We offer ACT & SAT prep, and college fair and college campus visits. Electives include art, music, Spanish, clubs, and Student Government. Some team sports are available. Student Life staff support girls as they take part in community service projects such as Habitat for Humanity. We offer two experiential outings that include historical tours and outdoor activities. Our licensed mental health professionals provide individual, family, and group therapy using evidence-based modalities, and we hold three annual Parent Education weekends. We offer sobriety groups for those girls who have been through detox.

We work with a variety of clinical needs including depression, anxiety, ADHD, trauma, attachment, learning disabilities, and/or family conflict. Girls with a history of ED, ODD, self-harm, body image, substance abuse or addiction, or other intensive clinical or medical needs are reviewed individually. In such instances, girls who have taken part in pre-treatment such as wilderness or RTC make strong candidates. We can admit and/or hold students after age 18, with each case reviewed individually.

**Airport:** Raleigh/Durham, NC (RDU)

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: National Independent Private School Association (NIPSA) Therapeutic Certification Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA); AdvancEd (formerly SACS/CASI); Student and Exchange Visitor Information System (SEVIS)  
Professional Affiliations: NATSAP-Full Member
Bayes Achievement Center
(Residential Treatment Center)

**CONTACT**

Executive Contact: Daniel Bayes, M.Ed., BCBA  
Admissions Contact: Monica Bayes, M.A.  
Academic Contact: Cynthia Clinton, M.Ed.  
Email: dbayes@bayescenter.com  
Phone: (936) 291-3391  
Fax: (936) 291-7622  
Address: 7517 Highway 75 South  
Huntsville, TX 77340-2485  
Website: www.bayescenter.com

**PROGRAM OUTLINE**

Gender: All Genders (non-binary)  
Ages: 6 - 22  
Grades: K - 12  
Enrollment: 75  
Duration: 1 month - Open  
Founded: 1993

Bayes Achievement Center (BAC) is a state-licensed and nationally-accredited Residential Treatment Center and Day School program serving boys and girls ages 6 - 22 with severe behavioral problems. We serve students with a wide range of exceptionalities including emotional and behavioral disorders, autism and intellectual disabilities. The one characteristic common to all of our students is that the severity of their behaviors prevents them from being successful in less-restrictive environments.

Our mission is to help the children and young people who are most in need have the best life possible. To this end, we will accept any student into our program regardless of the severity of his behavior. Once in our program, we are committed to our students; there is no problem behavior that will get them expelled. We believe that children need loving care and treatment regardless of their behavior and rejecting them from treatment for misbehavior worsens their condition and society’s ultimate burden.

In our teaching homes, we offer a warm, caring and comfortable atmosphere that replicates the home environment. There, our students engage in the same activities that they would do at their own homes. They learn chores, prepare snacks and meals, play games, swim, shoot hoops and spend time in the community.

In the classroom, for many of our students, their past history of failure in school has led them to believe that misbehaving is the only thing they can do well. By helping them end their negative behavioral cycles while at the same time providing them with top-quality individualized education, our students begin to experience success in school for the first time in their lives. With increased success comes increased self-confidence. A new positive behavioral cycle begins which propels them towards transitioning back home, graduation, vocation or college.

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: Texas Department of Family and Protective Services; Joint Commission (JCAHO); California Department of Education; Illinois State Board of Education  
Professional Affiliations: NATSAP-Full Member; National Association of Special Education Teachers (NASET); Designated School of Excellence
Benchmark Transitions  
(Young Adult Program)

**CONTACT**

**Executive Contact:** Jayne Longnecker-Harper, M.Ed.  
**Admissions Contact:** Samantha Davis, B.A., CADC-CAS, GI  
**Academic Contact:** Stephanie Horn, M.Ed.  
**Email:** admissions@benchmarkyas.com  
**Phone:** (800) 474-4848  
**Fax:** (909) 793-4499  
**Address:** 25612 Barton Road #286  
Loma Linda, CA 92373  
**Website:** www.benchmarktransitions.com

**PROGRAM OUTLINE**

**Gender:** Coed - male and female only, as assigned at birth  
**Ages:** 18 - 28  
**Grades:** High School/College/Technical/Vocational  
**Enrollment:** 40  
**Duration:** 30/60/90 days; 6-12 months  
**Founded:** 1993  
**Airport:** Ontario International (ONT)

For over 25 years, Benchmark Transitions, a family-owned and operated long-term residential treatment and transitional living program in Southern California, has provided one of the longest running programs geared toward treating young adults. We understand that the needs of young adults are different than those for older adults. Our programs are tailored to this demographic, individualized and integrated families in the process every step of the way.

Our program is ideal for at-risk young adults who require immediate primary treatment for mental health and cooccurring substance use disorders, as well as for those who are “stuck” at home, needing additional support to achieve independence.

We provide a nurturing community-based setting where young adults can address their behavioral health and create an effective strategy to help them transition into confident, functioning adults. Our focus is helping adults recover their health, regain their family relationships, focus on new friends and develop independence in a sober, supportive environment.

Benchmark Transitions offers a full continuum of care individualized for each client’s unique treatment needs. Our services include sub-acute detoxification, primary residential treatment, a day treatment program, intensive outpatient treatment program and extended care with structured transitional and sober living.

Our program goes beyond the clinical counseling, behavioral and mental health therapy, and alcohol and drug addiction support provided by most residential treatment centers. We also provide educational, vocational and life skills assistance to help these young adults gain resilience and emerge into adulthood successfully.

We offer an onsite, integrated high school component that allows students to earn their degree and have partnerships with local community colleges, universities and vocational schools, which provide life skills training, including finance management and employment readiness.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of California Department of Health Care Services (DHCS); National Private Schools Association Group (NPSAG); Joint Commission Accreditation, Behavioral Health  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program - BRONZE (RDP); California Consortium of Addiction Programs & Professionals (CCAPP); National Association of Addiction Treatment Providers (NAATP); Young Adult Transitional Association (YATA), founding member
Black Mountain Academy
(Therapeutic Boarding School)

**CONTACT**

Executive Contact: Brandon Moffitt  
Admissions Contact: Carla Shorts  
Academic Contact: Dave Rollins, M.A.T.  
Email: cshorts@theblackmountainacademy.com  
Phone: (828) 357-4383  
Fax: (828) 365-6033  
Address: 501 W State Street  
Black Mountain, NC 28711  
Website: www.theblackmountainacademy.com

**PROGRAM OUTLINE**

Gender: Males, including transgender  
Ages: 14 - 18  
Grades: 9 - 12  
Enrollment: 25  
Duration: 15 months  
Founded: 2016

Black Mountain Academy is a small boarding school for boys that feels like home and is specifically designed to support the individualized needs of students with learning differences, social, and executive function deficits. We teach our students transferable skills in the areas of emotional regulation, executive function, and daily living with a dynamic, comprehensive approach that enriches the learning experience. Black Mountain Academy provides opportunities that foster academic, social, emotional, and personal development.

**Individual Psychotherapy Available:** Yes  
Accreditation, Licensure: Commission on Accreditation of Rehabilitation Facilities (CARF); Residential Treatment: Integrated: IDD/Mental Health (Autism Spectrum Disorder-Children and Adolescents); Residential Treatment- Integrated: IDD/Mental Health (Children and Adolescents)  
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE
Blue Ridge Therapeutic Wilderness  
(Wilderness Therapy Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td>Executive Contact: Daniel McDougal</td>
<td>Gender: All Genders (non-binary)</td>
</tr>
<tr>
<td>Admissions Contact: Danielle Hava</td>
<td>Ages: 13 - 18; 18-30</td>
</tr>
<tr>
<td>Email: <a href="mailto:danielleh@blueridgewilderness.com">danielleh@blueridgewilderness.com</a></td>
<td>Grades: 9 - 12</td>
</tr>
<tr>
<td>Phone: (888) 914-1050</td>
<td>Enrollment: Groups of 8 - 10</td>
</tr>
<tr>
<td>Fax: (404) 759-2311</td>
<td>Duration: 8 - 10 weeks</td>
</tr>
<tr>
<td>Address: PO Box 809</td>
<td>Founded: 2002</td>
</tr>
<tr>
<td>Clayton, GA 30525</td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.blueridgewilderness.com">www.blueridgewilderness.com</a></td>
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Founded in 2002, Blue Ridge Therapeutic Wilderness is a licensed treatment program for adolescents in Georgia. Located two hours northeast of Atlanta, Blue Ridge provides sophisticated clinical treatment in a nomadic wilderness model. This combination of advanced clinical skill with over-simplified natural setting allow for intensive therapeutic impact, development of coping skills, learning accountability and responsibility, acquisition of communication skills, healthy emotional and behavioral habits, as well as improved relationships with peers and adults. At the heart of the work at Blue Ridge is the cultivation of truly individualized treatment by a committed community of professionals. Our high staff retention has resulted over time in consistent service, exceptional care, and reliable program delivery.

Blue Ridge Therapeutic Wilderness has three program tracks to serve students ages 10 - 17. The adolescent track includes single gender groups for girls and boys ages 14 - 17. Students referred to these groups in part because of their more specific group profiles, which enhance the peer to peer support in treatment. The Footsteps and SPARK tracks at Blue Ridge serve pre-adolescents and younger adolescents. Footsteps is a co-ed wilderness experience for boys and girls ages 11 - 14 serving a range of life, school, family, and mental health issues. SPARK is a boys only group for ages 10 - 15 developed for students with neurodevelopmental delays or disorders.

All students at Blue Ridge Therapeutic Wilderness struggle with mental health issues including, but not limited to: trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues, and relational difficulties. Treatment plans are highly individualized and include flexible lengths of stay, multidisciplinary assessment provided by masters level clinicians and a licensed clinical psychologist, individual therapy, group therapy, and access to a consulting psychiatrist for medication management, as needed. All students have access to accredited, program integrated academics. High school students may earn up to 2 transferable credits in Science, English, P. E., and Psychology.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Georgia Department of Human Resources - Outdoor Therapeutic Camp; North Carolina Department of Human Services - Outdoor Habilitative Camp
Professional Affiliations: NATSAP-Full Member; Association of Experiential Education; Outdoor Behavioral Health Council
BlueFire Wilderness Therapy is a comprehensive and licensed intervention for teens and young adults who are struggling in different aspects of their daily lives. We provide a state-of-the-art and progressive treatment approach by incorporating a multidisciplinary treatment team to participate in the treatment planning and implementation for every child and family. We utilize an ideal balance of wilderness expeditions, high-adventure activities, weekly equine therapy, individual and group therapy, academic work, service projects, and family connections, all designed to deliver treatment opportunities and life-skills attainment.

Going above and beyond traditional wilderness therapy interventions, BlueFire involves a breadth of experiences from a multidisciplinary treatment team (Psychologist, Primary Therapist, Recreation Therapist, Academic Director, Equine Specialist, Physician, Psychiatric PA, RN). This progressive approach means that every client and family gain the benefit of a team of professionals who understand the comprehensive and subtle aspects that can be gained in the outdoor setting. End goals are substantiated and supported by a comprehensive treatment plan involving input from all disciplines.

BlueFire immerses each client in the wilderness program setting to interrupt the pattern of negative behaviors, elicit a true desire for life change, and identify a concrete plan for long-term success. We work in concert with parents and involved professionals to determine the most appropriate plan for long-term progress. As part of this family systems approach, parents participate in a multi-day family workshop in which they witness their child’s successes and address behavioral progress and ongoing concerns within the parent-child relationship. Preparing for transition (either home or placement) is the final emphasis of treatment.

Located at the base of Idaho’s Sawtooth Mountains, 1.5 hours from Boise, BlueFire’s experienced team members are pioneers of wilderness therapy. We believe that our combination of wilderness environment and adventure activities creates the ideal therapeutic milieu in which to help clients recognize and build upon their sense of self-worth. Our multidisciplinary treatment team provides a comprehensive and highly individualized treatment plan for every child and family. There is no level system.

Education is an important aspect of BlueFire. While we understand that many of our clients are failing or not attending school regularly, we aim to help them on the right track with their educational goals. Initially, we endeavor to help our clients gain confidence in their ability to learn and perform tasks. The curriculum at BlueFire, educational testing, learning styles assessments and career and academic assessments are designed to find the root cause of problems and provide solutions and coping skills needed for success.
Boulder Creek Academy
(Therapeutic Boarding School)

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Bonners Ferry, ID 83805  
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**NATSAP Member Since:** 1999

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 13 - 18  
**Grades:** 9 - 12  
**Enrollment:** 45  
**Duration:** 12 - 18 months  
**Founded:** 1993

At Boulder Creek Academy, students rediscover their social and academic confidence. Our students range between 13 and 18 years old. The common thread running through our student population is that they have all experienced difficulty finding success in their previous environment, and our goal is to ignite their new passion for life.

A portion of our students have been diagnosed with ASD Level 1, while others carry a range of diagnoses from NVLD, depression, anxiety, ADHD, social communication disorder, learning disabilities, processing speed issues, and executive functioning deficits. Hence, our therapeutic approach encompasses a multitude of clinical modalities; including, but not limited to DBT, CBT, EMDR, Neurofeedback, equine assisted therapy and our therapeutic canine program. Family plays an important role at Boulder Creek Academy. In addition to individual and family therapy, we offer family workshops and adventure experiences with staff support to help create a healthy family system.

Boulder Creek Academy is recognized for its small, yet diverse classroom setting and credentialed teachers. We are Idaho Special Education certified; California NPS approved and are certified through AdvancED. Our teachers, in conjunction with our Special Education Coordinator, offer a variety of academic interventions to address learning differences. Another unique and highly beneficial feature of Boulder Creek Academy is our Learning Center. This provides one-on-one support for our students to thrive in the classroom.

Successful implementation of Restorative Practices as our central behavior management tool sets us apart from other school settings. Our use of restorative circles has proven to be extremely effective at promoting emotional, social, and physical safety on our campus.

Boulder Creek provides a balanced approach to academics, therapy and character development. We are located on 119-acres at the base of the Cabinet Mountains in North Idaho, with abundant mountains and lakes for recreation to match the changing seasons.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Idaho, Department of Health Welfare, Childcare; Idaho Department of Education Approved Special Education Program; Northwest Accreditation Commission (NWAC); California Department of Education/Non-Public School Certification; AdvancED; Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; Independent Education Consultants Association (IECA); Idaho High School Activities Association
Bridge House
(Residential Treatment Center)

**CONTACT**

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Farmington, UT 84025  
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**NATSAP Member**  
**Since:** 2017

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 18 - 55  
**Grades:** N/A  
**Enrollment:** 16  
**Duration:** Average 90 days  
**Founded:** 2017

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| Airport | Salt Lake City, UT (SLC) |
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Bridge House is a diagnostic and assessment-oriented residential treatment center for adults ages 18-55. Situated in a home-style, comfortable residential setting, stabilization, assessment, and treatment are provided for adults struggling with mental illness and substance abuse disorders. Each component of the Bridge House program is designed to assist individuals in gaining a better understanding of their illness as well as to assist them in acquiring the skills needed to live a purposeful and fulfilling life. Bridge House operates from the belief that people struggling with psychological, cognitive, emotional, and behavioral problems are capable of experiencing wellness. Using a combination of compassion, care, diagnostic expertise, and clinical sophistication, Bridge House individualizes a course of care for each resident that is unique and personalized.

Bridge House provides 24-hour supervision and 24-hour nursing on-site. In addition to group therapy, individual therapy, family therapy, and recreational activities, all residents participate in a thorough battery of diagnostic assessments. The primary focus of the experience is to help residents and family members better understand the underlying reasons for behavioral, emotional, academic, social, vocational, and functional issues leading to impairment in day-to-day adaptation and functioning. Assessment is conducted following a period of stabilization, while the resident is feeling stable, clean and sober, eating well, and getting enough rest. Assessment through immersion and integration is emphasized as residents engage in normative daily activities.

Prior to discharge, a comprehensive Bridge to Health Report is compiled and shared with the resident. This document summarizes assessment results from each clinical discipline and reviews results from all formal assessments which were conducted during the resident’s stay. This comprehensive approach to assessment provides unparalleled guidance for the resident, his or her family, the Bridge House treatment and diagnostic team, and future service providers.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah Dept of Human Services Office of Licensing  
**Professional Affiliations:** NATSAP-Provisional Member; Association for Community Integration Programs (A4CIP)
The Brooke Whitted Center
(Young Adult Program)

**CONTACT**

**Executive Contact:** Peter Myers, Psy.D. / Diana Kon, Ed.D.
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Chicago, IL 60637
**Website:** www.bw-center.org

**Gender:** All Genders (non-binary)
**Ages:** 18 - 25
**Grades:** College Freshmen to Masters Level
**Enrollment:** 15
**Duration:** 1 - 2 years
**Founded:** 2016

**NATSAP Member Since:** 2017

**Airport:** Chicago, IL - O’Hare (ORD)
Chicago, IL - Midway (MDW)

The Brooke Whitted Center (BWC) is a co-ed, specialized, transitional living program for young adults ages 18 to 25 who have mental health challenges and/or high-functioning autism. The BWC assists college-capable emerging young adults as they further develop and master strategies for emotionally coping with stress, anxiety, depression, and social emotional challenges in daily life. The program focuses on helping participants develop executive functioning skills, habits, and routines so they can manage the demands of engaging in self-care, having an active social and family life, complete academic and vocational courses, and work in either competitive employment or volunteer service jobs. The BWC is located in Chicago, a city that offers tremendously rich diversity, where participants engage in a wide variety of educational, vocational, social, and cultural opportunities. BWC has two locations within Chicago to facilitate a complete array of services and opportunities, including academic, employment, cultural, and recreational experiences. The Brooke Whitted House serves as the Center’s full-time residence in a modern condominium building located near the University of Chicago. Being located immediately adjacent to an internationally renowned university provides additional academic, employment, cultural, and recreational opportunities within easy walking distance on one of the nation’s most famous campuses. BWC’s Loft is located on Michigan Avenue in Chicago’s South Loop. At the Loft, participants can engage in structured weekly programming and various therapies including regular individual and family therapy appointments. At the BWC Loft they can seek support, work on homework, or socialize and rest during the day without having to travel back to the residence.

The BWC offers full-time, 24-hour, customized care and support, with a clinically educated and trained staff that’s awake and available even during the overnight. A team of residential counselors and licensed clinical professionals offers structured programming to increase skill acquisition, practice, and mastery. Participants are provided with twice weekly individual, group, and biweekly family psychotherapy through approaches that are individualized to each participant’s needs. Onsite psychiatric, medication administration, and nursing services are included in the program structure and costs. Participants receive academic and vocational support within the program. The BWC offers participants an immersive opportunity to engage in complete treatment while carrying out their own life plan, with both given equal importance.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Illinois Department of Regulation

**Professional Affiliations:** NATSAP-Associate Member; Young Adult Transition Association (YATA)
# Building Bridges
(Therapeutic Boarding School)

## CONTACT
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## PROGRAM OUTLINE
- **Gender:** Male only, as assigned at birth  
- **Ages:** 14 - 18  
- **Grades:** 8 - 12  
- **Enrollment:** 24  
- **Duration:** 12 - 18 months  
- **Founded:** 1996

Building Bridges is a licensed therapeutic boarding school for adolescent males, ages 14-18. We specialize in substance abuse treatment along with co-occurring disorders. Each young man in our program experiences a highly tailored treatment plan, specifically designed for him, using evidence-based treatment in a highly relational setting.

A major keystone of our program is the integration of our students into the community through sports, school, community involvement, and other social opportunities. Our mission is to Bring Reality to Treatment and help our students prepare for life that occurs outside the bubble of treatment.

Our highly trained counseling team works closely with our students, helping them address the challenges they face as they progress through their treatment. By providing a safe environment for our students to share, we guide each student towards the life they were meant to live.

- **Individual Psychotherapy Available:** Yes  
- **Accreditation, Licensure:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs  
- **Professional Affiliations:** NATSAP-Full Member; Private Alternative Adolescent Residential Program (PAARP)
Calo Preteens
(Residential Treatment Center)

**CONTACT**

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Lake Ozark, MO 65049-9208  
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**NATSAP Member**  
**Since:** 2015

**PROGRAM OUTLINE**

**Gender:** Coed - male and female only, as assigned at birth  
**Ages:** 9 - 14  
**Grades:** Elementary and Middle School  
**Enrollment:** 18 girls / 18 boys  
**Duration:** 12 months avg.  
**Founded:** 2014

Calo Preteens serves children between the ages of 9 - 14 years old (up through 8th grade) who are struggling in making and keeping relationships in all aspects of their lives due to adverse childhood experiences. These boys and girls are emotionally dysregulated and have a history of developmental trauma, which may include abuse, neglect or relinquishment. They are wounded children who are struggling to understand empathy, altruism, and how relationships are formed and actually work. The reason our children act the way they do, and the reason all people act the way they do, is because we are attempting to connect and be accepted by those around us. Healing can only occur when relationships feel safe, accepting, connected and trustworthy. A truly safe relationship cannot be developed in a system of punishments and rewards. Our goal is not to focus on the behaviors (with rewards, advice giving), but what causes those behaviors- their feelings. Going deeper still, what causes those feelings is the core self-concept. At Calo, rather than just correct the behaviors, we’re actually going to the root cause. Level systems, tokens, points, time-out rooms, or lists of earned privileges cannot create the deep, internal feeling of safety that allows children to begin to see themselves as deserving and worthy participants in the lives their families want to provide for them.

Typical diagnoses of our children include, one or more of the following: ADHD, Mood Disorder, ODD, PTSD, Anxiety Disorder, Depressive Disorder, and Attachment Disorders. Calo Preteens achieves emotional and behavioral regulation through playfulness and spontaneous connective experiences. The program utilizes dyadic developmental psychotherapy and a proprietary therapeutic model, an evidence-based and effective treatment for trauma and disorders of attachment, to restore trust and heal relationships. Our therapies are supplemented by experiential interventions including Brainspotting, Neurotherapies, animal-assisted therapies and Occupational Therapy.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Missouri Department of Social Services, Children’s Division; Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Full Member; National Association of Psychiatric Health Systems (NAPHS) – Full Member; Association for the Training of Attachment in Children (ATTACH); Attachment and Trauma Network (ATN); American Adoption Congress (AAC)
Calo Teens
(Residential Treatment Center)

**CONTACT**

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Lake Ozark, MO 65049  
Website: www.caloteens.com

**PROGRAM OUTLINE**

Gender: Coed - male and female only, as assigned at birth  
Ages: 13 - 18  
Grades: 8 - 12  
Enrollment: 40 girls / 48 boys  
Duration: 12 months avg.  
Founded: 2006

Calo Teens was created with the need for specialty care in mind. With over a decade of outcomes, Calo Teens serves students ages 14 to 18 affected by early-life adverse experiences. Calo adopts a true relational-based treatment approach to create change from the inside out—heart first, and behavior second. Adopted teens, and those with developmental trauma, in need of relationship-based interventions are our focus. We were the first treatment center specialized to serve adoptive families and we continue to work with our families in regard to trauma/loss associated with relinquishment.

At Calo, we treat a very specific subset of the struggling teen population: we heal the effects of childhood trauma using an attachment paradigm. Emotionally unstable teens with a history of developmental/childhood trauma (often compounded by adoption/relinquishment) and wounded in the areas of empathy, altruism, and relationship formation are our focus. Healing this damage requires that lasting change be created within the context of safe relationships, not by virtue of consequences and rewards. They don’t need new behavior first, they need a new internal compass. Behavior modification techniques are qualitatively shame-producing for teens who already struggle with profound shame. These techniques often mimic the traumatic event some of our traumatized and attachment-disordered children came from. Simply put—specialty care is needed for these emotional and behavioral issues, particularly those that derive from childhood trauma. Instead, at the heart of Calo Teens is a world class Canine Therapy program. The primary purpose of the Canine Therapy program is to empower students to experience interdependence—healthy, affectionate, reciprocal relationships. Canines help to accomplish this through their instinctive ability to provide unconditional love. This provides a unique opportunity for the adolescent to practice healthy attachment with a non-threatening friend. Other specialized, experiential interventions include: Neurotherapies, Brainspotting, Adventure therapy and Trauma Center Trauma Sensitive Yoga.

**Airport:** Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI)  
Saint Louis, MO (STL)

**NATSAP Member**  
Since: 2007

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: State of Missouri, Dept of Social Services, Children’s Division, Residential Treatment Facility; Joint Commission (JCAHO)  
Professional Affiliations: NATSAP-Full Member; National Association of Psychiatric Health Systems (NAPHS) – Full Member; Attachment and Trauma Network (ATN); American Adoption Congress (AAC); Association for Training on Attachment and Trauma in Children (ATTACH)
Cascade Crest Transitions
(Transitional Independent Living Program & Young Adult Program)

**CONTACT**

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**Website:** www.cascadecresttransitions.com

**Gender:** All Genders (non-binary)  
**Ages:** 18 - 23  
**Grades:** College  
**Enrollment:** 40  
**Duration:** 9 - 12 months  
**Founded:** 2011

Cascade Crest Transitions is a program designed specifically to work and empower young adults. Our students are ages 18-23, who are struggling in their launch to become healthy, independent adults. A typical profile of our students’ challenges might be: difficulty sustaining healthy relationships, problematic mood and anxiety-related issues, mild learning disorders, and drug/alcohol use. We offer a setting in which students develop healthy, independent-living skills, while receiving support and supervision from our licensed therapists, academic advisers, and independent living staff. The Cascade Crest team utilizes Dialectical Behavioral Therapy (DBT), Equine Assisted Therapy, EMDR, and motivational interviewing with our students.

Cascade Crest is divided into three distinct phases:

**Belay Phase (3-4 months):** students participate in a more structured and supervised schedule, including: weekly individual and group therapy, bi-weekly family therapy, independent living classes, DBT, academic orientation, personal finance, and healthy living tasks.

**Ascent Phase (6 months):** students are given greater autonomy, as they attend college and/or work in the local community, participate in recovery, and engage in weekly therapy and advising. This phase is designed to provide students with more “real life” experiences of adult independence, while continuing to offer program scaffolding of support and accountability.

**Summit Phase (aftercare):** students are expected to be fully independent by this stage. They can choose to continue to receive individual therapy, academic mentoring, and/or drug screening as they transition to life as a fully independent young adult.

During each student’s residence at CCT, parents are asked to attend at least one, three-day Parent Workshop. We have found that these workshops provide opportunities for transformative work to take place between parents and their adult-children, all within the context of a safe and supportive therapeutic environment.

**Individual Psychotherapy Available:** Yes
**Professional Affiliations:** NATSAP-Associate Member; NATSAP Research Designated Program (RDP) - SILVER; Young Adult Transitions Association (YATA); Central Oregon Program Alliance (COPA)
Catalyst Residential Treatment, LLC
(Residential Treatment Center)

**CONTACT**

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**NATSAP Member**  
**Since:** 2007

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 13 - 18  
**Grades:** 9 - 12/College Prep  
**Enrollment:** 48  
**Duration:** 9 months average  
**Founded:** 2006

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 13 to 18. Catalyst is operated in two large beautiful homes, each providing living quarters for 24 students. Surrounded by many acres of open space on the outskirts of Brigham City, Utah, Catalyst is just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries a caseload of no more than eight youth and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth’s life including the family, heart, body, mind, soul and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional “talk” therapy.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED  
**Professional Affiliations:** NATSAP-Full Member  

Airport: Salt Lake City, UT (SLC)
Center for Change  
(Residential Treatment Center - Eating Disorders)  

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  Orem, Utah 84057  
- Website: www.CenterForChange.com

Gender: Female, including transgender  
Ages: 13+  
Grades: 8 - 12  
Enrollment: 56  
Duration: 2 - 3 months  
Founded: 1989

Center for Change is a place of hope and healing that is committed to helping women and adolescent girls break free and fully recover from their eating disorders. The Center uses a multi-disciplinary approach with specialized and intensive treatment for eating disorders and co-occurring issues (depression, anxiety, trauma, addiction, self-injurious behaviors, etc.), including a specialty program for co-occurring diabetes (ED-DMT1). We offer the most comprehensive medical, dietary, and psychotherapy programs available, with a full continuum of care – from inpatient and residential treatment, to day & evening programs and outpatient services. We focus on healing the whole person – mind, body, spirit, and relationships – to free those suffering from the pain and loneliness that have overcome their lives.

Center for Change utilizes a step-by-step phase program and a multidisciplinary approach in which patients first realize and acknowledge the impact of their eating disorder. Next they accept ownership of their illness and regain a sense of responsibility and hope. Patients then commit to a plan for recovery that includes facing underlying issues and actively working to resolve them. During the final phase, they increase self-acceptance and esteem through self-correction, relapse prevention, increased self-love, sharing and supporting others who are likewise struggling. We use multiple therapeutic methods and experiential opportunities to ensure a comprehensive and individualized experience: i.e. individual therapy, dietary counseling, group therapy, medical and psychiatric care, art class, music therapy, Yoga and body movement therapy, family therapy, 12-Step groups, drug & alcohol groups, body image therapy, DBT skills groups and various and extensive life skills classes. The Center’s residential treatment program also houses Cascade Mountain High School, a full academic program for adolescents grades 8-12 which is AdvancED accredited.

Insurance is accepted and multiple funding options are available. Center for Change is accredited by The Joint Commission, AdvancED, and is TRICARE® certified.

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: State of Utah, Department of Health; The Joint Commission; TRICARE Certified; AdvancED  
Professional Affiliations: NATSAP-Full Member; International Association of Eating Disorders Professionals (IAEDP)  
National Eating Disorders Association (NEDA); Eating Disorders Coalition (EDC)
Chamberlain International School
(Therapeutic Boarding School)

CONTACT

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Website: www.chamberlainschool.org

Gender: All Genders (non-binary)
Ages: 11 - 22
Grades: 6 - 12 / Post Grad
Enrollment: 98
Duration: 365 days
Founded: 1976

Chamberlain School is a private, non-profit, co-educational Therapeutic Boarding and Day School for students’ ages 11 - 22 founded in 1976. Chamberlain offers degree granting academics and intensive clinical services to students who require a high level of structure and care at this point in their lives. Students are capable and talented children and young adults within the average to superior range who are faced with multiple complex diagnoses who tend to be emotionally fragile. Often family systems and peer relationships have become strained.

Diagnoses include but are not limited to a combination of any of the following: ADHD; ASD; ASD; OCD; Depression; Mood Disorders; Anxiety; Attachment; Trauma; Self-esteem; BPD traits; atypical psychosis/schizo affective disorder. Many have a wide range of specific learning disabilities.

Chamberlain’s on-grounds school accommodates many learning styles and needs. From multi-modality and project-based instruction to creative assessment of learning the approach is designed to maximize student academic potential. Life skills, general education and college prep curriculum are offered. SAT prep and administration as well as state mandated testing. Small class sizes and student to faculty ratio, Speech Language and OT.

Masters level clinicians offer individual, group and family therapy. Our on grounds Psychiatrists and nursing department round out the clinical team. The clinical focus is Cognitive Behavioral Therapy with a strengths-based approach. Within the clinical department many therapists specialize in areas such as Family Therapy, DBT, ERP, Grief and Loss, Play Therapy and Trauma. Parent Workshops and Parent Support groups are offered throughout the year and weekly communication between families and therapist are ongoing.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of Approved Private Schools (MAAPS); National Association of Private Special Education Centers (NAPSEC)
Cherokee Creek Boys School
(Therapeutic Boarding School)

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Westminster, SC 29693
Website: www.cherokeecreek.net

Gender: Male Only, as assigned at birth
Ages: 10 - 15
Grades: 5 - 9
Enrollment: 42
Duration: 12 - 24 months
Founded: 2003

NATSAP Member Since: 2009

Cherokee Creek Boys School (CCBS) is AdvancEd accredited, state-licensed therapeutic boarding school for boys, ages 10-15, grades 5-10. Our students have a “softer profile” with challenges including, but not limited to: ADD/ADHD, depression, anxiety, oppositional behavior, learning style differences, high functioning Autism, academic frustration/failure. Our students also struggle with issues related to divorce, adoption, abandonment, bullying, trauma, grief and loss. Our small enrollment (42 students), home-like lodge in the woods and warm, nurturing staff make CCBS, “the small school with a big heart,” where boys can be boys.

FAMILY PROGRAMMING: women’s retreats, family seminar, family treks, father & son treks, alumni leadership camp, transition services. THERAPY: Individual, group, family, equine. ACTIVITIES: morning PE, league sports, music lessons, language classes, trek program, religious opportunities, community volunteerism.

Our mission is an important part of our community: ‘We are a learning community that challenges boys, and their families, to discover what is real and true about themselves and the world around them.’

Individual Psychotherapy Available: Yes
Accreditation, Licensure: South Carolina Department of Social Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE; Gurian Model School; Southern Association of Colleges and Schools (SACS); Southern Program Collaborative

Airport: Spartanburg/Greenville, SC (GSP)
Cherry Gulch
(Therapeutic Boarding School)

**CONTACT**

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Emmett, ID 83617  
**Website:** www.cherrygulch.org

**AIRPORT:** Boise, ID (BOI)

**NATSAP Member**  
**Since:** 2006

“Building Brighter Tomorrows for the Boys of Today.” Cherry Gulch is a ranch style therapeutic boarding school designed for boys ages 10 to 15. Located on a beautiful 220-acre ranch outside Boise, Idaho every experience is educational and therapeutic in a fun purposeful way.

We strive to provide the most effective strategies for our students by weaving 10-15 hours of scheduled therapy throughout their week. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anxiety, family conflict, and ASD (1&2).

Our therapeutic services take shape as creative approaches to empirically based treatments and include individual, group, and family therapy, with experienced masters level therapists. We also offer equine assisted psychotherapy, social thinking, adoption groups, emotional literacy (RULER), neuro-technology, tapping, occupational therapy, vision therapy, and a wide variety of active experiential learning and therapeutic activities. Cherry Gulch utilizes brain-based learning strategies in an experiential hands-on learning environment. We offer small class sizes and individualized academic plans. We maintain a high staff-to-student ratio and have a highly skilled and compassionate staff.

The boys are challenged daily to practice their new skills in the public while attending different activities and a sport of their choice.

Activities include: BMX, rock climbing, college sports events, museums, Shakespeare Festival, skateboarding, mountain biking, skiing/snowboarding clubs and much more!

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**PROGRAM OUTLINE**

**Gender:** Male only, as assigned at birth  
**Ages:** 10 - 15 years old (must be 14.5 or less at admission)  
**Grades:** 4 - 9  
**Enrollment:** 50  
**Duration:** 12 - 18 months  
**Founded:** 2005

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: State of Idaho, Department of Health and Welfare; Student and Exchange Visitor Information System (SEVIS), AdvancED, Joint Commission  
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE; Association of Children’s Residential Centers (ACRC)
### Chrysalis
(Therapeutic Boarding School)

#### CONTACT

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Corey Hickman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions Contact:</td>
<td>Robin Greene</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Jeffery Peterson</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:corey@chrysalisschool.net">corey@chrysalisschool.net</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(406) 889-5577</td>
</tr>
<tr>
<td>Fax:</td>
<td>(406) 235-7005</td>
</tr>
</tbody>
</table>
| Address: | 77 Trails End Road  
Eureka, MT 59917 |
| Website: | www.chrysalisschoolmontana.com |

#### PROGRAM OUTLINE

- **Gender:** Female only, as assigned at birth
- **Ages:** 13 - 18
- **Grades:** 8 - 12
- **Enrollment:** 40
- **Duration:** 14.5 months
- **Founded:** 1998

Chrysalis is a therapeutic boarding school for adolescent girls ages 13-18. Nestled in beautiful northwest Montana, location is crucial to our treatment modality of identity formation. Eureka and the surrounding area allow us to expose students to a variety of activities ranging from downhill skiing, hiking, rock climbing, biking, and numerous community service opportunities.

A Chrysalis student is one who has lost her sense of identity and is trying to figure out who she is, and who she wants to be. Our students are relationally motivated, but have lacked the skills to maintain healthy friendships. We believe that healing happens in relationship, thus we utilize a family systems approach both within a student’s family, as well as how the treatment team functions on campus.

A student’s treatment team has members from the residential, clinical, academic, and adventure teams, and is facilitated by the clinical and program director. The treatment team meets weekly, and makes data informed treatment decisions. Students and families are regularly completing outcomes data surveys that allow us to measure a student’s progress. Our families continue to complete these outcome data surveys for two years after treatment.

Chrysalis academics focus on reigniting a passion for learning and getting girls back on track for high school graduation. With nine full-time teachers for 40 students, classes are small. Every student has an academic advisor she meets with weekly as well as daily for an executive functioning check-in. Our students are typically college bound, and some choose a gap year program.

At Chrysalis we help our students to build connections, heal wounds and find strengths. We believe that a student’s strengths are just as genuine as her struggles. Family involvement is crucial, and happens through weekly family therapy calls, weekly social calls, family weeks, parent retreats, international service trips, and of course local and home visits.
ClearView Communities, LLC
(Residential Treatment Center & Young Adult Program)

**CONTACT**

**Executive Contact:** Caroline Cantrell, LCSW-C  
**Admissions Contact:** Lauren Hirsch, LCSW-C  
**Email:** ccantrell@cvcmail.org or lhirsch@cvcmail.org  
**Phone:** (240) 439-4900  
**Fax:** (301) 378-0113  
**Address:** 611 West Patrick Street  
Frederick, MD 21701  
**Website:** www.clearviewcommunities.org  

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 18 - 60+  
**Grades:** N/A  
**Enrollment:** 36  
**Duration:** 12 months average  
**Founded:** 2011

The mission of ClearView Communities is to create a superior therapeutic residential experience for persons with serious mental illness and co-occurring disorders. CVC offers a unique and comprehensive program for adults with serious mental illness who are seeking recovery and independent living in the community.

ClearView Communities is a CARF accredited residential treatment program for adults with serious mental illness located in Frederick, MD. CVC is a high quality, recovery-oriented model that utilizes a community-based orientation to programming.

ClearView Communities was founded by the SC Herman Foundation, and has been serving individuals since the program opened on October 24, 2011. CVC owns/operates five beautiful homes in neighborhoods throughout the city. The main campus is situated on a three-acre campus that includes a 12,000 square foot treatment center and two 6,000 square foot group homes. The office/treatment center provides the space for the following activities:

- Psychiatric Services
- Treatment and discharge services
- Individual Therapy
- Group Therapy
- Employment Specialist Services
- Yoga/art therapy
- Nursing/medical records suite
- Fitness Center
- Computer lab
- Teaching kitchen
- Game Room
- Great Room

**Airport:** Baltimore, MD (BWI)

**NATSAP Member**  
**Since:** 2013

**Accreditation, Licensure:** State of Maryland Department of Health and Mental Hygiene; Commission on Accreditation of Rehabilitation Facilities (CARF)

**Professional Affiliations:** NATSAP-Full Member; American Residential Treatment Association (ARTA); Association for Community Integration Programs (A#CIP); Independent Educational Consultants Association (IECA)
Clearview Horizon, Inc.
(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

Executive Contact: Mary Louise Thielbahr
Admissions Contact: Mary Louise Thielbahr
Academic Contact: Tina Sawyers
Email: jason@clearviewhorizon.com
Phone: (406) 847-5850
Fax: (406) 847-4242
Address: 20 Bear Foot Lane
PO Box 83
Heron, MT 59844
Website: www.clearviewhorizon.com

PROGRAM OUTLINE

Gender: Female only, as assigned at birth
Ages: 13 - 21
Grades: 7 - College
Enrollment: 33
Duration: 18 - 24 months
Founded: 1997

Clearview Horizon is a therapeutic boarding school for girls ages 16 - 18+. Clearview is one of the longest running therapeutic boarding schools in the Pacific Northwest with over 20+ years serving struggling teens and their families in need. Unlike many residential programs, Clearview incorporates an accredited academic program into our therapeutic program so students don’t fall behind in school while in treatment. Our education curriculum is accredited by AdvancED and is facilitated by a highly qualified and certified teacher in a classroom setting.

Parents who send their daughter to Clearview will see:
- Licensed professional therapists that are constantly evaluating your daughter’s treatment plan to ensure a high impact, personalized therapeutic experience
- Direct care staff members that are nurturing and caring while also providing a cadence of accountability and valuable life skills development
- Diverse activity programming from the skiing to river rafting trip to self-defense to rock climbing to yoga to snow shoeing
- An onsite medical team with tremendous expertise and care for your daughter
- Teachers that know how to meet your daughter where she is at academically and get her moving!
- Life skills courses intended to prepare your daughter for coming home, getting a job, and going to college
- Parent workshops throughout the year that provide communication tools to help the whole family system
- Bible study each week and church on Sundays
- A team of crusaders whose mission it is to create safe space for healthy growth to light her path

All of this wrapped in the warm embrace of Mother Nature, as only Montana can provide. We are truly blessed here at Clearview. We are thankful and grateful for the opportunity to serve your family.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Montana Department of Public Health and Human Services (DPHHS); AdvancED; Commission on the Accreditation of Rehabilitation Facilities (CARF); Joint Commission on the Accreditation of Healthcare Organizations (JCAHO)
Professional Affiliations: NATSAP-Full Member; Better Business Bureau (BBB); American Association of Christian Counselors (AACC)
Compass Rose Academy
(Residential Treatment Center)

CONTACT

Executive Contact:  Mike Haarer, M.A., LMHC
Admissions Contact:  Madeline Spring, M.A., LMHC
Academic Contact:  Katherine Kelly
Email:  mike.haarer@compassroseacademy.org
Phone:  (260) 569-4757
Fax:  (260) 569-4758
Address:  5233 S 50 E.
           Wabash, IN 46992
Website:  www.compassroseacademy.org

Gender:  Female only, as assigned at birth
Ages:  14 - 18
Grades:  6 - 12
Enrollment:  20
Duration:  9 - 12 months
Founded:  2012

Overview of Services:
Compass Rose Academy’s Growth Model is based on the work of psychologist/author Dr. John Townsend, Ph. D, blending intensive clinical services into a thriving Christian environment. In addition to addressing symptoms with elements of therapy models such as Cognitive Behavior Therapy (CBT) and Dialectical Behavior Therapy (DBT), Compass Rose Academy’s clinical program features a major emphasis on affect-based approaches that utilize the central role of experience in the therapeutic healing process. Clinical services include individual, group, and family therapy, in addition to quarterly Intensive Parent Weekends. Our highly active schedule includes equine-assisted growth and learning group, volunteerism, work experience sites when appropriate, spiritual life activities, and a wide variety of activities and recreation. Recreation facilities on our 700-acre wooded campus setting include a women’s fitness center, two gymnasiums, an indoor pool, and outdoor activity fields including two softball fields. Our on-campus work sites include a fully functioning Greenhouse, business and a café.

In 2019, Compass Rose Academy launched a new and improved academic model. In addition to an online component for credit recovery and acceleration, the academic program offers new innovative and rigorous opportunities including Project-Based learning, STEAM courses, outdoor education, Service-Based Learning and vocational opportunities for students. The new academic program also enhances the integration of our clinical and residential model into our educational services.

Airport:  Fort Wayne Int’l Airport (FWA/KFWA)

Appropriate Candidates:
Our residential treatment center provides a positive, nurturing environment for teenage girls ages 14 - 18 struggling with depression, anxiety, ADHD, bipolar disorder, and issues related to trauma, attachment, or adoption with a variety of acting out behaviors including running away, drug use, risky sexual behavior, self-harm and defiance.

Individual Psychotherapy Available:  Yes
Accreditation, Licensure:  Indiana Department of Child Services; Indiana Department of Education and Metropolitan School District of Wabash County; Council on Accreditation (COA)
Professional Affiliations:  NATSAP-Full Member; American Association of Christian Counselors (AACC)
Confluence Behavioral Health
(Wilderness Therapy Program & Young Adult Program)

CONTACT

Executive Contact: William Brown
Admissions Contact: Patrick Brown
Email: bill@confluencevt.com
Phone: (802) 727-0019
Fax: (888) 972-6932
Address: 1646 Gove Hill Road
Thetford Center, VT 05075
Website: www.confluencevt.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 12 across all program levels
Duration: 60 - 90 days
Founded: 2016

NATSAP Member
Since: 2018

Confluence brings together a unique blend of clinical services, wellness programming, and experiential interventions to unlock an individual’s potential to heal, change, and grow. Our mission is to foster a supportive and challenging environment where young adults can build insight, motivation, and skills to pursue meaningful goals. This wholeperson health approach draws out the resilience and focus from young adults to overcome challenges that have kept them stuck. We are committed to providing high-quality mental health treatment in a safe and affirming setting where participants realize their fullest potential.

Confluence is a state-licensed residential treatment program for young adults 18 - 28 years old who are experiencing mental health, emotional, relational, and substance use challenges. Set in the beautiful green mountains of Vermont, our wilderness and horticultural programming draws on the health promoting value of outdoor experiences. Participants’ interaction with the natural world encourages them to engage differently with their environment and in their relationships. This shift opens new opportunities to deepen emotional awareness, manage stress proactively, expand empathy, and build executive functioning skills.

The foundation of Confluence is based on personalized treatment services. Each participant completes an initial comprehensive assessment and an individualized treatment plan. Weekly individual therapy sessions and daily group therapy assist participants in addressing treatment goals. Wellness programming focuses on nutrition, sleep, exercise, and mindfulness to encourage healthy daily habits. Wilderness excursions offer challenges that build resilience and improve self-esteem. Therapeutic horticulture nurtures calm, focus, and introspection. Family integration helps families best understand the challenges their young adult children are facing and to make changes that support improved relationships and better communication. These interventions are informed by individual treatment goals and are incorporated into each experience throughout the week. Together the process helps struggling young adults emerge, empowering action towards wellness, and leading lives of meaning and purpose.

Airport: Burlington, VT (BTV)
CooperRiis
(Residential Treatment Center)

CONTACT

Executive Contact: Eric A Levine, Ed.D
Admissions Contact: Audrey Connell
Email: info@cooperriis.org
Phone: (877) 867-8316
Address: 101 Healing Farm Ln
         Mill Spring, NC 28756
Website: www.cooperriis.org

Program Outline

Gender: All Genders (non-binary)
Ages: 18+
Grades: n/a
Enrollment: 85
Duration: 3 - 9 months
Founded: 2003

Our healing mission is to improve the lives of individuals struggling with mental illness or other mental health challenges, by helping them work towards achieving their highest levels of functioning and fulfillment.

CooperRiis’ progressive residential healing communities and transitional living program are located in the scenic mountains of Western North Carolina in Asheville and Mill Spring. We offer hope and healing to adults who struggle with mental health challenges. Our approach is not based on “quick fixes” but are grounded in research and the proven healing power of community in a residential setting.

Our philosophy: mind and heart working together. Simply put, we believe that whole person care, delivered in a community setting is the most powerful and effective way to address challenging mental health issues.

In our healing community, we embrace a holistic approach to recovery that emphasizes three specific and often interrelated areas of focus: Community Work & Service, Clinical Support and Holistic Health & Wellness. Residents can also take advantage of the College Program at CooperRiis; a supported education program for CooperRiis residents at our Asheville campus who want to include college coursework as part of their recovery journey.

Since 2003, CooperRiis has helped over a thousand individuals move from being stuck in despair to realizing their dreams of a more active, fulfilling and independent life. At CooperRiis, we believe that recovery from serious mental illness is possible!

Individual Psychotherapy Available: Yes
Accreditation, Licensure: North Carolina Department of Health and Human Services Division of Health Service Regulation; Commission on Accreditation of Rehabilitation Facilities (CARF)
Professional Affiliations: NATSAP-Full Member; American Residential Treatment Association; International Society for Psychological and Social Approaches to Psychosis; Young Adults Transition Association (YATA); The Consortium of Therapeutic Communities; Mental Health America (MHA); Association for Community Integration

Airports: Asheville Regional, NC (AVL)
Coral Reef Academy
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Rodney D. Rice  
**Admissions Contact:** Bryan J. Marks  
**Academic Contact:** Moana Jonas  
**Email:** bmarks@coralreefacademy.com  
**Phone:** (702) 233-0444  
**Fax:** (702) 233-0444  
**Address:** 9360 West Flamingo Road, Suite 10-369  
Las Vegas, NV 89147-6410  
(Program located in Somoa)  
**Website:** www.coralreefacademy.com

**PROGRAM OUTLINE**

| Gender: | Male, including transgender |
| Ages: | 16 - 21 |
| Grades: | 9 - 12 |
| Enrollment: | 16 |
| Duration: | 10 to 14 months |
| Founded: | 1996 |

NATSAP Member Since: 2017

**Airport:** Faleolo Airport, Samoa (APW)

Students typically come to CRA after a short-term program/diagnostic program, youth lockdown, or in some cases, directly from home. Students are therapeutically transported by a program staff member to Samoan.

The Samoan culture is based on inclusion. Students are welcomed regardless of their past transgressions without judgment or recrimination. This allows the students to have a clean start without losing the impact of the consequences of their previous choices. The Fa’a Samoa, the Samoan Way, allows the students to do deep identity work and appropriately confronts their distorted beliefs that has evolved through over identification they are their diagnosis or maladaptive behavior. Students can reevaluate their values and belief systems in a safe, nurturing environment that ultimately leads them to making healthy and age appropriate decisions for themselves and their future.

Our program has individual, group and family therapy. As well as cultural immersion and adventure activities. Our educational department helps provide and link students to fully accredited course work in both high school and college. Students also engage in internships and volunteer opportunities throughout their programming.

Phase Overview-
- Phase I: ORIENTATION - Host family stay (1 month)
- Phase II: PRIMARY CARE - Main Campus (8-10 months)
- Phase III: BEYOND THE REEF - Transitional living in a staffed off-campus house (3-4 months)

Coral Reef Academy has had 20+ years of experience and success serving the following types of students:
- Older teens and young adults (16 - 25)
- FSIQ of 80+

Diagnoses of Depression, Anxiety, Behavioral Disorders, Substance Abuse and Dependence, Failure to Launch, Treatment Resistance, Oppositional Defiant Disorder, Learning Differences, School Issues, parent child conflict, and legal issues because of their behaviors.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Samoa Ministry for Revenue Business License: Educational Support Activities; Samoa Ministry for Revenue Business License: Residential Care Activities for Mental Retardation, Mental Health and Substance Abuse; National High School Accreditation
**Professional Affiliations:** NATSAP-Full Member
Cornerstones of Maine
(Young Adult Program)

CONTACT

Executive Contact: Josh Altschule
Admissions Contact: Mckenzie Close
Academic Contact: Erin Altschule
Email: jacob.gelles@cornerstonesofmaine.com
Phone: (800) 588-6898
Fax: (888) 395-4451
Address: 20 Fairfield Hill Road
         Kennebunkport, ME 04046
Website: www.cornerstonesofmaine.com

PROGRAM OUTLINE

Gender: All genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 27
Duration: 9 to 12 months
Founded: 2015

Cornerstones of Maine is a clinically driven transition program designed to assist men, women, and
gender nonconforming young adults (ages 18 to 28) in their journey to becoming independent. Our nine
to twelve-month program provides a therapeutic, resident-centered approach that gives structure and
support based on each resident’s individual needs. To accomplish the task of preparing young adults for
independence, we utilize an experiential model that places our residents directly into academic classes at
local universities, employment at local businesses, mentorships, and volunteer opportunities. Through these
real-world experiences residents learn habits and skill sets that will enable them to perform successfully
in their future endeavors, and they uncover and challenge the self-created obstacles that have prevented
their success in the past.

The Cornerstones of Maine founders are psychologists, who developed the program based on contemporary
research and their own extensive experience providing psychotherapy and support to adolescents and
young adults. Cornerstones of Maine is most well-known for its therapeutic milieu staffing model, wherein
our staff work directly in our program houses throughout the day with our residents. This enables us to
provide our residents with as much support and structure as they need and facilitates our ability to create
a personalized program experience. Our staffing support is delivered in four primary areas: therapeutic
work, executive functioning, academic support, and independent living.

The Cornerstones of Maine program is based in two beautiful homes in southern Maine. In our
Kennebunkport location residents enjoy a more rural locale, living on ten acres of wooded land, just ten
minutes from the ocean. In our Portland location our residents enjoy living directly in the middle of one
of the most interesting cities in the northeast.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Associate Member; Young Adult Transition Association (YATA)
Cottages on Mountain Creek
(Outpatient/Non Residential & Residential Treatment Center - Substance Abuse)

**Contact**

- **Executive Contact:** Carol Reynolds
- **Admissions Contact:** Carol Reynolds
- **Academic Contact:** Ed Hardy
- **Email:** carolr@mindspring.com
- **Phone:** (404) 200-1925
- **Fax:** (404) 963-0555
- **Address:** 5800 Mountain Creek Road
  Atlanta, GA 30328
- **Website:** www.cottagesonmountaincreek.com

**Program Outline**

- **Gender:** Coeducational
- **Ages:** 18+
- **Grades:** N/A
- **Enrollment:** 10
- **Duration:** 3 months
- **Founded:** 1888

The Cottages on Mountain Creek provides an enhanced stabilization program for adults living with mental illnesses such as Schizophrenia, Bi-Polar Disorder, Anxiety, Depression and dual diagnosis disorders. We offer two distinct care-level settings: For those requiring a high degree of supervision, we provide a state licensed Personal Care Home providing 24/7 supervision (secure facility including room and board, medication management, case management and a host of adjunctive and clinical therapies).

For those who do not require constant supervision, we offer independent housing (transitional housing which includes case management, medication management supervised by a registered nurse, plus access to therapies and meals, as approved by the family).

Day Programming and individual therapy is also available for clients living with mental health issues and dual diagnosis, as well as addictive disorders. Therapies include CBT, DBT, EMDR, as well as a variety of other clinical therapies. Day Program services are provided by Bright Path Program GPS, LLC (collaborative partner with The Cottages on Mountain Creek, LLC). Pricing is private pay with out-of-network reimbursement available through our “insurance biller”.

Senior services include programming centered around “memory care” and “mental health” diagnoses. Senior programming is provided within a licensed personal care home (Dunwoody, Georgia).

Programming is overseen by our Clinical Director and Medical Director. All of our programming is patient centered, documented and out-come driven allowing for families, clinicians and staff to better understand how their loved one is progressing through the care continuum.

The Cottages on Mountain Creek, LLC is a licensed personal care home. Together, The Cottages on Mountain Creek, LLC and Bright Path Program GPS, LLC have earned the Gold Seal of approval from the Joint Commission.

**Accreditation, Licensure:** Georgia Department of Community Health; the Joint Commission (JCAHO)

**Professional Affiliations:** NATSAP-Full Member; International Society for Psychological and Social Approaches to Psychosis (ISPS); All Kinds of Therapy; National Alliance on Mental Illness (NAMI) Northside; Psychology Today; Forging Futures

**Airport:** Atlanta, GA (ATL)
The Glenholme School is an independent, co-educational, special needs boarding and day school for students with high functioning ASD, ADHD, OCD, Tourette, depression, anxiety, and various learning differences. Established for 50 years, the school provides a positive, nurturing setting and individualized services designed to help students develop competence socially, emotionally, and academically.

Glenholme is a part of Devereux Advanced Behavioral Health, a leading nonprofit behavioral healthcare organization that supports many of the most vulnerable members of our society.

Academics: The academic program is highly individualized and caters to each student’s talents and capabilities. Academic life involves a strong commitment to optimizing the development of intellectual, personal, and social skills. The comprehensive curriculum, which encompasses college preparatory and career development courses, supports students of all ability levels and results in a high school diploma.

The Arts: Integrated in all facets of school life, the visual and performing arts program stimulates a greater understanding of social, emotional, academic, and behavioral aspects. Every student has the chance to share their creative talents through the use of state-of-the-art facilities and equipment.

Clinical and Behavioral Services: Glenholme utilizes principles of ABA and PSIS to help students accomplish their goals and meet their needs in a socially acceptable manner. Vast amounts of research guide and support the treatment approaches and every adult is trained to implement the PBIS model. The combination of therapeutic services makes the program highly efficient and effective.

The Transition Program: The hallmark of a successful young adult includes strong social capabilities, effective problem solving, and the ability to manage competing demands. While developing these qualities, college-bound or career-oriented individuals reach higher levels of independence.

Summer Program: The Summer Program encompasses morning academics and dedicated afternoon social instruction that help young people build confidence, friendships, tolerance, and respect for others.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: New England Association of School and Colleges (NEASC); Connecticut Department of Children & Families; Connecticut State Board of Education; New York State Board of Education; California Department of Education; District of Columbia Office of the State Superintendent of Education (OSSE), Illinois State Board of Education; Massachusetts Department of Elementary and Secondary Education; New Jersey State Department of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Connecticut Association of Independent Schools (CAIS); Small Boarding Schools Association (SBSA); Connecticut Association of Private Special Education Facilities (CAPSEF); Independent Educational Consultants Association (IECA)
Diamond Ranch Academy - Crystal Springs
(Residential Treatment Center)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
<tbody>
<tr>
<td>Executive Contact: Cody Wardle</td>
<td>Gender: Female only, as assigned at birth</td>
</tr>
<tr>
<td>Admissions Contact: Dan Borchard</td>
<td>Ages: 12 - 17</td>
</tr>
<tr>
<td>Academic Contact: Reeve Knighton</td>
<td>Grades: 6 - 12/College Prep</td>
</tr>
<tr>
<td>Email: <a href="mailto:troy@dra.school">troy@dra.school</a></td>
<td>Enrollment: 24</td>
</tr>
<tr>
<td>Phone: (435) 635-4297</td>
<td>Duration: 10 - 12 months</td>
</tr>
<tr>
<td>Fax: (888) 838-8183</td>
<td>Founded: 1999</td>
</tr>
<tr>
<td>Address: 433 S. Diamond Ranch Pkwy. Hurricane, UT 84737</td>
<td>NATSAP Member Since: 2012</td>
</tr>
<tr>
<td>Website: <a href="http://www.diamondranchacademy.com">www.diamondranchacademy.com</a></td>
<td>Airport: Saint George, UT (SGU)</td>
</tr>
</tbody>
</table>

Diamond Ranch Academy- Crystal Springs is a premier licensed Residential Treatment Center located in beautiful southern Utah. We are dedicated to creating positive change in the lives of our students and their families. Typical diagnoses that are appropriate with our student population include: Depression, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

We have created a unique Therapeutic Milieu that uses a well-refined “Token Economy.” Students learn individual accountability and understand naturally occurring rewards and consequences for their choices.

All students are provided with a licensed Doctoral or Master’s level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of our Milieu. We offer Individual, Group, Family, Art, and Equine Therapy. Additionally, we offer AA/NA groups on and off campus.

Through our therapeutic program, students are taught to value themselves and to develop healthy self-confidence. Students learn emotional regulation, sobriety, respect, accountability, healthy relationships, and service.

Our accredited academic program empowers students by providing individual support from certified teachers in a traditional classroom environment. Mastery based learning helps students develop the academic skills and confidence needed for success in the classroom. Special Education personnel can help identify a student’s learning disabilities as well as provide services to those with existing Individual Education Plans (IEPs). Students have access to the following: transcript preparation, college test preparation, assistance with the college application process, and academic planning.

Competitive athletics and extra-curricular clubs are an important part of the student’s daily life. These opportunities allow students to improve individual talents and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. These opportunities include, but are not limited to, Art, Volleyball, Basketball, Dance, Cheer, Hiking, Yoga, Horseriding, Riding, Choir, Speech/Debate, Skateboarding, and Small Animal Care.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Resources; Utah State Office of Education; AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member
## Diamond Ranch Academy - Lava Falls
(Residential Treatment Center)

<table>
<thead>
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<tr>
<td><strong>Executive Contact:</strong> Cody Wardle</td>
<td><strong>Gender:</strong> Male only, as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Dan Borchardt</td>
<td><strong>Ages:</strong> 12 - 18</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Jerome Eason</td>
<td><strong>Grades:</strong> 6 - 12/College Prep</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:admissions@dra.school">admissions@dra.school</a></td>
<td><strong>Enrollment:</strong> 48</td>
</tr>
<tr>
<td><strong>Phone:</strong> (435) 635-4297</td>
<td><strong>Duration:</strong> 10 - 12 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (888) 838-8183</td>
<td><strong>Founded:</strong> 1999</td>
</tr>
<tr>
<td><strong>Address:</strong> 433 S. Diamond Ranch Pkwy. Hurricane, UT 84737</td>
<td><strong>Website:</strong> <a href="http://www.diamondranchacademy.com">www.diamondranchacademy.com</a></td>
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</tbody>
</table>

Diamond Ranch Academy - Lava Falls is a premier licensed Residential Treatment Center located in beautiful southern Utah. We are dedicated to creating positive change in the lives of our students and their families. Typical diagnoses that are appropriate with our student population include: Depression, Bipolar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

We have created a unique Therapeutic Milieu that uses a well-refined “Token Economy.” Students learn individual accountability and understand naturally occurring rewards and consequences for their choices.

All students are provided with a licensed Doctoral or Master’s level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of our Milieu. We offer Individual, Group, Family, Art, and Equine Therapy. Additionally, we offer AA/NA groups on and off campus.

Through our therapeutic program, students are taught to value themselves and to develop healthy self-confidence. Students learn emotional regulation, sobriety, respect, accountability, healthy relationships, and service.

Our accredited academic program empowers students by providing individual support from certified teachers in a traditional classroom environment. Mastery based learning helps students develop the academic skills and confidence needed for success in the classroom. Special Education personnel can help identify a student’s learning disabilities as well as provide services to those with existing Individual Education Plans (IEPs). Students have access to the following: transcript preparation, college test preparation, assistance with the college application process, and academic planning.

Competitive athletics and extra-curricular clubs are an important part of the student’s daily life. These opportunities allow students to improve individual talents and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. These opportunities include, but are not limited to, Track and Field, Football, Basketball, Baseball, Soccer, Speech and Debate, Art, Performing Arts, and Small Animal Care.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Resources; California Dept. of Special Education Non-public School; Utah State Office of Education; AdvancED; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member

Airport: Saint George, UT (SGU)
Discovery Academy
(Therapeutic Boarding School)

**CONTACT**

- **Executive Contact:** Brent Hall, LMFT
- **Admissions Contact:** Melanie Evans
- **Email:** brenth@discoveryacademy.com
- **Phone:** (801) 374-2121
- **Fax:** (801) 373-4451
- **Address:** 105 North 500 West
  Provo, UT 84601
- **Website:** www.discoveryacademy.com

**PROGRAM OUTLINE**

- **Gender:** Coed - male and female only, as assigned at birth
- **Ages:** 13 - 18
- **Grades:** 7 - 12
- **Enrollment:** 82
- **Duration:** 6 - 18 months
- **Founded:** 1989

Discovery Academy is a clinical boarding school located in Provo, Utah for adolescents aged 13-18. We offer separate programming in a small school environment for just 24 boys and 12 girls. Discovery Academy is an excellent bridge from previous treatment programs to a more academically-oriented therapeutic approach. We are able to help students break out of the treatment bubble and step-down into the community while continuing to address trauma, attachment and other previous treatment issues.

Treatment protocols in academics, clinical and residential living focus on a balance of experiential and relationship-based therapeutic experiences. Discovery Academy serves three types of students: bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success and students who have made poor peer and/or lifestyle choices often getting them behind in school.

Our students have been diagnosed with ADHD, depression, substance abuse, attachment and similar conditions. Each student has the opportunity to excel at Discovery Academy through individualized academic plans and therapy designed to challenge and inspire both the student and family.

Accredited by the State of Utah and the Northwest Accreditation Commission, Discovery Academy offers math, science, English and history as well as Advanced Placement courses and college preparatory work. On occasion, our boys and girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. Our students who have achieved the highest Honor Phase are allowed to work in the community or take additional academic courses through two neighboring universities, giving them a chance to practice real-life in real time, all with continuing clinical and academic support.

Discovery Academy clinicians use traditional therapy in combination with experiential therapies like drama, art, horticultural, high and low ropes courses and real-time residential learning activities. Aftercare options are also available.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools (NAAS); Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Psychological Association (APA)
Discovery Connections
(Residential Treatment Center)

CONTACT

Executive Contact: Brent Hall, LMFT
Admissions Contact: Melanie Evans
Email: info@discoveryconnections.com
Phone: (801) 374-2121
Fax: (801) 373-4451
Address: 1834 South Sandhill Rd
Orem, UT 84058
Website: www.discoveryconnections.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 18
Grades: 7 - 12
Enrollment: 12
Duration: 6 - 18 months
Founded: 2010

Discovery Connections is composed of two 12-bed residential treatment centers specializing in working with students who benefit from a small environment and individualized support in an urban environment. Each campus focuses on helping 13 - 17 year-old male or female adolescents who have struggled in a larger treatment milieu. These students can be socially manipulative and need a smaller clinical setting to aid in the development of a more behaviorally authentic response to social stimuli and environmental stressors.

Connections South serves students who have struggled with emotional immaturity, relationships with their peers, executive functioning deficiencies, and can serve students who need support around life skills. Our students find success in our smaller environment despite not being well served in larger treatment environments due to overt and oppositional behaviors, executive functioning and processing deficiencies and rigid thinking errors. We are able to provide a larger staff presence in order to give our students the opportunity to build social skills through daily service and leadership experiences in the community.

Connections North focuses on utilizing governing principles to direct and help boys to become a positive influence to each other to perform and act in acceptable ways. Students gain experience in a Career Development program which evaluates and trains each young man in a practical setting based on his interests and abilities. This specialized programmatic component is utilized to help both the student and parents understand career aptitude and educational needs. Students are actively involved in community-based vocational and service opportunities. Experiential activities are the foundation of students’ therapeutic success.

Each student has the option of a traditional or non-traditional educational track (such as a GED). Connections offers a personalized mastery-based, tutorial learning atmosphere where teachers are licensed educators along with a special education teacher in each classroom to help with individual student’s needs.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Dept of Human Services, Northwest Accrediting Commission (NAAS); Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Psychological Association (APA)
Discovery Ranch
(Residential Treatment Center)

CONTACT

Executive Contact: Clinton Dorny
Admissions Contact: Shelly Thomas
Email: clintd@discoveryranch.net
Phone: (801) 489-3311
Fax: (801) 489-3355
Address: 1308 S 1600 W
Mapleton, UT 84664
Website: www.discoveryranch.net

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 13 - 18
Grades: 7 - 12
Enrollment: 60
Duration: 10 months
Founded: 2005

Airport: Salt Lake City, UT (SLC)

NATSAP Member
Since: 2005

Discovery Ranch combines the power of traditional therapy and experiential therapy to create a clinically sophisticated, relationship based residential treatment program for boys ages 13 - 18. Troubled teens with emotional and behavioral issues receive the help they need through relationships and experiences in a strength-based environment.

Our brand of emotionally rich experiential therapy is effective because it lowers students’ defenses and creates a safe environment for change. It doesn’t look or feel like traditional therapy. Our experiential program is more than just filling time. It’s a mindset. Students progress faster because they have more opportunities to practice what they are learning.

Therapeutically intense and carefully supervised, students learn who they really are as they work side by side with therapists and staff who model, motivate and mentor. Many students have come to the ranch behind in school or struggling to find success in learning. At Discovery Ranch we take your child’s education as serious as our own learning and growth and have worked hard to create an academic atmosphere that allows students the one on one attention and focus that is needed to kick start their love of learning and future success! Many of our students who have progressed through our accredited academic program have begun to find success and enjoyment in their studies and have left better prepared for higher education opportunities.

At Discovery Ranch, we don’t rescue students from difficult life experiences. We teach them how to deal with them. We model, mentor and motivate, giving our students the tools they need to recognize and regulate their emotions and behaviors.

Our treatment model is built on a foundation of experiential therapy to create strong relationships. Therapists, mentors, teachers and staff work side by side with our students. This experiential approach makes students more open to the therapeutic process.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; California Dept of Special Education Non-public School
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD
Discovery Ranch for Girls (Residential Treatment Center)

Contact:
- **Executive Contact:** Andrea Burgess
- **Academic Contact:** Clint Firth
- **Email:** sarahy@theascentcompanies.com
- **Phone:** (855) 667-9388
- **Fax:** (435) 865-9584
- **Address:** 4928 North 4500 West
  Cedar City, UT 84721
- **Website:** www.discoveryranchforgirls.com

Program Outline:
- **Gender:** Female, including transgender
- **Ages:** 13 - 17
- **Grades:** 8 - 12
- **Enrollment:** 60
- **Duration:** 9 - 12 months
- **Founded:** 2013

Discovery Ranch for Girls (DRG) is a residential treatment center located on a spectacular 60-acre campus ten minutes from Cedar City, Utah. DRG’s open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment team protocol is founded on helping students develop self-esteem and identity through skill mastery. Discovery Ranch serves students ages 13 - 18 who struggle with a variety of emotional and behavioral issues such as anxiety, depression, eating disorders, adoption, self-harm, substance abuse, etc.

Relationships underscore our competency-based model. Students, mentors and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects and academics.

DRG offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master’s and PhD level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group and family therapy sessions each week. Real time therapeutic intervention through relationship-based interaction is the heart of our program.

Discovery Ranch for Girls specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency-based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities and small learning communities. Special education and IEP/504 assistance is also available.

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**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC) through Discovery Academy; Joint Commission (JCAHO)

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD
Dragonfly Transitions
(Young Adult Program)

Executive Contact: Mona Treadway, PhD, LCSW
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Email: mona@dragonflytransitions.com
Phone: (541) 850-0841
Fax: (866) 341-3053
Address: 505 N 9th Street
Klamath Falls, OR 97601
Website: www.dragonflytransitions.com

Gender: All Genders (non-binary)
Ages: 18 - 26
Grades: High School/GED and College
Enrollment: 58
Duration: 9 - 12 months
Founded: 2000

NATSAP Member
Since: 2005

Airport: Medford, OR (MFR)

Dragonfly Transitions is a young adult treatment program in southern Oregon with distinct locations in Ashland and Klamath Falls. Dragonfly launches young adults through community, connection, experience and leadership. It offers a variety of living, learning and leadership opportunities which allows for a range of clinical needs to be addressed. Dragonfly provides intentional exposure to transition as we believe hands-on experience leads to success within and beyond the program. Dragonfly is research based, grounded in the perspective of students and developed by Dragonfly. Healing and growth happen through Interpersonal Relationships, Community & Culture and Experiential Education.

The ultimate goal is to integrate Dragonfly students back into the flow of life in a healthy, adaptive, and sustainable manner. The program is interwoven into the community. Students build weekly schedules that include academics, apprenticeship/service work, therapy, groups, exercise, and recreation. Students are mentored to learn how to connect with their community to build meaningful social networks and healthy recreational outlets.

Dragonfly owns and operates a café and organic farm that provide opportunities for job skills training. Dragonfly has a multidisciplinary treatment team comprised of mentors, therapists, program directors, academic coordinators, fitness director, medication managers, and psychiatrists. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur in everyday living.

Dragonfly Transitions is designed to address problems that result from:

- Mood and Anxiety disorders
- Substance/Technology Abuse
- Delayed emotional development
- Adjustment Disorders
- Trauma
- Adoption
- ASD

We are on a mission to help take anxiety, depression and suicide from all-time highs of today to all-time lows by 2028.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Department of Human Services, Transitional Living, Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; Young Adult Transition Association (YATA)
Echo Springs Transition Study Center
(Young Adult Program)

**CONTACT**

**Executive Contact:** Chris Ankney

**Admissions Contact:** Emily Phillips

**Academic Contact:** Serena Sprungl

**Email:** chris@echo-springs.com

**Phone:** (208) 267-1111

**Fax:** (208) 267-1122

**Address:** 321 Kootenai Trail Road

Bonners Ferry, ID 83805

**Website:** www.echo-springs.com

**NATSAP Member Since:** 2009

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)

**Ages:** 18 - 26

**Grades:** N/A

**Enrollment:** 25

**Duration:** 10 - 14 months

**Founded:** 1993

Echo Springs is one of the oldest and most experienced young adult transition programs in the US. Developed and refined for over 2 decades, Echo Springs has successfully served students in finding their place.

Inherent in our approach, is the belief that every student has something important to give to themselves and the world. They may not know exactly what that is when they first arrive, but they will by the time they leave.

Students learn life skills, engage with the local community, enjoy the beauty of nature, and maintain employment. For many of our students it is quite gratifying to create a weekly menu and grocery lists for preparing healthy individual and group meals, volunteer in the community, take a hike in the woods, or earn a paycheck!

Students will progress toward their independence through our foundations, experience and interdependence phases.

Foundations is all about helping students establish healthy balanced systems and rhythms. As students identify individual interests they acquire more opportunities to tailor their schedule to follow those pursuits. Students demonstrating self-reliance will continue their academic, social, physical, and financial pursuits according to their schedule. A mentor is always available to coach and support students and there is also weekly advising meetings, where students are encouraged and empowered to practice more and more independence.

Now is it time for students to put all the pieces together implementing the skills to live as a healthy independent adult. In this last phase, students move into their own living space of their choice while continuing to work, learn, recreate and be a part of your community. Though we may stand back a little to give students more room to grow, we are always present and watchful and willing to help along the way.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** National Independent Private School Association (NIPSA)

**Professional Affiliations:** NATSAP-Associate Member; Young Adult Transition Association (YATA)
EDGE Learning & Wellness Collegiate Community
(Transitional Independent Living Program)

**CONTACT**

**Executive Contact:** David Ventrelle  
**Admissions Contact:** John Conway  
**Academic Contact:** Anne Walchak  
**Email:** jconway@edgelearningcommunity.com  
**Phone:** (224) 616-2655  
**Fax:** (224) 616-2655  
**Address:** 63 East Lake Street #310  
Chicago, IL 60601  
**Website:** www.edgelearningcommunity.com

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 18 - 24  
**Grades:** College  
**Enrollment:** 18  
**Duration:** 6 - 9 months  
**Founded:** 2011

The transition from adolescence to adulthood isn’t easy for anyone, but the right structure, support, and expertise can provide individuals with the foundational skills they need to develop and grow. EDGE Collegiate Learning and Wellness Community is for young adults motivated to achieve success in life. We equip students who would benefit from a support-rich, substance-free environment to be responsible, autonomous adults.

EDGE Collegiate believes that a successful program must address all of the elements of an individual’s development. Our curriculum focuses on both learning and wellness to build the skills, connections, and support that students need to achieve a healthy and fulfilling lifestyle. Our 7 dimensions of Wellness include:

- Educational  
- Social  
- Physical  
- Emotional  
- Spiritual  
- Environmental  
- Financial/Career

To facilitate learning, EDGE Collegiate utilizes individualized assessments that evaluate the student’s educational support and life skill development needs, augmented by career advice, study halls and peer support, to establish a foundation and identify a constructive path forward. The EDGE Collegiate community is comprised of young adults committed to building the skills to further their education, pursue new opportunities, and create an individual plan to achieve their goals. From a structured living environment in the heart of Chicago, a dedicated team of live-in staff provides direction and support. Our team includes clinicians, learning coaches, life coaches and mentors.

Screening and admissions are based on the premise of matching a student’s needs to our program’s offerings. There is a written application, reviewed by the admissions team and then, if the student appears appropriate for the program, an interview is scheduled with the family. Upon admission, students complete a writing assessment as well as wellness, learning, and daily living skills assessments that inform the development of individual learning & life management.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Council on Accreditation (COA)  
**Professional Affiliations:** NATSAP-Full Member
Elevations RTC
(Residential Treatment Center)

**CONTACT**

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Judi Jacques</th>
</tr>
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<tbody>
<tr>
<td>Admissions Contact:</td>
<td>Tamra Foy</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Ryan Mortensen</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:admissions@elevationsrtc.com">admissions@elevationsrtc.com</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(801) 773-0200</td>
</tr>
<tr>
<td>Fax:</td>
<td>(801) 773-0208</td>
</tr>
</tbody>
</table>
| Address: | 2650 West 2700 South  
Syracuse, UT 84075 |
| Website: | www.elevationsrtc.com |

**PROGRAM OUTLINE**

| Gender: | All Genders (non-binary) |
| Ages: | 13 - 17.6 |
| Grades: | 8 - 12 / College Prep |
| Enrollment: | 50 - 60 |
| Duration: | 8 - 10 months |
| Founded: | 2014 |

Elevations provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes; college preparatory academics, therapeutic recreation activities, and individual, family and group psychotherapy. On-site medical/psychiatric services are also available to all students.

Students may be experiencing issues such as depression, anxiety, attention challenges, mood disorders, negative relationships, academic difficulties, history of trauma, substance use, impaired daily functioning and other associated psycho-behavioral concerns.

Students are housed in small single gender therapeutic communities which allow for student mentoring, team accountability and peer oriented social development. Unlike dormitory living, the school setting is coeducational to provide students with a more traditional high school experience. All classes are taught by teachers who are credentialed in their subject area. Our class size averages 8 - 12 students allowing for more individualized instruction and support.

Our clinical philosophy is based upon Systemic, Relational and Social Learning theories. Within the integrated framework of these three theories, the treatment team at Elevations individualizes treatment based on the family’s needs. The clinical care provided relies on Evidence Based Practices which are well-documented, effective approaches to treatment. Individual, group and family therapy are provided by masters or doctoral level clinicians. Our clinical program includes 25+ hours of weekly clinical/therapeutic services, expertise in ADHD & Executive functioning, Trauma work utilizing EMDR and Trauma-Focused CBT, Substance Use, Dialectical Behavioral Therapy and Art Therapy. Elevations offers 6 - 8 on-site Parent Seminars per year.

Our Therapeutic Recreation Services address the adolescent’s need for physical, emotional and mental outlets through structured physical fitness, outdoor education, experiential education, community service learning and leisure education opportunities. These activities are intended to support goals set forth by each student’s treatment team. Regular consultations with the clinical team and medical staff ensure that student’s needs are being met along with a high standard for safety in all activities.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Joint Commission on Accreditation of Healthcare Organizations (JCAHO), Utah Department of Human Services, Department of Licensure, Utah State Board of Education, Northwest Accreditation Commission (NWAC) a division of AdvancED, California Department of Education as a Non-Public School, Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member, Association of Children's Residential Centers (ACRC)
Elk River Treatment Program
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Karen Lee  
**Admissions Contact:** Kathy DeMellier  
**Academic Contact:** Rick White  
**Email:** info@elkrivertreatment.com  
**Phone:** (866) 906-8336 or (256) 518-9998  
**Fax:** (256) 518-9941  
**Address:** 4812 Commercial Drive NW  
Huntsville, AL 35816  
**Website:** www.elkrivertreatment.com

**PROGRAM OUTLINE**

**Gender:** Coed - male and female only, as assigned at birth  
**Ages:** 12 – 18  
**Grades:** 6 - 12  
**Enrollment:** 60  
**Duration:** 18 weeks  
**Founded:** 2005

Elk River Treatment Program is a residential program that specializes in evidenced-based therapeutic interventions for boys and girls who are struggling with mental health and/or substance use issues. Since 2006, Elk River Treatment Program has been a leader in the adolescent treatment industry for its innovative treatment approach. Rather than focus solely on negative behaviors, Elk River’s treatment team guides its clients in identifying the source of maladaptive behaviors that have caused significant disruption in their lives.

Treatment at Elk River Treatment Program is heavily weighted on Cognitive Behavioral Therapy. The multi-disciplinary Treatment Team is led by a child and adolescent forensic psychiatrist. Safety is the number one priority, so clients are supervised around-the-clock by experienced support staff who are carefully screened and selected for their education and experience in adolescent treatment or related fields.

Elk River Treatment Program is accredited in Behavioral Health Care by The Joint Commission and licensed by the State of Alabama Department of Youth Services to provide ages 12 – 18 therapeutic services in a residential setting. The year-round, college prep school is accredited by AdvancED.

The length of the program is determined by the child’s issues and response to treatment. Upon admission, empirically-based assessment and diagnostic tools are used to evaluate and formulate an individualized treatment plan to meet the unique needs of each child. Commercial insurance and private pay are accepted. Elk River is not a provider for Medicaid.

As a medical model staffed with physicians, registered nurses and a certified nurse practitioner, Elk River Treatment Program can accept youth that some programs consider medically fragile. With close medical oversight, medication management, expert therapeutic care and education, our program graduates return home as self-directed, educated and contributing members of society.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Alabama Department of Youth Services; the Joint Commission (TJC); AdvancED/SACS

**Professional Affiliations:** NATSAP-Full member; Association of Experimental Education (AEE); BBB of North Alabama; Association for Training on Trauma and Attachment in Children (ATTACH); Huntsville Madison County Chamber of Commerce; Nashville Chamber of Commerce; Better Business Bureau of North Alabama (BBB)

**Airport:** Huntsville, AL (HSV)  
Birmingham, AL (BHM)
Ellenhorn
(Outpatient / Non-Residential - Therapeutic Only & Residential Treatment Center - Substance Abuse)

CONTACT

Executive Contact: Ross Ellenhorn
Admissions Contact: Meghan Chella
Email: mchella@ellenhorn.com
Phone: (617) 491-2070
Fax: (617) 600-0060
Address: 406 Massachusetts Avenue
            Arlington, MA 02474
Website: www.ellenhorn.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18+
Grades: N/A
Enrollment: 44
Duration: 276.21 days avg
Founded: 2005

NATSAP Member
Since: 2018

Airport: Boston, MA (BOS)
            Providence, RI (PVD)

At Ellenhorn, our goals for each client are psychiatric and social recovery, the two given equal importance. While many programs split these objectives — viewing treatment of psychiatric symptoms as separate from a person’s attainment of their rightful role in the world — we see the full achievement of each goal as dependent on the realization of the other. Social recovery is most likely to occur when a client receives thoughtful and coordinated pharmacological care that takes into account how psychiatric symptoms as well as medication side effects can impede leading a satisfying, productive life in the community. At the same time, the best pharmacological care occurs when a doctor is part of a team of treaters (clinicians, therapists and others) dedicated to supporting a client’s engagement with the world. When psychiatrists are members of such a close-knit team, they are able to make better, more finely-tuned treatment decisions that lead to precisely targeted care, the avoidance of overmedication or improper medication, and treatment that can safely help some clients become medication-free. We believe that the mutually dependent goals of psychiatric and social recovery are impossible to achieve without a strong collaborative relationship with our clients. That’s why our clients are leaders in their own care. We place their goals for the future front and center in our treatment.

Ellenhorn’s time-tested and evidence-based treatment model, called the Program for Assertive Community Treatment (PACT), is endorsed by both the National Alliance for the Mentally Ill (NAMI) and the Substance Abuse and Mental Health Services Administration (SAMHSA), as the prime model for psychiatric recovery.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Associate Member; Association for Community Integration Programs (A4CIP)
Equinox RTC
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Kyle Gillett  
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**Academic Contact:** Bonnie Richardson  
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**Phone:** (828) 436-2200  
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**Address:** 2420 Middle Fork Road  
Hendersonville, NC 28792  
**Website:** www.equinoxrtc.com

**PROGRAM OUTLINE**

**Gender:** Male, including transgender  
**Ages:** 14 - 18  
**Grades:** 8 - 12  
**Enrollment:** 36  
**Duration:** 9 - 12 months  
**Founded:** 2017

Equinox is a licensed (NCDHHS and CARF) Residential Treatment Center that works with boys ages 14 - 18 located just outside of Asheville, North Carolina. We specialize in the treatment of trauma, loss and attachment issues with sub-specialties in anxiety, mood disorders and addictive behaviors. We are relationship-focused and implement trauma-informed, neurologically-based and adventure-intensive therapy. Our boys participate in regular crossfit-style workouts and eat healthy home-cooked foods. Our school is AdvancEd accredited and SEVIS approved.

Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal hero’s journey, creating an environment conducive to healing from trauma of all varieties (i.e., loss, abuse, PTSD, bullying, and other traumatic experiences) as well as attachment issues. Because many trauma survivors also suffer from comorbid anxiety, mood disorders, low self-esteem, addictions and other unhealthy coping mechanisms, Equinox provides state-of-the-art treatment for all of these issues.

Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy, experiential interventions and/or adventure therapy - all guided by a multidisciplinary treatment team made up of our masters and Ph.D. level therapists; psychiatrist; nursing, academic, and residential staff; and the student’s parent(s). Students struggling with addictions or compulsive behaviors of any type participate in our non-12-step addictions program which includes individual, family and group intervention with a LCAS. Equinox also emphasizes physical fitness and nutrition - including daily crossfit-style workouts. Our academic classes are AdvancED accredited and taught in a conventional classroom setting by certified secondary education and special education teachers. Implementing all of the above in an owner-operated setting, Equinox facilitates each student’s journey away from being a victim of his traumatic experiences towards becoming the hero of his own life story.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** North Carolina Department of Health and Human Services; Student and Exchange Visitor Information System (SEVIS); Commission on Accreditation of Rehabilitation Facilities (CARF); AdvancED  
**Professional Affiliations:** NATSAP-Full Member
Evangelhouse Christian Academy
(Therapeutic Boarding School)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Mark D. Barrentine, LCSW</td>
<td><strong>Gender:</strong> Female only. as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Mark D. Barrentine, LCSW</td>
<td>** Ages:** 12 - 18</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Mark D. Barrentine, LCSW</td>
<td>** Grades:** 6 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:admissions@evangelhouse.com">admissions@evangelhouse.com</a></td>
<td><strong>Enrollment:</strong> 14</td>
</tr>
<tr>
<td><strong>Phone:</strong> (800) 924-4012</td>
<td><strong>Duration:</strong> 12 - 24 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (866) 223-6842</td>
<td><strong>Founded:</strong> 1995</td>
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<tr>
<td><strong>Address:</strong> PO Box 139</td>
<td></td>
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<tr>
<td>Saint Martinville, LA 70582</td>
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<td><strong>Website:</strong> <a href="http://www.evangelhouse.com">www.evangelhouse.com</a></td>
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**NATSAP Member Since:** 2005

**Airport:** Baton Rouge, LA (BTR)
Lafayette, LA (LFT)
New Orleans, LA (MSY)

More Than a School
For Christian families seeking a quality treatment program in a Christian environment, Evangelhouse® Christian Academy offers a clinically driven, yet Christian focused option. Evangelhouse Christian Academy is a specialty, fourteen-bed therapeutic boarding school for girls offering 6th through 12th grades. The academy offers a unique integration of licensed clinical therapy with non-denominational Christian values. The school’s DBT and EMDR therapy are ideal to treat students who may internalize emotional distress, depression, anxiety, and social problems.

A Place for Troubled Teen Girls: The profile of an Evangelhouse student has come from a Christian upbringing, but her current choices and behavior problems require structural change. The problems the student is facing may take on different forms or emerge in multiple areas of life.

Parents enroll their daughters for behavior problems, experimental substance abuse, and academic or family difficulties. Many students present with mild to moderate DSM-V diagnoses such as major depression, ADHD, bi-polar disorder and other mood, behavior or learning disorders.

Evangelhouse Christian Academy provides a full array of clinical services including psychiatric medication management and psychological testing along with individual, family and group therapy. The Evangelhouse clinical team includes an adolescent specialist psychiatrist, a licensed neuropsychologist, and licensed therapists.

A Place to Become Rooted, Grow and Mature
Evangelhouse Christian Academy supports students in overcoming problems and their underlying root causes through its unique LifeLeaf™ treatment model. It is organized around five areas of wellness in which students become rooted, grow, and mature - Spiritual, Therapeutic, Academic, Social and Physical. The LifeLeaf treatment model within our year-long therapeutic boarding school structure creates the right conditions, the right amount of time, and a gauge to measure growth.


**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Louisiana, Department of Education Division of Non-Public Schools, Alternative School Classification; Student and Exchange Visitor Information System (SEVIS); Joint Commission (JCAHO)
**Professional Affiliations:** NATSAP – Full Member; American Association of Christian Counselors (AACC)
Evoke at Cascades
(Wilderness Therapy Program & Young Adult Program)

CONTACT

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Bend, OR 97703
Website: www.evoketherapy.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 30
Grades: 8 - 12
Enrollment: 45
Duration: Individualized duration, 8 - 9 week average
Founded: 2005

Evoke Therapy Programs provide transformative experiences with experiential and evidence-based therapies with a whole-health focus for the participants and their families. Evoke Cascades creates opportunities for participants to discover deeper meaning in their lives and overcome life’s challenges. Participants and families learn healthy coping skills that bring families together.

Evoke Cascades is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed groups, daily group therapy, and individualized therapy sessions with Master’s and Doctorate level therapists.

Evoke Cascades has both an Adolescent ages 13 to 17 and Young Adult ages 18 to 30 programs and work with a range of emotional and behavioral issues including depression, anxiety, low self-esteem, learning differences, social and emotional difficulties associated with the autism spectrum, oppositional defiance, attention deficit, family issues, substance abuse disorders, trauma, and attachment issues. Typical clients struggle with limits, act entitled, underachieve, have low self-esteem, experience academic decline, and may be experiencing parent-child conflict. Evoke Cascades is a flexible length of stay which addresses underlying issues, improves coping skills, insight and resilience, teaches behavioral responsibility, and improves family relationships. Cascades’ young adult clients participate on their own volition and retain all individual rights.

Our individualized family component is structured to teach parents new skills designed to support their own and their child’s growth with weekly phone call, assignments and wilderness visits in the middle and at the end of the program. Evoke incorporates carefully tailored academic curriculum accredited by AdvancED with Science, English, P.E., and Psychology credits contextually based in the wilderness experience. This helps clients earn academic credits while away from school and allows for assessment of how clients respond to academic challenges.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Department of Human Services, Office of Licensing and Regulatory Oversight; Oregon Board of Psychologist Examiners; NW Accreditation Commission (NWAC)-OR; AdvancED
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association for Experiential Education (AEE); Outdoor Behavioral Healthcare Council (OBHC)
Evoke Entrada
(Wilderness Therapy Program)

**CONTACT**
- **Executive Contact:** Katelyn BeVard
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- **Fax:** (435) 674-9309
- **Address:** 2711 Santa Clara Drive
  Santa Clara, UT 84765-5466
- **Website:** www.evoketherapy.com

**PROGRAM OUTLINE**
- **Gender:** All Genders (non-binary)
- **Ages:** 13 - 28+
- **Grades:** 9 - 12
- **Enrollment:** 50
- **Duration:** 42 - 50 days
- **Founded:** 2004
- **Airport:** St. George, UT (SGU)
  Las Vegas, NV (LAS)

Evoke Therapy Programs provide transformative experiences with innovative models of therapy with experiential and evidence-based therapies. The program focuses on the whole-health of clients and their families while providing teens, young adults and families the most clinically sophisticated care and comprehensive support. Evoke Entrada creates opportunities for participants to discover deeper meaning in their lives and overcome life’s challenges. The new environment we provide for clients and families evokes lasting change.

Evoke Entrada is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed treatment groups, daily group therapy and individualized therapy sessions with Masters or Doctorate level therapists. Our individualized family component is structured to teach parents new skills designed to support their own and their child’s growth with weekly phone calls and one or two visits in the wilderness for family work.

Adolescent: The adolescent program works with students 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose unhealthy friends, underachieve, have low self-esteem, struggle academically and may be experiencing parent-child conflict.

Adult: The adult program supports a dual-diagnosis approach to working with adults 18 to 28+. Our clinical and substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing an overall Ego strength. Adult clients participate on their own volition and retain all individual rights.

Evoke incorporates carefully tailored academic curriculum accredited by AdvancED with Science, English, P.E., and Psychology credits contextually based in the wilderness experience.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)
Explorations  
(Therapeutic Boarding School)

**CONTACT**

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119 South Hill Road  
Trout Creek, MT 59874  
**Website:** www.explorationsmtn.com

**NATSAP Member**  
Since: 2005

**PROGRAM OUTLINE**

**Gender:** Coed - male and female only, as assigned at birth  
**Ages:** 12 - 18  
**Grades:** 7 - 12  
**Enrollment:** 10 - 12  
**Duration:** 12-18 months / Residential  
21-58 days / Summer  
7-21 days/Custom Family  
**Founded:** 1989

Airport: Spokane, WA (GEG)

For over 29 years, Explorations has offered unique and relevant program choices, promising individualized attention within small groups. We are one of the most experienced adolescent transition options in the country, having been a part of hundreds of student transitions back to their homes, to boarding school or onto college. Our year-long residential program provides a safe bridge for students to practice living in the ‘real world’ in healthy and productive ways.

Co-ed students, ages 13 - 18, get traction in ‘everyday life’ challenges while living in a family-based, therapeutic home environment in our HomeBase Residential program. Counselors at HomeBase are nurturing, but firm, and teach valuable life skills. Students attend the local public school or enroll in credit recovery courses under the guidance of tutors. We strive to create a more normative environment during which students learn to balance the needs of school, home, family and personal endeavors - with support. Our therapist meets with students individually and in group and conducts family therapy via phone or Skype. We prioritize parent involvement through parent coaching calls, regular updates, visits, and Parent Weekends. Outdoor activities such as skiing occur during weekends and everyone shares in the workload of the home.

Explorations Summer Leadership Adventure serves girls and boys, ages 13 - 18. Our Summer Adventure course is perfect for students who are floundering in school or at home, yet do not require the intensity of a wilderness intervention. Students participate in high adventure activities such as rock climbing, kayaking, and backpacking and earn certifications. Students learn the value of service by volunteering their time to worthy causes such as Habitat for Humanity.

We specialize in designing innovative experiences during which outdoor pursuits, therapy and education are integrated to meet the needs of the student or entire family.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Montana Board of Private Alternative Adolescent Residential Programs (PAARP)  
**Professional Affiliations:** NATSAP - Full Member; Association for Experiential Education (AEE)
Family First Adolescent Services LLC
(Residential Treatment Center - Substance Abuse)

CONTACT

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          Ste 101
          Palm Beach Gardens, FL 33410-4532
Website: http://familyfirstas.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13-17
Grades: N/A
Enrollment: 20
Duration: 90 days
Founded: 2014

Family First Adolescent Services is an insurance friendly treatment center for mental health, substance abuse, trauma, problematic gaming, and behavioral issues. We offer a boutique experience with an extremely high staff to client ratio, and a program that is truly tailored for the adolescent client. Our clinical approach is intensive and diverse, when a client enters our program, they receive five individual therapy sessions, with their primary therapist, in the first seven days of treatment and none of the are assessments. Family First counselors have a limited case load of five clients in order to provide the best and most attentive care for our clients and their families.

At Family First, continuing education while receiving treatment is believed to be a valuable and esteem building prospect. Our Education Specialists are assigned to case manage the client’s workload with their home school, tutor clients on specific area of need, and report to the client’s family on progress in the classroom.

Family members engage in the Parent Interaction Program which is a three-day process-driven family program that includes Experiential Group Therapy such as psychodrama or role-playing, and expressive art therapy. We also explore information about the biology of the adolescent mind, shame, codependence and discipline through interactive presentation. Family members have daily homework assignments tailored to their specific family dynamics.

Family First is on the cutting edge of trauma informed care, we are the first adolescent program to utilize the Neuroaffective Relational Model (NARM) and we are hosts of the NARM Training Institute for professionals in our area.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Florida, Department of Children and Families; State of Florida, Agency for Health Care Administration; Division of Health Quality Assurance; The Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member
Forest Heights Lodge
(Residential Treatment Center)

**CONTACT**

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  Evergreen, CO 80437  
**Website:** www.forestheightslodge.org

**NATSAP Member**  
**Since:** 2011

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 5 - 14 upon admission  
**Grades:** K - 12  
**Enrollment:** 20  
**Duration:** 18 months - 2 years  
**Founded:** 1954

Forest Heights Lodge is a non-profit, therapeutic residential program, located in the quiet Rocky Mountains of Evergreen, Colorado since 1954.

Nationally accredited with the Joint Commission of Accredited Hospitals and Organizations (JCAHO) since 1974, we are ideally situated to provide a therapeutic environment (milieu) for boys who are struggling with emotional, behavioral, academic and social issues.

The heart of our philosophy is to make residential treatment a gratifying life experience which enables a child to live successfully in the community with others.

Our unique treatment model is designed for boys who are struggling to create healthy relationships in their lives. The clinical treatment program includes: milieu therapy, individual therapy, social skills/group therapy, family therapy, medication management and equine-assisted therapy.

Forest Heights Lodge (the Lodge) maintains an on-grounds school program, which is integrated into the overall therapeutic experience. Our school program runs on a typical school calendar year with the addition of half-day program during the summer. Our teachers and director of education work closely with milieu and clinical staff for educational and treatment planning.

We engage our students by modeling an optimistic, positive approach to life, which supports building relationships based on communication and the authentic expression of emotions. This positive, strength-based approach empowers the students to identify their own positive qualities and allows them to experience healthy connections with others.

Through these experiences, the students begin to engage in healthy relationships with peers, staff and their families. Each student and family are assigned a case coordinator who facilitates communication throughout the student’s treatment experience. The team model, which includes, clinical, educational and milieu services, ensures a comprehensive perspective that directs exceptional, individualized treatment planning.

**Individual Counseling Available:** Yes  
**Accreditation, Licensure:** Joint Commission on Accreditation of Healthcare Organizations (JCAHO), Colorado State Department of Human Services; Colorado Department of Education; California Non-public School; Illinois Department of Education; New Jersey Department of Education; Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; American Association of Residential Treatment Centers (AARTC); Rocky Mountain Adoption Exchange
The Foundation for Independent Living, Inc.
(Young Adult Program)

CONTACT

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          Coconut Creek, FL 33063
Website: www.filinc.org

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18+
Grades: N/A
Enrollment: 70
Duration: Lifespan
Founded: 1985

The Foundation for Independent Living, Inc. is a private, community-based program for adults with varying cognitive disabilities and developmental delays. Located in beautiful South Florida, this long-term residential living program is the ideal destination for young adults who are ready to “Navigate the world with their Differences.” Here at FIL, we serve the specific needs of high functioning learning disabled adults, at least 18 years old, who don’t require the structure of a group home, but still need guidance and supervision to live on their own. Toward the end, program goals aim at providing a residence separate from family but assuring a level of supervision that will meet all crisis and emergency needs. Happily founded in 1985, FIL truly became a program which would enhance individual’s journey into the adult world; a place they proudly call home.” Basic requirements for admission are a diagnosis of a learning disability, a recent psychological evaluation and an assessment of independent living skills. Our program is designed to stress all the elements in a normal routine of life—waking up by one’s self; preparing meals, going to work, making a budget, paying bills and recreational pursuits.

- Established in 1985 by parents
- Co-ed program, Minimum IQ 70+
- Age range-18 through lifespan
- Modern apartment living
- Continual Life Skills Trainings
- Healthy Café-Daily meal program
- Off-site Enrichment Center facility
- On-Site Residential Staff available 24/7 365

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Florida Agency for Healthcare Administration, Residential Treatment Facility (ARTA); Joint Commission on Accreditation of Healthcare Organization (JCAHO)
Professional Affiliations: NATSAP-Associate Member
Foundation House
(Transitional Independent Living & Wilderness Therapy Program)

CONTACT
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Address: 160 Preble St.
Portland, ME 04101
Website: www.foundationhouse.com

PROGRAM OUTLINE
Gender: Male, including transgender
Ages: 17 - 35
Grades: GED, post-secondary
Enrollment: 60
Duration: 6+ months
Founded: 2002

Foundation House is an extended-care, transitional sober living program for adult men age 16 to 40. Since 2002, we have pioneered a unique and dynamic approach to helping residents build a solid bridge between treatment for alcohol and drug abuse to living a full and sober life in the real world.

We are built to meet a cross-section of behavioral health needs ranging from co-occurring and acute clinical care to motivational and executive functioning issues. Most of our clients have attended a therapeutic wilderness program, primary treatment program or therapeutic boarding school.

Our program incorporates a fully licensed Intensive Outpatient Program. Clients receive a minimum of nine clinical hours each week through various groups, weekly individual therapy and 12-Step studies. Our long list of offerings also includes gym memberships, yoga, cooking classes, holistic health lessons, a float spa, woodworking, travel, volunteer programs and sports leagues. Our groundbreaking International Expedition Program has traveled to Europe, Africa and most recently India.

Our typical length of stay varies from six months to one year, depending on a resident’s needs. During that time, we guide clients through the process of building a foundation for recovery, setting goals for the future, and preparing for a life of sober independence. Foundation House programming is designed to provide residents with a diverse platform of experiences and new habits that reinforce a fun and dignified life in sobriety.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Maine Department of Human Services, Intensive Outpatient (IOP)
Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP)
Fulshear Treatment to Transition
(Transitional Independent Living Program & Young Adult Program)

**CONTACT**
- **Executive Contact:** Nikki Garza
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- **Phone:** (818) 917-4861
- **Fax:** (979) 793-3034
- **Address:** 10514 Oberrender Road
  Needville, TX 77461
- **Website:** www.fulsheartransition.com

**PROGRAM OUTLINE**
- **Gender:** Female Only, as assigned at birth
- **Ages:** 18 - 25
- **Grades:** N/A
- **Enrollment:** 49
- **Duration:** 10 months
- **Founded:** 2004
- **Airport:** Houston, TX - Hobby (HOU)

Fulshear is a treatment to transition program for women ages 18 to 25. We use evidence-based interventions to treat trauma, substance issues, personality disorders, cutting, and other challenges. Our Ranch is nestled in the countryside just outside of Houston, Texas. Our independent-living apartments are located in Stafford, Texas, just a few minutes from Houston.

Fulshear’s mission is to: Provide opportunities for each woman to restore her personal power, choose a personal design for her life, and create a positive influence in her community. Our vision is to help launch healthy, strong and influential women. This begins on The Ranch where you’ll separate yourself from the noise around you and focus on your own personal health and well-being. Specific assignments are given to help teach and encourage the idea of personal health. These assignments are part of your therapeutic and community work. Fulshear uses an Adult Attachment Model, a proprietary approach that focuses on our innate need to connect with others.

We look at actions/behaviors/diagnoses through the lens of attachment, which allows for creativity in interventions in helping our clients to move forward in their lives. It provides a unique way of understanding how and why our clients have come to rely on certain ways of getting their needs met. Our clients start at The Ranch and then transition into independent living with assistance in education, employment, counseling, and life skills to help clients create lives they will be passionate about living.

**NATSAP Member Since:** 2004

Individual Counseling Available: Yes
Accreditation, Licensure: Joint Commission on Accreditation of Healthcare Organizations (JCAHO)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD: Young Adult Transition Association (YATA)
Gateway Academy, LLC
(Residential Treatment Center)

**CONTACT**

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**Address:** 11706 South 700 East
Draper, UT 84020
**Website:** www.gatewayacademy.net

**NATSAP Member Since:** 2002

**Airport:** Salt Lake City, UT (SLC)

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth
**Ages:** 14 - 17
**Grades:** 9 - 12/College Prep
**Enrollment:** 44
**Duration:** 8 to 10 months
**Founded:** 2002

Gateway Academy, an owner operated residential program, is dedicated to the healthy development, education and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain.

Gateway Academy serves boys ages 14-17 struggling with depression, anxiety, impulsivity and attention problems, social and nonverbal learning difficulties, diminished self-esteem, relationship problems, identity and developmental issues, executive functioning and academic deficits.

Grounded in our relationship and brain-based approach, each young man receives and individualized balance and intense therapy, demanding accredited schooling, outdoor experiential learning and comprehensive fitness programming. Through staff mentoring, peer interactions, group activities, and volunteer services, boys learn self-advocacy, life skills, and self-confidence.

Highly credentialed clinicians ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, daily-specialized groups, and on-site psychiatric services as needed. Weekend outdoor education solidifies therapeutic gains as activities are intentionally designed to allow students to test clinical gains and grow emotionally, intellectually, and psychically. Gateway is purposefully located in an urban community to ensure access to community-based activities and resources. The final phase of each boy’s time at Gateway Academy, called the Gateway Phase, is carefully designed and individualized with the purpose of allowing students to experience a less structured environment, while continuing to receive therapeutic support and mentorship. Students begin to navigate their own schedule, increase their personal responsibility and autonomy, manage homework and chores and engage in employment or service and leisure activities in our local community. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, AdvancED; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD
Genesee Lake School
(Residential Treatment Center)

CONTACT

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Fax: (262) 569-6337
Address: 36100 Genesee Lake Rd.
         Oconomowoc, WI 53066
Website: www.geneseelakeschool.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 7 - 21
Grades: K - 12
Enrollment: 108
Duration: 12 to 18 months
Founded: 1975

NATSAP Member Since: 2018

Airport: Milwaukee, WI (MKE)

Genesee Lake School is dedicated to improving the lives of children, adolescents, and young adults with a variety of special needs. Our mission at Genesee Lake School is to dare greatly by transforming the lives of our students, their families, and our employee owners who serve them. Our 160-acre campus in the wooded Wisconsin countryside is a calm and nurturing setting where students from around the country gain the skills and experiences necessary to successfully return to their families, school districts, and communities.

As a nationally recognized and 100% employee owned provider, we offer programs for students with neurodevelopmental disorders and/or complex developmental trauma disorders. We provide an individualized, person-centered, and integrated team approach, emphasizing positive behavioral support, therapeutic relationships, and developmentally appropriate practices.

At Genesee Lake School, we are also known for our research based educational curriculum. In a sensory and technology rich environment, our licensed special education teachers provide academic instruction, pre-vocational education, and adaptive physical education. Additionally, speech and language, occupational, art, and music therapies are integrated throughout each student’s program as needed. For our middle and high school students ready to access a generalized curriculum, we offer a supportive departmentalized model in which students change classes and learn to adapt to a variety of teaching styles, just as would occur in the student’s home district. We also offer a comprehensive transition and vocational program, ranging from in-class offerings through community employment opportunities.

At Genesee Lake School we provide an innovative and enriching environment for the students in our care to learn and experience all that life can offer. We provide a place to grow.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Wisconsin Department of Children and Families; Council on Accreditation (COA);
“Private School” Wisconsin Department of Public Instruction; “Nonpublic Program to Serve Students with Disabilities”
Illinois State Board of Education
Professional Affiliations: NATSAP-Full Member; Association of Children’s Residential Centers (ACRC); Wisconsin Assoc. of Family and Children’s Agencies (WAFCA); Autism Society of Wisconsin (ASW); Prader-Willi Syndrome Association (PWSAUSA)
Green Chimneys
(Residential Treatment Center)

**CONTACT**

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**Address:** 400 Doansburg Rd  
Brewster, NY 10509  
**Website:** www.greenchimneys.org

**NATSAP Member**  
**Since:** 2019

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 7 - 21  
**Grades:** K through 12  
**Enrollment:** 252  
**Duration:** individualized per child’s progress  
**Founded:** 1947

**Airport:** Westchester (HPN)  
Laguardia (LGA)  
John F. Kennedy (JFK)  
Stewart Int’l (SWF)

Green Chimneys School is designed for students who have been unsuccessful in a traditional educational program and who benefit from a small, structured and therapeutically supportive setting. Our philosophy is based on the belief that if children are given a chance to explore and discover their inherent strengths in a safe and structured nature-based environment, their self-esteem, compassion, coping and social skills will improve.

Our accredited special education school offers therapeutic education in accordance with NY State Next Generation Curriculum including Regents, Career and Technical Education and Career Development and Occupational Studies in small class sizes of 8:1:2 or 12:1:2. The NY State Curriculum is blended with experiential, animal and nature-based classes along with related services such as individual therapy, occupational therapy and speech and language services.

Our residential clinical services offer a variety of evidence-based therapies and therapeutic treatments via individual and group counseling, family therapy and monthly parent trainings. We offer in-house psychiatric services including genetic testing to provide more individualized psychiatric services based on DNA information. Our 24-hour Health and Wellness Center provides routine medical treatment as well as dietician and nutritional counseling.

Green Chimneys, through the Sam and Myra Ross Institute, is recognized as a worldwide leader in nature-based education and therapy, research and advocacy. Our large, open campus lends itself to an array of organized recreational programming which is fundamental to the social, emotional, behavioral and educational development of our students. Our team of educators, clinicians, therapists, farm and wildlife experts and outdoor specialists are trained in social skills development, behavior management techniques to assist students in self-regulation skills and crisis prevention and intervention.

Green Chimney is a NY State Approved School, licensed by several oversight agencies, including NY State Education Department and accredited by the Council on Accreditation.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Council on Accreditation (COA); NY State Education Department  
**Professional Affiliations:** NATSAP-Full Member; Association of Residential Centers (ACRC); Council of Family and Child Caring Agencies (COFCA); 853 Coalition
Greenbrier Academy for Girls  
(Residential Treatment Center & Therapeutic Boarding School)

**CONTACT**

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| Fax: | (866) 603-3939 |
| Address: | PO Box 798  
Alderson, WV 24910  
(Program located in Pence Springs, WV) |
| Website: | https://greenbrieracademy.com |

**PROGRAM OUTLINE**

| Gender: | Female, including transgender |
| Ages: | 14 - 18 |
| Grades: | 9 - 12 |
| Enrollment: | 54 |
| Duration: | 4 to 12 months |
| Founded: | 2007 |

Greenbrier Academy preserves and protects your daughter’s FUTURE, emotionally, socially, physically, and academically. We are an accredited academic/therapeutic boarding school and a licensed non-acute treatment center providing college prep academics within a therapeutically immersive experience.

At Greenbrier Academy, your daughter will find purpose. We understand how discouraging it is to witness your once vivacious daughter becoming distant and unenthusiastic. We remove or resolve non-acute anxiety, depression, emotional trauma, adoption/attachment, and body dysphoria disorders. Non-acute refers to lower risk conditions that are future threatening but do not require lock-up facilities, constant monitoring for self-harm, high runaway risks, threat to others, and weekly psychiatrist interactions.

Greenbrier Academy excels with girls who can participate in our various stimulating and highly effective therapeutic/academic programs. They can handle “supervised freedom” and benefit by making “appropriate choices” in a variety of contexts. We concentrate more on quality academics, more opportunities for local and international service, sports activities, animal projects, therapeutic horsemanship, and high adventure trips.

We offer two tracks. Our 4 Month Semester Forward program provides the opportunity to earn up to a semester’s worth of credit in a therapeutically concentrated structure. This option can be a great early intervention. Our traditional 9 Month program offers an extended period of time for students to integrate and practice new skills. At the heart of our program is the Intensive Village retreat. In a serene mountain setting, students delve into life’s deepest questions. These questions are tied into the intractable, problematic identity beliefs addressed with their therapists. As a result, students begin to explore new, healthy strategies in building virtuous relationships. By practicing these new strategies in a variety of contexts down on campus, these new found truths become inculcated and strengthened.

We’re here to help families reclaim their daughter’s future.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** West Virginia Department of Health and Human Resources; AdvancED/North Central Association of Colleges and Schools; Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; Mid-Atlantic Association of Programs and Schools (MAAPS)
Grove School
(Therapeutic Boarding School & Therapeutic Day School)

CONTACT
Executive Contact: Peter J. Chorney
Admissions Contact: Kelly Webster
Academic Contact: Sean Kursawe
Email: admissions@groveschool.org
Phone: (203) 245-2778
Fax: (203) 245-6098
Address: 175 Copse Road
          Madison, CT 06443
Website: www.groveschool.org

PROGRAM OUTLINE
Gender: All Genders (non-binary)
Ages: 12 - 23
Grades: 7 - 12/PG
Enrollment: 140
Duration: 2 years
Founded: 1934

Established in 1934, Grove School is a family-run, co-educational, therapeutic boarding school in the shoreline community of Madison, Connecticut. It is a therapeutic milieu for adolescents with social, emotional and learning challenges that have impacted the quality of their lives. We accept students who are ages 12 or older and in grades 7 - 12 with average to above average intelligence. We work with students across the diagnostic spectrum including students with ADHD, Depression, Mood Disorders, Anxiety Disorders, Eating Disorders, Nonverbal Learning Disorders, Autism Spectrum Disorder, or Learning Disabilities. With a seamless program of clinical services, college preparatory education and diverse activities, Grove School focuses on the development of meaningful relationships and personal growth.

Grove School’s clinical approach uses contextually-based psychodynamic psychotherapy delivered in bi-weekly individual sessions, weekly group therapy, family therapy and milieu therapy. Our clinical staff is composed of 5 Psychiatrists and 14 other clinicians including Psychologists, LCSWs, and LMFTs. All students work with a treatment team comprised of a psychiatrist, therapist and advisor who coordinate and implement their clinical goals. The academic curriculum accommodates the individual learner while offering a rigorous college preparatory education including AP and Early College courses. We have over 30 certified Content Area and Special Education teachers who instruct small classes with a student: teacher ratio of 6:1. Activities appeal to students’ wide range of interests and include team and individual sports, over 20 club options, fine arts, theatre, music, outdoor adventure, and yoga.

Grove School’s Transition Program meets the needs of students ages 18 - 23, who fit our general criteria, and are motivated, but need additional support for their transition into adulthood. These students participate in individual therapy, attend community college courses, maintain employment in the community and live in a home a mile off the main Campus.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Connecticut, Department of Children and Families; New England Association of Schools and Colleges; State of Connecticut, State Board of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry (AACAP)
Havenwood Academy is a residential treatment center for girls from ages 12 to 18. Havenwood Academy operates a Positive Peer Culture system that creates an environment where students build relationships with our therapists, staff and other students that are based on trust and unconditional love and where all decisions are made out of genuine care and concern. In this environment, students find the safety they need to appropriately and effectively deal with the difficult issues impeding their growth and development.

Havenwood Academy provides a wide range of therapies custom designed for each student including individual, family, group, experiential and the informal therapy embedded within the Positive Peer Culture.

Havenwood Academy also provides equine therapy using the EAGALA model allowing students to develop a trusting relationship with a horse and thereby learn essential life skills such as communication, building trust and problem solving. Havenwood Academy also takes advantage of its location surrounded by National Parks and other natural wonders by involving students in outdoor activities such as rock climbing, hiking and other outdoor recreational activities allowing them to connect with a deeper part of themselves, escape normal daily distractions and find peace. While students are enrolled in Havenwood Academy, parents and family members are expected, where appropriate, to participate in weekly family therapy and to follow a program designed by Havenwood Academy and their individual therapists to create a better home environment to increase the chances of permanent and meaningful change for the student and the family.

Havenwood Academy is licensed by the Utah Department of Human Services, Division of Licensing and is accredited by the Joint Commission Behavioral Health. Havenwood (through its affiliate Havenwood Schools) is accredited by AdvancED and provides a full range of accredited educational, remedial and career services.
Heartspring School
(Therapeutic Boarding School)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Executive Contact: David Stupay</td>
<td>Gender: Coed - male and female only, as assigned at birth</td>
</tr>
<tr>
<td>Admissions Contact: Kristina Baker</td>
<td>Ages: 5 - 21</td>
</tr>
<tr>
<td>Academic Director: Stephen Perry</td>
<td>Grades: K - 12</td>
</tr>
<tr>
<td>Email: <a href="mailto:admissions@heartspring.org">admissions@heartspring.org</a></td>
<td>Enrollment: 56</td>
</tr>
<tr>
<td>Phone: (316) 634-8700</td>
<td>Duration: 2 - 3 years (average)</td>
</tr>
<tr>
<td>Fax: (316) 634-8875</td>
<td>Founded: 1934</td>
</tr>
<tr>
<td>Address: 8700 East 29th St. North Wichita, KS 67226</td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.heartspring.org">www.heartspring.org</a></td>
<td>Website: <a href="http://www.heartspring.org">www.heartspring.org</a></td>
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</tbody>
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NATSAP Member Since: 2014

Airport: Dwight D. Eisenhower National Airport (ICT)

Heartspring’s school program is truly a unique educational setting that encompasses all areas of a student’s life, including education, residential living, psychological and medical care as well as therapies such as speech-language pathology and occupational therapy.

We are a nonprofit day and residential school serving ages 5 through 21 from across the country. We serve students impacted by developmental disabilities such as Autism Spectrum Disorder. Most of our students have challenging behaviors that interfere with their academic, home and community life.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Kansas Department of Health and Environment; Kansas State Department of Education; California Department of Education; Illinois Board of Education; Washington Department of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Association of Directors of Development and Admissions and Marketing (ADDAM); American Psychological Association; National Association of School Psychologist; America Speech and Hearing Association; American Association of Occupational Therapy; Kansas Association of Occupational Therapy; National Board of Certification of Occupational Therapy
Heritage Schools, Inc.
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Keven Downs  
**Admissions Contact:** Mckaye Treanor  
**Academic Contact:** Joni Reynolds  
**Email:** admissions@heritagertc.org  
**Phone:** (801) 226-4600  
**Fax:** (801) 226-4696  
**Address:** 5600 Heritage School Drive  
Provo, UT 84604  
**Website:** www.heritagertc.org

**Gender:** Coed - male and female only, as assigned at birth  
**Ages:** 12 - 17  
**Grades:** 8 - 12  
**Enrollment:** 115  
**Duration:** 12 - 14 months  
**Founded:** 1984

**NATSAP Member Since:** 2001

**Airport:** Salt Lake City, UT (SLC)

The Heritage Community offers three distinct academies, eleven beautiful homes, two academy-specific schools, a non-denominational worship center, and a team of the most experienced residential staff in the field. Located on 18 acres at the base of majestic Mount Timpanogos, the Heritage Community provides a serene, safe, and peaceful therapeutic environment where students heal, learn, and grow.

Students at Heritage join a gender-specific, family-like home where they learn to develop healthy relationships. Heritage homes function like families, with parental figures and familial structure, rewards, and consequences. Within this therapeutic environment, students learn to think outside themselves and prepare to return to their individual families.

Three unique academies are clinically designed to serve specific student populations:

- **Spark Academy** - Designed for neurodiverse students with deficits in emotional regulation, executive functioning, and adaptive life skills. This academy focuses on skill-development, promoting growth of neuro processes to help compensate for these deficits.
- **Elevate Academy** - Serves students who suffer from depression, anxiety, or mood disorders. They might be self-medicating or self-harming as a result of a higher-than-average number of adverse childhood experiences. In the Elevate Academy, students learn skills to help manage their moods and emotions and to understand and appreciate their own intrinsic value.
- **Launch** - Designed for students who are ready to begin the transition home or to independent living. As part of this academy, students can attend public high school, obtain jobs in the community, and spend individual time off campus.

The power of the Heritage Community lies in the combination of students in the three academies. Through practical small-group, campus-wide, and co-ed activities, Heritage students are given opportunities--planned with care and intention--to learn critical skills and prepare to return to their homes and schools.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah; Department of Human Services; Office of Licensing as a Residential Treatment Center; California Department of Education Non-Public School; Joint Commission (JCAHO); Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER
Heritage Schools, Inc.  
(Residential Treatment Center)  

Airport:  Atlanta, GA (SLC)

Hillside’s Residential Program, licensed as a Psychiatric Residential Treatment Facility (PRTF), offers comprehensive longer-term treatment for children and adolescents whose behaviors and symptoms have not been able to be managed at a lower level of care or in the community. We provide psychiatric and therapeutic care in a structure and 24/7 supervised environment, complete with an AdvancEd accredited school component.

Hillside is the first children and adolescent residential treatment program to become a DBT-Linehan Board Certified, Certified Program™ and is still the only residential level of care that is DBT certified in the nation. We offer specialized DBT protocol for children under age 12 (DBT-C), DBT-A protocol for adolescents, as well as the prolonged exposure protocol (DBT-PE) and Radically-Open DBT (RO-DBT.)

Adjunctive therapeutic services such as Horticultural Therapy, Recreational Therapy, Therapeutic Drumming, Theraplay®, and Animal Assisted Therapy are also included in each client’s individualized treatment plan.

Our clients work with certified teachers in a small class size and highly supportive classroom environment to continue their academic work. Our school can also accommodate clients who are enrolled in Virtual class to continue their coursework while in treatment. Our goal is not only to empower and encourage our clients to succeed academically, but also to learn how to show up to life and stay.

Active family involvement is encouraged and required throughout treatment to ensure a more successful transition upon discharge. We offer a 6-week experiential DBT day program as well as intensive in-home therapy support for clients in the Metro-Atlanta area.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Georgia Department of Community Health; Joint Commission on Accreditation of Hospitals (JCAHO); AdvancED
Professional Affiliations: NATSAP-Full Member; Southern Programs Collaborative (SPC); Multi Agency Alliance for Children (MAAC); Atlanta Regional Collaborative for Health Improvements (ARCHI)
In Balance Academy
(Therapeutic Boarding School)

**CONTACT**

**Executive Contact:** Patrick Barrasso  
**Admissions Contact:** Betsy Barrasso  
**Academic Director:** Wendy Levin  
**Email:** bbarrasso@inbalranch.com  
**Phone:** (520) 722-9631  
**Fax:** (520) 722-9676  
**Address:** 6107 E. Grant Rd  
Tucson, AZ 85712  
**Website:** www.inbalranch.com

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 13 - 17  
**Grades:** 9 - 12/College Prep  
**Enrollment:** 44  
**Duration:** 12 months  
**Founded:** 2004

**NATSAP Member Since:** 2007

Airport: Tucson, AZ (TUS)

In Balance Ranch Academy is a nationally recognized therapeutic boarding school developed around a clinically sophisticated model that effectively blends evidence-based, research-proven traditional and non-traditional therapy and the Twelve Steps of Alcoholics Anonymous. In Balance serves young men, ages 13 - 17, who are struggling with substance abuse and other co-occurring disorders.

Located in beautiful southern Arizona, less than one hour from Tucson, In Balance Ranch offers an atmosphere conducive to self-reflection and serenity. Our program provides young men with a unique experience that inspires self-evaluation, discovery and growth. We believe that in order for a young person to be successful in recovery it is our responsibility to instill in them that recovery can be not only rewarding, but fun as well. Most importantly, our program offers the invaluable gift of recovery from chemical dependency and other mental health challenges.

In Balance Ranch Academy provides the following cutting edge, evidence-based treatments and activities:

- Individual and family therapy  
- Intensive Therapeutic Specialized Groups including; Depression, Anxiety, Trauma Recovery, Adoption, Anger Management, CBI, DBT, Family Issues, Divorces Recovery, Relationships, and Transitions.  
- A comprehensive and integrated 12-Step-based recovery program  
- Family education and support  
- Equine assisted therapy  
- Experiential, adventure-based therapy  
- Trauma treatment, including EMDR  
- Treatment of co-occurring disorders  
- Cognitive Behavior Therapy  
- Motivational Interviewing  
- Individualized academic program designed to ensure success  
- College prep courses: SAT/ ACT testing preparation  
- College application counseling and assistance  
- Leadership and motivational training  
- Wilderness “success” programs  
- “Recovery through Service” projects  
- A Positive Peer Culture  
- Family Weekends three times per year; including intensive family therapy workshops, educational workshops, sibling supports, and fun/bonding activities.  
- Numerous expeditions, including but not limited to: hiking in Zion, Utah; camping in Havasupai, Grand Canyon; snowboarding in the White Mountains; recovery conferences; sweat lodges; and an opportunity to participate in an international expedition.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Bureau of Medical Facilities; The Joint Commission Accreditation (TJC); Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE
Innercept
(Residential Treatment Center & Young Adult Program)

**CONTACT**

**Executive Contact:** George Ullrich, M.D.
**Admissions Contact:** Jami Sturges
**Academic Contact:** Sherri Richardson
**Email:** info@innercept.net
**Phone:** (208) 661-7178
**Fax:** (208) 765-6972
**Address:** 1115 N Ironwood Drive
Coeur D’ Alene, ID 83814
**Website:** www.innercept.net

**NATSAP Member**
Since: 2006

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)
**Ages:** 13 - 28
**Grades:** 7 - 12 / College Support
**Enrollment:** 60
**Duration:** 6 months minimum
**Founded:** 2004

Innercept offers a continuum of programming for adolescents through young adulthood. Based on holistic principles, our program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual’s aptitude and assets. Adolescents participate in a full-continuum while residing in a picturesque farm setting. Our young adult continuum offers two distinct paths and residents move from home to home as they progress in functioning from intensive to aftercare. Stabilization services are provided to all residents and are served in either the adolescent stabilization locations.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and outpatient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups that are designed to engage each resident in the many areas of the self to include values, relationships, emotions, relaxation, nutrition, recreation, Integral Life Practice, spirit, and how to live with others. Each of these groups are supported by a program designed curriculum that provides opportunity for process and respects individualized learning styles.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger’s Syndrome, trauma, OCD, bipolar, thought and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual’s strengths, encouraging realistic career and education goals. Utilizing the collective experience of our team, we are able to identify problem areas of functioning and develop support plans to engage each resident on their journey of growth.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Idaho State Department of Health and Welfare; AdvancED/Northwest Association of Accreditation Commission (NWAC); Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member; American Academy of Child and Adolescent Psychiatry (AACAP)
Intermountain
(Residential Treatment Center)

CONTACT

Executive Contact: Jim Fitzgerald, MPA, MSW
Admissions Contact: Jill Richards, BA
Academic Contact: Marvin Williams, M.Ed.
Email: admissions@intermountain.org
Phone: (406) 457-4778
Fax: (406) 513-1165
Address: 500 S. Lamborn Street
Helena, MT 59601
Website: www.intermountainresidential.org

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 5 - 13 at admission
Grades: K - 8
Enrollment: 32
Duration: 12 - 24 months
Founded: 1909

The mission at Intermountain, “Healing Through Healthy Relationships”, reflects our developmental relational treatment approach. By seeing the developmental needs underlying the maladaptive behavior, and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child’s life presents an opportunity for growth and change.

Our 110-year-old nonprofit program offers an environment in which care and nurture are difficult to resist. We have over 35 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood challenges. We offer psychological and neuropsychological testing.

Candidates for success in our program are children whose problems include: attachment and relationship disruption, developmental trauma, grief and loss, aggression, poor social skills, depression and anxiety, high functioning autistic spectrum disorder, mood disorder, ADHD, inappropriate boundaries, emotional dysregulation, academic struggles, and IQ > 85.

Nestled in the foothills of the Rocky Mountains, children live in family-style cottages with all private bedrooms. The 40-acre grounds include an education center, playground and hiking trails. Countless outdoor and community activities are incorporated into daily life such as skiing, swimming, hiking, fishing, camping, backpacking and canoeing. Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology such as SMART boards and iPads are integrated into the classrooms. Related services and activities include Speech and Language, Occupational Therapy, PE, Bal-A-Vis-X, music, art, social skills, and community sports teams. Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual’s uniqueness, knowing their strengths, problems, and development are never in isolation, but always in interaction.

Mission: Healing Through Healthy Relationships
Vision: Relational and emotional health through transformative, integrated care
Values: In all that we do, create a supportive environment that promotes healthy change and growth.

Individual Psychotherapy Available: Individual, group and family therapy
Accreditation, Licensure: Council on Accreditation (COA); Montana Department of Public Health and Human Services (DPHHS); AdvancEd Accreditation Commission; California Non-Public Schools, Washington Non-Public Schools, Illinois Non-Public Schools
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; Association for Training on Trauma and Attachment in Children (ATTACH)
Ironwood Maine  
(Residential Treatment Center)

CONTACT  
Executive Contact: Susan Horton  
Admissions Contact: Megan Ryan  
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Fax: (207) 342-3731  
Address: 67 Captain Cushman Road  
Morrill, ME 04952  
Website: www.ironwoodmaine.com

PROGRAM OUTLINE  
Gender: All Genders (non-binary)  
Ages: 13 - 18  
Grades: 7 - 12 plus college courses  
Enrollment: 35  
Duration: 9 - 12 months  
Founded: 2006

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies - all within our home-like environment. We strive to reunite youth and their families through clinical therapy, relationship building, hard work and shared experiences in a safe, secure and therapeutic learning environment.

Ironwood’s approach is designed to work with kids who struggle with a variety of different challenges including: oppositional defiance, adoption issues, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure based experiences, and a wide range of special interest programs including equestrian, equine assisted psychotherapy, canine training, art, culinary, horticulture and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments and a hunger for more success.

Through counseling, self-reflection, simple living, discipline and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen.

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: State of Maine, Department of Health & Human Services; State of Maine, Department of Education; Student and Exchange Visitor Information System (SEVIS)  
Professional Affiliations: NATSAP-Full Member; New England Association of Schools and Colleges (NEASC)
If your child has been bullied, cast out, isolated, or traumatized, they may internalize the pain. Internalizers turn their feelings inward. They can withdraw from their friends. Or push family away. Or refuse to get out of bed. They can cut themselves with sharp things. Or act in erratic ways. Or say they want to die. What’s clear is that they are hurting. And you feel powerless to stop it. We can help.

At Journey Academy, we work with troubled teens who are bright and capable, but struggling to find their place in the world. We serve teens who are spiraling inward and downward.

Journey Academy is dedicated to providing education and trauma informed support to high school aged youth experiencing emotional and academic challenges. We provide a safe, therapeutic environment specializing in a relationship-based approach that embraces each individual’s unique strengths.

Treatment is guided by evidenced based practices to help youth who are challenged by any of the following:

- Identity Development
- Depression
- Anxiety
- Self-Harm
- Low Self-Esteem
- Academics
- Impulsivity
- Family and Peer Relationships.

Through our connections-based model, students are given the support they need to thrive academically, gain independent living skills and experience functional family systems.

The Academy’s highly trained staff, licensed and experienced clinicians and credentialed teachers work closely with students to provide them the tools they need to make positive choices for themselves and their future.

At Journey Academy we are committed to fostering a supportive, diverse environment that honors each student to come into their own, experience healthy adolescent development and uncover their true potential.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Joint Commission on Accreditation; California Department of Education Non-public High School; Department of Social Services, Community Care Licensing; Sonoma County Department of Mental Health
Professional Affiliations: NATSAP-Full Member; California Alliance for Child and Family Services (CACFS); Human Rights Campaign (HRC)
Journey Home West
(Transitional Independent Living Program)

CONTACT

Executive Contact: Keoni Anderson
Admissions Contact: Kim Peterson
Academic Contact: Rachael Groves
Email: admissions@solsticertc.com
Phone: (801) 444-0794
Fax: (801) 444-0793
Address: PO Box 160623
Clearfield, UT 84016
(Program located in Layton, UT)
Website: www.journeyhome.com

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 16 - 21
Grades: N/A
Enrollment: 10
Duration: 7 months
Founded: 2012

Journey Home West is a step-down program for females ages 16 - 21 who have successfully completed a more intensive therapeutic program. Journey Home West is a 10 bed program, located in Layton, Utah.

The clients at Journey Home West are young women who struggle with a variety of presenting problems such as:

Depressive Disorders, Anxiety, Body Image Issues, Learning Disorders, Low Self-Esteem, and Others.

Journey Home helps clients who have received prior, more intensive treatment, who have demonstrated significant progress; indicating their readiness for life-skills based transitional living program. The emphasis with these clients is to assist them in maintaining success in academic, vocational, emotional, social and career goals and plans.

The Journey Home focuses on 5 key areas:

Education, Healthy Living, Social Integration, Personal Responsibility, and Life Skills.

The individual plan and goals of each client revolve around each of these five areas.

Clients participate in weekly individual and group therapy sessions, as well as Bi-weekly family therapy sessions. Clients attend a local high school or college, and learn to take responsibility of a variety of life-skills oriented topics, such as:

Meal Preparation, Shopping, Budgeting, Maintaining Cleanliness of Living Space and Property, Transportation, Time Management, Gaining Employment, Appropriate Recreation, Personal Hygiene, Nutrition, fitness, etc..

Individual Counseling Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Health
Professional Affiliations: NATSAP-Full Member
Journey Home Young Adult
(Transitional Independent Living Program)

**CONTACT**

Executive Contact: Keoni Anderson
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Email: admissions@solsticertc.com
Phone: (801) 444-0794
Fax: (801) 444-0793
Address: 2765 E. Blue Spruce Drive
          Holladay, UT 84117
Website: www.journeyhomeyoungadult.com

**PROGRAM OUTLINE**

Gender: Female, including transgender
Ages: 18 - 23
Grades: N/A
Enrollment: 11
Duration: 6 - 9 months
Founded: 2019

Journey Home Young Adult is designed as a 6 - 12 month step down transition program for young adult women ages 18 - 23. The home-like setting offers therapeutic support and the opportunity for greater freedoms, responsibilities, and practice as an independent young adult. At Journey Home Young Adult clients can further education and gain independent living skills. Based on structure, support and mentoring, young women emerge from Journey Home Young Adult emotionally and intellectually equipped to successfully launch into a fulfilling life.

A typical client in the Journey Home Young Adult program is a young lady who has made significant strides in areas of emotional development, self-motivation, self-confidence and a sense of emotional maturity. They have specific goals they are committed to in the areas of academics, vocational and career choices. Our clients are focusing on emotional, physical and relational health.

Journey Home Young Adult is located in beautiful Salt Lake City, Utah. Nestled in the foothills of the Wasatch Mountains, our location offers the opportunity for clients to engage in a wide variety of activities. We are privileged to have vast canyons to explore in our backyard while being minutes from bustling city life.

Downtown is the place for live music, festivals, shopping, dining, farmers markets and nightlife. Our clients will enjoy everything that Salt Lake City has to offer.

Our location offers many exciting opportunities for outdoor enthusiasts. We are located minutes from some of Utah’s most popular canyons such as Big Cottonwood Canyon, Little Cottonwood Canyons, Mill Creek Canyon and Parleys Canyon.

Mission:
It is our mission to assist young women in making a health transition into becoming responsible and successful young adults. We do this by providing a supportive environment for our clients to grow and develop independence.

Individual Counseling Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Health
Professional Affiliations: NATSAP-Full Member
JRI - Anchor Academy
(Therapeutic Day School)

CONTACT

Executive Contact: Andy Pond
Admissions Contact: Lauren Cohen, LICSW
Academic Contact: Lauren Cohen, LICSW
Email: lcohen@jri.org
Phone: (508) 947-0131
Fax: (508) 947-1569
Address: 49 Plymouth Street
Middleboro, MA 02346
Website: www.jri.org/anchor

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 10 - 22
Grade: 5 - 12+
Enrollment: 45
Duration: Varying
Founded: 2000

Airport: Boston, MA (BOS)
Providence, RI (PVD)

Anchor Academy is a special education, therapeutic day school that serves school aged students between the ages of 10 - 22. Anchor Academy operates as an extended year, 11-month academic school, with an optional summer experience. Fully approved by the Massachusetts Department of Elementary and Secondary Education, the school provides challenging academics in a safe and supportive therapeutic rich environment.

Through a strength-based approach, Anchor Academy offers a transformational learning experience that fosters resiliency and prepares students to become skilled, informed and responsible citizens. Anchor Academy designs the school around anchoring students with the supports they require to successfully achieve their academic, social and emotional goals. Anchor Academy utilizes the Attachment, Regulation and Competency (ARC) treatment model, a trauma-informed framework, evidence-based clinical framework adapted for educational settings. Anchor Academy maintains a high teacher to student ratio (1:6) and provides a therapeutic environment where school employees work with students individually and in small groups to engage them in academic, vocational, social and recreational activities that promote their skill development and emotional wellbeing. Anchor Academy offers all students on-campus and community-based vocational experiences, which may include individualized internships and group projects. Anchor Academy’s vocational opportunities remain a strong focus of programming for students as teachers incorporate the academic curriculum into each vocational opportunity to provide experiential learning coupled with social skill development. The school provides comprehensive treatment through a multidisciplinary team approach that includes educational, clinical, vocational, competency, and nursing services.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of 766 Approved Private Schools (MAAPS); National Association of Private Schools (NAPS); Cranberry Chamber of Commerce
# JRI - Bay Cove Academy
(Therapeutic Day School)

## CONTACT

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Andy Pond</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions Contact:</td>
<td>Judy Gelfand</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Judy Gelfand</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:jgelfand@jri.org">jgelfand@jri.org</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(617) 739-1794</td>
</tr>
<tr>
<td>Fax:</td>
<td>(617) 739-2187</td>
</tr>
<tr>
<td>Address:</td>
<td>156 Lawton Street, Brookline, MA 02446</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.jri.org/baycoveacademy">www.jri.org/baycoveacademy</a></td>
</tr>
</tbody>
</table>

## PROGRAM OUTLINE

| Gender: | All Genders (non-binary) |
| Ages: | 12 - 21 |
| Grades: | 7 - 12 |
| Enrollment: | 25 |
| Duration: | 3 years |
| Founded: | 1981 |

Bay Cove Academy (BCA) is a small, 12 month therapeutic day school located in Brookline, MA servicing adolescents, ages 12 - 21, from the Greater Boston area. BCA provides a highly structured learning environment for students whose educational, emotional and social needs exceed those which traditional public and private schools can accommodate. Services provided include high quality academics with a low student to teacher ratio; comprehensive clinical services with three LICSWs on staff; career and transition services including paid internships in the community.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Massachusetts Department of Elementary and Secondary Education (DESE)

**Professional Affiliations:** NATSAP-Full Member; Massachusetts Association of 766 Approved Private Schools (MAAPS)
JRI - Granite Academy
(Therapeutic Day School)

Contact:
Executive Contact: Andy Pond
Admissions Contact: Shelley Avila
Academic Contact: Amy Barber
Email: aabarber@jri.org
Phone: (781) 380-3945
Fax: (781) 849-8445
Address: 6 Columbian Street
          Braintree, MA 02184
Website: www.jri.org/granite-academy

Program Outline:
Gender: All Genders (non-binary)
Ages: 11 - 22
Grades: 5 - 12
Enrollment: 44
Duration: 18 - 24 months
Founded: 1981

Granite Academy, located in Braintree, Massachusetts is a dynamic day school for middle and high school-aged students who have social and emotional challenges that complicate their learning, social interactions, and family life. Fully approved by the DESE, Granite is recognized for providing flexible, individualized programming and being completely dedicated to meeting the needs of its students, families, and the public school systems.

The school uses a highly structured motivational behavioral system with a focus on successful engagement in classroom activities and learning. Granite Academy provides a school culture which engages their students with respect, honesty, and openness to meet their goals. Located on two campuses known as East and West, students are able to enjoy a variety of amenities such as the open door space known as Learning Park, the waterfall, a basketball half court, and walking path. By using a small group setting, students are able to engage in academic, vocational, social, and recreational activities which support and nurture their skill development.

This school has a lovely campus with a gymnasium and a state-of-the-art technology center, where iPads, laptops, and computers are available. The school provides for college readiness and supports the transition process through their transitions coordinator who oversees each student’s individualized transition planning needs.

Granite Academy - Enrollment Information and Procedures
Granite Academy receives referrals from school districts and reviews them to evaluate if their needs are appropriate for the services which Granite Academy provides. If viewed as appropriate, a pre-admission meeting is set up which includes an interview, tour of the school, as well as class observations. Upon completion of the enrollment process if the student’s placement is deemed appropriate, the student is invited to attend Granite Academy.

Granite Academy - Student Profile
Granite Academy serves 44 students. Many students have individual learning challenges, such as working memory or processing speed weaknesses and some may struggle with specific learning disabilities. Students typically have social or emotional based challenges to learning, and may diagnostically struggle with depression, anxiety, OCD, PTSD, Asperger’s (ASD) psychosis, mood disorders, ADHD, or students with learning disabilities.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education (DESE); Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of 766 Approved Private Schools (MAAPS); National Association of Private Schools (NAPS); Cranberry Chamber of Commerce
JRI - River Run Academy @ Susan Wayne Center of Excellence
(Therapeutic Day School)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong> Andy Pond</td>
<td><strong>Gender:</strong> All Genders (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Shelley Boure</td>
<td><strong>Ages:</strong> 11 - 21</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Shelley Boure</td>
<td><strong>Grades:</strong> 6 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:sforrest@jri.org">sforrest@jri.org</a></td>
<td><strong>Enrollment:</strong> 12</td>
</tr>
<tr>
<td><strong>Phone:</strong> (860) 928-5900</td>
<td><strong>Duration:</strong> 12 - 24 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (860) 963-0100</td>
<td><strong>Founded:</strong> 2008</td>
</tr>
<tr>
<td><strong>Address:</strong> 75 Church Street, Thompson, CT 06277</td>
<td><strong>Website:</strong> <a href="http://www.jri.org/susanwayne">www.jri.org/susanwayne</a></td>
</tr>
</tbody>
</table>

The Susan Wayne Day School program, located in Thompson, Connecticut, specializes in helping students who have learning difficulties and developmental delays, coupled with histories of emotional and/or physical trauma. The Susan Wayne Day School strives to increase each student’s relational skills and self-confidence by offering intensive educational, vocational, and clinical services for mild to moderately cognitively impaired students.

The school utilizes a trauma-informed, evidence-based treatment model in all of their classroom settings. This approach, called the Attachment, Self-Regulation, and Competency (ARC) model, was developed by the Trauma Center, JRI, and provides a framework for thoughtful clinical intervention with complexly traumatized youth and their caregiving systems. All day school staff is trained using this model, as it is the foundation for all interventions used with the students. Students engage in a year-round academic schedule.

The school is fully approved by the CSDE - Connecticut State Department of Education. The school’s core academic content is based on the Common Core standards, with delivery differentiated for each student. Instruction in daily living, health, financial literacy, and social skills are also provided. Class sizes are very small, never exceeding a 6:1 ratio of students to licensed special educators. Teachers’ aides and counselors are also available for assistance, making the ratio of staff to students 3:1. The school encourages all students to proceed at their own pace in order to master the academic and social skills needed for a fulfilling future. The school provides vocational programming which is an essential component of both the therapeutic and educational approach. Students engage in a variety of vocational activities, some of which include landscaping, assisting at food pantries and recycling centers, office work, and community support projects. These opportunities provide our students with valuable life skills, facilitate a sense of community, and reinforce our students’ identity-building experience.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Connecticut State Department of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of Approved Private Schools (MAAPS)
JRI - The Victor School
(Therapeutic Day School)

CONTACT

Executive Contact: Andy Pond
Admissions Contact: Heidi Factor
Academic Contact: Matt Conroy
Email: wrosenblum@jri.org
Phone: (978) 266-1991
Fax: (978) 264-3800
Address: 380 Massachusetts Avenue
Acton, MA 01720
Website: www.jri.org/victor

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 22
Grades: 6 - 12
Enrollment: 66
Duration: 18 - 24 months
Founded: 2000

The Victor School, located in Acton, Massachusetts is a day school which exists to provide college preparatory education in a safe, nurturing environment rich with social, emotional, and transitional skill development. Fully approved by the Department of Elementary and Secondary Education, the Victor School offers challenging academics within a supportive school environment to our students who are intellectually gifted while having social and emotional based challenges. The school runs on the philosophy that within a supportive environment student can learn, grow and succeed. Our school is based on the understanding that students want to and can, succeed; we provide students and their families with the tools to meet, and often exceed their goals and make their vision a reality. The school provides many of our students with the opportunity to build social skills in the community through volunteer, community service, and internship possibilities; dual enrollment in college classes is also available. The school provides students with the skills necessary for college or life beyond high school, and supports the transition planning from intake through their transitions coordinator who oversees each student’s individualized transition planning, assessments and goals.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education (DESE); Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of Approved Private Schools (MAAPS); The Asperger/Autism Network (AANE); Middlesex Partnership for Youth (MPY)
Kaizen Academy RTC
(Residential Treatment Center)

**CONTACT**

- **Executive Contact:** Kris Kilpatrick
- **Admissions Contact:** Janis Taylor
- **Academic Contact:** Jeanne Fernandez
- **Email:** kris@kaizenrtc.com
- **Phone:** (801) 798-9077
- **Fax:** (801) 504-1159
- **Address:** PO Box 1674
  Spanish Fork, UT 84660
- **Website:** www.kaizenrtc.com

**PROGRAM OUTLINE**

- **Gender:** Male Only, as assigned at birth
- **Ages:** 13 - 17
- **Grades:** 9 - 12
- **Enrollment:** 15
- **Duration:** 9 - 12 months
- **Founded:** 1989

Kaizen Academy Mission:

Instill hope, inspire excellence.

Kaizen is a residential treatment center working with Non-Adjudicated young men (ages 13 - 18) who are struggling with Sexual Behavior Problems. These boys often deal with trauma, attachment issues, social difficulties, emotional dysregulation, and/or other complex challenges.

Each boy that admits at Kaizen Academy goes through a thorough assessment process looking at need for sex specific treatment and appropriate fit, all while being involved in all everyday activities and programming. With our heavy focus on creating a healthy family system, Kaizen is designed to help each boy and family have a uniquely crafted experience that will be the most beneficial to help support them through treatment while at our program and moving forward with life.

In addition to our clinical work, Kaizen is committed to experiential and high adventure activities to help our boys develop confidence and a deeper sense of self. Boys at our facility will participate in mountain biking, kayaking, snow shoeing, fishing, camping, paintball and many other recreational and confidence building activities. The mission of Kaizen is to help every child feel deeply loved, highly valued and securely connected.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Utah Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member; Association for the Treatment of Sex Abuser (ATSA); Utah Network on Juveniles Offending Sexually (NOJOS); National Adolescent Perpetration Network (NAPN)
Kolob Canyon RTC  
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Jack Hinman  
**Admissions Contact:** Kaysha Sorensen  
**Academic Contact:** Susan Mackert  
**Email:** info@kolobcanyonrtc.com  
**Phone:** (435) 865-1437  
**Fax:** (435) 865-1439  
**Address:** 1338 East 600 South  
New Harmony, UT 84757  
**Website:** www.kolobcanyonrtc.com

**NATSAP Member**  
**Since:** 2005

**PROGRAM OUTLINE**

**Gender:** Female, including transgender  
**Ages:** 14 - 18  
**Grades:** 9 - 12  
**Enrollment:** 12  
**Duration:** 9 - 12 months  
**Founded:** 2002

**Airport:** Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

The Kolob Student: Treatment is designed exclusively for girls 14 to 17 years of age suffering from depression, low self-esteem, trauma and difficulties in her relationships with herself and others. Kolob Canyon’s census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

Goal and Guiding Principle: Kolob Canyon’s program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive and nurturing environment. Therapists have experience with adoption, separation, attachment/loss, substance abuse, eating disorders, social and trauma issues.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a picturesque horse ranch in Southern Utah’s Canyon Country, right outside of Zion National Park. Therapists are trained in trauma therapy, DBT and equine therapy.

Family Involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter’s program. Regular family therapy, Parent Seminars, family recreation trips, campus therapeutic visits, home visits and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls’ learning style and help develop positive self-esteem. Students benefit from hands-on learning, including drama, art and recreation classes.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Independent Educational Consultants (IECA)
La Europa Academy
(Residential Treatment Center)

La Europa Academy is a clinically and academically intensive program designed to serve female adolescents from 14 - 17 years of age. We provide a treatment program that helps young women find themselves through creative expression while developing the skills they need to overcome their current challenges.

Therapy: At La Europa we offer a comprehensive and fully integrated DBT program to address complex clinical issues such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol abuse, eating disorders, emerging personality disorder and other relational and emotional problems. Our Master’s level therapists are all DBT trained and provide weekly individual and family sessions.

La Europa also provides a second layer of clinical intervention with our expressive therapies. Students participate in expressive therapies groups with master’s level, nationally board-certified therapists four times per week. We offer art, music, dance/movement, sand try, psychodrama and therapeutic writing expressive therapy groups.

Academics: At La Europa, our belief is that a strong and challenging academic program is an important component of helping our students heal, develop resiliency and competency and establish future direction. The academic component includes college-preparatory high school on site, traditional academic classrooms with direct instruction, full-time licensed teachers in all core subjects, and a full-time learning specialist and small classroom sizes.

Transition Support: La Europa provides a unique program component that offers an elevated level of transition support. When students reach a certain level in the program and are demonstrating successful skill generalization, they have the option to transition to Mosaic House in order to assess their readiness for the next step.

Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, aggressive behavior and criminal behavior or present a high run risk.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED
Professional Affiliations: NATSAP-Full Member
Lakemary Center, Inc.
(Residential Treatment Center & Therapeutic Day School)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
<tbody>
<tr>
<td>Executive Contact: Amanda Martell</td>
<td>Gender: All Genders (non-binary)</td>
</tr>
<tr>
<td>Admissions Contact: Sarah Base</td>
<td>Ages: 6 - 21</td>
</tr>
<tr>
<td>Academic Contact: Marcy Seaman</td>
<td>Grades: K - 12</td>
</tr>
<tr>
<td>Email: <a href="mailto:admissions@lakemary.org">admissions@lakemary.org</a></td>
<td>Enrollment: 65</td>
</tr>
<tr>
<td>Phone: (913) 557-4000</td>
<td>Founded: 1969</td>
</tr>
<tr>
<td>Fax: (913) 557-4910</td>
<td>Airport: Kansas City International (MCI)</td>
</tr>
<tr>
<td>Address: 100 Lakemary Drive</td>
<td>NATSAP Member</td>
</tr>
<tr>
<td>Paola, KS 66071</td>
<td>Since: 2013</td>
</tr>
<tr>
<td>Website: <a href="http://www.lakemary.org">www.lakemary.org</a></td>
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</table>

Lakemary’s Psychiatric Residential Treatment Facility provides 24/7 therapeutic treatment for children ages 6 - 21 with dual diagnosis of intellectual/developmental disabilities, including Autism Spectrum Disorder and a psychiatric disorder. Our program utilizes a reward system called Positive Behavior Intervention and Support. PBIS focuses on giving expectations, providing limits, and reinforcing appropriate behaviors as they occur.

Lakemary School is a year-round, K - 12 accredited school where all teachers are certified in Special Education. Each child benefits from services and supports designed to meet their individualized Education Plan, and have access to art, music, recreational, occupational, speech, and language therapies.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: CARF; Kansas Department of Aging and Disability Services; Kansas Department of Education; Kansas Department of Health & Environment (KDHE); California Non Public Schools; Kansas Non Public Schools; Alaska Non Public Schools; Illinois Non Public Schools; Hawaii Non Public Schools; Iowa Non Public Schools
Professional Affiliations: NATSAP-Full Member; Interhab, Inc; The National Association for the Dually Diagnosed (NADD); National Association of Private Special Education Centers (NAPSEC); (Association of Directors of Development and Admissions and Marketing (ADDAM); California Association of Private Special Education Schools (CAPSES)
Latham Centers
(Residential Treatment Center)

CONTACT

Executive Contact: Anne McManus  
Admissions Contact: Susan LaPlant  
Academic Contact: Brittni Taylor  
Email: admissions@lathamcenters.org  
Phone: (774) 353-9237  
Fax: (508) 255-5486  
Address: 1646 Main Street  
Brewster, MA 02631  
Website: www.lathamcenters.org

Gender: All Genders (non-binary)  
Ages: 8 - 22  
Grades: 3 - 12, Special Education  
Enrollment: 46  
Duration: Permanency plans discussed in IEP Meetings  
Founded: 1970

Airport: Barnstable Municipal Airport - Hyannis, MA (HYA)

The Latham School is a private, non-profit, special education and residential treatment program for children ages 8 - 22, with intellectual disabilities (IQ 40 - 70) and behavioral challenges, who are also diagnosed with:

- Prader-Willi Syndrome  
- Mood and Anxiety Disorders  
- PTSD  
- Autism Spectrum Disorders  
- Reactive Attachment Disorder

Latham Centers is internationally recognized for our programs for individuals diagnosed with Prader-Willi Syndrome (PWS) - a rare genetic disorder that most often manifests with an insatiable appetite, behavioral challenges and cognitive limitations.

Our students learn in small classes, with a 7:1:1 ratio, and each student meets regularly with a clinician assigned to monitor their social and emotional progress. Besides its traditional academic year, Latham Centers offers a summer academic and activity component, Summertide. Students explore the natural wonders of Cape Cod, with instructors in environmental sciences.

Latham Centers offers its services to individuals from all 50 states, plus other countries. Latham Centers has been pre-approved to admit students from the following states:

- Massachusetts  
- New York  
- California  
- Rhode Island

We also accept students from states that do not have a formal approval process. Recent students have come to Latham Centers from: Alaska, Colorado, Florida, Ohio, Virginia, and the U.S. territory of Puerto Rico.

Individual Psychotherapy Available: Yes  
Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Council on Accreditation (COA)  
Professional Affiliations: NATSAP-Full Member; Massachusetts Association of 766 Approved Private Schools (MAAPS); Prader-Willi Alliance of NY, Inc.; Prader-Willi Syndrome Association (PWSAUSA); Prader-Willi Syndrome Association of New England (PWSANE); Association of Children’s Residential Centers (ACRC)
Launch Centers
(Outpatient / Non-Residential - Therapeutic Only & Young Adult Program)

CONTACT

Executive Contact: Jose Hernandez
Admissions Contact: Jose Hernandez
Academic Contact: Dr. Kami Dexter
Email: info@launchcenters.com
Phone: (424) 526-5339
Fax: (424) 832-7629
Address: 1849 Sawtelle Blvd #100
Los Angeles, CA 90025
Website: www.launchcenters.com

Gender: All Genders (non-binary)
Ages: 18 - 35
Grades: High School and higher education/college
Enrollment: 30
Duration: 6 - 12 month program
Founded: 2012

Launch Centers provides outpatient treatment for those individuals who have found themselves sidetracked by chemical dependency issues or a co-occurring disorder with a sincere desire to improve their lives. An outpatient program is an exceptional option for students who desire to continue with their studies while also receiving treatment for a substance addiction, mood disorder, or dual diagnosis. For those who are employed, the flexibility of an outpatient program provides freedom to remain engaged in the workplace while in treatment. An outpatient program is also an essential step-down from an inpatient treatment program, allowing the young adult to continue to receive therapy and support in early recovery. The Launch Centers outpatient program seeks to empower young adults, helping them define their purpose in life and set new life goals using an integrated and systemic approach. Each branch of the program, including the therapeutic support and educational and occupational guidance, takes the individual closer to realizing their potential as an independent, productive human being.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Joint Commission on Accreditation (JCAHO); California Department of Healthcare Services
Professional Affiliations: NATSAP-Full Member; California Association of Marriage and Family Therapy
The Learning Clinic  
(Residential Treatment Center & Therapeutic Day School)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong> Raymond W. Ducharme, PhD</td>
<td><strong>Gender:</strong> Coed - male and female only, as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Tara Scanlon</td>
<td><strong>Ages:</strong> 5 - 22</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Rob LeGary</td>
<td><strong>Grades:</strong> K - 12; Post</td>
</tr>
<tr>
<td>Email: <a href="mailto:tscanlon@thelearningclinic.net">tscanlon@thelearningclinic.net</a></td>
<td><strong>Enrollment:</strong> 74</td>
</tr>
<tr>
<td>Phone: (860) 774-1036</td>
<td><strong>Duration:</strong> 4 years</td>
</tr>
<tr>
<td>Fax: (860) 774-1037</td>
<td><strong>Founded:</strong> 1980</td>
</tr>
</tbody>
</table>
| Address: 476 Promfret Road  
Brooklyn, CT 06234 |  |
| Website: www.thelearningclinic.org |  |

NATSAP Member  
Since: 2017

The Learning Clinic provides a comprehensive program of academic, clinical, and residential components that all support and embrace the school mission. TLC recognizes that every student is unique with varying strengths and weaknesses, and that often their developmental age does not match their chronological age. The program adjusts to personalize and individualize programs to meet the needs of its varied population. The Learning Clinic has an admissions process where potential students are considered to ensure appropriateness of the placement. The program considers individual student needs and develops personalized interventions and lesson plans to support students to make progress on their academic, clinical, and social goals.

Our education program is entirely personalized, and teachers and students create a plan each day, with goals and objectives for each academic and social activity. The Learning Clinic utilizes effective assessments and teaching tools to provide optimal and individual learning environments, with additional support for vocational shadowing and work study.

In addition to teaching and residential staff, we offer counseling and testing to help each child meet the challenges of choosing a career or vocation. Our staff includes clinicians who work with parents, teachers, and house parents to identify treatment goals and to measure progress. The Learning Clinic provides residential care in a home like setting. Families participate in planning home visits on weekends and holidays, with regular community activities a part of each student’s schedule.

Note: Our educational services began in September, 1984. Residential services were added in January, 1986.

- Individual Psychotherapy Available: Yes
- Accreditation, Licensure: NEASC - New England Association of Schools & Colleges; Connecticut Department of Children and Families; Connecticut State Department of Education
- Professional Affiliations: NATSAP-Full Member; Massachusetts Association of 766 Approved Schools (MAAPS); National Association of Private Special Education Centers (NAPSEC)
Legacy Outdoor Adventures
(Young Adult Program)

CONTACT

Executive Contact: Gil Hallows
Admissions Contact: Chris Davis
Email: info@legacyoutdooradventures.com
Phone: (435) 836-2272
Fax: (435) 836-2274
Address: 1764 W Aspen Lane
Loa, UT 84747
Website: www.legacyoutdooradventures.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 35
Grades: N/A
Enrollment: 47
Duration: 70 - 90 days
Founded: 2011

Legacy Outdoor Adventures is a treatment center/wilderness therapy program for young adult males ages 18 to 35 who are struggling with substance abuse and co-occurring mental health issues. Legacy integrates wilderness and adventure therapy with intensive clinical time each week at a residential treatment facility. Programming is designed to achieve synergy between the wilderness experience and clinical time at the treatment center.

Legacy invites young men on an individualized journey toward recovery and honorable manhood as a way of being. Treatment objectives include developing a purpose for staying sober, identifying innate strengths, mastering self-awareness, accepting responsibility for one’s own decisions and behaviors, gaining a vision of “the man I want to be,” and putting together a “Life Success Plan.”

Licensed by the State of Utah as a Residential Treatment Center, Legacy works aggressively to pre-authorize insurance benefits and secure maximum reimbursements for families who cannot afford the full price of treatment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Association of Experiential Education (AEE); The Joint Commission Behavioral Health Care Accreditation (JCAHO)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare Council (OBHC)
Lindner Center of HOPE  
(Residential Treatment Center)

**CONTACT**

Executive Contact: Jennifer Pierson  
Admissions Contact: Raijean Watkins  
Academic Contact: Mikki Delyons  
Email: tom.parker@lindnercenter.org  
Phone: (513) 536-0537  
Fax: (513) 536-0419  
Address: 4075 Old Western Row Rd.  
Mason, OH 45040  
Website: www.Lindnercenterofhope.org

**PROGRAM OUTLINE**

Gender: All genders (non-binary)  
Ages: 18 and older  
Grades: N/A  
Enrollment: 20 on average  
Duration: 20 days  
Founded: 2008

**NATSAP Member**  
Since: 2014

**Airport:**  
Cincinnati/Northern Kentucky (CVG)  
Dayton, OH (DAY)

Lindner Center of HOPE offers premier mental health and addiction services in a lodge-like setting, located near Cincinnati, Ohio on 36 wooded acres. Lindner Center of HOPE is a founding member of the National Network of Depression Centers and employs nationally recognized Psychiatrists and doctoral-level clinicians supported by evidence-based research, assessment and treatment. Sibcy House and Williams House are specialized and intimate units located within Lindner Center of HOPE. These programs offer two unique units for adults to begin their journey in residential mental health or addictions care.

**WILLIAMS HOUSE** at Lindner Center of HOPE offers an intimate and stabilizing residential environment for adults, age 18 and older, suffering with mental health, addiction, or co-morbid issues, who may benefit from psychiatric evaluation, cognitive work, medication adjustments/compliance, detox, observation and treatment initiation.

**Highlights of offerings:**

- 10-day Stabilizing Evaluation  
- 10-day Substance Use Disorder Detox and Evaluation  
- Add-on Neuropsychological Testing and/or Treatment Initiation  
- Continuing Treatment  
- 28-day Extension Program

**SIBCY HOUSE** at Lindner Center of HOPE is a specialized and enhanced therapeutic residential environment offering comprehensive diagnostic assessment and residential treatment programs for individuals age 18 and older, suffering with complex mental health, addiction or co-morbid issues.

A renowned, multi-disciplinary clinical team uses state-of-the science technology, evidence-based treatment modalities (RO-DBT, DBT and ERP) and clinical expertise to accurately diagnose patients, create individualized treatment plans, and provide intensive treatment through individualized and group therapy to improve overall treatment trajectory.

**Highlights of offerings:**

- 10-day Comprehensive Diagnostic Assessment  
  (Neuropsychological testing, sub-specialty evaluations and assessments and ongoing 24-hour observation with feedback and next steps; Neurological assessment and MRI as indicated)  
- 28-day Diagnostic and Treatment Program – Individual and Group Therapy with foundation in Dialectical Behavior Therapy  
- Assessment and Intensive OCD Treatment  
- Substance Use Disorder, Internet Addiction and/or Secondary Eating  
- Disorder Consultation  
- Continuation of Treatment with an Established Expert Team

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** The Joint Commission for Hospital and Behavioral Health Care; Ohio Mental Health and Addiction Services; Ohio Department of Mental Health and Addiction Services

**Professional Affiliations:** NATSAP-Full Member; National Network of Depression Centers (NNDC); UC Health; Health Collaborative of Greater Cincinnati
Little Keswick School
(Therapeutic Boarding School)

**CONTACT**

- **Executive Contact:** Marc Columbus
- **Admissions Contact:** Melissa Dagitz
- **Academic Contact:** Jody Berkey
- **Email:** mnorder@littlekeswickschool.net
- **Phone:** (434) 295-0457
- **Fax:** (434) 977-1892
- **Address:** P.O. Box 24
  Keswick, VA 22947
- **Website:** www.littlekeswickschool.net

**PROGRAM OUTLINE**

- **Gender:** Male Only, as assigned at birth
- **Ages:** 9 - 18
- **Grades:** 5 - 12
- **Enrollment:** 35
- **Duration:** 2 years
- **Founded:** 1963

Located on 25 pastoral acres outside Charlottesville, Virginia, Little Keswick School has been serving boys with social/emotional challenges and learning disabilities for 55 years. Our small therapeutic non-profit school provides warm and nurturing relationships, intensive clinical interventions, and individualized education for 35 boys in a highly structured environment.

Boys between nine and fifteen years of age are admitted from throughout the country and abroad to work on issues related to executive functioning, social and relationship challenges, collaboration, personal competence and learning issues. Intellectual levels of our students range from low-average to superior.

Boys accepted carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Obsessive Compulsive Disorder, Attachment issues, Autism Spectrum Disorders, Tourette’s Disorder, Depression, Oppositional Defiant Disorder and Bipolar Disorder. The school does not accept severely emotionally disturbed children, children in conflict with the law, have a drug abuse history or with sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated. We set a high standard of academics while maintaining a balance with therapeutic and social development for each student. Staff use a multi-disciplinary approach to treat the whole child emphasizing brain-based learning and an adapted social thinking curriculum to develop each child’s unique sense of self.

All students participate in individual, group and family therapies provided by two experienced Ph.D. psychologists, a licensed clinical social worker, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, speech and communications therapy and art therapy are optional services. A wide array of residential activities are offered, including: art, woodworking, therapeutic horseback riding, creative arts, athletics, soccer, basketball, swimming, fishing, canoeing, mountain biking, rock climbing, hiking, Boy Scouts and music instruction.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Department of Behavioral Health and Developmental Services; Commonwealth of Virginia Department of Education; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP - Full Member; The National Association of Private Special Education Centers (NAPSEC); Virginia Association of Independent Specialized Education Facilities (VAISEF)
Logan River Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Larry Carter
Admissions Contact: Cheyenne Timbimboo
Academic Contact: Kirk Farmer
Email: information@loganriver.com
Phone: (866) 755-8400
Fax: (435) 755-8540
Address: 1683 S Highway 89/91
Logan, UT 84321
Website: www.loganriver.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 65
Duration: Avg. 12 months
Founded: 2000

Logan River Academy is a coed residential program helping teens 12 - 18 with a neurodiverse profile. Our program emphasizes a balance between a structured residential environment, therapy and education. A multidisciplinary team approach is used, in which therapists, teachers, mentors and nurses work together to coordinate the highest level of care for each individual student.

Students are referred to Logan River Academy through a variety of sources and may experience issues such as adoption related issues, Autism Spectrum, ADHD, depression, anxiety, digital/screen addiction, emotional dysregulation, learning differences, OCD, mild substance use and trauma.

Our clinical services include a variety of treatment modalities utilized to help each student achieve an improved level of functioning, diminish symptoms, and become productive members of their families and communities. Students receive individual, family and group therapy weekly. We use evidence-based therapy models and techniques to help our students reach their potential. Treatment modalities include: Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Eye Movement Desensitization Reprocessing (EMDR), Neurofeedback, Biofeedback and Brain Spotting, Equine Therapy and Sand Tray.

Logan River Academy has a full 8 - 12th grade curriculum. Our school atmosphere has a realistic and traditional feel with a variety of built-in accommodations. Class sizes are small, with attentive and supportive teachers.

Airport: Salt Lake City, UT (SLC)

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Cognia (formerly AdvancEd); California Non-Public School Accreditation; Student Exchange Visitor Information System (SEVIS); The Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member
Maple Lake Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Nichol Holwege
Admissions Contact: Patti Hollenbeck-Dial, PhD
Academic Contact: Marylynn Hingano
Email: info@maplelakeacademy.com
Phone: (801) 798-7700
Fax: (801) 798-7739
Address: PO Box 175
Payson, UT 84651
Website: www.maplelakeacademy.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 30
Duration: 18 - 24 months
Founded: 2005

Maple Lake Academy’s mission is to offer the highest quality clinical and academic programs for girls and boys who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Students who enroll at Maple Lake Academy must have a diagnosis/trait of a learning disability (LD, LDNOS, PDDNOS, NLD, Asperger’s Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (such as Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Students who have histories of aggression toward staff or peers in previous placements or school settings, have active eating disorders or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies, several group therapies per week, recreation therapy four times a week and equine therapy three times a week. We also provide weekly specialty groups that focus on life skills and social skills developments. Students are also involved in assorted leisure and skill building opportunities weekly.

Our academic program truly focuses on the individual. Each student participates in developing a SEOP (student educational occupational plan) that is formulated to help the student address unique learning challenges. In addition, each student will become an expert about learning disabilities and will have coping strategies in hand when his/her program is completed at Maple Lake Academy.

A main focus at Maple Lake Academy is to help each student develop the ability to advocate for him/herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills and social/communications skills. Our staff are well trained in working with our student population and have the knowledge, patience, consistency and nurturance needed to work with our students. We are dedicated to our students and families!

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancED;
Professional Affiliations: NATSAP-Full Member
Meridell Achievement Center
(Residential Treatment Center)

CONTACT

Executive Contact: Jon Perkins
Admissions Contact: Jerry Romer
Academic Contact: Wendy Rollins
Email: alan.reiman@uhsinc.com
Phone: (800) 366-8656
Fax: (512) 528-2193
Address: 12550 W Hwy 29
PO Box 87
Liberty Hill, TX 78642
Website: www.meridell.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 11 - 17
Grades: 5 - 12
Enrollment: 134
Duration: 2 - 3 months
Founded: 1961

Meridell is a medical model residential treatment center located 30 miles north of Austin in the Texas Hill Country. We provide the highest quality of care in a nurturing and healing manner. Our staff includes board-certified child & adolescent psychiatrists, a pediatric neurologist, licensed masters-level therapists, registered nurses, neuropsychologist, psychologists, recreational therapists, mental health technicians and teachers.

Behavioral programs specialize in the treatment of adolescents ages 13 - 17 with issues including major depression, bipolar disorder, anxiety disorders, ADHD, PTSD, high-end autism spectrum disorders, learning disorders and developing personality disorder traits. Neurobehavioral programs specialize in the treatment of children and adolescents ages 11 - 17 who have both psychiatric and neurological bases for their behaviors. The majority of these patients have been unsuccessful in traditional psychiatric settings. Neuropsychological and neurophysiological assessments are part of their diagnostic workup.

The John H. Wood Jr. Charter School at Meridell is fully accredited for middle- and high school students. Students are Meridell patients exclusively. Faculty specialize in working with this population and all are certified both in their respective core subject areas and special education.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Texas Department of Family and Protective Services; Texas Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member; American Neuropsychiatric Association (ANDA); American Psychiatric Association; American Neuropsychological Association; American Psychological Association (APA); Independent Education Consultant Association (IECA)
Momentum Recovery  
(Transitional Independent Living Program & Young Adult Program)

**CONTACT**

**Executive Contact:** Rick Barney  
**Admissions Contact:** Carson Pitts  
**Email:** info@momentumrecovery.com  
**Phone:** (888) 815-5502  
**Fax:** (910) 442-8770  
**Address:** 1221 Floral Parkway, Suite 207  
Wilmington, NC 28403  
**Website:** www.momentumrecovery.com

**NATSAP Member**  
**Since:** 2018

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 18 - 30  
**Grades:** N/A  
**Enrollment:** 24  
**Duration:** 9 months  
**Founded:** 2016

Momentum Recovery specializes in encouraging passionate living and forward progress in the lives of young adults who have struggled with addiction and co-occurring mental health difficulties. We achieve this through highly individualized, all-inclusive programming and unlimited access to our highly trained staff.

Momentum Recovery is built on the foundation that connection is the antidote to addiction. The more that we are able to connect our residents to the world around them, the higher their chances of success.

In order to facilitate that connection, we provide our residents with a continuum of care that incorporates a myriad of services including ongoing individual and group therapy, personalized case management, medication management as needed, involvement in the local recovery community, family programming, adventure based therapy, educational support, financial skills development, vocational support, nutritional support and endless opportunities for fun and recreation.

The founders of Momentum Recovery have worked with young adults in a variety of settings for many years. A considerable amount of their experience was gained in adventure based residential addiction treatment where they both worked tirelessly to assist young people in developing a sense of meaning, purpose, and serenity.

We understand the recovery process. And we know that you can find success. The staff at Momentum Recovery is committed to helping you get where you want to go. It is our expectation that each client we encounter will exceed their own expectations on the journey to recovery.
Montana Academy  
(Therapeutic Boarding School)

CONTACT

Executive Contact: Matt Keenan  
Admissions Contact: Amy Nimmo  
Academic Contact: Matt Keenan  
Email: amyn@montanaacademy.com  
Phone: (406) 858-2339 ext. 223  
Fax: (406) 858-2356  
Address: 9705 Lost Prairie Road  
Marion, MT 59925  
Website: www.montanaacademy.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)  
Ages: 14 - 19  
Grades: 9 - 12  
Enrollment: 50 on campus, 20 at transition program  
Duration: 14-16 month plus transition program  
Founded: 1997

Montana Academy is a therapeutic boarding school for struggling teenagers. At its founding in 1997, it was unique in the nation. For it combined well-trained clinicians, an effective therapeutic program and a challenging prep school, all situated on a remote Montana ranch. In the years after its opening, the Academy fulfilled its promise to become a remarkable combination of clinical sophistication, staged incentives and ambitious academics. Emancipated from intrusive insurance companies and the mediocrity of “managed care,” its staff has been free to do its best work. Removed from the distractions of mass culture, shielded from ubiquitous illicit drugs, unplugged from the matrix of modern media and protected by adults, MA students have been free to join with staff in a collaborative culture that is dedicated to a restoration of progress in adolescent maturation.

At the Academy we take a distinctive psychiatric approach to adolescent troubles. We recognize that many presenting symptoms and misbehaviors—at school, at home, and among social peers—result from a relative immaturity. For this reason, instead of limiting treatment to symptom relief (pills or brief therapies), we pursue a two-step diagnosis and dual treatment: (a) to identify and then to remove, insofar as possible, the obstacles to psychological development; and (b) to prod students to achieve new psychological milestones and so to restore the momentum of normal maturation. These twin developmental goals require a coordinated and sustained effort, not a quick fix.

Montana Academy’s clinical, academic and program structures have been designed from this understanding and promote this goal—to help struggling students to move on to academic and interpersonal successes, which follow from a restoration of normal adolescent maturity.
Montford Hall
(Therapeutic Boarding School)

CONTACT

Executive Contact: Alex Kirby
Admissions Contact: Alex Kirby
Academic Contact: Philip Cummings
Email: info@montfordhall.org
Phone: (828) 229-7757
Fax: (828) 379-0026
Address: 75 Zillicoa Street
          Asheville, NC 28801
Website: www.montfordhall.org

PROGRAM OUTLINE

Gender: Male, Including transgender
Ages: 14 - 17
Grades: 9 - 12
Enrollment: 20
Duration: 10 - 12 months
Founded: 2009

Montford Hall is a residential treatment program for boys 14 - 17 with substance use and co-occurring disorders.

Located in Asheville, NC, Montford Hall combines comprehensive clinical care, innovative academics, 12-Step facilitation, family support, and a wide range of health/wellness and recreational activities to give students an integrated, individualized, and inspiring recovery experience.

All of this programming is delivered in a “true-to-life recovery” milieu that sets the stage for students’ long-term success. Just like the communities where their struggles began, and to which they’ll eventually return Asheville is a thriving city full of enriching opportunities, as well as potential stressors. By virtue of our location, our students encounter a variety of everyday situations that may challenge, tempt, and frustrate them. But they do it safely, with the help of our staff and the support of their peers, and in the context of a structured therapeutic program.

In the process, students not only learn skills for coping, decision making, mood regulation, and more, they also get the chance to practice and apply them, in the real world, and in real time.

With a minimum 10-month length of stay marked by progression through distinct phases, our students have the time and support necessary to commit to, develop, and maintain—with gradually increasing independence—a recovery-oriented lifestyle.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of North Carolina Department of Health and Human Services, Division of Health Service Regulation, AdvancED
Professional Affiliations: NATSAP-Full Member
Monuments
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Gordon Birch  
**Admissions Contact:** Gretchen Bartlett  
**Academic Contact:** Clint Firth  
**Email:** admissions@monumentstc.com  
**Phone:** (435) 477-6025  
**Fax:** (435) 477-6026  
**Address:** 1990 Dry Lakes Rd  
Brian Head, Utah 84719  
**Website:** www.monumentstc.com/

**NATSAP Member**  
**Since:** 2019

**PROGRAM OUTLINE**

**Gender:** Male only, as assigned at birth  
**Ages:** 14 - 17  
**Grades:** 9 - 12  
**Enrollment:** 40  
**Duration:** 10 - 12 months  
**Founded:** 2018

**Airport:** Cedar City Regional (CDC)  
Saint George Regional (SGU)  
McCurran Int’l (LAS)

Monuments is a therapeutic school and treatment program for adolescent boys ages 14 - 18. Located in the mountains of Southern Utah, Monuments provides the most holistic and effective approach in the youth services industry today. Utilizing experiential education, active therapy, horsemanship, and our unique Family Systems model, we create a treatment plan for each young man and their family. Each plan honors, where a family is today, where they want to be and provides space for their son to strengthen the relationships with himself, his family and his community. This collaborative plan is supported through individual, family and group therapy; an accredited, individualized high school experience; and coupled with a rich craftsman and entrepreneurial focus. Our mission is to assure that each young man comes out of this experience with a new and empowering narrative that helps him take responsibility for the decisions that set the course for his future. Through this self-exploration, each young man will emerge with a stronger sense of relevance in all aspects of their lives. In this way the family, the community and the young man benefit from his journey to create lasting Monuments within himself stretching all the way out to the larger world of which they are a part.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah, Department of Human Services; Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Full Member
Moonridge Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Jack Hinman
Admissions Contact: Wendy Penrod
Academic Contact: Susan Mackert
Email: office@moonridgeacademy.com
Phone: (435) 586-9585
Fax: (435) 586-4489
Address: 9450 West 2400 South
Cedar City, UT 84721
Website: www.moonridgeacademy.com/

Moonridge Academy is a clinically intensive program for younger girls, age 11 - 14, located in beautiful Southern Utah. With a maximum size of 24 girls, Moonridge Academy provides sophisticated, personalized clinical treatment in a warm and nurturing environment. Treatment is age-appropriate for a younger population and Moonridge is a safe environment without the concerning influences of older students. Girls at Moonridge receive individual therapy, family therapy, and 4 groups each week. Family involvement is paramount and highly encouraged throughout each step of treatment. Girls participate in weekly all-day adventure therapy activities and monthly three-day adventure trips. School is teacher led in classrooms with direct instruction, Monday-Friday for grades 6 - 10.

Moonridge Academy addresses issues such as attachment, depression, anxiety, self-harm, school refusal, family conflict, sexual boundaries, computer addiction, attention issues and low-level substance abuse.

Moonridge believes that young girls heal through relationships, improving confidence, being physically active, and above all: laughing and experiencing joy in life again. We have animals on campus including horses, dogs, and cats. Our girls climb, rappel, kayak, ski, hike, play, and volunteer. We use creative, customized somatic treatment for our students including EMDR, Brain Spotting, Equine Therapy, DBT, Sand Tray Therapy and Play Therapy.

Gender: Female, including transgender
Ages: 11 - 14
Grades: 6 - 9
Enrollment: 24
Duration: 9 - 12 months
Founded: 2003

Airport: Cedar City Regional (CDC)
Saint George Regional (SGU)
McCurnan Int’l (LAS)

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services; AdvancedED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Pony Club, CERTS, DBT Intensive
Mountain Valley Treatment Center
(Residential Treatment Center)

CONTACT

Executive Contact: Don Vardell, MS
Admissions Contact: Jennifer Fullerton, LICSW
Academic Contact: Kayte Knower
Email: jfullerton@mountainvalleytreatment.org
Phone: (603) 989-3500
Fax: (603) 297-1355
Address: 703 River Road
Plainfield, NH 03781
Website: www.mountainvalleytreatment.org

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 20
Grades: 7 - College Sophomore
Enrollment: 24
Duration: 60 - 90 days
Founded: 2011

Airport: Lebanon Municipal (LEB)
Manchester-Boston Regional (MHT)
Burlington Int’l (BVT)
Boston Logan Int’l (BOS)

Mountain Valley Treatment Center, located in Plainfield, NH, offers empirically supported clinical care and an experiential approach to treating 13 to 20 year old adolescents of all genders with Obsessive Compulsive Disorder, anxiety and related disorders. We are an intensive, short-term, not for profit residential program grounded in Cognitive-Behavioral Therapy (CBT) and focusing specifically on Exposure and Response Prevention (ERP), in a safe and supportive environment.

With lengths of stay ranging generally 60 to 90 days, our residents receive comprehensive care from experienced, well-trained, dedicated professionals. The psycho-educational component of the work allows each adolescent in our care to learn about OCD and anxiety disorders and its treatment in a way that cultivates motivation to change. The clinical program provides individual and group-based CBT with an emphasis on ERP for adolescents and emerging adults presenting with school and social avoidance due to generalized anxiety, social anxiety, specific phobias, depression, panic disorder, separation anxiety, and obsessive-compulsive disorders, including related disordered eating. The supportive milieu is built around participating in activity therapy modules, which are designed to challenge each resident to partake in healthy risk-taking, mastery development and confidence building.

Family involvement is crucial to our program model, with weekly family therapy sessions and a robust psycho-educational curriculum and aftercare support. The program is designed to assist families to understand their role in the anxiety maintenance cycle, communicate with greater effectiveness and help their teen/young adult to be successful after treatment.

Recognizing that medication management and psychiatry can play an important role in the treatment of anxiety, we partner with Hanover Psychiatry, a comprehensive psychiatry and psychological assessment practice of Dartmouth-Hitchcock Medical Center and Geisel School of Medicine, to offer psychiatric services as well as comprehensive psychological assessments.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of New Hampshire, Department of Health and Human Services, Office of Operations Support, Child Care Licensing Unit; CARF Accreditation
Professional Affiliations: NATSAP-Full Member; Upper Valley Stewardship Center; Anxiety and Depression Association of America (ADAA); International OCD Foundation (IOCDF); Association of Behavioral and Cognitive Therapies (ABCT)
NBI Ranch
(Residential Treatment Center)

**CONTACT**

- **Executive Contact:** Jonathan Hoffman, Ph.D.
- **Admissions Contact:** Jason Spielman, Psy.D.
- **Academic Contact:** Jillian Armstrong
- **Email:** drhoffman@nbiweston.com
- **Phone:** (954) 217-1757
- **Fax:** (954) 385-3807
- **Address:** 22333 North Commerce Parkway, Suite 3
  Weston, FL 33326
- **Website:** www.nbiweston.com

**PROGRAM OUTLINE**

- **Gender:** All Genders (non-binary)
- **Ages:** 18+
- **Grades:** N/A
- **Enrollment:** 8
- **Duration:** 30 - 60 - 90 days
- **Founded:** 2000

NBI Ranch is situated in the rural town of Southwest Ranches, in the Fort Lauderdale vicinity and is designed to feel like a comfortable and warm home. Staffing includes 24-hour wake staff, with at least one Residential Counselor (RC) always on premises when a resident is present. RC’s provide structure, support and encouragement, collect real time behavioral observations data, monitor how residents implement and generalize the strategies they are learning in treatment, stay in close contact with NBI’s clinical staff and facilitate a wide variety of individual and group life skills, socialization, exercise and entertainment activities. Healthful meal plans and good eating habits are supported by consultations with a Registered Dietician.

The mission of NBI Ranch is to be a place where those affected by OCD, anxiety disorders and related conditions can appreciate and enjoy life beyond whatever symptoms and challenges they are presently experiencing and focus on developing the skills and personal resilience they will need to take the next positive steps in their journeys.

**Airports:** Fort Lauderdale, FL (FLL), Miami, FL (MIA)

NBI is an eight-bed residential setting for adults (18+) typically diagnosed with severe obsessive-compulsive disorder (OCD), an anxiety disorder or a related condition who need more than outpatient treatment alone, but do not meet the criteria for being in a hospital or a more restrictive residential setting. Residents might also be impacted by various co-morbidities that complicate their clinical presentation. NBI Ranch is also an appropriate environment for step-down from inpatient or other facilities. All residents attend nearby intensive treatment at the Neurobehavioral Institute (NBI) during weekdays; however, some residents may also be engaged in work or educational experiences as well. Transportation between NBI Ranch and NBI is provided. Length of stay generally ranges from one to several months.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Florida Agency for Healthcare Administration

**Professional Affiliations:** NATSAP-Associate Member; International OCD Foundation
## New Focus Academy
(Residential Treatment Center)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Brandon Park</td>
<td><strong>Gender:</strong> Male, including transgender</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Marisa Davis</td>
<td><strong>Ages:</strong> 12 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Hope McArthur</td>
<td><strong>Grades:</strong> 6 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:marisa@newfocusacademy.com">marisa@newfocusacademy.com</a></td>
<td><strong>Enrollment:</strong> 10</td>
</tr>
<tr>
<td><strong>Phone:</strong> (844) 313-6749</td>
<td><strong>Duration:</strong> 12 - 18 months</td>
</tr>
<tr>
<td><strong>Address:</strong> 1268 N Valley Heights Cir Heber City, UT 84032</td>
<td><strong>Founded:</strong> 2018</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.newfocusacademy.com">www.newfocusacademy.com</a></td>
<td></td>
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</tbody>
</table>

**NATSAP Member Since:** 2019

**Airport:** Salt Lake City, UT (SLC)

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED

**Professional Affiliations:** NATSAP-Full Member; Family Help & Wellness, LLC
New Haven Residential Treatment Center
(Residential Treatment Center)

<table>
<thead>
<tr>
<th>CONTACT</th>
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</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> John Stewart</td>
<td><strong>Gender:</strong> Female Only, as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Kristen Buck</td>
<td><strong>Ages:</strong> 13 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Kori Mayeski</td>
<td><strong>Grades:</strong> 7 - 12/College Prep</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:admissions@newhavenrtc.com">admissions@newhavenrtc.com</a></td>
<td><strong>Enrollment:</strong> 106</td>
</tr>
<tr>
<td><strong>Phone:</strong> (888) 317-3958</td>
<td><strong>Duration:</strong> Average 10 - 12 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (801) 794-9558</td>
<td><strong>Founded:</strong> 1995</td>
</tr>
<tr>
<td><strong>Address:</strong> 2172 E 7200 S.</td>
<td><strong>Airport:</strong> Salt Lake City, UT (SLC)</td>
</tr>
<tr>
<td>Spanish Fork, UT 84660</td>
<td></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.newhavenrtc.com">www.newhavenrtc.com</a></td>
<td></td>
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</tbody>
</table>

New Haven empowers adolescent girls, ages 13 - 17, with the skills to overcome life’s traumas. The word that comes to mind when describing the girls who come to New Haven, is powerful. We specialize in complex issues such as traumatic stress, family problems, relationship issues, depression, anxiety, self-harm, suicidal idealization, attachment, eating disorders, substance abuse, and personality disorders. Most of the students we work with are struggling with two or more of these challenges.

Our girls are smart and capable but come to New Haven burdened by months or years of emotional pain or behavioral dysfunction. For these girls, things have stopped working at home, at school, and in life. However, our experience working with complex emotional and psychiatric issues means that 80% of our graduates never need another residential placement. We know that every one of our girls is part of a family system that is also suffering, so our treatment approach brings nurturance, healing, and support to the whole family. New Haven students come from all over the United States and the world. We welcome international students.

Young women need a framework for positive decision making based on values such as compassion, service, creativity, and integrity. Without such a framework, navigating the storms of adolescence can seem impossible. The New Haven Values Program creates an opportunity for our students and their families to connect as they discover, clarify, and live out their own and their family’s values. Doing so allows them the opportunity to create, repair, or strengthen its own unique foundation.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Joint Commission Accreditation (JCAHO); AdvancED Accreditation; Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; Multi-Service Eating Disorders Association (MEDA); Association of Children Residential Centers (ACRC)
New Leaf Academy
(Therapeutic Boarding School)

CONTACT

Executive Contact: Craig A. Christiansen, M.A. / Deveney Marshall
Admissions Contact: Jennifer Parker
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          Bend, OR 97708
Website: www.newleafacademy.com

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 10 - 15
Grades: 4 - 10
Enrollment: 28 to 30
Duration: 15 - 18 months
Founded: 1997

Our goal at New Leaf Academy is to effectively facilitate lasting behavioral, social and academic change through a therapeutic, nurturing, family-like environment that meets the specific developmental needs of the pre-adolescent and early adolescent female. New Leaf Academy offers a structured, clinical and educational program for youth ages 10 through 15 at time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, spectrum disorders, anxiety & mood disorders, PTSD, impulsivity, attachment issues and a range of learning differences.

A New Leaf student often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. The students at New Leaf receive individual, group and family therapy working closely with our clinical team of licensed therapists. Individual treatment plans help families create a successful environment for their child to return home. Our developmentally-based program is designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness in the student to follow rules and submit to parental authority; build her social and interpersonal skills; instill an ability to identify and manage feelings appropriately; and to help generate improved academic performance.

Activities include equine therapy and horsemanship, 4-H bunny program, hiking, camping, skiing, snowboarding, competitive sports, art, dance, choir and community service. Our school uses a variety of traditional and experiential teaching strategies which include teacher led instruction, hands-on learning, field trips and group projects. We focus both on the academic content of a traditional grade appropriate curriculum as well as on development of specific tools, strategies and skills to be successful learners in the future. New Leaf Academy graduates know how to advocate for themselves and achieve in a school environment.

Through relationship, respect and therapy we support families and children to reconnect, rediscover and heal.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Department of Human Services/Children, Adults & Families; Cognia; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member
New Summit Academy of Costa Rica
(Therapeutic Boarding School)

CONTACT
Executive Contact: Heather Tracy
Admissions Contact: Lee Nadeau, LPC
Academic Contact: Martin Naffziger
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Phone: (800) 609-9496
Fax: (561) 892-3853
Address: Educacion Nueva Cumbre
Aptdo # 159-4013
Atenas, Alajuela, Costa Rica 20501
Website: www.newsummitacademy.com

PROGRAM OUTLINE
Gender: Male Only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 32
Duration: 10 months+
Founded: 2005

Both New Summit Academy (high school) and The Bridge (young adult gap program) thrive on our unique Supportive Immersion model which implements an empathic, empowering, process-based structure that guides students in becoming self-starters who are on a journey of true lifelong learning and growth. NSA works with up to 32 males (ages 14 - 18). The Bridge hosts young adults (ages 17.5 - 23) in our supportive community house or at differing levels of immersion in our local community. Our students may struggle with anxiety, depression, confidence, nontraditional learning styles, motivation, decision-making, family dynamics, executive functioning, identity, social anxiety, or substance abuse. Students are bright, creative (often musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, interested in attending college, open to other cultures and committed to personal growth.

Our innovative high school integrates our US-accredited academic program with personal growth objectives, experiential education adventure, and cultural immersion activities. Dynamic teachers, small class sizes, and individualized support improve student motivation, engagement, and executive functioning skills. Therapeutic sessions and groups are empowering and emphasize relationship-building and ownership of one’s process. Therapists and parent coaches work with families at workshops and via telephone.

Our signature Aventura program and cultural immersion activities build important skills outside of a traditional office or classroom environment. The Experiential Education department involves students in planning healthy weekend recreational activities as well as regular service and cultural immersion with local families and communities.

We also provide a quality transition program for students before graduation as well as a separate, independent young adult gap program (The Bridge) for students who have (or have almost) completed a high school diploma and need a supportive gap experience with cultural immersion, internships, service, Spanish and travel.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: PANI (Patrnaton Nacional de Infancia de Costa Rica—child welfare organization); AdvancED (academic)
Professional Affiliations: NATSAP-Full Member
New Vision Wilderness Therapy - Bend, Oregon
(Wilderness Therapy Program)

CONTACT

Executive Contact: Andrew Scott
Admissions Contact: Patrick McAvoy
Academic Contact: Summer Hornbeck
Email: adrasch@nvwild.com
Phone: (855) 689-8326
Fax: (541) 312-4350
Address: 160 SW Scalehouse Loop Rd.
         Bend, OR 97701
Website: www.newvisionwilderness.com

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 17 and 18 - 25
Grades: N/A
Enrollment: N/A
Duration: 10 week average
Founded: 2012

New Vision Wilderness (NVW) is a specialty wilderness therapy treatment program that is Clinically Intensive, Highly Specialized and Trauma Informed.

NVW was founded and designed to heal the consequences of early childhood stress. Our students have experienced grief and loss in their lives and are often adopted. This early stress, often referred to as Complex Developmental Trauma, manifests itself in controlling behaviors such as defiance and opposition, as well as, debilitating behaviors such as anxiety, (ADHD) and depression. NVW is the nation’s premier “relational model” wilderness therapy program, and integrates the latest research on adverse childhood experiences. Our “relationship centered” approach coupled with a safe environment and the most effective clinical interventions serves as the backbone to our success and reputation. We have created a student-centered Mastery Program where each student navigates through an area of interest, at their own pace, with the guidance of NVW team members.

NVW has highly skilled clinicians in the field facilitating 1:1 sessions with our students. We call it full clinical immersion. Our students meet with their primary Therapist between 2 - 3 hours per week for individual sessions, immersed in the woods, and are supplemented by group therapy, additional meetings with an Art Therapist, Somatic Specialist, Clinical Director, and other Clinical Specialists.

Our interventions are unique, specialized and appropriate, and include Brainspotting and Heart Math stress reduction techniques along with others. Our Clinical Director of Family Services offers a variety of services and resources to current and alumni families including webinars, family intensives, support groups and more. All NVW staff are thoroughly trained in how to build, maintain and utilize strong relationships to support deep healing in our students. To supplement our clinical model, we operate as a nomadic backpacking program. We use high adventure experiences such as rock climbing, whitewater canoeing, rafting, cross country skiing, camping, snowshoeing and fishing to help engage and connect with our students.

New Vision Wilderness Mission:
To drive adolescent anxiety, depression, and suicide from the all-time highs of today to all-time lows by 2028.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Department of Human Services - Office of Licensing and Regulatory Oversight, Outdoor Youth Program; Association for Experiential Education
Professional Affiliations: NATSAP - Full Member; Outdoor Behavioral Health Council (OBH), Central Oregon Program Alliance (COPA)
Newport Academy Connecticut Female Program
(Residential Treatment Center)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
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Fax: (203) 586-1205
Address: 64 Double Hill Road
Bethlehem, CT 06751
Website: www.newportacademy.com

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 15 - 20
Grades: 9 - 12; college
Enrollment: 40
Duration: 45 - 120 days
Founded: 2008

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and possible co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, integrated programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of individuals and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

Newport Academy focuses on healing the underlying causes of self-destructive behaviors through an integrated approach that includes Attachment-Based Family Therapy, CBT, DBT, EMDR, ACT, Relational Trauma Repair, Motivational Interviewing, equine-assisted psychotherapy, art therapy, yoga, meditation, Reiki, acupuncture, horticulture and other experiential and therapeutic modalities. With a staff to resident ratio of five to one, we offer compassionate, attentive care. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Connecticut Department of Children and Families, Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy Connecticut Male Program
(Residential Treatment Center)

**CONTACT**

**Executive Contact:** Jamison Monroe  
**Admissions Contact:** Blake Kinsey  
**Academic Contact:** Ryan Fedoroff  
**Email:** help@newportacademy.com  
**Phone:** (866) 382-6651  
**Fax:** (203) 586-1205  
**Address:** 98 Todd Hill Rd  
Bethlehem, CT 06751  
**Website:** www.newportacademy.com

**PROGRAM OUTLINE**

**Gender:** Male, including transgender  
**Ages:** 13 - 20  
**Grades:** 9 - 12; college  
**Enrollment:** 40  
**Duration:** 45 - 120 days  
**Founded:** 2008

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and possible co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, integrated programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of individuals and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

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**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Connecticut Department of Children and Families, Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Full Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy Northern CA Female Program  
(Residential Treatment Center)

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<th>CONTACT</th>
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| **Executive Contact:** Jamison Monroe  
**Admissions Contact:** Blake Kinsey  
**Academic Contact:** Ryan Fedoroff  
**Email:** help@newportacademy.com  
**Phone:** (877) 628-3367  
**Fax:** (203) 586-1205  
**Address:** 16 Meadow View Ln  
San Geronimo, CA 94963  
**Website:** www.newportacademy.com  | **Gender:** Female, including transgender  
**Ages:** 12 - 18  
**Grades:** 9 - 12  
**Enrollment:** 12  
**Duration:** 45 - 120 days  
**Founded:** 2008 |

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, and comprehensive holistic programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

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**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of California Department of Social Services, Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Provisional Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy Northern CA Male Program
(Residential Treatment Center)

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<td><strong>Academic Contact:</strong> Ryan Fedoroff</td>
<td><strong>Grades:</strong> 9 - 12</td>
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<tr>
<td><strong>Email:</strong> <a href="mailto:help@newportacademy.com">help@newportacademy.com</a></td>
<td><strong>Enrollment:</strong> 12</td>
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<tr>
<td><strong>Phone:</strong> (877) 628-3367</td>
<td><strong>Duration:</strong> 45 - 120 days</td>
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<tr>
<td><strong>Fax:</strong> (203) 586-1205</td>
<td><strong>Founded:</strong> 2008</td>
</tr>
<tr>
<td><strong>Address:</strong> 920 Happy Valley Rd Pleasanton, CA 94566</td>
<td><strong>Website:</strong> <a href="http://www.newportacademy.com">www.newportacademy.com</a></td>
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**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of California Department of Social Services, Joint Commission (JCAHO)
**Professional Affiliations:** NATSAP-Provisional Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy Southern CA Female Program  
(Residential Treatment Center)

**CONTACT**

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**Fax:** (203) 586-1205  
**Address:** 811 N. Ranch Wood Trail  
Orange, CA 92869  
**Website:** www.newportacademy.com

**PROGRAM OUTLINE**

**Gender:** Female, including transgender  
**Ages:** 12 - 18  
**Grades:** 9 - 12  
**Enrollment:** 6  
**Duration:** 45 - 120 days  
**Founded:** 2008

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**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of California Department of Healthcare Services, Joint Commission (JCAHO)  
**Professional Affiliations:** NATSAP-Full Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy Southern CA Male Program
(Residential Treatment Center)

**CONTACT**

- **Executive Contact:** Jamison Monroe
- **Admissions Contact:** Blake Kinsey
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  Orange, CA 92869
- **Website:** www.newportacademy.com

**PROGRAM OUTLINE**

- **Gender:** Male, including transgender
- **Ages:** 12 - 18
- **Grades:** 9 - 12
- **Enrollment:** 6
- **Duration:** 45 - 120 days
- **Founded:** 2008

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and possible co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, integrated programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of individuals and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

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- **Individual Psychotherapy Available:** Yes
- **Accreditation, Licensure:** State of California Department of Healthcare Services, Joint Commission (JCAHO)
- **Professional Affiliations:** NATSAP-Full Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Newport Academy - Washington State Male Program  
(Residential Treatment Center)

**CONTACT**

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**Fax:** (203) 586-1205  
**Address:** 3804 Hastings Avenue West  
Port Townsend, WA 98368  
**Website:** www.newportacademy.com

**PROGRAM OUTLINE**

**Gender:** Male, including transgender  
**Ages:** 14 - 24  
**Grades:** 9 - 12  
**Enrollment:** 8  
**Duration:** 45 - 120 days  
**Founded:** 2008

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and possible co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, integrated programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of individuals and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

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**Airport:** Seattle/Tacoma International (SEA)
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**NATSAP Member**
Since: 2009

Airport: John Wayne Airport (SNA)
Newport Academy Therapeutic Day School - Connecticut (Therapeutic Day School)

CONTACT
Executive Contact: Jamison Monroe
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Academic Contact: Ryan Fedoroff
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Fax: (203) 586-1205
Address: 36 Old Kings Highway South
Darien, CT 06820
Website: www.newportacademy.com

PROGRAM OUTLINE
Gender: All Genders (non-binary)
Ages: 12 - 20
Grades: 8 - 12
Enrollment: 10
Duration: 45 days minimum
Founded: 2008

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with primary mental health issues and possible co-occurring eating and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, integrated programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of individuals and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower individuals and restore families.

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Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Connecticut, Department of Public Health; Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member; National Alliance on Mental Illness (NAMI), National Association for Behavioral Healthcare (NABH), National Eating Disorders Association (NEDA), International Association of Eating Disorder Professionals (IAEDP), Nashville Health Care Council
Northwest College Support  
(Transitional Independent Living & Young Adult Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong> Adam Parker</td>
<td><strong>Gender:</strong> All Genders (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Traci Stluka</td>
<td><strong>Ages:</strong> 18 - 30</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Traci Stluka</td>
<td><strong>Grades:</strong> College and GED</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:admissions@collegesupportnw.com">admissions@collegesupportnw.com</a></td>
<td><strong>Enrollment:</strong> 31</td>
</tr>
<tr>
<td><strong>Phone:</strong> (877) 485-2776</td>
<td><strong>Duration:</strong> 2 Semesters</td>
</tr>
<tr>
<td><strong>Fax:</strong> (877) 485-2776</td>
<td><strong>Founded:</strong> 2011</td>
</tr>
<tr>
<td><strong>Address:</strong> 211 E. Coeur d'Alene Ave. Suite 102</td>
<td><strong>Website:</strong> <a href="http://www.collegesupportnw.com">www.collegesupportnw.com</a></td>
</tr>
<tr>
<td>Coeur d'Alene, ID 83814</td>
<td><strong>Airport:</strong> Spokane, WA (GEG)</td>
</tr>
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</table>

NATSAP Member  
**Since:** 2015

Northwest College Support is a comprehensive college support program and therapeutic transitional program for young adults. NWCS exists to help young adults transition to independence. Our students are transitioning to college and the world of work. Our students are transitioning from treatment programs, wilderness programs, and leaving their home environment. We are a caring and supportive team of dedicated professionals helping young adults find their path to success in college and independence. Based out of beautiful Coeur d’Alene, Idaho, Northwest College Support provides a wide range of supportive services to help students meet their potential as they attend college. The range of services provided is widely variable based on each student’s needs and goals. Our approach is based on a growth model that provides an adequate amount of support. The amount of support provided decreases as each individual grows towards his or her potential.

At NWCS, we collectively commit to succeed at multiple bottom lines. We commit to provide exceptional value, compassionate support, ongoing evaluation and professional expertise to every individual. We see our students as unique individuals, and success comes from creatively enriching the whole person. We honor individual diversity and development by providing the most dynamic, innovative, and adaptive support services possible.

Individual Psychotherapy Available: Yes  
Professional Affiliations: NATSAP-Associate Member; Young Adult Transitional Association (YATA)
# Northwest Passage - Riverside
(Residential Treatment Center)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td>Executive Contact: Bill Jury</td>
<td>Gender: Male Only, as assigned at birth</td>
</tr>
<tr>
<td>Admissions Contact: Carey Lillehaug</td>
<td>Ages: 12 - 17</td>
</tr>
<tr>
<td>Academic Contact: Andy Flottum</td>
<td>Grades: 6 - 12</td>
</tr>
<tr>
<td>Email: <a href="mailto:CareyL@nwpltd.org">CareyL@nwpltd.org</a></td>
<td>Enrollment: 26</td>
</tr>
<tr>
<td>Phone: (715) 866-8301</td>
<td>Duration: 8-12+ months</td>
</tr>
<tr>
<td>Fax: (715) 866-8374</td>
<td>Founded: 1978</td>
</tr>
<tr>
<td>Address: 7818 Moline Road</td>
<td>Webster, WI 54893-8545</td>
</tr>
<tr>
<td>Webster, WI</td>
<td>Website: <a href="http://www.nwpltd.org">www.nwpltd.org</a></td>
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**NATSAP Member**
**Since:** 2016

Northwest Passage Riverside is an intensive therapeutic residential treatment program. The treatment experience of this program is designed to address each client’s mental health issues while promoting the ability to live a therapeutic lifestyle. Treatment and programming are designed for clients with pervasive and complex issues including mood disorders, anxiety, ADHD, Autism Spectrum Disorder, developmental trauma, psychosis, maladaptive personality traits, significant social skills deficits, history of self-harm and/or suicidal ideation, and challenging behavioral issues.

The 70-acre Riverside campus is located along the Clam River in northwestern Wisconsin and offers a home-like environment with single bedrooms. The campus also has an indoor gymnasium, school, an expressive arts building (that includes a woodshop and pottery space) and an abundance of outdoor space, including a yurt along the banks of the river. Riverside clients enjoy many staff supervised off grounds activities including nature photography expeditions through our one-of-a-kind In a New Light programming – a nationally-recognized nature-based photography project.

Riverside uses integrated Dialectical Behavioral Therapy (DBT) within the clinical model. Clinical services include weekly individual, group, and family therapy. Family visits are incorporated into treatment in order to help clients and families practice communication and relationship skills learned in therapy. Riverside programming centers around the understanding that sustainable change occurs when our clients connect with their community, explore their identity, develop their passions, appreciate time in nature, attend to their relationships, discover effective recreation opportunities, learn healthy nutritional habits, and move their bodies.

Our accredited educational services help clients reconnect with their role as students and make academic progress. With only 26 beds, and clients living in homes of 8-9 kids each, Riverside offers a significantly individualized treatment experience for clients who have often either struggled to engage in previous services or for whom traditional outpatient services have been unsuccessful.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Wisconsin, Department of Children and Families; AdvancED
**Professional Affiliations:** NATSAP-Full Member, Wisconsin Association of Family and Children’s Agencies (WAFCA)
Northwest Passage Child & Adolescent Center / Prairieview Program
(Residential Treatment Center)

**CONTACT**

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Ellen Race</th>
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<tbody>
<tr>
<td>Admissions Contact:</td>
<td>Carey Lillegaard</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Andy Flottum</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:CareyL@nwpltd.org">CareyL@nwpltd.org</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(715) 327-4402</td>
</tr>
<tr>
<td>Fax:</td>
<td>(715) 327-4470</td>
</tr>
<tr>
<td>Address:</td>
<td>203 United Way Dr. Frederic, WI 54837</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.nwpltd.org">www.nwpltd.org</a></td>
</tr>
</tbody>
</table>

**PROGRAM OUTLINE**

| Gender: | Coed - male and female only, as assigned at birth |
| Ages: | 6 - 18 in Assessment / 12 - 17 in Prairieview |
| Grades: | 1 - 12 |
| Enrollment: | 12 in Assessment and 16 in Prairieview |
| Duration: | 30-days in Assmt. / 3-12 months in Prairieview |
| Founded: | 1994 |
| NATSAP Member Since: | 2011 |

Airport: Minneapolis, MN (MSP)

Northwest Passage Assessment provides comprehensive clinical assessment for male and female clients, ages 6 - 18 and the Prairieview Program provides intensive residential mental health program serves females ages 12 - 17.

The programs are located in the same facility on the Frederic campus but have separate living, educational, and recreational areas. While an assessment is an appropriate first step for some, clients may also be admitted directly into Prairieview without attending the assessment program.

**Assessment Overview:**
Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

**Prairieview Overview:**
Northwest Passage Prairieview provides a small group (three units of 8 girls each) therapeutic and skill building experience. Prairieview addresses the need to increase self-esteem, develops healthy coping skills, promotes positive relationship-building and social skills, and encourages connections within the community. Emphasis is placed upon living a therapeutic lifestyle through nature, relaxation, nutrition, exercise, relationships, giving back, and individual spirituality.

Our treatment approach includes integrated Dialectical Behavioral Therapy (DBT), psychiatric services, expressive arts programming including our unique In a New Light photography project, equine-assisted therapy, and individual, group, and family therapy. Northwest Passage programs, including Prairieview, are capable of working with and managing the safety needs of many clients with chronic self-harm behaviors and suicidal ideation.

Prairieview utilizes many regional resources such as wooded areas for hiking, cross-country skiing, and camping, as well as the rivers and lakes for swimming and canoeing.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; Wisconsin Department of Public Instruction; AdvancED

**Professional Affiliations:** NATSAP-Full Member; Wisconsin Association of Family and Children’s Agencies (WAFCA)
**Novitas Academy**  
*(Therapeutic Boarding School)*

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
</table>
| **Executive Contact:** Andrew Sapp, PhD / Amee Hardy  
**Admissions Contact:** Melissa Proctor  
**Academic Contact:** Susan Kologi, PhD  
**Email:** ameeh@novitasacademy.org  
**Phone:** (208) 954-5085  
**Fax:** (208) 365-7235  
**Address:** 2627 N. Plaza Rd.  
Emmett, ID 83617  
**Website:** www.novitasacademy.org  
**Gender:** Male Only, as assigned at birth  
**Ages:** 14 - 18  
**Grades:** 9 - 12  
**Enrollment:** 24  
**Duration:** 1 to 2 years  
**Founded:** 2014  
**Airport:** Boise Airport (BOI / KBOI) |

Located on 26 acres of majestic river front property, Novitas Academy is a unique therapeutic boarding school for boys ages 14-18 and grades 9-12 accredited by AdvancED. Novitas is a relationship-based program that strives to help our students build their self-esteem and self-confidence through discovering and nurturing their strengths, passions, and dreams.

Our program is designed to meet the needs of young men struggling with:

- ADHD
- Executive functioning deficits
- Learning differences
- Adoption issues
- Social skills challenges
- Relationship concerns
- Mild autism spectrum
- Lack of academic motivation
- Mild behavioral and emotional problems

Academically, Novitas uses a blended learning approach that consists of project-based learning, differentiated instruction, and individualization. The school meets students where they are and challenges them to form knowledge that they need to join higher education, vocational education, or entry to a job. Novitas offers credit recovery classes, career development local internships, and college and career preparation. Students also have the opportunity to attend a local professional technical academy which offers an array of hands on vocational training.

Therapeutically, each student has an on-campus therapist and is assigned a staff advocate. The boys receive individual, group, and family therapy each week in order to work on goals that help them become their best selves.

The mission is to provide students a safe, therapeutic, and nurturing learning environment in order to facilitate a successful transition into early adulthood. Students are inspired to believe in themselves, their dreams, and their visions. They are encouraged to be innovative, entrepreneurial, outside-the-box thinkers who pursue their interests and passions.

“With inspiration from the Ruler Approach, Anatomy of Peace, and modified Collaborative Problem Solving, in addition to the books Grit, Mindset, and David and Goliath, we have created a relational strength based program that inspires students to achieve their goals.” says Dr. Andy Sapp, Founder & Owner of both Cherry Gulch and Novitas Academy.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Idaho Department of Health and Wellness; AdvancED; Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; National Association of Private Special Education Centers (NAPSEC); Children and Adults with Attention Deficit Disorder (CHADD); Learning Disabilities Association of America (LDA)
Onward Transitions
(Transitional Independent Living Program & Young Adult Program)

CONTACT

Executive Contact: Tracy Bailey
Admissions Contact: Tracy Bailey
Email: tracy@onwardtransitions.com
Phone: (207) 712-1181
Fax: (207) 221-6183
Address: PO Box 738
Portland, ME 04104
Website: www.onwardtransitions.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 15
Duration: 12 months
Founded: 2015

Onward Transitions in Portland, Maine is a small, independent, owner-operated program for up to 15 bright, motivated, emerging adults in the final stages of learning to live on their own. OT supports actual sustainable independent living and autonomy from two city locations. Participants (members) ages 18 - 30 never live with us; they live in their own apartments throughout the city, selected according to personal preferences and resources.

Members are curious, intelligent, kind and motivated to live on their own. Common challenges include anxiety, depression and/or executive functioning. OT provides weekly individual and group therapy, and family work by our full-time, on-site master’s level therapists trained in ACT. The typical length of stay is 12 - 15 months. Our Neighbors service offers step-down support, when appropriate, for the member to stay connected with therapy and milieu.

Each member has their own individual schedule based on their commitments to work, learning, service and Onward Transitions. Members gather for meals, therapy, coaching and any of our 15 group offerings at two locations; the Pine House near the campus of USM, and The Hay, a historic suite of offices and common areas in the Arts District of Portland. Both are easily accessible by public transportation. OT runs shuttles for members twice daily to program locations.

Full-time coordinators for wellness, career/academic exploration, and community connection meet with members throughout the week. OT locations are open for drop-in visits or food prep, spontaneous gatherings, snacks and camaraderie with other members and specially trained staff. Additionally, OT provides regularly scheduled apartment consults, drop in access to and brunch and dinner at the Pine House, and events and appointments at the Hay 6 days a week.

Onward Transitions: progress you’ll be proud of.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Maine - Department of Professional and Financial Regulation; Office of Professional and Occupational Regulation - Board of Alcohol and Drug Counselors
Professional Affiliations: NATSAP-Associate Member; Young Adult Transition Association (YATA); Northern New England Collaborative
Open Sky Wilderness Therapy
(Wilderness Therapy Program)

CONTACT

Executive Contact: Emily Fernandes
Admissions Contact: Tere Snodgrass
Academic Contact: Melia Snyder, Ph.D., LPC, REAT
Email: tere@openskywilderness.com
Phone: (970) 382-8181
Fax: (970) 382-9494
Address: P.O. Box 2201
Durango, CO 81302
Website: www.openskywilderness.com

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: Adolescents 14 - 28
Grades: N/A
Enrollment: 62
Duration: Average 70 days
Founded: 2006

Nestled in the mountains of southwest Colorado and the Canyonlands of southeast Utah, the Open Sky approach transcends traditional wilderness therapy by emphasizing treatment for the whole family. When a family partners with Open Sky, they embark on a rewarding adventure of self-discovery, and learn a range of strategies that promote lasting success.

The Open Sky clinical approach utilizes the latest in evidence-based clinical modalities integrated with innovative, well-researched mindfulness and holistic healing practices. Therapists develop treatment plans, provide individual and group psychotherapy, and update families each week via teleconference. Students participate in daily process groups and a wide range of experiential activities designed to increase awareness and facilitate growth.

Open Sky clinicians have earned Ph.D., Psy.D. or Master’s degrees; are trained in the most current, research-proven methods; and receive continuing education, training, and supervision. Training and specialized subject areas include assessment and diagnosis, adolescent and young adult development, family systems theory, cognitive behavioral therapy, attachment theory, transpersonal psychology, dialectical behavior therapy (DBT), substance abuse treatment, motivational interviewing, and Gottman’s marital therapy.

Open Sky is a family-centered wilderness therapy experience. While many of our students and families have struggled to work together to find success, we believe that all have the capacity to thrive, and our mission is to help family members work together to identify and achieve their goals. We provide numerous ways for family members to be involved in the therapeutic process, including: weekly phone calls with the treatment team leader, Family Pathway assignments, Wellness Weekends, Family Quests, weekly family support group teleconferences, parent-child phone calls, and Graduation.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; State of Colorado, Department of Human Services
Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Healthcare Industry Council (OBHIC); Association for Experiential Education (AEE)
### Optimum Performance Institute
(Transitional Independent Living Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong></td>
<td>Gender: All Genders (non-binary)</td>
</tr>
<tr>
<td>Jessica Breton, MA, LMFT</td>
<td><strong>Ages:</strong> 17 - 28</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong></td>
<td><strong>Grades:</strong> 12/College</td>
</tr>
<tr>
<td>April Peters and James Hollis</td>
<td><strong>Enrollment:</strong> 25</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong></td>
<td><strong>Duration:</strong> 8 - 10 months</td>
</tr>
<tr>
<td>Vanessa Espina</td>
<td><strong>Founded:</strong> 2004</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:jbreton@opiliving.com">jbreton@opiliving.com</a></td>
<td><strong>Airport:</strong> Burbank, CA (BUR),</td>
</tr>
<tr>
<td><strong>Phone:</strong> (866) 661-3982</td>
<td>Los Angeles, CA (LAX)</td>
</tr>
<tr>
<td><strong>Fax:</strong> (818) 475-1356</td>
<td></td>
</tr>
<tr>
<td><strong>Address:</strong> 21051 Warner Center Lane, Suite 105</td>
<td></td>
</tr>
<tr>
<td>Woodland Hills, CA 91367</td>
<td></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.optimumperformanceinstitute.com">www.optimumperformanceinstitute.com</a></td>
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**NATSAP Member Since:** 2005

At OPI we work with young adults age 17 - 28 dealing with mental health challenges which stop them from seeing their true potential and path to independence. With varying levels of care and staffing, we have the ability to specialize and handle complex diagnoses. Our highest level of care includes a specialized program for young adults dealing with BPD.

The overall program is designed to provide the right level of structure and care needed for each participant. OPI’s three uniquely structured program levels give the ability to identify the best immediate solution and allow room for change and growth over time. With our unique ability to work with complex diagnoses while simultaneously integrating participants into the community, OPI is meant to be the last treatment program! Call us today to learn more and schedule a visit.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** The Joint Commission on the Accreditation of Hospital Organizations (JCAHO)
**Professional Affiliations:** NATSAP-Full Member; Young Adult Transition Association (YATA)
Outback Therapeutic Expeditions
(Wilderness Therapy Program)

<table>
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<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td><strong>Executive Contact:</strong> McKay Deveraux, LCSW</td>
<td><strong>Gender:</strong> Coed - male and female only, as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Theresa Wardle, LCSW</td>
<td><strong>Ages:</strong> 13 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Courtney Bedke</td>
<td><strong>Grades:</strong> 8 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:admissions@outbacktreatment.com">admissions@outbacktreatment.com</a></td>
<td><strong>Enrollment:</strong> 42</td>
</tr>
<tr>
<td><strong>Phone:</strong> (801) 766-3933</td>
<td><strong>Duration:</strong> 8 - 10 weeks</td>
</tr>
<tr>
<td><strong>Fax:</strong> (801) 766-3932</td>
<td><strong>Founded:</strong> 2001</td>
</tr>
<tr>
<td><strong>Address:</strong> 50 N 200 E</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Airport:</strong> Salt Lake City, UT (SLC)</td>
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<tr>
<td></td>
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<tr>
<td><strong>Website:</strong> <a href="http://www.outbacktreatment.com">www.outbacktreatment.com</a></td>
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</table>

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional yet highly sophisticated therapeutic methods. Treatment through evidence-based psychological practices, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed PhD and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, mid-stay parent seminar and visit and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Attention Deficit, Learning Differences, Digital Media Addictions, Anxiety, Depression, Adoption/Attachment Issues, Trauma, ASD Level 1, Substance Abuse and Family Conflict. Outback students receive therapy 7 days a week. In addition to the PRIMARY THERAPISTS who process the deeper psychological issues and manage the direction of treatment for the students, Outback engages an additional layer of clinical oversight known as FIELD THERAPISTS. Field therapists are with the students 24/7, work closely with primary therapists, and teach clinical skills regarding the challenges and experiences that arise daily. This model provides four times more therapy than the typical wilderness program and can provide much larger savings for parents seeking insurance reimbursement.

Outback’s goal is to empower the students by focusing on insight, self-mastery and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program’s philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

In conjunction with the student’s journey, the parallel parent/guardian process provided by the family therapist ensures that the needs and challenges of the family systems are also addressed and supported.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Association of Experiential Education (AEE); Outdoor Behavioral Healthcare Council (OBHC); AdvanceED - Academic

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare Council (OBHC); Association for Experiential Education (AEE)
Oxbow Academy
(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

Executive Contact: Shawn Brooks
Admissions Contact: Tiffany Silva
Academic Contact: Cindy Lindsay
Email: contact@oxbowacademy.net
Phone: (855) 676-4272
Fax: (435) 292-8084
Address: 11479 East 15900 North
Mt Pleasant, UT 84647
Website: www.oxbowacademy.net

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 52
Duration: 11 - 14 months
Founded: 2006

NATSAP Member
Since: 2007

Oxbow Academy offers a specialized therapeutic environment for young men with sexual behavioral problems (SBP). SBP may present as excessive use of pornography, inappropriate touching, or other compulsive sexual behaviors.

Founded on the experiential therapy model, our program encourages students to develop healthy relationships with peers and mentors while engaging in activities like equine therapy, art, and outdoor activities. In addition, students receive instruction in core subjects from licensed, state-accredited teachers. The first phase of treatment is a consolidated 90-day evaluation at our Evaluation Center Campus. Students provide their therapists with a full sexual disclosure, which is validated using a clinical polygraph. After successful completion of the process, all relevant information is submitted to an independent, licensed psychologist chosen by the parents. Each participating psychologist specializes in adolescent psychosexual evaluations, including Sexual Behavioral Risk Assessment (SBRA). This independent assessment allows parents to receive an unbiased evaluation complete with treatment recommendations.

After completing the evaluation period, students who require sex-specific treatment will go to either our East or West Campus. Both campuses use the same experiential approach and provide compassionate therapeutic treatment. West Campus houses neurotypical students.

East Campus is for students with developmental delays or disorders in addition to sexual issues.

These issues include: Autism spectrum characteristics (ASD); Pervasive Developmental Disorder (PDD); Non-verbal Learning Disorder (NLD); Recognizing and decoding social cues

Among students, 50% have learning disabilities, 60% are adopted, and all possess a minimum IQ of 80. Because accountability is critical to recovery, Oxbow helps families navigate any mandatory reporting or legal issues that may result from their son’s behavior. When needed, we have systems in place to communicate directly with the courts. Oxbow Academy assists our students in learning to live happy, productive lives. Oxbow Academy – New Hope, New Help, No Secrets.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; NWAC; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association for the Treatment of Sexual Abusers (ATSA); International Institute for Trauma and Addiction Professional (IITAP); Society for the Advancement of Sexual Health; Network on Juveniles Offending Sexually (NOJOS)

Airport: Salt Lake City, UT (SLC)
Pacific Quest
(Young Adult Program)

CONTACT

Executive Contact: Mike McKinney
Admissions Contact: Erin Levine
Academic Contact: Kristen McFee
Email: admissions@pacificquest.org
Phone: (808) 937-5806
Fax: (888) 977-1323
Address: 301 Kalanianole St.
          Hilo, HI 96720
Website: www.pacificquest.org

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 24
Grades: N/A
Enrollment: 28
Duration: 60 - 90 days
Founded: 2004

Pacific Quest at Reeds Bay is a clinically-innovative, outdoor therapeutic program for young adults (18 - 24) located on the Big Island of Hawaii. Over the past ten years, Pacific Quest has worked with young adults struggling in environments that allow them to make discoveries in safe, structured, experiential and natural ways. Pacific Quest provides sustainable living skills for young adults through outdoor programming and offers a holistic, yet highly clinical approach to individualized treatment.

Life at Pacific Quest is a community-living experience, providing young adults opportunities to practice relevant and essential life skills. Pacific Quest provides a very structured environment with room to achieve individual goals and make personal choices. The program structure, curriculum, focus on wellness and the community-living environment, help to provide a solid foundation which fosters awareness and development. Owned and operated by a veteran team of professionals with hundreds of years of combined program experience, Pacific Quest offers a unique approach to treatment that is individualized for each student.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: AdvancED; North Central Association Commission on Accreditation and School Improvement (NCA CASI)
Professional Affiliations: NATSAP-Associate Member; NATSAP Research Designated Program (RDP) - GOLD; Association for Experiential Education (AEE); Hawaii Organic Farmer’s Association; Association of Horticultural Therapy; Surfriders Foundation; Academy of Integrative Health and Medicine (AIHM)
Paradigm Treatment Centers
(Residential Treatment Center)

CONTACT

Executive Contact: Cole Rucker, M.A.
Admissions Contact: Derek Lemm
Academic Contact: Dustin Wagner
Email: info@paradigmmalibu.com
Phone: (855) 780-8336
Fax: (310) 457-6318
Address: 12424 Wilshire Blvd.
           Suite 750
           Los Angeles, CA 90025
Website: www.paradigmmalibu.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 18
Grades: 7 - 12
Duration: 30 to 45 days
Founded: 2013

NATSAP Member
Since: 2016

Airport: Los Angeles Int’l Airport (LAX / KLAX)

Paradigm Treatment Centers specializes in short-term, 30 - 60 day, residential treatment program for 12 to 18 year old adolescents and 19 - 24 year old young adults that is dedicated to identifying and properly treating the core issues that impact adolescents, young adults and their families. Teens and young adults receive intensive mental and behavioral healthcare to help them develop more effective ways to manage their presenting issues, such as anxiety, depression, trauma, substance use, and self-harm. We also offer dual diagnosis treatment to support and actively treat clients impacted by co-occurring mental health and substance use disorders. We provide comprehensive treatment in comfortable, unlocked, and inviting home-like settings which includes:

- Diagnostic and nutritional evaluation & assessment completed in the first week
- 7 hours of weekly individual therapy
- 5 hours of weekly parent skills and support groups, multi-family group and family therapy
- 15 hours of weekly didactic and process-oriented group therapy
- 20 hours of weekly experientially-based therapy
- 15 hours per week of academic support through classroom instruction and tutoring

While many of our clients have learned coping strategies - avoidance, social isolation, substance use and disordered eating - to alleviate symptoms, our mission is to help each individual develop healthy and sustainable methods to regulate moods, access personal strengths and establish productive relationships with family and friends. Our approach provides effective, short-term residential treatment that supports a successful transition back to family, home, school, and community.

Each beautiful Malibu and San Francisco residence compassionately care for six adolescents and six young adults in a safe and comfortable environment. We provide a high staff-to-client ratio to ensure that teens and young adults experience the support, relationships and expertise of our multi-disciplinary team of clinicians and staff. We provide specialty groups and programming to reinforce each individual’s strengths in athletics, academics, or the arts. We accept a wide range of insurances and work with insurance providers to ensure that treatment

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of California Department of Social Services; Joint Commission of Accredited Healthcare Organizations (JCAHO)
Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP); Substance Abuse and Mental Health Services Administration (SAMHSA); Treatment Providers of Southern California
PATH At Stone Summit  
(Residential Treatment Center)

**CONTACT**

- **Executive Contact:** April Stein, Ph.D.  
- **Admissions Contact:** April Stein, Ph.D.  
- **Email:** bvedman@pathatstonesummit.com  
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- **Address:** 2380 Colvin Hill Rd  
  Danby, VT 05739  
- **Website:** www.pathatstonesummit.com

**PROGRAM OUTLINE**

- **Gender:** All Genders (non-binary)  
- **Ages:** 18 - 30  
- **Grades:** N/A  
- **Enrollment:** 10  
- **Duration:** 6 months  
- **Founded:** 2015

**NATSAP Member**  
**Since:** 2019

Our mission at PATH is to provide our residents with an atmosphere in which they can pursue their goal of transitioning into adulthood in a safe, comfortable, and reflective community. We work as a team and encourage all to grow in their jobs and their lives.
Pine River Institute
(Residential Treatment Center - Substance Abuse & Therapeutic Boarding School)

CONTACT

Executive Contact: Vaughan Dowie
Admissions Contact: John Mallon
Academic Contact: John Fallis
Email: john.m@pineriverinstitute.com
Phone: (416) 955-1453
Fax: (416) 955-1652
Address: 180 Dundas Street West, Suite 1410
Toronto, Ontario M5G 1Z8
Website: www.pineriverinstitute.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 19
Grades: 8 - 12
Enrollment: 36
Duration: 12 months average
Founded: 2001

NATSAP Member Since: 2006

Airport: Toronto, ON - International (YYZ)

Pine River Institute (PRI) is a not-for-profit residential treatment program for youth ages 13 to 19 struggling with addictive behaviours and frequently other mental health issues. Students can self-refer or be referred by parents, other family members, teachers, or health care professionals. Admission is voluntary. We offer continuous intake and variable length of stay. We have a 36-bed capacity, 29 beds funded by the Ontario Ministry of Health (for Ontario residents), and 7 private pay beds.

The staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, wilderness therapists, certified teachers, and child and youth care workers. We have a consulting MD who visits our campus bi-weekly. The student to staff ratio is 4:1.

We are an integrated family-centered program where wilderness, therapeutic, and academic elements come together in a unique treatment and education model. Every student, upon entering the program, spends 6-8 weeks in wilderness before moving to the residence treatment phase. Youth live and work in nature in groups of up to eight, with three staff. Our campus is situated about 60 miles northwest of Toronto. The residential program includes individual, group, and family therapy, expressive arts, athletics, recreation, outdoor education, community service, life skills, and traditional academic offerings.

Educational engagement is a key element of our program. We are staffed by certified teachers and an Educational Assistant from the Upper Grand District School Board. All students are working toward a Secondary School Diploma or Certificate, or are enrolled in online post-secondary courses.

Another unique strength of Pine River Institute is our program evaluation and research strategy. We are committed to making a meaningful contribution to best practices knowledge. We are a member of the research consortium for NATSAP and serve on their Ethics Review Board.

Individual Psychotherapy Available: Yes
Accreditation, Licensure, Approval: Ontario Ministry of Health and Long-Term Care, Ontario Ministry of Education, Council on Accreditation (COA)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association for Experiential Education (AEE); Council of Outdoor Educators of Ontario, Addictions and Mental Health Ontario (Youth Sector)
Polaris Teen Center  
(Residential Treatment Center)

Executive Contact: Ari Brown  
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Email: briana@polaristeen.com  
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Fax: (818) 979-0878  
Address: 19554 Wells Drive  
Tarzana, CA 91356  
Website: www.polaristeen.com

NATSAP Member  
Since: 2016

Gender: All Genders (non-binary)  
Ages: 13 - 17  
Grades: N/A  
Enrollment: 12  
Duration: 45 days  
Founded: 2014

Airport: Los Angeles International (LAX)

Polaris Teen Center is a residential treatment center providing girls and boys ages 13 to 17 with high quality clinical care. Polaris is located on a two-acre estate home in the Encino Hills area of Los Angeles. Polaris will house a maximum of only six adolescents at any given time, giving us the unique ability to provide truly customized treatment. Given the complex and sensitive nature of the psychological, biological and/or familial background of the clients we serve, we offer specialized treatment modalities in order to comprehensively treat behavioral, social, and emotional difficulties.

Each client attends at least three individual sessions a week with a licensed clinician. Each family member attends two family sessions (in person or via phone) per week with a licensed clinician. Each client also sees with a board-certified adolescent psychiatrist for assessment and medication management when needed. Group therapy is offered multiple times a day and is either topical (healthy relationships, body image, life story), clinically focused (DBT, trauma focused) or experiential in nature (art, creative writing, music, equine therapy). We also offer a weekly family psycho education and process group. School is held five days per week, led by a credentialed teacher who ensures that each client is meeting his/her educational goals.

With an average length of stay of 45-60 days, the focus of the clinical work at Polaris is primarily psychiatric stabilization and improvement in functioning, so that the teen may successfully transition to the next phase of their recovery, be that a therapeutic boarding school, extended care, or outpatient setting.

We are able to accept some insurance plans that have out of network benefits for residential treatment. We are especially mindful of working with referral sources and outside providers in helping to create a solid plan for the next phase of recovery.

We provide adolescents with a safe haven for recovery, growth and healing. Teen mental health issues can be caused by a variety of factors: trauma, biological predisposition, environmental factors at home or in school and so forth. We deeply understand the need for a thorough clinical evaluation and personalized treatment planning to ensure a successful long-term impact. Our clinically trained staff treats the whole person using customized, tailored strategies for teens struggling with depression, anxiety, bipolar and other mood disorders. We also treat subsequent secondary destructive behaviors like self-harm, substance abuse, and eating disorders.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: California Department of Social Services, Community Care Licensing Division
Professional Affiliations: NATSAP-Full Member
PRN for Families
(Outpatient/Non-Residential)

CONTACT

Executive Contact: Charles Elias
Admissions Contact: Tim Anglum
Academic Contact: Sheila Thornton
Email: admissions@prnforfamilies.com
Phone: (888) 762-5973
Fax: (303) 993-7144
Address: 11949 W. Colfax Avenue
          Lakewood, CO 80215
Website: www.prnforfamilies.com

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 10 +
Grades: N/A
Enrollment: 20
Duration: 120 days +
Founded: 2003

PRN’s Preservation & Reunification Services provides intensive, in-home crisis intervention, family assessment, comprehensive planning, follow up, counseling and life-skills for families who have children or teenagers who are out of control or at imminent risk of being separated from their family. Families are also serviced who require transitional or reunification services to safely reunite them with their children following an out-of-home placement. Tracks by PRN, provides customized services to young adults who are transitioning back into the community, a college living environment or an independent living situation. Using comprehensive wraparound services, our goal is to provide a seamless transition in order to empower the student as they reach this important milestone.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: The Joint Commission (TJC)
Professional Affiliations: NATSAP-Full Member; National Association of Social Workers (NASW); Certified Addiction Professional (CAP); California Association for Alcohol & Drug Educators (CAADE); National Association for Alcoholism & Drug Abuse Counselors (NAADAC); Young Adult Transition Association (YATA)
Project Patch
(Residential Treatment Program)

CONTACT

Executive Contact: Chuck Hagele
Admissions Contact: Whitney Mestelle
Academic Contact: Wynter Nichols
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Phone: (360) 690-8495
Fax: (360) 690-8498
Address: PO BOX 820209
Vancouver, WA 98682
(Business Office address. Program is located in Garden Valley, ID)
Website: www.projectpatch.org

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 36
Duration: Girls average 12 months
Boys average 6 months
Founded: 1984

Airport: Boise Airport (BOI)

The Project Patch Youth Program is a licensed and accredited therapeutic residential treatment program and school which houses up to 36 residents at a time; ages 12 to 17. The Youth Program staff is comprised of 40 dedicated staff members, including a team of therapists who hold Master’s Degrees in Counseling, Social Work, or a related field.

The 12-month Girls’ Program focuses on helping young women struggling with depression, anxiety and self-harming behaviors. The 6-month Boy’s Program focuses on helping young men who are angry, isolating from help, addicted to technology and underperforming at school.

Both programs complete an intensive program of Cognitive Behavioral Therapy (CBT) and emotional regulation training based on Dialectical Behavior Therapy (DBT). Each teen works with their therapist on a treatment plan, gaining the skills and healing necessary to return home safely to continue their development. Individual, group and family therapy are provided by our team.

The Education Program uses an individualized dynamic learning system which helps students succeed where they may have failed in other environments.

Family visits, therapy and parenting weekends are core to our program. The Family Experience, a retreat for the entire family, is included within 12 months of graduation.

Our 169-acre campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in southern Idaho. The kitchen and dining building, is flanked by the girls’ and boys’ residence halls. Bedrooms accommodate up to three people and each room has its own bathroom. Completing the campus are a school, gymnasium, playing field, fishing pond, wood shop, and chapel.

Project Patch accepts children regardless of creed, religion, gender, or race. Patch is a faith-based ministry that focuses on teaching teenagers their worth and value in the eyes of their Creator. While we are unable to accommodate individual religious practices other than those provided, all are respected.

Individual Psychotherapy Available: Yes
Accreditation, Licensure, Approval: The Joint Commission (TJC); State of Idaho Department of Health and Welfare, AdvancED, State of Idaho Board of Education
Professional Affiliations: NATSAP-Full Member
Pure Life Adventure
(Wilderness Therapy Program)

CONTACT

Executive Contact: Andrew Taylor
Admissions Contact: Carrie Weatherhand
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Phone: (801) 896-9490
Fax: (801) 454-3805
Address: 63 E 11400 S #186
Sandy, UT 84070-6705 (This is the office location. Program operates in Costa Rica.)
Website: www.purelifeadventure.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 14 - 18 & 18 - 30
Grades: N/A
Enrollment: 16
Duration: 75 days
Founded: 2013

Pure Life Aspiro is a clinically advanced international Wilderness Adventure Therapy program. Pure Life not only provides a dynamic clinical treatment model, it fully integrates evidence-based psychology within the constructs of our sequential high adventure components. Pure Life takes treatment out of the confines of the traditional facility setting.

We utilize the real world, front and back country environments, to craft therapeutic experiences which provide real time assessment and educational opportunities. Our therapeutic approach is bolstered by the activities our students engage in such as: surfing, rafting, sea kayaking, backpacking, and certification courses. Through their experiences, students gain greater depth during individual and group talk therapy sessions, focusing on solutions and overcoming challenges from the past.

The Pure Life clinical team utilizes empirically based approaches to therapy consisting of Cognitive Behavioral Therapy, Family Systems Therapy, Adventure Therapy and Motivational Interviewing. Individual therapy, group therapy and family therapy take place on a weekly basis.

A formalized Individualized Treatment Plan is also developed for each participant. An emphasis is placed on family systems therapy, including regular weekly communication, therapeutic assignments and, when appropriate, a family parent visit. Through this hands on, integrated clinical model, participants gradually begin to develop healthier relationships, learn new, healthy coping strategies, and enhance emotional/behavioral regulation skills, social skills and life skills that lead to future success. The goal is to help participants develop a higher level of self-efficacy and eliminate negative unhealthy behaviors.

Pure Life operates year-round and application for admission may take place at any time.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Office of Licensing, Department of Human Services
Professional Affiliations: NATSAP-Full Member/Outdoor Behavioral Health Council (OBHC); Young Adult Transition Association (YATA)
Red Mountain Sedona
(Young Adult Program)

**CONTACT**
- **Executive Contact:** Josh White, MA, LCMHC, CGP, WPA
- **Admissions Contact:** Stacey Reynolds
- **Email:** info@redmountainsedona.com
- **Phone:** (855) 998-5272
- **Fax:** (928) 852-0398
- **Address:** 90 Bell Rock Plaza, Suite 100A, Sedona, AZ 86351
- **Website:** www.redmountainsedona.com

**PROGRAM OUTLINE**
- **Gender:** All Genders (non-binary)
- **Ages:** 18 - 31
- **Grades:** N/A
- **Enrollment:** 20
- **Duration:** 6 to 9 months
- **Founded:** 2015

We work with young men and women ages 18 and up who are failing to gain traction in life due to drug and alcohol abuse, poor life skills, emotional challenges, and compulsive behavior. Our clients have completed previous treatment and are ready to launch into a full, rich life. Our clients are willing to change from the inside out, engaging in a path of mindfulness, physical fitness fellowship, spiritual and emotional depth, and personal transformation.

Our clients engage in a daily matrix of training the mind, body and spirit including mindfulness, martial arts, Yoga, 12-step work, life skills, therapy, and vigorous physical activity. We help our clients to find their joy, develop real-life skills to handle life on life’s terms, and turn imagination into reality. We help them cease from harmful and immature behavior, replacing these behaviors with healthier choices which instill wisdom competence, confidence, self-esteem, and determination.

Mindfulness is an ancient practice with cutting-edge connotations. Through the simple act of noticing-becoming mindful of habitual thoughts and patterns - clients learn to interrupt their self-destructive patterns of thought and behavior, and re-wire the brain to pause before acting, and make better choices. This is achieved through seated meditation; moving meditations such as martial arts, Yoga, hiking and other adventures; and cognitive-behavioral therapy.

Our graduates embody accountability, dignity, open-mindedness, curiosity, serenity, and strength of character. They are strong in their recovery, respectful of self and others, confident and engaged. They have established goals and are clear on how to reach them, are strong and healthy in mind, body and spirit, have healed their interpersonal relationships, and are engaged in positive activities and choices on a daily basis.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing
**Professional Affiliations:** NATSAP-Full Member, Better Business Bureau (BBB)
Red Oak Recovery
(Young Adult Program)

CONTACT

Executive Contact: Jack Kline
Admissions Contact: Meg Nygren
Email: megn@redoakrecovery.com
Phone: (828) 318-0148
Fax: (828) 372-4213
Address: 108 Executive Park
          Asheville, NC 28801
Website: www.redoakrecovery.com

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 32 (males); 20 (females)
Duration: 60 - 90 days
Founded: 2014

NATSAP Member
Since: 2014

Airport: Asheville Regional Airport
          (AVL / KAVL)

Red Oak Recovery® works with young adult males, ages 18 - 30, recovering from trauma, substance abuse, and/or co-occurring disorders, which may include anxiety, depression, low self-esteem, anger, and disrupted social and emotional development.

The Willows at Red Oak Recovery® is a trauma-focused and clinically centered substance abuse and mental health treatment program for young adult females, ages 18 - 35.

Gender-specific programming offers safety within small groups that have relatable needs to one another. Our campuses provide a place where our clients have the opportunity to step away from the distractions of daily life and allow a space for inward reflection.

Our focus is on clinical care, and we believe in addressing all issues in a simultaneous, holistic, and integrated fashion. Our Master’s level clinicians hold dual credentials, licensed in both mental health and clinical addictions. Below is a list of some of the modalities we utilize in order to really make breakthroughs when we are working with our young adult clients:

- Individual Therapy
- Group Therapy
- Family Therapy
- 12-Step Group Participation
- Adventure Based Therapy
- Being of Service to Others
- Processing Grief and Loss
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Rational Emotive Behavioral Therapy (REBT)
- Motivational Interviewing
- Gestalt Therapy
- EMDR (Eye Movement Desensitization and Reprocessing)
- Animal Assisted Therapy (Canine)

In addition to our young adult programs, Foothills at Red Oak Recovery serves adolescent boys, ages 14 - 17, who are dealing with trauma, substance abuse, and co-occurring mental health issues. Our team understands the unique challenges this group faces, and with our relational approach to evidence-based clinical practices, we utilize individual, group, family, milieu, equine, and recreational therapy within a small, nurturing home environment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of North Carolina, Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF)
Professional Affiliations: NATSAP-Full Member, National Association of Addiction Treatment Providers (NAATP); The Association of Addiction Treatment Providers (NAADC)
## RedCliff Ascent
(Wilderness Therapy Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Steven M. DeMille, Ph.D.</td>
<td><strong>Gender:</strong> All Genders (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Darcy Holt</td>
<td><strong>Ages:</strong> 13 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Annette Davis</td>
<td><strong>Grades:</strong> 8 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:steved@redcliffascent.com">steved@redcliffascent.com</a></td>
<td><strong>Enrollment:</strong> 83</td>
</tr>
<tr>
<td><strong>Phone:</strong> (435) 238-7155</td>
<td><strong>Duration:</strong> 75 days</td>
</tr>
<tr>
<td><strong>Fax:</strong> (801) 878-2860</td>
<td><strong>Founded:</strong> 1993</td>
</tr>
<tr>
<td><strong>Address:</strong> 709 E. Main St. Enterprise, UT 84725</td>
<td></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.redcliffascent.com">www.redcliffascent.com</a></td>
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</tbody>
</table>

Founded in 1993, RedCliff Ascent has set the standards for effective therapeutic wilderness treatment program for adolescents with emotional and behavioral struggles for over 25 years. RedCliff Ascent is the optimal treatment environment for adolescents who have been unsuccessful in traditional treatment settings and who are struggling to manage their life in an age-appropriate way.

RedCliff Ascent therapists, all PhD and Masters level clinicians, provide treatment using an Integrated Care Model which looks at more than just the diagnosis of the adolescent. Integrated Care treats the entire individual including their emotional, physical, relational, and academic wellbeing. This approach is ideal as it prepares an adolescent for their future after wilderness therapy.

RedCliff utilizes the wilderness to disrupt dysfunctional patterns that have impeded relationships and maturity. Our approach encourages a child to develop appropriate relationships and coping skills through accomplishment and competency. The qualified and professional Field Guides at RedCliff plant the seeds of social and emotional success during one-on-one sessions, group activities, and by example and mentoring. True to traditional wilderness therapy, these seeds are nourished through hiking, experiential education and adventure, and providing the opportunity for physical, social, and emotional growth.

Enrollment at RedCliff Ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13 - 17.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Association for Experiential Education (AEE); The Joint Commission
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Health Industry Council (OBHIC); National Association of Addiction Treatment Providers (NAATP)
## reSTART Life
(Residential Treatment Center)

### CONTACT

| Executive Contact: | Cosette Rae, MSW, LICSW |
| Admissions Contact: | Johnny Tock, LMHC |
| Academic Contact: | Chris Robinson, M.Ed |
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| Fax: | (888) 788-3419 |
| Address: | 1001 290th Ave. SE  
Fall City, WA 98024 |
| Website: | www.restartlife.com |

### PROGRAM OUTLINE

- **Gender:** All Genders (non-binary)
- **Ages:** 18 - 30
- **Grades:** N/A
- **Enrollment:** 8
- **Duration:** 8-12 weeks phase 1; 6-18 months phase 2
- **Founded:** 2009
- **Airport:** Seattle/Tacoma International (SEA)

### NATSAP Member
Since: 2013

Young adults are increasingly affected by the rapid changes in digital technology and the “always on” connectivity made possible by the Internet.

**OUR MISSION** is to enhance the overall well-being of individuals negatively affected by problematic digital technology use by offering individualized experiential growth opportunities in a safe, clinically structured, positive and client-centered environment leading to increased independence and personal growth.

**CLIENT SNAPSHOT:** Our typical “no desire to launch” client is prone to procrastination, denies problematic technology use, prefers using the Internet, computer or gaming system over spending time with others, is failing college classes, has poor hygiene, sleeps most of the day, is out of shape, and often makes excuses and promises to caregivers saying, “this time will be different.” Many of our clients have mental health challenges such as depression, anxiety, trauma, ADHD, mood disorders, OCD, Autism Spectrum Disorder or learning differences.

**ABOUT reSTART:** reSTART Life provides emerging youth and adults with the necessary skills and strategies to manage their digital technology use while addressing co-occurring mental health conditions. Youth and adults are referred to reSTART by educational consultants, wilderness programs, treatment centers, counselors, and family members who recognize the benefits of having a well-thought out strategy and plan for managing digital distractions. reSTART’s service offerings include: Intensive Primary Residential and Experiential Therapeutic program: Clients engage in a digital “de-vice” and disconnection period while living in a clinically rich therapeutic environment. During an intensive stay, clients gain a better understanding of the factors influencing their digital media use, while developing a plan for sustainable use in the future.

reSTART’s service offerings include:

- **Intensive Primary Residential and Experiential Therapeutic program:** Clients engage in a digital detox and disconnection period while living in a clinically rich therapeutic environment. During each intensive stay, clients gain a better understanding of the factors influencing technology use, while developing a plan for sustainable use in the future.

- **Secondary Transitional Independent Living program and Continuing Care:** Our community-based program assists young adults in moderating their technology use while attending college, working in the community and developing the skills needed to live independently.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Washington State Licensure, LICSW, LMHC

**Professional Affiliations:** NATSAP-Full Member, NATSAP Research Designated Program (RDP) - SILVER; Washington State Office of Public Instruction (OSPI)
Rogers Behavioral Health
(Residential Treatment Center)

CONTACT

Executive Contact: Jean Corrao
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Oconomowoc, WI 53066
Website: www.rogersbh.org

NATSAP Member
Since: 2002

Gender: All Genders (non-binary)
Ages: 8 - 30
Grades: 3 - 12
Enrollment: 50
Duration: 30 - 90 days
Founded: 1907

PROGRAM OUTLINE

Rogers Behavioral Health offers stays lasting 30 to 90 days, daily therapy and a supportive, home-like setting. Patients receive direct access to board-certified psychiatrists and evidence-based treatment from a multidisciplinary team of experts. Mental Health and Addiction Recovery Offers evidence-based therapies to address substance use and the mental health challenges that are at the root of the dependence. Experiential therapy and addiction education complement regular programming.

Eating Disorder Recovery: Adolescents focus on CBT with an emphasis in ERP to address anorexia nervosa, bulimia, binge eating, and other eating disorders as well as family therapy.

Nashotah Center for DBT: A program for teen girls suffering from emotional dysregulation and self-harming behaviors. Teens are immersed in DBT to gain skills that improve safety, relationships, self-esteem, quality of life and resilience.

Focus Depression Recovery: Adolescents with a primary diagnosis of depression or other mood disorders, participate in individual and group therapy that includes CBT, dialectical behavior therapy (DBT), and behavioral activation (BA).

OCD, Anxiety, and Depression Center: For adolescents with a primary diagnosis of an anxiety disorder with significant co-occurring depression. Patients receive a mix of CBT, DBT, exposure and response prevention (ERP), and behavioral activation.

OCD and Anxiety Center: Rogers’ nationally recognized OCD and Anxiety Center puts children and teens at the center of care. With separate spaces for each of the two age groups, treatment focuses on helping youth and families work as partners to regain the life they enjoy.

Rogers is a private, not-for-profit provider of behavioral health services and is nationally recognized for its specialized psychiatry and addiction services. We offer evidence-based treatment for adults, children, and adolescents with depression and other mood disorders, eating disorders, addiction, obsessive-compulsive and anxiety disorders, and post-traumatic stress disorder. Our mission is to provide highly effective mental health and addiction treatment that helps people reach their full potential for health and well-being.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Wisconsin, Department of Health & Family Services - Division of Children & Family Services, Residential Care Center for Children; Joint Commission
Professional Affiliations: NATSAP-Full Member; American Academy of Child and Adolescent Psychiatry (AACAP); Anxiety and Depression Association of America (ADAA); International OCD Foundation (IOCDF); National Eating Disorders Association (NEDA); International Association of Eating Disorder Professionals (IAEDP)
Sandhill Center
(Residential Treatment Center)

CONTACT

Executive Contact: Linda Zimmerman, LPCC
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Phone: (505) 866-9271
Fax: (505) 866-9278
Address: 15 Jemez Drive
Los Lunas, NM 87031
Website: www.sandhillcenter.org

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 5 - 13 upon admission
Grades: K - 8
Enrollment: 32
Duration: 18 months
Founded: 2004

NATSAP Member Since: 2015

Airport: Albuquerque Airport (ABQ)

Sandhill Center treats children, ages 5 to 14, with a variety of diagnoses. The common denominator amongst all the children at Sandhill is significant emotional dysregulation impacting their ability to function at home, in school, or in their communities. Many of the children that come to Sandhill have been diagnosed with the following: Autism Spectrum Disorder, Mood Disorder, Anxiety, Reactive Attachment Disorder, ADHD, and Oppositional Defiant Disorder. They may exhibit poor social skills, social withdrawal, difficulties in peer relationships, impaired judgment, impulsivity, poor anger management, mild to moderate aggression, lying, and stealing to mention just some of the problem behaviors.

Our holistic approach addresses a child’s needs on all levels by integrating our treatment philosophy into every aspect of a child’s day and creating a therapeutic web. This is done in a relationally-based, clinical approach that is grounded in the Neurosequential Model of Therapeutics (NMT) developed by Bruce Perry, M.D., Ph.D. and The Child Trauma Academy in Houston, Texas. Our individualized approach uses a variety of interventions designed to target the disorganized areas of the brain and develop capacities needed to improve functioning. Understanding the holistic approach, using exercise, diet, animal assisted therapies, individual therapy, family therapy, while incorporating somatosensory interventions keeps us at the forefront of treatment. Students attend the small private school, Del Rio Academy, that works closely to ensure each child’s varied academic needs are met, while incorporating the important therapeutic interventions to improve learning readiness.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of New Mexico Children, Youth, and Families Department
Professional Affiliations: NATSAP-Full Member
ScenicView Academy  
(Young Adult Program)

### CONTACT

| Executive Contact: | Marty Matheson |
| Admissions Contact: | Alex Johnson |
| Academic Contact: | Jared Stewart |
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| Fax: | (801) 226-8298 |
| Address: | 5455 N River Run Drive, Provo, UT 84604 |
| Website: | www.svacademy.org |

### PROGRAM OUTLINE

| Gender: | All Genders (non-binary) |
| Ages: | 18 - mid 30’s |
| Grades: | N/A |
| Enrollment: | 72 |
| Duration: | 2 - 3 years |
| Founded: | 2001 |

Located at the mouth of Provo Canyon, in Provo, Utah, ScenicView Academy is a nationally recognized nonprofit school for adults with autism spectrum disorders and learning disabilities. Through residential programming, we empower young adults with skills for an independent, productive, and fulfilling life.

The student population at ScenicView is 60% male, 40% female, and ranges from age 18 - 32. Each student is given an opportunity to personalize ScenicView’s curriculum to their own independent living goals. The length of the program varies, for each student, but generally last between 18 months and 3 years.

ScenicView teaches independent living skills in a variety of settings, including residential, vocational, and academic milieu. The program emphasizes skill acquisition in the following areas:

- Employment
- Housing
- Transportation
- Budgeting
- Social Skills
- Medication Management
- Relationships
- Health & Leisure
- Executive Functioning
- Education

To provide support, and with regard to the population ScenicView Academy serves, individual, family, and group therapy are offered as a service to all students. Focusing on executive functioning and self-regulation, as well as openness to learn, therapists allow for students to explore independence in a safe and productive manner. In addition to therapy, each student is assigned a Service Coordinator, who functions as a guide and mentor to help students develop and reach for their goals for increased independence.
Second Nature Wilderness Family Therapy, LLC
(Wilderness Therapy Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Devan Glissmeyer, PhD</td>
<td><strong>Gender:</strong> All Gender (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Jennifer Charrier</td>
<td><strong>Ages:</strong> 13 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Laraine Adams</td>
<td><strong>Grades:</strong> 9 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:jennc@second-nature.com">jennc@second-nature.com</a></td>
<td><strong>Enrollment:</strong> Groups of 8 - 10</td>
</tr>
<tr>
<td><strong>Phone:</strong> (435) 738-2040 or (877) 701-7600</td>
<td><strong>Duration:</strong> 8 - 10 weeks</td>
</tr>
<tr>
<td><strong>Fax:</strong> (435) 738-2046</td>
<td><strong>Founded:</strong> 1998</td>
</tr>
<tr>
<td><strong>Address:</strong> 382 W. Main Street</td>
<td><strong>Airport:</strong> Salt Lake City, UT (SLC)</td>
</tr>
<tr>
<td>Duchesne, UT 84021</td>
<td>Duchesne</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.second-nature.com">www.second-nature.com</a></td>
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</tbody>
</table>

NATSAP Member Since: 1999

Founded in 1998, Second Nature Uintas is a licensed treatment program for adolescents in Utah. Located two hours east of Salt Lake City, Second Nature Uintas provides sophisticated clinical treatment in an outdoor setting and uses the wilderness to create an intensive initial impact, identify coping skills, teach accountability and communication skills, develop healthy emotional and behavioral habits and improve relationships.

Second Nature Uintas works with adolescents age 13 - 17 who struggle with mental health issues, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues and relational difficulties. Treatment plans are individualized and include flexible lengths of stay, single gender groups, daily group therapy and individualized therapy sessions with doctorate level therapists. A psychiatrist is available for students in need of medication management.

Family support is critical to the program. Second Nature’s parent program teach new skills to help support growth and provides families with personal support through weekly phone calls with the therapists, field visits or parent/child phone calls, alumni parents mentors, multi-day workshops, support groups and comprehensive online resources. Parents, therapists and consultants work together in planning aftercare.

Students enrolled in the program may experience difficulties in school as a symptom of their struggles; therefore, an academic component is critical as part of treatment plan. Students are provided a curriculum packet, which contains a carefully tailored academic curriculum accredited by AdvancED. Science, English, P.E., and Psychology credits contextually based in the wilderness experience. Lessons are created to continue the child’s education and challenge the student to develop skills for academic and classroom success. Students receive academic credits for completed coursework.

Safety is our number one priority and Second Uintas has an outstanding safety record. Each group is comprised of highly trained field instructors and staff-to-student ratios exceeds state requirements.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah Office of Licensing Department of Human Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE
Sedona Sky Academy
(Residential Treatment Center)

**CONTACT**
- **Executive Contact:** Betsy Jacobson Warren
- **Admissions Contact:** Stephanie Sterrett
- **Academic Contact:** Jason Metzger
- **Email:** admissions@sedonasky.org
- **Phone:** (928) 567-1322
- **Fax:** (928) 567-1323
- **Address:** 3095 Coronado Trail
  Rimrock, AZ 86335
- **Website:** www.sedonasky.org

**PROGRAM OUTLINE**
- **Gender:** Female, including transgender
- **Ages:** 11 - 17
- **Grades:** 6 - 12
- **Enrollment:** 45
- **Duration:** 8 - 12 months average
- **Founded:** 2014

NATSAP Member Since: 2014

Airport: Phoenix, AZ (PHX)

Sedona Sky Academy is a specialized school, serving girls ages 11 - 14 and 14 - 18, who may be struggling with a variety of issues that have previously limited their success. We are unique in that we offer the best features of both therapeutic boarding schools and residential treatment centers. We provide high quality, evidence-based clinical services, top-notch college preparatory academics, a unique full array of expressive, performing and experiential arts and a low staff to student ratio, all within a warm, nurturing and healthy living environment.

The Sedona Sky mission is to meet students “Where they are,” helping them heal the past and rebuild new and healthy pathways with their families. In this regard, we hold firmly to the core beliefs that each student is unique, powerful, and has a bright future ahead of them. We utilize a strength-based approach, reconnecting our students to their passions and interests. We teach self-advocacy and help our students learn to make healthy lifelong choices.

We focus on four important tenants:
We are relational. This means that our staff is focused on building healthy relationships and working as strong mentors, demonstrating boundaries with care and consistency.

We are intentional. Every program component, every class offering, every activity is specifically planned and designed to bring our students to the ultimate aim of healing the past and creating a hopeful future.

We are developmental. We are aware of and understand the developmental needs of teenage girls to belong to a community that accepts them, cares for them and holds them accountable for their actions, ultimately helping them make healthy choices and build self-esteem and self-care.

We are experiential. We know that teenagers learn not only by reading, listening to lectures, and taking notes, but also by being actively involved with all five senses for maximizing learning.

Sedona Sky Academy serves young women 11 - 17 years of age who exhibit one or more of the following: Trauma issues, Depression, Anxiety, attachment issues, ADD/ADHD, Poor Choice of Friends, Drug and Alcohol Use, Anger, Low Self-Esteem, Peer Conflict, Poor Impulse Control, Academic Issues, etc.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Arizona Department of Health Services; Joint Commission (JCAHO); Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member
Shelterwood Academy
(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

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Independence, MO 64058-3211
Website: www.shelterwood.org

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 19
Grades: 7 - 12
Enrollment: 65
Duration: 7+ months
Founded: 1980

NATSAP Member
Since: 2013

Shelterwood is a fully accredited therapeutic boarding school on 200 acres of beautiful rolling hills in Missouri. We provide the kind of respite and care that parents recommend to friends and students rave about years later. With almost a one-to-one staff to student ratio, we are able to provide the individual attention that struggling teens require. Shelterwood provides a therapeutic environment for those who are experiencing emotional, behavioral or academic problems. These behaviors are typically mild to moderately severe and include depression, manipulation, anxiety, grief, substance misuse, conflict with authority and learning difficulties.

Whether we are in the classroom, playing in our spacious gymnasium, supporting each other on our ropes course, working alongside one another on a community service project, or saddling up a horse and riding together, our staff helps teens look beneath outward behaviors and uncover the pain that limits their progress. We believe that there is hope found in Jesus and with internal change, teens often experience real freedom.

Our school is ideally suited to ensure teens also receive a top-notch accredited education while they are rebuilding their lives. From our science and computer labs, to our swimming pool, tennis courts and dorm lounges, our students have opportunities to explore and expand their various talents in a nurturing environment. Research has proven that youth who attend Shelterwood improve significantly in terms of behavior, family relations, social values and school grades.

Our unified treatment approach includes:
• Multi-Disciplinary assessment
• Individual growth and re-entry support plans
• Individual, group, and family counseling
• Cognitive behavioral brain function, art, recreation, and sand tray therapies
• Equine, vocational, life skills, outdoor recreation, & positive peer culture programming
• Medication management
• Spiritual retreats and service trips
• Family therapeutic retreats

Individual Psychotherapy Available: Yes
Accreditation, Licensure: AdvancED, State of Missouri Department of Social Services Children’s Division; Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Evangelical Council for Financial Accountability (ECFA); American Association of Christian Counselors; Independent Education Consultants Association (IECA)
Shepherd’s Hill Academy
(Therapeutic Boarding School)

Shepherd’s Hill Academy (SHA) is a wilderness-based, therapeutic boarding school. Our 12-month program provides a 5-to-1 student to staff ratio for teen boys and girls ages 12 - 17. Our gender separate programs each have a maximum capacity for 18 students. A unique faith-based approach and authoritative community provide an unplugged environment to foster healthy relationships, alleviate anhedonia, promote identity formation, and work through the challenges of life.

SHA bolsters a fully accredited academy dedicated to helping teens develop a positive and successful future. Our certified teaching staff offer a quality education and career enrichment.

Our direct care staff receive over forty hours of training in their field annually. Such training includes de-escalation techniques, safety interventions and emotional support methods. Staff also receive training in our unique eight step approach to relationships through our Relationship Model, exclusive to SHA.

Therapy at SHA is holistically-focused and empirically-based. Our team of licensed clinicians create an accepting environment delivering weekly individual, group and equine relationship therapy. Individualized treatment plans are developed for each family. Teens participate in Family Therapy and Yoga-Psychotherapy. SHA also addresses issues of spirituality as they pertain to each individual.

Our therapists provide personalized care by addressing issues such as abandonment, trauma, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, PTSD, Reactive Attachment Disorder, Substance Abuse Disorders, and other concerns by utilizing evidenced-based modalities including CBT, DBT, Mindfulness, Family Systems Therapy, creative art and expressive therapies, sand tray, addiction recovery treatment, and yoga.

During their time at SHA, teens also work toward core life skills. Youth engage in peer accountability, tending livestock, gardening, and building wilderness shelters. SHA facilitates biannual parent conferences and monthly parent workshops where families are able to work toward familial goals and encourage transformation and reconciliation within the family system.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Georgia Department of Human Services, Outdoor Child Caring Programs; Georgia Accrediting Commission; Licensed Professional Counselors Association of Georgia; State of Georgia Licensed Professional Counselor Professional Affiliations: NATSAP-Full Member; American Association of Christian Schools (AACS); Georgia Association of Christian Schools (GACS); American Association of Christian Counselors (AACC)
Shortridge Academy
(Therapeutic Boarding School)

**CONTACT**

**Executive Contact:** Adam Rainer  
**Admissions Contact:** Katie Rainer  
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**Address:** 619 Governors Rd  
Milton, NH 03851  
**Website:** www.shortridgeacademy.com

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 14 - 18  
**Grades:** 9 - 12  
**Enrollment:** 45  
**Duration:** 10 - 14 months  
**Founded:** 2002  
**Airport:** Manchester, NH (MHT)

Guided by a Positive Youth Development (PYD) perspective, Shortridge Academy provides a therapeutically supportive and inspiring educational community. We support the cognitive, emotional and social development of bright yet struggling adolescents by utilizing clearly defined, goal-directed plans, evidenced-based strategies and an accredited college preparatory academic curriculum. We accomplish our Mission through sustained review and application of best practices while embracing the “Six C’s” of Positive Youth Development (Competence, Confidence, Connection, Character, Caring, and Contribution) in everything we do. This distinctive approach allows us to fully engage our students and their individual strengths. Shortridge Academy utilizes well-trained and supervised staff, and positive peer influence to promote emotional healing, fulfillment of academic potential, character building, improved family relations, and the development of interpersonal and decision-making skills. Individualized Positive Development Plans systematically developed by clinicians, teachers and parents build on the strengths of each student and guide the use of programmatic, academic, and therapeutic strategies and activities from an authoritative, partnership-based perspective.

In addition to a year-round academic curriculum and schedule, programming includes weekly individual, group, and family counseling. Seasonal sports and activities include soccer, basketball, fencing, skiing, climbing, surfing, and hiking. Students also regularly go to the gym, movies, bowling, and other regional activities and events. On-campus activities include a full music studio, photography with dark room, mountain bike shop, hiking/snowshoeing, ice skating, and more. Community service programming includes volunteering opportunities in the local area.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of New Hampshire Department of Health and Human Services; New England Association of Schools and Colleges (NEAS&C); New Hampshire Department of Education  
**Professional Affiliations:** NATSAP-Full Member
Skyland Trail
(Young Adult Program)

Located in Atlanta, Skyland Trail is a nationally recognized nonprofit mental health treatment organization offering primary psychiatric residential and day treatment programs for adults ages 18 and older. We treat adults with bipolar illness, major depression, schizophrenia, anxiety disorders, and borderline personality disorder. A dual diagnosis program helps clients with a co-occurring substance use disorder.

A specialized program helps young adults navigate their first episode of psychosis, and the Rollins Campus provides a specialized residential treatment environment and college-like atmosphere for young adults ages 18 to 26.

Our specialized mental health treatment teams include young adults with first episode psychosis, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and social integration. Our holistic treatment model integrates strategies to help clients improve mental health, physical wellness, social relationships, and school or career success. We work in partnership with clients to create individualized mental health treatment plans that meet their psychiatric needs. Our evidence-based treatment model has earned The Gold Seal of Approval from The Joint Commission since 1995.

To support adults with mental illness as they make progress toward independent living, we offer a unique continuum of psychiatric care that includes deliberate step-downs to more independent facilities as well as community reintegration points. Our continuum includes residential care, day treatment (partial hospitalization), intensive outpatient psychiatric care (IOP), independence coaching, and transitional housing.

By helping clients define who they are and who they want to be-in addition to helping them develop practical skills for managing their mental illness-we give them the best chance at sustaining their recovery and stopping the cycle of repeat hospitalizations.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Joint Commission of Accredited Healthcare Organizations (JCAHO); Georgia Department of Human Resources
Professional Affiliations: NATSAP-Full Member

Gender: All Genders (non-binary)
Ages: 18+
Grades: N/A
Enrollment: 32
Duration: 2 - 6 months
Founded: 1989

CONTACT
Executive Contact: Elizabeth Finnerty
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Atlanta, GA 30329
Website: www.skylandtrail.org

PROGRAM OUTLINE
NATSAP Member
Since: 2012

Airport: Atlanta, GA (ATL)
Solstice East
(Residential Treatment Center)

**CONTACT**

Executive Contact: Rick Pollard  
Admissions Contact: Becca Jefferies  
Academic Contact: Ryn Blecke  
Email: admissions@solsticeeast.com

Phone: (828) 484-9946  
Fax: (877) 219-7006

Address: 530 Upper Flat Creek Rd.  
Weaverville, NC 28787

Website: www.solsticeeast.com

Gender: Female Only, as assigned at birth  
Ages: 14 - 18  
Grades: 8 - 12/College Prep  
Enrollment: 48  
Duration: 12 months  
Founded: 2012

Airport: Asheville Regional (AVL)  
Charlotte, NC (CLT)  
Greenville/Spartanburg (GSP)

Solstice East is a clinically sophisticated residential treatment center for female and transidentified students between the ages of 14 and 18 and utilizes a combination of cognitive behavioral, family systems, and experiential therapies. Solstice East specializes in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero’s Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences).

Solstice East is a 60-bed facility, located in Weaverville, NC. Solstice East is licensed through NC Department of Health and Human Services, as well as accredited by CARF. The school is accredited by AdvancED, allowing school credit to transfer to any school or college in the country. Academic classes (provided on campus) are taught in a conventional classroom setting by certified secondary education and special education teachers. Our school is certified by SEVIS through the US Department of Homeland Security, allowing us to accept international students.

Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master’s and Ph.D. level therapists; psychiatrists; nursing; academic, and residential staff; and the student’s parent(s). Common focuses for the students include:

- Trauma and Loss • Depression • Anxiety • Addiction and Substance Abuse • Eating Disorders • Self-Harm • Suicidal Ideation • ADD/ADHD • Adoption and Attachment Issues • Family Conflict • Academic Problems • Processing Difficulties • Social Anxieties • Emotional Distress

Solstice East also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, whitewater rafting, and more!

**PROGRAM OUTLINE**

**Individual Counseling Available:** Yes  
**Accreditation, Licensure:** State of North Carolina Department of Health and Human Services; AdvancED; Commission on Accreditation of Rehabilitation Facilities (CARF); Student and Exchange Visitor Information System (SEVIS)  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE
Solstice West
(Residential Treatment Center)

**CONTACT**

- **Executive Contact:** Keoni Anderson
- **Admissions Contact:** Jennifer McMurry
- **Academic Contact:** Jamie Murphy
- **Email:** Admissions@solsticertc.com
- **Phone:** (801) 444-0794
- **Fax:** (801) 444-0793
- **Address:** 1904 W. Gordon Ave.
  Layton, UT 84041
- **Website:** www.solsticertc.com

**PROGRAM OUTLINE**

- **Gender:** Female Only, as assigned at birth
- **Ages:** 14 - 18
- **Grades:** 9 - 12
- **Enrollment:** 44
- **Duration:** 9 - 12 months
- **Founded:** 2008

Solstice West is a clinically sophisticated residential treatment center for female and transmale students between the ages of 14 and 18 and utilizes a combination of cognitive-behavioral, family systems, and experiential therapies. Solstice West specializes in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero’s Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences).

Solstice West is a 44-bed facility, located in Layton UT. Solstice West is licensed through the State of Utah Department of Human Services. The school is accredited by AdvancED, allowing school credit to transfer to any school or college in the country. Academic classes (provided on campus) are taught in a conventional classroom setting by certified secondary education and special education teachers. Our school is certified by SEVIS through the US Department of Homeland Security, allowing us to accept international students.

Each week our students receive 3 hours of individual/family therapy and another 12+ hours or group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master’s and Ph.D. level therapists; psychiatrists; nursing; academic, and residential staff; and the student’s parent(s). Common focuses for the students include:

- Trauma and Loss
- Depression
- Anxiety
- Addiction and Substance Abuse
- Eating Disorders
- Self-Harm
- Suicidal Ideation
- ADD/ADHD
- Adoption and Attachment Issues
- Family Conflict
- Academic Problems
- Processing Difficulties
- Social Anxieties
- Emotional Distress

Solstice West also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, whitewater rafting, and more!

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED

**Professional Affiliations:** NATSAP-Full Member
Continuing nearly a century of tradition, the Orthogenic School remains committed to providing the highest quality of care and education to our students in our Residential Program. We help children feel emotionally strong, socially connected, successful in school, and optimistic about their futures. The school distinguished itself by providing individualized attention to the unique needs of each of the children who pass through its “Yellow Door,” which is symbolic of their entering a safe haven. The Orthogenic School is an intensive therapeutic milieu treatment for children and adolescents, ages 5 through 21, struggling with severe emotional challenges and/or high functioning autism disorders. Our student population is co-ed at all ages, and we work with students from diverse backgrounds, sexual orientations, and gender identities. We offer large room dormitories, double rooms, and single rooms depending on the presenting clinical needs of the child, although most students begin in a large dorm room.

The Orthogenic School provides a comfortable and nurturing family-like environment staffed by a talented, well educated, and devoted, multidisciplinary team of professionals. The culture modeled by our staff allows the children to have healthy and meaningful relationships with staff and peers, and fosters a trusting therapeutic environment. We offer a path to hope and achievement as our students move toward healthy, happy, productive and independent young adults.

For most of our students and families, the success of the Orthogenic School is found in the balance between being a supportive residential treatment intervention while also being a strong academic program. We prepare students to succeed educationally and socially such that they can return to their local school program, attend a less restrictive therapeutic boarding school, or attend post-high school education or vocational training. The Orthogenic School offers departmentalized and college preparatory classes for high school, junior high, and elementary students.

Each classroom has the benefit of licensed educators, content area expertise, and instructional technologies. Our curriculum provides strategies for diverse learners with ambitious learning standards, and our consistently low student-to-instructor ratios enable departmentalized instruction across a wide array of content areas. Founded in 1915, our time-tested and well-functioning residential milieu promotes individual autonomy while building a unique and strong sense of community. With the help of our nursing staff and our board-certified and nationally recognized experts, we provide quality psychiatric and medical services.

Individual Counseling Available: Yes
Accreditation, Licensure: Illinois, Department of Children and Family Services; Council on Accreditation; Illinois Department of Human Services; Mental Health Provider Information; Illinois State Board of Education; North Central Association; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Child Welfare League of America (CWLA); Association of Children’s Residential Centers (ACRC); National Association of Private Special Education Centers (NAPSEC)
Sorenson’s Ranch School
(Residential Treatment Center)

CONTACT

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Koosharem, UT 84744
Website: www.sorensonranch.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 60
Duration: 18 months
Founded: 1983

Sorenson’s Ranch School is a privately owned and operated therapeutic boarding school and residential treatment facility that has provided services to students 12 to 18 for over 30 years. The school is accredited through the AdvancED, The Joint Commission and the Utah DHS.

The School’s philosophy is that all children are potential successes if given the right options. Our mission is to help all students stabilize and recreate their lives while acquiring skills and tools necessary to their future. The Sorenson methodology centers around consistency and firmness delivered with love and care. The school aims to help young people function successfully both with their parents and in society. Sorenson’s find its “big wilderness” setting conducive to its goal of redirecting troubled youth. Clinical services are provided under the supervision of a licensed mental health professional. The client participates in individual, family, and group therapy according to needs as outlined in the multi-disciplinary team treatment plan.

Our contingency-based behavior modification approach provides consistent predictable consequences for behaviors. Over time, this helps the students make the connection between action and consequences. This is the foundation necessary for taking personal responsibility, not only for behaviors, but also for emotional attitudes.

Academics are a coordinated part of the treatment experience at SRS. School progress is based on mastery of the material so that no one student is pressured by arbitrary expectations nor is the student held back should he want to work faster than his peers. SRS believes that poor performance in school is a symptom of other issues such as low self-esteem, depression, Reactive Attachment Disorder, ADHD, substance abuse, and family conflicts. By utilizing a multifaceted approach of individual and group therapy, experiential learning, behavior modification, positive mentoring, and individualized learning students are able to realize their full potential.

Individual Counseling Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED; Joint Commission (JCAHO)
Professional Affiliations: NATSAP-Full Member
Spring Ridge Academy
(Therapeutic Boarding School)

CONTACT

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Spring Valley, AZ 86333
Website: www.springridgeacademy.com

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 13 - 17
Grades: 9 - 12/College Prep
Enrollment: 76
Duration: 14 - 18 months
Founded: 1998

NATSAP Member
Since: 2011

Airport: Phoenix, AZ (PHX)

Spring Ridge combines a clinically sophisticated therapeutic approach and rigorous college prep academics. Not only are students immersed in an environment dedicated to fostering maturity and confidence, the entire family is included in the process, creating an atmosphere of change, collaboration and hope. SRA students are bright, creative, unique individuals who are struggling to manage their lives. Often these young women are involved in a variety of destructive and/or avoidant behaviors, and are in danger of sabotaging their relationships and academic careers. The SRA student is capable and talented but lacks the self-esteem and self-discipline necessary to succeed. Many of the young women who come to SRA may be struggling with one or more of the following: Trauma, Anxiety, Depression, ADD/ADHD, Family Conflict, Defiance, Entitlement, Isolation, Grief and Loss, Negative Peer Group, Technology Abuse, Academic Underachievement, Substance Abuse, Attachment/Adoption Issues, and struggles in managing relationships. Families who are appropriate for Spring Ridge Academy are willing and able to see the important role family systems play in the change process and follow treatment recommendations.

Our therapeutic approach utilizes a combination of family systems and developmental models to create a comprehensive scope of treatment and preparation to return to the demands of life after of treatment. Our clinicians are all trained in Somatic forms of therapies and EMDR.

Therapeutic services include:
Weekly individual therapy
Daily group therapy
Weekly family therapy
Psychiatric services
Therapeutic intensive workshops
Aftercare planning and support
Creative and supportive interventions
Comprehensive Recovery Support

Academic Highlights:
AP Courses – Calculus, History and Literature
SAT and ACT prep course and testing site
Foreign Languages in French and Spanish
Fine Arts
Dance, Yoga and Acro Yoga

Extra Curricular Highlights:
Athletics
Self Defense
Horseback Riding
Choral and Instrumental Music
Photography
Hiking
Cooking
Skiing
Ceramics

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Arizona Department of Health Services, Behavioral Health Division; AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member
Spruce Mountain Inn  
(Young Adult Program)

**CONTACT**

**Executive Contact:** Candace Beardsley, MSSW, LICSW  
**Admissions Contact:** Candace Beardsley, MSSW, LICSW  
**Academic Contact:** Tom Novak, BBA, MBA  
**Email:** Info@SpruceMountainInn.com  
**Phone:** (802) 454-8353  
**Fax:** (802) 454-1008  
**Address:** 155 Towne Ave, PO Box 153  
Plainfield, VT 05667  
**Website:** www.SpruceMountainInn.com

**NATSAP Member**  
**Since:** 1999

**PROGRAM OUTLINE**

- **Gender:** All Genders (non-binary)  
- **Ages:** 18 - 28  
- **Grades:** N/A  
- **Enrollment:** 22  
- **Duration:** Averages 10 months  
- **Founded:** 1982

Since 1982, Spruce Mountain Inn has provided care for individuals, aged 18 - 28, who struggle with mental health issues that impact mood and daily functioning. Our program is designed to provide clients with intensive support as they gain the skills needed for successful independent living.

The clients we serve typically address issues such as:
- Anxiety  
- Depression  
- Bipolar Disorder  
- Trauma  
- Substance abuse  
- Technology abuse

Treatment occurs in a small home-like setting and includes weekly individual psychotherapy, services to assist in goal-setting, assistance with activities of daily living, psychiatric treatment, and on-site residential support. Additionally, residents enjoy a wide range of wellness activities, outdoor recreation, and expressive arts programs. The program is also designed to help residents connect with the local community through volunteerism, education, employment, and recreation.

Spruce Mountain Inn residents can progress through a specially designed step-down housing continuum that allows them gradual levels of independence while still in treatment. Such experiences can provide opportunity to practice and hone the skills needed for navigating a successful, independent life.

Our program maintains an intentionally small client census, and we typically provide a one to one resident to staff ratio, ensuring that residents are intensively supported by a team which includes:
- a Master’s-level Clinical Case Manager  
- a Psychotherapist  
- in-house Consulting Psychiatrist  
- Career & Education Development Coordinator  
- Support Worker and the Addictions Counselor, as needed

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Vermont, Agency of Human Services, Therapeutic Community Residence  
**Professional Affiliations:** NATSAP-Full Member; American Residential Treatment Association (ARTA); Young Adult Transition Association (YATA)
Star Guides
(Wilderness Therapy Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Matt Bulkley</td>
<td><strong>Gender:</strong> Coed - male and female only, as assigned at birth</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Robin Reber</td>
<td><strong>Ages:</strong> 13 - 17</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Keely Roper</td>
<td><strong>Grades:</strong> 6 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:info@therapyassociates.net">info@therapyassociates.net</a></td>
<td><strong>Enrollment:</strong> 30</td>
</tr>
<tr>
<td><strong>Phone:</strong> (800) 584-4629</td>
<td><strong>Duration:</strong> 90 - 150 days</td>
</tr>
<tr>
<td><strong>Fax:</strong> (435) 275-4256</td>
<td><strong>Founded:</strong> 2013</td>
</tr>
<tr>
<td><strong>Address:</strong> 377 E Riverside Dr</td>
<td><strong>Website:</strong> <a href="http://www.starguides.net">www.starguides.net</a></td>
</tr>
<tr>
<td>Saint George, UT 84790</td>
<td><strong>Airport:</strong> Cedar City (CDC)</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.starguides.net">www.starguides.net</a></td>
<td>Saint George (SGU)</td>
</tr>
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<td><strong>NATSAP Member Since:</strong> 2019</td>
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STAR Guides has been uniquely designed for adolescent males and females ages 13 - 17 combating compulsive sexual behaviors including pornography addiction, reckless online behaviors, inappropriate touching and other destructive behaviors. Frequently these behaviors are driven by unresolved trauma, attachment issues, social challenges and emotional dysregulation. The program is a particularly effective intervention for those who have been unsuccessful in the past in breaking free from these behaviors. Completely unplugged from technology and modern society, treatment revolves around development of coping skills for managing difficult emotions and problems through learning to live in the remote high desert of Utah. This life changing experience proves youth with the foundation to build their adult life with an improved set of coping skills and the confidence from having successfully completed a truly difficult undertaking.

Length of stay ranges between 90 and 150 days. Individual therapy occurs twice weekly with group therapy occurring daily. The treatment process includes completing a sexual history and verifying its accuracy with the use of a therapeutic polygraph. Sexual Behavior Risk Assessment (SBRA) And Psycho-Sexual Evaluations are provided in cases where these assessments are needed. Program clinicians assist families in the legal reporting process where mandated reporting is necessary. Clinicians also work with parents through a parenting component assisting parents to maximize their role in the treatment process. The program provides specific treatment tracks for addictions, trauma and offending issues.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services
**Professional Affiliations:** NATSAP-Full Member; International Institute for Trauma and Addiction Professionals; Society for the Advancement of Sexual Health
Summit Achievement  
(Wilderness Therapy Program)

**CONTACT**  
**Executive Contact:** Nichol Ernst  
**Admissions Contact:** Shannon Palentchar  
**Academic Contact:** Liam Bryer  
**Email:** admissions@summitachievement.com  
**Phone:** (207) 697-2020  
**Fax:** (207) 697-2021  
**Address:** 69 Deer Hill Rd.  
Stow, ME 04037  
**Website:** www.summitachievement.com

**PROGRAM OUTLINE**  
**Gender:** All Genders (non-binary)  
**Ages:** 13 - 20  
**Grades:** 7 - 12  
**Enrollment:** 32  
**Duration:** 6 to 10 weeks  
**Founded:** 1996  
**Airport:** Portland, ME (PWM)  
Boston, MA (BOS)

Summit Achievement is a licensed residential treatment center in the beautiful White Mountains Region of Maine. As an intentionally small, owner-operated program, we serve adolescent boys and girls, ages 13-20, experiencing difficulties with their family, school and/or personal lives. Common issues may include depression, anxiety, low self-esteem, poor impulse control, academic difficulties, family conflict, social challenges (NLD/ASD), defiance, grief/loss, adoption, identity issues, and substance abuse. Summit Achievement offers two programs: Achievement and Traverse.

Summit Achievement consists of 6 levels completed over an average of 8 weeks. This innovative, outcome-focused program combines weekly therapy, accredited classroom academics, and wilderness expeditions. Summit is unique among wilderness-based therapeutic programs in that we provide a beautiful campus where students reside 3 days a week in a supportive community, attend school, and participate in individual, group and family therapy. Expeditions are 4 days a week and may include backpacking, mountaineering, canoeing, climbing and snowshoeing. Through this structured schedule, students experience the therapeutic benefits of adventure-based wilderness expeditions while learning to manage the demands of a more traditional environment.

Guided by positive reinforcement and the power of choice, we employ effective therapeutic and educational principals. Individualized Treatment Plans are designed to meet each student and family’s unique needs and utilize a variety of treatment modalities. Families are an integral part of our therapeutic process and are encouraged to actively participate in their child’s enrollment and graduation and visit midway through their child’s stay. Family therapy is facilitated weekly via video or phone conference. Through this unique model, students become accountable for their behaviors, experience achievement in multiple avenues, and return better prepared to manage the demands of school, family and their social lives.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Maine, Department of Education; Association for Experiential Education (AEE)  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Health Industry Council (OBHIC)
Summit Preparatory School
(Therapeutic Boarding School)

**CONTACT**

- **Executive Contact:** Todd Fiske, M.Ed.
- **Admissions Contact:** Christine Hurst, LCPC
- **Academic Contact:** Shelley Eberhardy
- **Email:** admissions@summitprepschool.org
- **Phone:** (406) 758-8100
- **Fax:** (406) 758-8150
- **Address:** 1605 Danielson Rd. Kalispell, MT 59901
- **Website:** www.summitprepschool.org

**PROGRAM OUTLINE**

- **Gender:** Coed - male and female only, as assigned at birth
- **Ages:** 14 - 18
- **Grades:** 9 - 12/College Prep
- **Enrollment:** 60
- **Duration:** 12 - 15 months
- **Founded:** 2003

**NATSAP Member Since:** 2003

**Airport:** Glacier Park International Airport (FCA)

At Summit Preparatory School our desire is to encourage diversity and inclusiveness. This is because our developmental model is based on the premise that promoting healthy maturity entails helping teens adjust to life in the real world, so we seek to promote as normalized a treatment setting as possible. This extends to our choice of therapeutic activities, campus design, campus location, recreational choices, and social activities; and also extends to creating a diverse student population so students learn to interact positively with teens different from them. This helps prepare them for the diversity of the real world once they leave Summit.

What this means for your teen is that at times they may get to know others who are quite different from them related to such factors as race, color, religion (creed), gender, gender expression (transgender), age, sexual orientation, national origin (ancestry), and disability. We believe these are wonderful opportunities for personal growth for your teen as he or she is introduced to diversity within Summit’s supervised and nurturing environment. This is good practice for the real world. As parents you play a key role in this process, so if you have any concerns in regard to your teen’s experience we encourage you to contact us.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Montana, Department of Education; Private Alternative Adolescent Residential of Outdoor Programs; State of Montana, Office of Public Instruction; Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member
Sunrise RTC
(Residential Treatment Center)

Sunrise provides therapeutic healing and engaging academics to adolescent girls, ages 12 - 17, who are bright curious, and capable and have struggled with deep-rooted emotional issues that have kept them from reaching their full potential. Many have experienced trauma, chemical dependency, mental illness, depression, anxiety and, or low self-esteem. Our fully-integrated, relational DBT program creates a supportive, loving environment providing the girls opportunities to practice DBT skills throughout each day. Our evidence-based clinical model stems from a long practice of gathering and analyzing data during treatment and for years after transition, so that each girl is supported by our multi-disciplinary treatment team, in the treatment that best meets her needs in that particular moment.

We empower our girls to make Real Life Change by creating opportunities for them to participate in the community through: service-learning activities; college attendance; team sports; art and music; internships and recreational experiences. Our in-town and at-home Transition Programs provide ongoing support to Sunrise students and their families after graduation.

At Sunrise, we envision a world where girls make peace with their past, thrive in the present, and move boldly into their futures, for a life of emotional health, personal growth, and independence.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Equine Assisted Growth and Learning Association (EAGALA) Certified; Joint Commission (JCAHO); Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member

Airport: Las Vegas, NV (LAS)
Saint George, UT (SGU)
SUWS of the Carolinas and Phoenix Outdoor
(Wilderness Therapy Program)

CONTACT

Executive Contact: Daniel Fishburn
Admissions Contact: Josh Gunalda
Academic Contact: Daniel Fishburn
Email: kelly.dunbar@suwscarolinas.com
Phone: (828) 668-7590
Fax: (828) 668-3162
Address: 363 Graphite Rd.
Old Fort, NC 28762
Website: www.suwscarolinas.com

Gender: All Genders (non-binary)
Ages: 10 - 17
Grades: N/A
Enrollment: 73
Duration: 8 - 12 weeks
Founded: 2000

Located outside of Asheville in Old Fort, North Carolina, SUWS of the Carolinas is a dynamic, multi-faceted treatment program that offers therapeutic care to adolescents between the ages of 10 - 17, since our inception in 2000. Our distinct programs (Phoenix Outdoor, Seasons, and SUWS CORE) offer a wide range of treatment options for adolescents struggling with issues such as depression, anxiety, family conflict, school refusal, problematic substance use, behavioral issues, and more. Each program has master’s level, licensed therapists who are dedicated to providing the highest level of care for our students.

Each one of our comprehensive and unique programs offers the following:

- Individual treatment plans
- Flexible lengths of stay
- Rolling admissions
- Intensive individual and group therapy
- Optional psychological and educational testing
- Weekly therapist-parents sessions via phone
- Weekly treatment planning sessions with staff
- Family Programming
- Comprehensive parenting website with additional utilities
- Low student to staff ratio
- qEEG

It is our goal at SUWS of the Carolinas to not only find a good fit for the student and family within one of our programs, but to utilize the many highlights of the programs to help students prepare themselves for a bright future.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: North Carolina Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities(CARF); AdvancED
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Society of Addiction Medicine; US Forest Service; Jason Foundation; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)
# Tamarack Center
(Residential Treatment Center)

## Contact

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Tim Davis</th>
</tr>
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<tbody>
<tr>
<td>Admissions Contact:</td>
<td>Christopher Dal Pra</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Mark Wilhelms</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:tdavis@tamarack.org">tdavis@tamarack.org</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(509) 326-8100</td>
</tr>
<tr>
<td>Fax:</td>
<td>(509) 326-9358</td>
</tr>
<tr>
<td>Address:</td>
<td>2901 W. Fort George Wright Dr. Spokane, WA 99224</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.tamarack.org">www.tamarack.org</a></td>
</tr>
</tbody>
</table>

## Program Outline

- **Gender:** All genders (non-binary)
- **Ages:** 12 - 17
- **Grades:** 6 - 12
- **Enrollment:** 16
- **Duration:** Flexible 3 - 12 months
- **Founded:** 1984

Tamarack Center is a small 16-bed residential Joint Commission accredited and TRICARE approved psychiatric treatment center which provides medically supervised 24-hour residential treatment services for adolescents. Tamarack Center serves adolescents (ages 12 - 17) who are experiencing psychiatric impairment which are not amenable to outpatient treatment.

Treatment at Tamarack is provided in the context of DBT therapy. Residents learn how to live with each other on a daily basis. Problems of living are discussed, solved and new approaches to old patterns of behavior are utilized. Individualized behavior programs for each resident supplement the general milieu expectations. Each resident has an individualized treatment plan which is updated on regular basis to ensure that current specific problem areas are being addressed.

Individual, group and recreational therapies are used to address treatment issues. Family therapy is utilized weekly to focus on family issues. Family and resident participate in monthly case conferences in which the resident’s treatment plan is developed and revised. Tamarack also provides a unique group family function called “Family Matters” on a quarterly basis. This function encompasses parent support group, parent education, and family interaction activities provided to the families in a relaxed and supportive atmosphere. Each resident is assigned a masters level family specialist, a nurse and primary counselor, and a recreational staff who work under the supervision a child psychiatrist.

- **Individual Psychotherapy Available:** Yes
- **Accreditation Licensure:** Washington State Department of Health, The Joint Commission (TJC), Tri-Care Certified, Spokane District 81
- **Professional Affiliations:** NATSAP-Full Member; Association of Children’s Residential Centers (ACRC); Alliance for Strong Families and Communities
Telos Academy  
(Residential Treatment Center)

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential.

The typical student at Telos is bright but underachieving. Many of our students get lost in traditional academic settings, needing a higher level of individualized support. Telos students tend to be soft hearted, behaviorally mild and clinically complex. Typical issues preceding enrollment to Telos include:

- Information processing issues
- Anxiety and/or depression
- Low self-worth
- School avoidance
- Family conflict

Telos staff exemplify a kind and patient way of being, relational coaching and a gift for connecting with young people. Telos employees are deeply trained on “the ten pillars of Telos,” which include individualized treatment, effective parenting, healthy living, evidence-based treatment and other important principles and practices.

Telos is a principles-based program. While rules, consequences and structure are components of our program, real change occurs through relationships with staff who model the importance of principled living. Going beyond rewards and consequences, students learn the “why” behind rules, increasing the likelihood they will adopt new ways of living that long outlast their time in the program.

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**CONTACT**

**Executive Contact:** Barry Fell  
**Admissions Contact:** Kristin Williams  
**Academic Contact:** Kevin Kuykendall  
**Email:** info@telosrtc.com  
**Phone:** (801) 426-8800  
**Fax:** (801) 426-8825  
**Address:** 870 W. Center St.  
Orem, UT 84057  
**Website:** www.telosrtc.com

**NATSAP Member**  
**Since:** 2004

**PROGRAM OUTLINE**

**Gender:** Male Only, as assigned at birth  
**Ages:** 13 - 17  
**Grades:** 9 - 12  
**Enrollment:** 48  
**Duration:** 11 months  
**Founded:** 2004

**Airport:** Salt Lake City, UT (SLC)

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**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED; The Joint Commission (TJC)  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD
Telos U
(Young Adult Program)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong> Scott Downs</td>
<td><strong>Gender:</strong> All Genders (non-binary)</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong> Becca Jolley</td>
<td><strong>Ages:</strong> 18 - 30</td>
</tr>
<tr>
<td><strong>Academic Contact:</strong> Mary Colton</td>
<td><strong>Grades:</strong> 9 - 12</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:info@telosu.com">info@telosu.com</a></td>
<td><strong>Enrollment:</strong> 32</td>
</tr>
<tr>
<td><strong>Phone:</strong> (801) 877-5300</td>
<td><strong>Duration:</strong> 11 months</td>
</tr>
<tr>
<td><strong>Fax:</strong> (801) 426-8825</td>
<td><strong>Founded:</strong> 2016</td>
</tr>
<tr>
<td><strong>Address:</strong> 600 S. Geneva Road</td>
<td></td>
</tr>
<tr>
<td>Orem, UT 84058</td>
<td></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="https://telos.org/">https://telos.org/</a></td>
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**NATSAP Member Since:** 2017

Telos U is a support program for young men and women ages 18 - 30. The program aims to reach each student's ultimate potential by maximizing internal fulfillment with minimal external support. Telos U provides clarity and coaching to help each student develop meaningful contributions to their unique, supportive community.

Student services include:

1. College support track
2. Vocational training track
3. IT track
4. On and off-campus employment
5. Clinical services (individual, family and group therapy)
6. High levels of support
7. Life coaching
8. Executive function coaching
9. Fitness coaching
10. Social skills coaching
11. Executive function skill-building spaceship simulators

Telos U addresses problems resulting from:

- Technology overuse
- Trauma
- Learning differences
- Information processing challenges
- Mood and anxiety disorders

Telos U facilities include on and off campus apartments designed for maximum support, a full sports arena, a crossfit gym, game rooms, and on-site learning centers.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; The Joint Commission (TJC)
**Professional Affiliations:** NATSAP-Provisional Member
Three Points Center, LLC
(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

Executive Contact: Dr. Norman E. Thibault, LMFT
Admissions Contact: Chelsea Lofthouse
Academic Contact: Dr. LuAnne Forrest
Email: dr.thibault@threepointscenter.com
Phone: (435) 635-0636
Fax: (435) 304-0004
Address: 1500 E 2700 S
       Hurricane, UT 84737
Website: www.threepointscenter.com

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17 (11 years old upon review)
Grades: 6 - 12
Enrollment: RTC - 27 girls/27 boys;
            TBS - 10 girls/10 boys
Duration: Open
Founded: 2014

NATSAP Member Since: 2014

Airports: St. George, UT (SGU)
           Las Vegas, NV (LAS)

Three Points Center is a residential treatment center designed exclusively for adopted adolescents and their families.

We are designed to cultivate relationships, develop trust, and honor perspectives, and feelings. Like most other treatment centers, we are adept at managing the behavioral concerns that would lead a parent to place his or her child in residential treatment, but that is just the beginning of who we are. All of our activities, interventions, treatment planning, parental and family work is designed around the core needs of the adoptive family - we don’t focus on behaviors and we don’t label your child as “the problem.” We have consulted with many of the most esteemed professionals in adoption research to develop a program worthy of working with this population.

We utilize current research and a variety of modalities to work with your family to achieve treatment goals. We have a proprietary Wild-Mustang program wherein our residents work with and train these beautiful animals while they work on themselves. With an understanding of Complex Trauma and an emphasis on family unity and connection, our program is designed to bring a sense of safety and well-being to your child.

We understand the dynamic of adopted families and strive to create a treatment milieu to address core needs in a non-judgmental and compassionate treatment milieu. We believe that adoptive families are the best families in our nation, and our goal is to bring to light the significant challenges that many of our families face in order to better provide those resources and healing they richly deserve.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Department of Health and Human Services, AdvancED
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Adoption Congress (AAC); The Association for Training on Trauma and Attachment in Children (ATTACH); The Attachment Trauma Network (ATN); Southern Utah Program Alliance
Trails Carolina
(Wilderness Therapy Program)

**CONTACT**

**Executive Contact:** Graham Shannonhouse  
**Admissions Contact:** Julia Andrick  
**Academic Contact:** Liz Chancellor

**Email:** admissions@trailscarolina.com  
**Phone:** (828) 885-5920  
**Fax:** (828) 885-3010  
**Address:** 500 Winding Gap Rd.  
Lake Toxaway, NC 28747

**Website:** www.trailscarolina.com

**NATSAP Member**  
**Since:** 2009

**AIRPORTS:**  
Asheville, NC (AVL)  
Charlotte, NC (CLT)  
Greenville/Spartanburg, SC (GSP)

**PROGRAM OUTLINE**

**Gender:** All Genders (non-binary)  
**Ages:** 10 - 17  
**Grades:** 9 - 12  
**Enrollment:** 36  
**Duration:** 60 - 90 days  
**Founded:** 2008

Trails Carolina is a wilderness therapy program for pre-teens and adolescents ages 10 - 17. Our clinically sophisticated and time-tested program engages students through wilderness therapy, mindfulness and yoga, equine assisted therapy, intentional transitions, and academic engagement. Removed from the distractions of screens, peers and everyday modern life, students gain personal insight, build self-esteem, work towards improving communication and relationships within the family, and practice new skills for living a heathier and more rewarding life.

Trails Carolina is an industry leader with outcome data that demonstrates program efficacy. Trails uses the proven elements of wilderness therapy, clinical theory and evidenced-based psychotherapies with a residential and academic base camp model to create a program that is clinically driven and results focused. Students join single-gender, age-appropriate groups that meet their developmental, emotional and mental health needs. Each group is led by an experienced, licensed therapist.

Our academic program allows students to work on issues that may be getting in the way of their academic success and to rebuild their academic confidence. In the classroom, students are inspired and engaged by our dynamic educators. Our curriculum is accredited and students earn transferrable credits in English, Science, History, Health and Physical Education.

We are the first wilderness therapy program in the country to put extensive resources in place to support families. Parents are actively involved and gain powerful new parenting skills, develop a better understanding of their student and are empowered to help their child transition their Trails Carolina experience back home.

Located in just outside of Asheville, North Carolina, Trails Carolina guides students and parents on a journey of self-discovery that is profound and life-changing.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Commission on Accreditation of Rehabilitation Facilities (CARF), North Carolina Department of Health and Human Services, Division of Health Service Regulation, AdvancED  
**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association of Experiential Education (AEE), Outdoor Behavioral Healthcare (OBH)
Triumph Youth Services, LLC.
(Residential Treatment Center)

Triumph Youth Services is a first-class adolescent male residential treatment center for boys ages 12 - 17. Triumph Youth Services’ commitment and mission help empower young men and their families to make positive and lasting changes that will ensure a successful tomorrow.

Triumph Youth Services currently operates multiple Residential Treatment Centers and community-based outpatient services available to youth across the US. Triumph Youth Services is located in Brigham City, Utah, just 58 miles north of the Salt Lake City International Airport. Triumph Youth Services specializes in treating emotional disturbances, substance dependence substance abuse, depression, oppositional defiance, non-compliance and more. Our program duration is 6-12 months or can be tailored on a case-by-case basis, regarding the long-term treatment plan and/or education plan. Each Triumph Youth Services program utilizes Positive Peer Culture.

Our theoretical makeup is centered around evidence-based therapy which is founded on the cognitive behavioral treatment model. This model promotes a safe and therapeutic program at all times in the least restrictive environment. Professionally licensed mental health professionals provide individual, family and group therapy sessions to each student, while overseeing all therapeutic components of the program. All Triumph Youth Services staff are trained and certified in the Positive Control Systems nonviolent crisis intervention program. It focuses on reliable and safe measures of behavior intervention that does not include aversive, excessive force procedures.

Academics are a primary focus at Triumph Youth Services. The school, Triumph Academy, is a non-profit 501c3 organization and is fully accredited through Northwest Accreditation Commission (NWAC) and the teachers are certified through the Utah State Office of Education.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Utah Department of Licensing; Utah State Office of Education; Northwest Accreditation Commission (NWAC)
Professional Affiliations: NATSAP-Full Member
True North Wilderness Program
(Wilderness Therapy Program)

CONTACT

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Waitsfield, VT 05673
Website: www.truenorthwilderness.com

NATSAP Member
Since: 2009

Triumph Youth Services, LLC.
(Residential Treatment Center)

Triumph Youth Services, LLC.
(Residential Treatment Center)

Triumph Youth Services, LLC.
(Residential Treatment Center)

CONTACT

Executive Contact: Ty Maves
Admissions Contact: Courtney Merrill
Academic Contact: Courtney Merrill
Email: info@truenorthwilderness.com
Phone: (802) 583-1144
Fax: (802) 583-1104
Address: P.O. Box 857
Waitsfield, VT 05673
Website: www.truenorthwilderness.com

NATSAP Member
Since: 2009

Airport: Burlington International (BTV)

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with anxiety, depression, anger, avoidance, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships and experimentation with substance abuse. Our small groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North’s therapeutic process is grounded in the wilderness environment. As students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self-esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our stunning field areas offer students a beautiful setting for the various programming opportunities. During summer months, adolescents practice Leave No Trace camping and hiking in a nomadic backpacking model. Young adults participate in a variety of recreational activities such as rock climbing, canoeing, kayaking, paddle boarding, fishing, and frisbee golf. During the winter months students are located on the well-established campus of Windridge Camp in Roxbury, VT. Students sleep in heated structures at night while adolescents maintain a hiking-based, expedition model program and young adults continue with adventure programming such as cross-country and downhill skiing, snowboarding, and rock climbing.
Turn-About Ranch
(Residential Treatment Center)

**CONTACT**
- **Executive Contact:** Michelle Lindsay
- **Admissions Contact:** Shane Young
- **Academic Contact:** Amy Westhoff
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- **Phone:** (800) 842-1165
- **Fax:** (435) 826-4261
- **Address:** PO Box 345
  Escalante, UT 84726
- **Website:** www.turnaboutranch.com

**PROGRAM OUTLINE**
- **Gender:** Coed - male and female only, as assigned at birth
- **Ages:** 12 - 17
- **Grades:** 7 - 12
- **Enrollment:** 30
- **Duration:** 100 day minimum
- **Founded:** 1989

Turn-About Ranch is a Real Ranch built on Real Values that creates Real Change for troubled youth and their families. Established in 1989, Turn-About Ranch has developed an effective combination of Wilderness-based treatment and Residential care. This program offers an accredited academic program, sophisticated clinical model, and the unique experience of working on an authentic cattle ranch.

The masters level therapists, medical staff, and personal coaches dig deep and help students make connections between life on the ranch and life at home. The full-time medical team is able to help manage medications and attend to most medical needs that arise. Family, individual & group therapy, along with extensive parent training help prepare students and their parents for a successful return home after a minimum stay of 100 days. Each length of stay is flexible and determined by individual student needs. Intensive treatment practiced in a real-life setting helps establish the groundwork for long-term change. Turn-About Ranch stands behind their treatment, offering a 1-year guarantee for families willing to follow program recommendations.

Developing healthy values such as honesty, accountability, and a strong work ethic are foundation for long-term change. The working ranch provides opportunities for growth, leadership, responsibility, and a safe environment. Horsemanship, with its accompanying arena work, trail rides, and buckaroos, has proven to be an extremely effective mode of experiential therapy. Ranch work and animal care are shared by staff and students alike, creating a family atmosphere and a sense of belonging that comes from contributing to the welfare of others.

TURN-ABOUT RANCH: Real Ranch. Real Values. Real Change. Offering help for families and struggling teens for 30 years! Let our next success story be yours.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED; Commission on Accreditation of Rehabilitation Facilities (CARF)
**Professional Affiliations:** NATSAP-Full Member; Society for Human Rights Management (SHRM)
Our Treatment Difference

With so many options and program variances, Turning Winds seeks to offer a blended approach to treatment that supports our clients holistically and makes treatment more diversely accessible to families. By offering a dynamic model, we’re able to offer families all the benefits that matter most to them. We use a strength-based and solution-oriented program that empowers our clients to become the engine behind their recovery. We recognize that there isn’t commonly a single issue that our clients are struggling with. Instead, our clients come to us with a variety of mental health, addictive, behavioral, and educational problems that are coupled together. With this in mind, Turning Winds has created a one of a kind therapeutic environment that takes the most successful therapeutic elements - residential treatment, outdoor recreation, service opportunities, and academic credit recovery - and combines them into one, life changing experience.

Residential Treatment Services: Turning Winds residential programming is designed to create a sustainable change through intensive therapeutic and educational support that is provided twenty-four hours per day, seven days a week. We work with most insurance companies.

Outdoor Recreation: Turning Winds believes in the transformational power of the outdoors and nature. This experience allows adolescents to learn how to become more self-sufficient, develop problem solving skills, and improve interpersonal communication and teamwork in a group setting.

International Service Projects: Turning Winds provides its clients with the opportunity to travel across borders and cultures to serve in international communities in the Spring and the Fall.

Academic Recovery: Turning Winds seeks to turn hearts and minds towards a brighter future as we challenge each teen to achieve personal excellence in their academics. For every six months that a teen is enrolled at Turn Winds they can recover up to a year, or more, of academic credits.
Uinta Academy RTC, LLC
(Residential Treatment Center)

**CONTACT**

<table>
<thead>
<tr>
<th>Executive Contact:</th>
<th>Russ Pryor</th>
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<tr>
<td>Admissions Contact:</td>
<td>Russ Pryor</td>
</tr>
<tr>
<td>Academic Contact:</td>
<td>Dr. Valarie Giacalone</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:rpryor@uintaacademy.com">rpryor@uintaacademy.com</a></td>
</tr>
<tr>
<td>Phone:</td>
<td>(435) 245-2600</td>
</tr>
<tr>
<td>Fax:</td>
<td>(435) 245-2605</td>
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<tr>
<td>Address:</td>
<td>PO Box 387, Wellsville, UT 84339</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.uintaacademy.com">www.uintaacademy.com</a></td>
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**PROGRAM OUTLINE**

| Gender: | Female Only, as assigned at birth |
| Ages: | 12 - 17 and 18 - 21 |
| Grades: | 7 - 12/Post Grad |
| Enrollment: | 60 |
| Duration: | 11 - 18 months |
| Founded: | 2003 |

Uinta Academy is a safe retreat where girls can experience positive change and take responsibility and control over their lives. Uinta expertly blends gender-specific therapies to foster girls’ healthy identity development, teach social and executive functioning skills, and increase mindfulness and problem solving. Hallmarks of Uinta’s program include:

- The only evidence-based therapeutic milieu that is recognized by the American Psychological Association provided in a nurturing, family-style setting.
- Robust clinical services including individual and family therapy, psychiatry and medication management, monthly parenting seminars, semiannual family weekends, and group therapy topics specific to females.
- A comprehensive equine program that focuses on relationship insight and transferable relationship skills. Includes horse ownership, equine assisted psychotherapy, riding, and Parelli Natural Horsemanship.
- An integrated transition program preparing adolescent girls to go directly home after treatment and preparing young adults for independent living.
- Experiential learning that includes clubs and service activities, team sports, and monthly educational trips and Explorations activities.
- A Cultural Arts Program enhancing the girls’ lives through art education and community activities and providing a medium for self-awareness and artistic creativity.
- A Healthy lifestyle emphasis through daily exercise, trauma-informed yoga, menu planning and cooking education, and stress management training.

Uinta’s innovative academic program is an accredited, year-round educational program with a college preparatory curriculum. Each student has a customized educational experience tailored to meet her needs and goals. Vocational training and university level study can be provided.

Uinta services females experiencing emotional and behavioral problems, including depression, anxiety, attachment, self-harm, trauma, substance abuse, attention deficits, academic issues.

Exclusion criteria: Violence, adjudication, below average IQ

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Utah Department of Human Services Licensing Office; Student and Exchange Visitor Information System (SEVIS); AdvancED

**Professional Affiliations:** NATSAP-Full Member; Association for the Treatment and Training in the Attachment of Children (ATTACH)
University Neuropsychiatric Institute
(Specialty Psychiatric & Behavioral Hospital)

The Comprehensive Assessment and Treatment (CAT) Program at the University Neuropsychiatric Institute offers a 4 - 6 week, comprehensive clinical evaluation for ages 4 - 18 in a safe and secure environment. Our multi-disciplinary treatment team will assess psychiatric and medical conditions, provide behavioral and educational assessments, psychological testing, therapy and when necessary, address chemical dependency issues. The program consists of inpatient care in our beautiful, state-of-the-art facility, which includes secure outdoor play area, ROPES challenge course, psychological and neuropsychological testing, therapy provided by our psychologists, medical evaluation provided by our board-certified pediatricians, active family involvement throughout the assessment period and appropriate evidence based treatments throughout the program with daily contact with the psychiatrist.

Too often children and adolescents enter treatment programs without an accurate diagnosis or a clear understanding of what is to be gained by the treatment. The CAT program will help provide an understanding of the child/adolescent and create a dynamic, individual treatment plan that will facilitate the most appropriate match of community resources with the patient’s specific needs.

Beginning in January 2020, the CAT program will also provide comprehensive assessment and treatment for young adults (ages 18 - 30) in a residential environment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Det Norske Veritas Healthcare, Inc., Department of Health and Human Services, Centers for Medicare and Medicaid Services
Professional Affiliations: NATSAP-Full Member
Urban Edge Denver  
(Transitional Independent Living Program & Young Adult Program)

**CONTACT**
- **Executive Contact:** Andrew Moskovitz  
- **Admissions Contact:** Andrew Moskovitz  
- **Academic Contact:** Andrew Moskovitz  
- **Email:** andrew@urbanedge-denver.com  
- **Phone:** (800) 781-1493  
- **Address:** PO Box 2862  
  Denver, CO 80211  
- **Website:** www.urbanedge-denver.com

**PROGRAM OUTLINE**
- **Gender:** All Genders (non-binary)  
- **Ages:** 18 - 28  
- **Grades:** N/A  
- **Enrollment:** 8  
- **Duration:** 6 - 12 months  
- **Founded:** 2015

Urban Edge is a residential and community-based mentorship immersion for young adults who are looking for a strategic way to push their lives forward. We help clients become intrinsically successful, professionally inspired, and self-sufficient all at the same time.

Urban Edge was founded with the intention of creating a lasting community of motivated young adults in one of our greatest cities. The Urban Edge concept was born out of the growing awareness that young adults need to transition somewhere they’re passionate about. Urban Edge provides the opportunity for clients to learn and live a productive lifestyle in a dynamic city where they may want to establish roots.

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP- Associate Member; Young Adult Transition Association (YATA)
Valley View School
(Therapeutic Boarding School)

CONTACT

Executive Contact: Thomas Nowak, PhD
Admissions Contact: Thomas Nowak, PhD
Academic Contact: Rick May
Email: t.nowak@valleyviewschool.org
Phone: (508) 867-6505
Fax: (508) 867-3300
Address: 91 Oakham Road
PO Box 338
North Brookfield, MA 01535
Website: www.valleyviewschool.org

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 10 - 15 on admission
Grades: 6 - 12
Enrollment: 40
Duration: 18 months - 2 years avg
Founded: 1970

Airport: Boston, MA (BOS)

Valley View School is built upon a model of a distinctly structured yet highly nurturing therapeutic milieu. The entire program is designed to meet the developmental and emotional needs of younger (middle school) adolescent boys.

Valley View is a private, not for profit, residential preparatory school providing a supportive therapeutic educational environment for 40 boys between the ages of 11 and 18. These are youngsters who have often experienced difficulties getting along with their families, the world around them and themselves. Typical Valley View students may present attentional problems (ADD and ADHD), mood difficulties and oppositional behavior. Valley View students may be boys who are not functioning up to capacity in school, are psychologically intimidating their parents, have difficulty channeling their physical energy in meaningful ways or may appear overly lethargic. The majority have had difficulty in traditional schools and although bright are sources of frustration to their families. With a maximum of 40 students in the school and an average of six students in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history and art. An extensive computer facility and Smart Boards in the classrooms integrate current technology into the entire academic curriculum.

Valley View offers a twelve-month program, and boys are accepted only on that basis. There are 11 full-time academic teachers, all with appropriate degrees in their subject matter, offering a college preparatory curriculum. Seventeen residential staff supervise the program on evenings and weekends. Students participate in a wide range of physical and recreational activities, including competitive athletics. Clinical advisors counsel students and parents. Therapy groups and specialty groups are ongoing. Clinical psychologists spend a number of days at the school to see boys in individual and family therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psycho-pharmacological issues where appropriate. The typical period of enrollment at the school is 18 months to two years. A student can earn a recognized high school diploma from Valley View School however diplomas are infrequently conferred since most students continue their education in a traditional public or private secondary school.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Commonwealth of Massachusetts, Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP - Full Member; Small Boarding School Association (SBSA)
The ViewPoint Center is a comprehensive therapeutic assessment facility licensed as a specialty psychiatric hospital. ViewPoint employs three tracks, to be used independently or in succession, to accommodate the individualized needs of each patient.

The assessment track provides a comprehensive multidisciplinary evaluation involving psychiatry, clinical, medical, academic, neuropsychological and social milieu functioning. The 8-week clinical assessment process provides answers to the most complex diagnostic questions as well as recommendations for longer term treatment. Our programming includes individual, group and family therapy, motivational interviewing, DBT skills and psycho-educational groups. Throughout the assessment process, the therapist has frequent contact with the family and, if desired, with their treatment providers. At the end of the therapeutic assessment, each family receives a multidisciplinary report which summarizes treatment while also providing a comprehensive diagnostic picture of the child along with clearly defined recommendations for subsequent treatment. As treatment progresses we reassess, re-diagnose and refine the treatment plan for our clients. This length of stay is intentionally longer than other assessment centers in order to provide greater clarity and accuracy before the next steps are taken.

A short-term stabilization track provides a safe and nurturing environment that helps to psychiatrically and clinically stabilize a patient so that they can return to a program or boarding school in a matter of 1-3 weeks. ViewPoint Center also offers medical detox services for teens struggling with substance abuse.

**Individual Psychotherapy Available:** Yes
**Accreditation, Licensure:** Joint Commission of Accredited Healthcare Organizations (JCAHO); Utah Department of Health; Student and Exchange Visitor Information System (SEVIS)
**Professional Affiliations:** NATSAP-Full Member
Vista Adolescent Treatment  
(Residential Treatment Center)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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<tbody>
<tr>
<td>Executive Contact: Matthew Checketts, PhD, LCSW</td>
<td>Gender: Male Only, as assigned at birth</td>
</tr>
<tr>
<td>Admissions Contact: Raymond Archuleta Jr., MSW, CSW</td>
<td>Ages: 13 - 18</td>
</tr>
<tr>
<td>Academic Contact: Mike Larson, M.Ed., C.T.R.S.</td>
<td>Grades: 8 - 12</td>
</tr>
<tr>
<td>Email: <a href="mailto:raymond@vistatc.com">raymond@vistatc.com</a></td>
<td>Enrollment: 32</td>
</tr>
<tr>
<td>Phone: (801) 558-3335</td>
<td>Duration: 7 - 10 months</td>
</tr>
<tr>
<td>Fax: (801) 446-7746</td>
<td>Founded: 1991</td>
</tr>
<tr>
<td>Address: 8265 West 2700 South</td>
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<tr>
<td>PO Box 69</td>
<td>Vista Magna is a residential treatment program for adolescent boys and is focused on building relationships that make a significant impact on a teen’s ability to work through behavioral and emotional difficulties. Our clinicians work with reduced caseloads of only 8 - 10 students each to allow for increased one-on-one interaction throughout the week. Due to this strong relational approach to therapy and school, progress is more steady and our students’ average length of stay is generally shorter than industry standards - between 7 and 10 months.</td>
</tr>
<tr>
<td>Magna, UT 84044</td>
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<tr>
<td>Website: <a href="http://www.vistatc.com">www.vistatc.com</a></td>
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</table>

**Gender:** Male Only, as assigned at birth  
**Ages:** 13 - 18  
**Grades:** 8 - 12  
**Enrollment:** 32  
**Duration:** 7 - 10 months  
**Founded:** 1991

**Website:** www.vistatc.com

**NATSAP Member**  
**Since:** 2003  
**Airport:** Salt Lake City, UT (SLC)

Vista Magna is a residential treatment program for adolescent boys and is focused on building relationships that make a significant impact on a teen’s ability to work through behavioral and emotional difficulties. Our clinicians work with reduced caseloads of only 8 - 10 students each to allow for increased one-on-one interaction throughout the week. Due to this strong relational approach to therapy and school, progress is more steady and our students’ average length of stay is generally shorter than industry standards - between 7 and 10 months.

Our typical student may be working on some of the following in his therapy:

- Depression
- Anxiety
- Substance Abuse
- Attachment Difficulties
- Executive Functioning
- ADHD
- Trauma
- Oppositional Defiant Disorder

Vista is a Cognitive Behavioral program that also utilizes Dialectical Behavior Therapy (DBT) to help students to identify patterns in their lives that are destructive. An individualized approach to the 12 Steps in addition to other recovery models are available to those who are struggling with substance abuse, and this allows each student to confront the topic openly and confidently with our substance use therapists.

Weekly recreational outings off-campus include a wide variety of activities that allows each student to develop new skill sets and to nurture a higher degree of self-confidence in trying new things. Some of these are:

- Hiking
- Fly-fishing
- Golf
- Indoor rock-climbing
- Snowboarding and skiing
- Mountain biking

Vista’s full-service private school is called Stansbury Academy. With a full time teaching staff and well-established curriculum, Vista’s students receive their high school educations while participating in therapeutic services. Stansbury Academy is fully accredited by the Northwest Accreditation Commission and boasts a reputation of premium academic services to its students, almost all of whom move on to successful college experiences.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; AdvancED; Northwest Association of Accredited Schools (NAAS)  
**Professional Affiliations:** NATSAP-Full Member
Waterfall Canyon Academy
(Residential Treatment Center)

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<th>CONTACT</th>
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<tr>
<td><strong>Executive Contact:</strong></td>
<td><strong>Gender:</strong> Coed - male and female</td>
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<tr>
<td>Richard Dimick</td>
<td>only, as assigned at birth</td>
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<tr>
<td><strong>Admissions Contact:</strong></td>
<td><strong>Ages:</strong> 13 - 20</td>
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<tr>
<td>Bree Green</td>
<td><strong>Grades:</strong> 7 - 12</td>
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<tr>
<td><strong>Academic Contact:</strong></td>
<td><strong>Enrollment:</strong> 26</td>
</tr>
<tr>
<td>Heidi Perry</td>
<td><strong>Duration:</strong> 18 months</td>
</tr>
<tr>
<td><strong>Email:</strong></td>
<td><strong>Founded:</strong> 2005</td>
</tr>
<tr>
<td><a href="mailto:Bree@waterfallcanyon.com">Bree@waterfallcanyon.com</a></td>
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<tr>
<td><strong>Phone:</strong></td>
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<tr>
<td>(801) 621-3901</td>
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<tr>
<td><strong>Fax:</strong></td>
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<tr>
<td>(801) 621-3991</td>
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<tr>
<td><strong>Address:</strong></td>
<td></td>
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<tr>
<td>3375 Harrison Blvd</td>
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<tr>
<td>Ogden, UT 84403</td>
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<tr>
<td><strong>Website:</strong></td>
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<tr>
<td><a href="http://www.waterfallcanyon.com">www.waterfallcanyon.com</a></td>
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NATSAP Member
Since: 2016

Waterfall Canyon Academy is a community based therapeutic program that offers a continuum of care and services. Our continuum starts with a highly structured residential placement and progress toward transitional living, Advanced transitional living and support services. This allows students at Waterfall Canyon Academy to benefit from services for an extended period of time before “aging out”, if they choose.

Waterfall Canyon Academy provides each student an individualized treatment plan along with weekly individual therapy, family therapy, and multiple options for group therapy. Our therapists have their offices located onsite and inside the program homes, where they can interact with all of the students both casually and formally. In addition, our trained staff are facilitating skills development classes daily and providing “in the moment” modeling, feedback and assistance.

Waterfall Canyon Academy has access to a variety of academic settings. Our own OakGrove School offers academic services to our middle and high school students. The school is accredited through AdvancEd and prides itself on providing a positive and memorable educational experience. Our students have access to the Ogden Weber Applied Technology College and Weber State University, both within close proximity of our programs.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Office of Licensing - Department of Human Services; AdvancED
Professional Affiliations: NATSAP-Full Member
Waterford Country School, Inc.
(Therapeutic Boarding School)

Waterford Country School’s Residential Treatment Program provides a spectrum of therapeutic services to children and youth throughout the State of Connecticut who cannot remain in their communities because of family issues, trauma, abuse, or serious behavioral problems.

Set in a peaceful country environment on the Waterford Country School campus, the Residential Treatment Program consists of two comfortable cottages with a total of 12 beds in both private and semi-private rooms. The children are supervised around the clock by compassionate childcare workers specially trained to address the unique needs of at-risk children and adolescents. In September of 2017, we added a new program – a Therapeutic Boarding Program for adolescent aged boys.

The Residential Treatment Program provides services to boys and girls aged 12 to 19. The length of a young person’s stay depends on the individual but is typically six to nine months.

Adolescents are generally referred to Waterford Country School’s residential treatment program through private health insurance, therapeutic education consultants or community referral sources. In either case, case managers would interact with our Residential Program director or Admissions director to determine if WCS and the child are compatible. We will research and bill any family insurance policy.

The goal of Waterford Country School’s Residential Treatment Program is to focus on developing the social, emotional, and behavioral skills of the residents to enable them to successfully return to their homes, schools, and/or communities.

Services include individual, group and family therapy that is strength-based and trauma informed, numerous recreational activities, participation in league sports, and specialized education in a structured classroom setting. There are many experiential opportunities, both in the classroom and on the farm. Residents are also participants in the Challenge Ropes Course, where teamwork, trust, and personal challenges abound. There are also many opportunities for community integration through local events, employment and volunteer services.

Individual Counseling Available: Yes
Accreditation, Licensure: State of Connecticut Department of Education; State of Connecticut Department of Children and Families; Council on Accreditation (COA)
Professional Affiliations: NATSAP-Full Member; Connecticut Community Non-profit Alliance; The Children’s League of Connecticut; Association of Children’s Residential Centers; Connecticut Council on Administrators of Special Education; Connecticut Association of Private Education Facilities
WayPoint Academy
(Residential Treatment Center)

CONTACT
Executive Contact: Jared Balmer, PhD
Admissions Contact: Emily Deeter
Academic Contact: Jessica Hartman
Email: bwilde@waypointacademy.com
Phone: (801) 690-7000
Fax: (801) 396-7036
Address: 9091 E 100 S, PO Box 488
       Huntsville, UT 84317
(Please contact school for physical address.)
Website: www.waypointacademy.com

WAYPOINT ACADEMY
Residential Treatment Center

CONTACT
Executive Contact: Jared Balmer, PhD
Admissions Contact: Emily Deeter
Academic Contact: Jessica Hartman
Email: bwilde@waypointacademy.com
Phone: (801) 690-7000
Fax: (801) 396-7036
Address: 9091 E 100 S, PO Box 488
       Huntsville, UT 84317
(Please contact school for physical address.)
Website: www.waypointacademy.com

NATSAP Member
Since: 2013

WayPoint Academy, a residential treatment program, utilizes a highly specialized, therapeutic approach in treating young men (14 - 18) whose lives have been overtaken by anxiety. We provide individualized care that transcends the generalist approach, for we recognize the devastating impact anxiety causes teens and their families.

Our Mindful Completion Model is a unique and innovative approach designed to address anxiety, mood, executive functioning, learning, and healthy identity development. WayPoint’s holistic model increases students’ distress tolerance and resiliency by identifying and addressing factors that fuel anxiety. We provide the necessary skills, tools, and practice for lifestyles no longer driven by fear and avoidance.

Some of the 8 elements of the Mindful Completion Model are based on years of replicated studies, while others make use of new scientific findings.

Psychotherapy increases distress tolerance through specific therapeutic approaches and techniques, family involvement, and education. Nutrition plays a key role in health and well-being. Cardiovascular Fitness decreases anxiety and depression and improves academic performance. Education improves confidence and increases optimism through achieving academic needs and goals, thereby contributing to present and future successes. Education is designed to meet the learning profile of males. Life Skills furthers competence and independence through the development of practical skills. Executive Function enhances one’s ability to navigate life’s obstacles and complete promotes interpersonal relationships, negotiation, and community involvement. Recreation/Service/Adventure provides opportunities for developing life passions, acquiring new skills and providing service to others.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Utah Department of Human Services, Office of Licensing; Joint Commission on Accreditation of Health Care Organizations (JCAHO); AdvancED
Professional Affiliations: NATSAP-Full Member
**Wediko Children’s Services**  
(Residential Treatment Center)

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<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
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| **Executive Contact:** Greg Stoddard  
**Admissions Contact:** Katie Walsh; M.Div., LICSW  
**Email:** kwalsh@wediko.org  
**Phone:** (603) 478-5236  
**Fax:** (603) 478-2049  
**Address:** 11 Bobcat Blvd.  
Windsor, NH 03244  
**Website:** www.wediko.org | **Gender:** Male, including transgender  
**Ages:** 11 - 19  
**Grades:** 6 - 12  
**Enrollment:** 44  
**Duration:** 12 month average  
**Founded:** 1989  
**NATSAP Member Since:** 2005  
**Airport:** Manchester, NH (MHT) |

Located on a 450-acre lake-front campus, the Wediko School offers therapeutic and educational services for boys in middle and high school (grades 6 - 12) in a safe, therapeutic and educational environment. Wediko clinicians work closely with the student’s family and referring professional with the goal of returning the child to his home and community, or a less restrictive school, as soon as possible.

Wediko works with students who are struggling with complex psychiatric profiles and disruptive behaviors. Often, students do not fit neatly under the criteria of a specific diagnosis or they have been diagnosed with multiple disorders, but not limited to:

- Bipolar Disorders  
- Depression & Depressive Disorders  
- Anxiety Disorders  
- Attention Deficit Hyperactive Disorder (ADHD or ADD)  
- Reactive Attachment Disorder  
- Post-Traumatic Stress Disorder  
- Asperger’s Disorder  
- Non-Verbal Learning Disorder (NVLD)

Wediko’s therapeutic and educational milieu is the primary intervention. The core of the milieu is the Wediko staff, clinicians and teachers who develop strong relationships with each student, focus on the student’s strengths, and use positive behavioral interventions to teach and reinforce pro-social coping strategies.

Individualized treatment plans for each student include: school, daily group therapy, family therapy, psychopharmacological evaluations and visits home to practice skills learned at Wediko. Additional options may include individual therapy, psychological and educational testing and issue specific group therapy.

Collaboration between all the important adults in the child’s life (family, school, and referring professional, therapist, mentor, etc.) ensures everyone understands and is in agreement on how to best help the child and what he and the family needs for a successful transition home. Families are essential partners in the therapeutic process. Family therapy is family centered and individualized to meet the needs of each family.

**Individual Counseling Available:** Yes  
**Accreditation, Licensure:** State of New Hampshire, Department of Health and Human Services; New Hampshire Department of Education  
**Professional Affiliations:** NATSAP-Full Member; Association of Children’s Residential Centers (ACRC); Massachusetts Association of Approved Private Schools (MAAPS)
West Ridge Academy
(Residential Treatment Center)

CONTACT

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Academic Contact: Paul Keene
Email: jfarnsworth@westridgeacademy.org
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Address: 5500 West Bagley Park Drive
         West Jordan, UT 84081
Website: www.westridgeacademy.org

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 9 - 18
Grades: 8 - 12
Enrollment: 50
Duration: 8 months
Founded: 1964

NATSAP Member
Since: 2016

Airport: Salt Lake City, UT (SLC)

West Ridge Academy is a licensed residential treatment center; we serve pre-teens and adolescents, ages 9 through 18. Our beautiful campus is located in West Jordan, Utah -- about 30 minutes south & west of Salt Lake City -- in a lovely residential community with lots of amenities and opportunities for outdoor, athletic, service and other types of activities on our campus and right nearby. Our 50-acre campus is surrounded by neighborhoods and businesses that have grown up around us; we have been part of this local Utah community for over 50 years.

We offer a continuum of services including residential treatment, with intention to support the needs of our kids and families in the communities where they live. We offer services such as outpatient therapy, in home support, and aftercare services, as well as emergency stabilization for those in need of short-term placements. Music and the arts, a high-school sanctioned sports program and varied recreational therapy offerings are some of the highlights of our program.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Utah Office of Licensing; Commission on Accreditation of Rehabilitation Facilities (CARF); AdvancED
Professional Affiliations: NATSAP-Full Member
## WestBridge, Inc.
(Outpatient/Non-Residential (Therapeutic Only) & Residential Treatment Center - Substance Abuse)

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>PROGRAM OUTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Executive Contact:</strong></td>
<td><strong>Gender:</strong> Male Only, as assigned at birth</td>
</tr>
<tr>
<td>Steven Berry</td>
<td><strong>Ages:</strong> 18+</td>
</tr>
<tr>
<td><strong>Admissions Contact:</strong></td>
<td><strong>Grades:</strong> N/A</td>
</tr>
<tr>
<td>Corinne Glejzer</td>
<td><strong>Enrollment:</strong> 12 residential and 38 in ACT (OP)</td>
</tr>
<tr>
<td><strong>Email:</strong></td>
<td><strong>Duration:</strong> 88 days</td>
</tr>
<tr>
<td><a href="mailto:info@westbridge.org">info@westbridge.org</a></td>
<td></td>
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<tr>
<td><strong>Phone:</strong></td>
<td></td>
</tr>
<tr>
<td>(603) 634-4446</td>
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<td><strong>Fax:</strong></td>
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<tr>
<td>(603) 606-7826</td>
<td></td>
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<tr>
<td><strong>Address:</strong></td>
<td></td>
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<tr>
<td>660 Chestnut Street</td>
<td></td>
</tr>
<tr>
<td>Manchester, NH 03104</td>
<td></td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><strong>Founded:</strong> 2001</td>
</tr>
<tr>
<td><a href="http://www.westbridge.org">www.westbridge.org</a></td>
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</tr>
</tbody>
</table>

**NATSAP Member**
Since: 2018

**Airport:** Manchester, NH (MHT)

WestBridge excels at treating men ages 18 and above, who experience symptoms of the following psychiatric disorders (may include active symptoms, a formal diagnosis is not required):
- Thought disorders (including Schizophrenia, Schizoaffective Disorder)
- Mood disorders (including Bipolar Disorder, Major Depressive Disorder)
- Anxiety disorders
- Post-Traumatic Stress Disorder
and past or present substance use. Incorporating an integrated, multidisciplinary, team approach, we utilize evidence-based practices to support the long-term recovery of our participants. Family Education and Support is a core component of our program, along with psychiatric, cognitive behavioral, physical health, vocational and educational interventions. Individualized lengths of stay provide optimal structure and support to help ensure that our participants have a high degree of success. WestBridge offers Residential and Assertive Community Treatment levels of care.

Assertive Community Treatment (ACT) is community–based care with a focus on skill-building and community integration. ACT includes assistance with:
- Holistic Psychiatric Care
- Symptom Management
- Substance Use & Mental Health Counseling
- Wellness & Healthy Living Activities
- Medical Support & Medication Outreach
- Independent Living Skills – Laundry, Cooking, Home Cleaning, etc.
- Vocational Counseling & Career Development
- Housing Maintenance & Stability
- Financial Management
- Mutual Support (Self-Help) Group Identification & Accompaniment
- Family Education & Support
- Smoking Cessation & Sleep Hygiene
- Coordination of Services with Other Providers (PCP, Dentists, Specialists, etc.)
- Relationship Building Skills
- Supported Employment, Education and Volunteering
- Relationship Building Skills
- Supported Employment, Education and Volunteering

WestBridge’s mission is to promote the recovery of adult men and their families living with co-occurring substance use disorders and psychotic and/or affective illness over the course of a lifetime.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of New Hampshire, Dept of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF) International

**Professional Affiliations:** NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP); American Residential Treatment Association (ARTA); The Association for Addiction Professionals (NAADAC); Association for Community Integration Programs; Legit Script Certified
Whetstone Academy
(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Male, including transgender
Ages: 10 - 15
Grades: 5 - 9
Enrollment: 24
Duration: 12 months
Founded: 2011

NATSAP Member
Since: 2018

Airport: Spartanburg/Greenville, SC (GSP)

Founded in 2011, Whetstone Academy is a CARF and AdvancED accredited therapeutic boarding school for young men. Tucked away in the foothills of the Blue Ridge Mountains near the Chattooga River in South Carolina, our 57-acre campus boasts a lake for recreation and an active farm with many animals and birds. We proudly serve boys in grades five through nine at time of admission. As a therapeutic boarding school, our vision is to provide a safe and dynamic setting where young men can develop the needed tools to have effective skills and strategies for life; a “launching pad” where, through four areas: Behavioral, Academic, Social, and Emotional where our young men gain the skills to be successful in life.

At Whetstone Academy, students experience change and growth through an integrative program of individualized and group therapy as well as academics that recognizes the needs of the whole child. Utilizing adult-guided peer interactions, students are encouraged to re-examine and rethink their perceptions of the world and to recognize and appreciate the opportunities that life holds for them.

Our program focuses on development of personal responsibility and commitment to family, school, and community through a relationship-based model. Our expressive arts therapy program offers extensive opportunities for healthy self-expression and creativity. Our progressive, accredited, college preparatory academic curriculum is designed to assess age, interests, and learning styles, while developing individual schedules that stimulate each child to rediscover the excitement of learning.

Whetstone’s mission as a therapeutic boarding school is to guide students in establishing a secure BASE (behavioral, academic, social and emotional skills) with an emphasis on relationships through a farm-based model.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Commission on Accreditation of Rehabilitation Facilities (CARF); AdvancED
Professional Affiliations: NATSAP-Full Member
White River Academy
(Residential Treatment Center - Substance Abuse & Therapeutic Boarding School)

White River Academy is a private residential treatment center and school for boys 12 to 17 years old. We adhere to all the Utah State Board of Education Standards and are accredited under AdvancED. Upon admission students with behavioral, emotional, and learning disabilities are provided with a Private School Plan. Along with behavioral support system we create a structured environment that students may concentrate on their academic program while also working on their therapeutic issues. We use a cognitive-behavioral approach combined with aspects of both the Positive Peer Culture Model and the Developmental Vacation strategies created by our own Doctor Danial Sanderson, PHD.

The Cognitive Behavioral Therapy focuses on the relationships between distorted thoughts and how they affect their daily behaviors. This therapy involves working collaboratively with the adolescents to help them gain control over their counter-productive thoughts and actions. Our licensed therapy clinicians create, develop, review, and implement the student’s treatment plan.

Part of the requirements to graduate from the program is for the student to work on 16 achievements and complete two service-learning projects. Areas of achievement development include career, citizenship, educational, physical social, and spiritual categories.

Our staff is trained in therapeutic approaches, policies and procedures, and Positive Control Systems. The boys have 24/7 supervision by our staff as well as security cameras that are in our common areas with exception to our bathrooms.

The boys participate in recreational activities within the community and the families come for parent weekends that are help on a quarterly basis. We encourage the boys to live a healthy lifestyle.

The boys are not allowed to engage in behavior that would be harmful to themselves or others. Students have the responsibility to treat others respectfully, fairly, and impartially. They are to follow the rules, procedures, schedules, and staff directions.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Licensing: AdvancED
Professional Affiliations: NATSAP-Full Member
Wilderness Treatment Center believes that chemical dependency among adolescents and young adults can effectively be treated by providing a specialized program designed to treat both personal and social problem areas. Our program provides specific activities and a unique setting to allow for personal growth, self-confidence, better decision-making skills and leadership growth. We combine group work and extensive therapy with personal inventory assessments to help residents develop the self-esteem, physical fitness, responsibility and trust necessary to gain freedom from chemical dependency.

Wilderness Treatment Center is a 60-day, in-patient program for males, 14 - 24 years of age that have been diagnosed “chemically dependent” by a licensed counselor and subsequently referred to an in-patient treatment center.

We provide a comprehensive treatment experience designed to deliver the essentials of traditional chemical dependency treatment and the opportunity for patients to develop new personal standards and ethics. The structured residential daily schedule involves individual and group counseling and therapy, thought-provoking lectures and discussions, AA and NA meetings, and individual work and living responsibilities. The 16-21 day “true” wilderness experience utilizes the Outward Bound philosophy to build trust, accountability, self-respect, and the hard-earned self-confidence and humility that come from accomplishing challenging goals in the wilderness. A licensed Chemical Dependency Counselor is present for the duration of every expedition, maximizing the therapeutic value.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Montana Department of Labor and Industry - Business Standard Division; Montana Department of Health and Human Services
Professional Affiliations: NATSAP-Full Member; The Association for Addiction Professionals (NAADAC)
WinGate Wilderness Therapy
(Wilderness Therapy Program)

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PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 17; 18 - 26
Grades: 9 - 12
Enrollment: 80
Duration: 8 - 10 weeks
Founded: 2008

WinGate utilizes a strength’s-based approach to recognize potential in even the most challenging of students. Proper, thorough assessment coupled with proven treatment strategies implemented in a supportive environment, create the WinGate difference. It begins with our deep-seated belief that every student is unique, gifted, and capable of dramatic emotional and behavioral transformation. As a result, we seek to provide a nurturing yet challenging environment where students can grow, gain perspective, and attain a new level of maturity, while addressing their specific behavioral issues and problems. We combine the best of what a true wilderness experience has to offer, with the best clinical sophistication, in order to take wilderness therapy to a dramatically higher level of integration and results.

WinGate Wilderness Therapy program provides a powerful and proven intervention for students struggling with a variety of emotional and behavioral problems including but not limited to: academic under achievement, family conflict, oppositionality, substance abuse, depression, personality disorders traits, trauma, poor self-image, learning differences, mood instability, negative peer association and groups, ADD and ADHD, anger management, grief and loss, body image issues, lack of motivation and direction, adoption and others. An average length of stay is eight weeks.

What you can expect from WinGate:
Accurate clinical assessments that start the day your child enters the program.
Extensive family participation including a parent seminar during the first part of your students stay.
Preparation for the next step to insure a seamless transition.
Student average 8 - 10 weeks in the program.
Admissions are year-round, 7 days a week.
Licensed therapists spend 2 days/1 night in the field each week and call parents weekly.
Truly individualized treatment plans.
Parents attend a parent seminar during their child’s stay.
Students earn semester credits by completing the accredited high school curriculum.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Accreditation Services International (ASI)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP) - SILVER; Association for Experimental Education (AEE)
For over 28 years, Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, Thought Disorders, self-injurious behaviors, Mood Disorders, physical and sexual abuse, Reactive Attachment Disorder, Autism Spectrum Disorder, substance abuse, anxiety, Gender Identity Disorder and Oppositional Defiant Disorder. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that features Youth Care, Residential and Day Treatment programs. Because we are IN NETWORK with most insurance companies, we’re seeing anywhere from 60 - 120 days of coverage under our RTC benefit and/or Day Treatment licensure.

Our clinically intensive program features Master or PhD therapists who provide three hours of individual therapy and one hour of family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrists and nursing teams. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community-based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers and line staff are all trained to help students implement their skills into their daily living.

Students attend school for a full day where they are taught by Utah Certified Teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving school appropriate behaviors. Graduation ceremonies are available for students earning a High School diploma.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah Office of Licensing, Department of Human Services, Residential Treatment; AdvanceED, The Joint Commission (JJC)

**Professional Affiliations:** NATSAP-Full Member; NATSAP Research Designated Program (RDP) - BRONZE
Individual Professional Members are:

- Educational Consultants
- Psychologists
- Psychiatrists
- Lawyers
- Licensed Counselors and Therapists
- College/University Professors
- Other Referring Professionals

Members participate in NATSAP’s common mission of promoting healthy growth and personal well-being of program participants to become a part of the vision and mission of NATSAP.
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- An application for a NATSAP Affiliate Membership is voluntary on the part of the applicant and is designed to provide organizations the opportunity to show their commitment to the ethics and standards upheld by the National Association of Therapeutic Schools and Programs and its members.

- Acceptance as an Affiliate Member is based upon completion of the application in full and receipt of the Annual Dues and is accepted with the acknowledgment of the applicant that the application is complete.

Members participate in the NATSAP common mission of promoting healthy growth and personal well-being of program participants to become a part of the vision and mission of NATSAP.
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**Email:** josephcarroll@assistedinterventions.com  
**Web:** www.assistedinterventions.com

Assisted Interventions has steadily become a recognized leader in the intervention and transport of at-risk adolescents. Our understanding of the needs of the child’s family is something often looked at as a whole. At Assisted Interventions, we recognize that every child, every family and every crisis warrants individualized attention. Our evidence-based approach to intervention and transport affords us the ability to personalize the process, thus retaining the child’s dignity through an approach based on compassion, resulting in safe transport.

BESTNOTES  
PO Box 5578 | Twin Falls, ID 83303

**Executive Contact:** Nicole Hovey  
**Phone:** (855) 489-1792  
**Fax:** (866) 554-3793  
**Email:** nhovey@bestnotes.com  
**Web:** www.bestnotes.com

BestNotes is a HIPAA compliant Electronic Health Records and Customer Relationship Manager database system specifically designed for the behavioral health and substance abuse industry.

BLUESTEP SYSTEMS, LLC  
121 W 200 S | Farmington, UT 84025

**Executive Contact:** Roy Rasband  
**Phone:** (801) 336-3043  
**Email:** rrasband@vorrohealth.com  
**Web:** www.bluestep.net

BlueStep offers a dynamic web-based solution for therapy notes, group session, assessment charting, and medication administration records. We also extend to other crucial aspects of your organization including HR/Staffing, Marketing, and Facility Maintenance. With BlueStep’s Connect Technology we can help your organization foster key relationships over the Internet with FamilyConnect™ and AlumniConnect™. Additionally, we allow you to customize, create, and edit any report, form, field or module according to your specific needs.
Affiliate Members (Cont’d)

BRIDGEWAY BILLING  
600 S Geneva Rd | Orem, UT 84058

**Executive Contact:** Nicholas Burt, MA LMFT  
**Phone:** (385) 283-0800  
**Fax:** (888) 207-2693

We offer the full range of insurance billing services, including: legal expertise, claims, utilization review, VOB’s, and appeals.

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BRIGHTSTONE TRANSITIONS, LLC  
446 Green St | Suite 100 | Gainesville, GA 30506

**Executive Contact:** Jason Cox  
**Phone:** (678) 971-4951  
**Fax:** (678) 971-4952

Brightstone Transitions is an innovative coaching and mentoring program for young men and women, ages 18 to 26. We offer a down-to-earth approach that is designed to assist young adults in reaching their fullest potential.

Brightstone specializes in creating customized support programs facilitated by mentors in an Independence Through Application approach. This immersive approach allows for learning opportunities in real life situations.

Our young adults move beyond program-centered activities and, with guidance from mentors, they obtain employment, learn the power of volunteerism, enroll in college or technical school, and experience what it means to be truly self-sufficient.

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FAMILY HELP & WELLNESS (FHW)  
5432 Sharon Road | Charlotte, NC 28210

**Executive Contact:** Michael Wellons  
**Phone:** (704) 905-4293  
**Fax:** (704) 625-9395

1.) Leading the FHW team efforts in engaging owner/founders of mature behavioral healthcare programs to become FHW Operational Partners and to assist them in reaching the program’s potential as per the vision of the owner/founder; these partnering arrangements also include an eventual exit plan for the Operational Partners that is jointly created to their specification.

2.) Supporting the FHW team efforts to recruit outstanding leadership candidates with whom FHW can partner to create new start-up development programs and become our local Operating Partners.
FOOD AND SUPPLY SOURCE

Executive Contact: Chris Primiano
Phone: (866) 248-4520
Fax: (508) 336-6695

Email: info@foodandsupplysource.com
Web: www.foodandsupplysource.com

With over 3,000 clients & customers across the U.S., Food & Supply Source has become the preeminent solution for human service organizations. Food, supplies and related personnel costs are usually one of the largest budget items in every organization. It is our mission to save your organization time and money and improve overall foodservice efficiencies. We help nonprofits and human service organizations like child care centers, group homes, senior centers, food banks and much more save between 10-35% on food and supplies and absolutely no cost to your organization. If you’re a human service organization serving people every day, we can help!

HIRED POWER TRANSITIONAL RECOVERY SERVICES

Executive Contact: Nanette Zumwalt
Phone: (714) 964-6730
Fax: (888) 870-3174

Email: hiredpower@gmail.com
Web: hiredpower.com

Individuals and families are uniquely different and have their own path to recovery. Knowing that healthy, lasting recovery requires changes in behavior and lifestyles, we provide individualized recovery plans designed by a professional team of recovery experts. With the experience and resources to successfully manage each client’s transition, Hired Power bridges the gap between treatment and recovery. We employ the following services, utilized on a case-by-case basis for issues related to substance abuse, mental health, eating disorders and process addiction, intervention, case management, certified personal recovery assistants, safe passage and monitoring. We work with adolescents, young adults and adults.

INCITE COACHING

Executive Contact: Clay M. Garrett
Phone: (800) 691-2791

Email: clay@incite-coaching.com
Web: www.incite-coaching.com

InCite Coaching is a tailored guidance service for emerging young adults, and their families. Our directors and mentors work with parents and clients nationally, to help make each unique definition of success actionable.

Areas we commonly address: Unhealthy family dynamics, Career/Education strategy, Technology/media misuse, failure to launch, Substance misuse, Social dysfunction, general life skills.

We provide regular guidance through multiple, weekly check-ins (on-site for Denver locals) and use an online platform to further communicate, make assignments, track metrics, review worksheets, and share session notes.
Affiliate Members (Cont’d)

MOUNTAIN SPRINGS PREPARATORY ACADEMY  1454 South Campus Drive | Cedar City, UT 84720

Executive Contact: Jon Larsen  
Phone: (435) 867-5555  
Fax: (435) 867-0005

Email: info@mountainspringsprep.com  
Web: https://www.mountainspringsprep.com/

Mountain Springs Preparatory Academy (MSPA) is a boarding school that specializes in transition, step-down and practice. Through a full-range of wrap around services, we are specifically designed to help students who are stepping down from a higher level of care (i.e. residential treatment, therapeutic boarding school or wilderness program) to prepare for their next step in life. We utilize a solution-focused model that allows students the opportunity to make choices and assess how much the students have internalized the skills they have learned in their prior treatment. MSPA provides many of the components of a traditional boarding school.

PARKER BOUNDS JOHNSON FOUNDATION/ WILDERNESS FOR LIFE  16621 Graef Circle | Lake Oswego, OR 97035

Executive Contact: Daniel E Johnson  
Phone: (503) 810-9100

Email: info@pbjwilderness4life.org  
Web: www.wilderness4life.org

1) GRANTS: PBJF provides financial support via grants for young people in-crisis to attend selected wilderness therapy programs located throughout the United States—our primary focus is to serve those young people in need who reside in Oregon and Washington; 2) INFORMATION RESOURCE: PBJF acts as an information resource for families and the community about wilderness therapy programs and how to access them for their child or young adult; 3) SUICIDE PREVENTION: Provide community outreach education & research funding for suicide prevention that addresses and includes mental health, addiction & substance abuse issues; 4) COMMUNITY SUPPORT: Create community through ongoing local events and activities that promote a sense of belonging, a healthful lifestyle and connection to the wilderness--for all wilderness therapy program graduates and their families as well as graduates and families of continuing therapeutic schools and transitional living programs, who live in Oregon and Washington.

ROCK POINT SCHOOL  1 Rock Point Road | Burlington, VT 05408

Executive Contact: C.J. Spirito  
Phone: (802) 863-1104 x112  
Fax: (802) 863-6628

Email: hkramer@rockpoint.org  
Web: www.rockpointschool.org

Rock Point School is a small, supportive, engaging boarding school serving about 35 high school students. The school sits on 130 acres on Lake Champlain, just minutes from the wonderful college town of Burlington, Vermont. Our students have often found themselves off-track academically, socially, or personally. At Rock Point, they are seen for who they are, what strengths they have, and in what ways they need to be supported. With small classes, individualized attention, a tight-knit community, leadership opportunities, many art offerings (stained glass, photography), hiking, skiing/snowboarding, gardening, community-based services (therapy, support groups), and more, students become their best selves.
Affiliate Members (Cont’d)

SQUAW VALLEY ACADEMY  PO Box 2667 | Olympic Valley, CA 96146

**Executive Contact:** William “Bill” Grant  
**Phone:** (530) 583-9393  
**Fax:** (530) 581-1111  
**Email:** wgrant@sva.org  
**Web:** www.sva.org

Squaw Valley Academy is a grade 9-12 California boarding school and day school in the beautiful Sierra Nevada near Lake Tahoe. We offer a rigorous academic program that emphasizes close interaction between faculty and students and focuses on each student’s individual needs. Supervised two-hour study halls each school night, along with our average class size of eight students, assure individual attention and create a climate of academic success for every student.

TECHIE FOR LIFE  640 E 700 S, Ste 206 | Saint George, UT 84770

**Executive Contact:** Jason Grygla  
**Phone:** (435) 574-9393  
**Email:** GetStarted@TechieForLife.com  
**Web:** www.TechieForLife.com

TechieForLife (TFL) is a co-ed, residential postsecondary school with a wrap-around career support program in beautiful St. George, Utah. Students with neurodiverse social, emotional and academic challenges, such as Autism, receive mentoring so they can build social connections, confidence and independence. Licensed as a vocational school, TFL offers in-house computer tech training, college or trade school help, apprenticeships, internships and job support for individualized paths forward. At TFL, students have a place to belong and support to succeed.
# Program Members: By State

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<th>Program / School</th>
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<td>ALABAMA</td>
<td>Elk River Treatment Program</td>
<td>(866) 906-8336</td>
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<td>ARIZONA</td>
<td>ANASAZI Foundation</td>
<td>(480) 892-7403</td>
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<td>In Balance Ranch Academy</td>
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<td>Red Mountain Sedona</td>
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<td>Sedona Sky Academy</td>
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<td>CALIFORNIA</td>
<td>Ascend Healthcare</td>
<td>(747) 247-2176</td>
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<td>Benchmark Transitions</td>
<td>(800) 474-4848</td>
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<td>Journey Academy</td>
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<td>Launch Centers</td>
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<td>Optimum Performance Institute</td>
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<td>Pine River Institute</td>
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<td>Polaris Teen Center</td>
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<td>COLORADO</td>
<td>AIM House</td>
<td>(303) 554-0011</td>
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<td></td>
<td>Forest Heights Lodge</td>
<td>(303) 674-6805</td>
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<td>Open Sky Wilderness Therapy</td>
<td>(970) 382-8181</td>
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<td>PRN for Families</td>
<td>(888) 762-5973</td>
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<td>Urban Edge Denver</td>
<td>(720) 668-7472</td>
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<td>CONNECTICUT</td>
<td>Devereux Glenholme School</td>
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<td>Grove School</td>
<td>(203) 245-6098</td>
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<td>JRI - River Run at Susan Wayne Center</td>
<td>(860) 928-5900</td>
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<td>The Learning Clinic</td>
<td>(860) 774-1036</td>
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<td>Newport Academy - Connecticut Female Program</td>
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<td>Waterford Country School, Inc.</td>
<td>(860) 440-4352</td>
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<td>FLORIDA</td>
<td>Family First Adolescent Services LLC</td>
<td>(561) 315-3767</td>
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<td>The Foundation for Independent Living, Inc.</td>
<td>(954) 968-6472</td>
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<td>NBI Ranch</td>
<td>(954) 217-1757</td>
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<td>GEORGIA</td>
<td>Blue Ridge Therapeutic Wilderness</td>
<td>(888) 914-1050</td>
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<td>Cottages on Mountain Creek</td>
<td>(404) 200-1925</td>
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<td>Hillside ®</td>
<td>(404) 875-4551</td>
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<td>Shepherd’s Hill Academy</td>
<td>(706) 779-5736</td>
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**Program Members: By State**

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<th>State</th>
<th>Program / School</th>
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<td>GEORGIA (CONT’D)</td>
<td>Skyland Trail</td>
<td>(866) 528-9593</td>
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<td>HAWAII</td>
<td>Pacific Quest</td>
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<td>IDAHO</td>
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<td>BlueFire Wilderness Therapy</td>
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<td>Boulder Creek Academy</td>
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<td>Cherry Gulch</td>
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<td>Chrysalis</td>
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<td>Echo Springs Transitional Study Center</td>
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<td>Innercept</td>
<td>(208) 661-7178</td>
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<td>Northwest College Support</td>
<td>(877) 485-2776</td>
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<td>Novitas Academy</td>
<td>(208) 954-5085</td>
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<td>Project Patch</td>
<td>(360) 693-8495</td>
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<td>ILLINOIS</td>
<td>Arrowhead Youth and Family Services</td>
<td>(309) 799-7044</td>
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<td>The Brooke Whitted Center</td>
<td>(773) 420-2596</td>
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<td>EDGE Learning and Wellness Collegiate Community</td>
<td>(224) 616-2655</td>
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<td>Sonia Shankman Orthogenic School</td>
<td>(773) 420-2900</td>
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<td>INDIANA</td>
<td>Compass Rose Academy</td>
<td>(260) 569-4757</td>
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<td>KANSAS</td>
<td>HeartSpring School</td>
<td>(316) 634-8700</td>
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<td>Lakemary Center, Inc.</td>
<td>(913) 557-4000</td>
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<td>LOUISIANA</td>
<td>Evangelhouse Christian Academy</td>
<td>(800) 924-4012</td>
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<td>MAINE</td>
<td>Cornerstones of Maine</td>
<td>(800) 588-6898</td>
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<td>Foundation House</td>
<td>(888) 245-2000</td>
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<td>Ironwood Maine</td>
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<td>Onward Transitions, LLC</td>
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<td>Summit Achievement</td>
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<td>MARYLAND</td>
<td>ClearView Communities, LLC</td>
<td>(309) 698-4900</td>
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<td>MASSACHUSETTS</td>
<td>Chamberlain International School</td>
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<td>JRI - Anchor Academy</td>
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<td>JRI-The Victor School</td>
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<td>Latham Centers</td>
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<td>MISSOURI</td>
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### Program Members: By State

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<td>MISSOURI (CONT’D)</td>
<td>Shelterwood Academy</td>
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<td>MONTANA</td>
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<td>(603) 634-4446</td>
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<td>NEW MEXICO</td>
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<td>(505) 866-9271</td>
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<td>NEW YORK</td>
<td>Green Chimneys</td>
<td>(845) 279-2995 x119</td>
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<td>NORTH CAROLINA</td>
<td>Asheville Academy for Girls</td>
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<td>Auldern Academy</td>
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<td>CooperRiis</td>
<td>(877) 867-8316</td>
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<td>Equinox RTC</td>
<td>(828) 436-2200</td>
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<td>Momentum Recovery</td>
<td>(888) 815-5502</td>
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<td>Montford Hall</td>
<td>(828) 229-7757</td>
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<td>Red Oak Recovery</td>
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<td>(828) 668-7590</td>
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<td>Trails Carolina</td>
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<tr>
<td>OHIO</td>
<td>Lindner Center of HOPE</td>
<td>(513) 536-0537</td>
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<td>OREGON</td>
<td>Academy at Sisters</td>
<td>(541) 389-2748</td>
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<td>Cascade Crest Transitions</td>
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<td>Dragonfly Transitions</td>
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<td>New Leaf Academy</td>
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<td>New Vision Wilderness</td>
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<td>SOUTH CAROLINA</td>
<td>Cherokee Creek Boys School</td>
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<td>Whetstone Academy</td>
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<tr>
<td>TENNESSEE</td>
<td>ARCH Academy (Adolescent Recovery of Cumberland Heights)</td>
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## Program Members: By State

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<td>Fulshear Treatment to Transition</td>
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<td>Meridell Achievement Center</td>
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## Program Members: By Gender

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<td>Greenbrier Academy for Girls</td>
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Program Members: By Gender

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## Program Members: By Age Group

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## Program Members: By Age Group

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<td>WestBridge, Inc.</td>
<td>18+</td>
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Program Members: By Type

Non-residential/Outpatient Centers
Benchmark Transitions
Cottages on Mountain Creek
Ellenhorn
PRN for Families

Residential Treatment Centers
Alpine Academy
ARCH Academy (Adolescent Recovery of Cumberland Heights)
Arrowhead Youth and Family Services
Ascend Healthcare
Ashcreek Ranch Academy
Bayes Achievement Center
Benchmark Transitions
Bridge House
Calo Preteens
Calo Teens
Catalyst Residential Treatment, LLC
Center for Change
ClearView Communities, LLC
Clearview Horizon, Inc.
Compass Rose Academy
Coral Reef Academy
Cottages on Mountain Creek
Diamond Ranch Academy - Crystal Springs
Diamond Ranch Academy - Lava Falls
Discovery Connections
Discovery Ranch
Discovery Ranch for Girls
Elevations RTC
Elk River Treatment Program
Ellenhorn
Equinox RTC
Family First Adolescent Services LLC
Forest Heights Lodge
Gateway Academy, LLC
Genesee Lake School
Green Chimneys
Greenbrier Academy for Girls
Havenwood Academy, Inc.
Heritage Schools, Inc.
Hillside ®
Innercept
Intermountain
Ironwood Maine
Journey Academy
Kaizen Academy

Residential Treatment Centers (Cont’d)
Kolob Canyon RTC
La Europa Academy
Lakemary Center, Inc.
Latham Centers
The Learning Clinic
Lindner Center of HOPE
Logan River Academy
Maple Lake Academy
Meridell Achievement Center
Monuments
Moonridge Academy
Mountain Valley Treatment Center
NBI Ranch
New Focus Academy
New Haven Residential Treatment Center
Newport Academy - Connecticut Female Program
Newport Academy - Connecticut Male Program
Newport Academy - Northern California Female Program
Newport Academy - Northern California Male Program
Newport Academy - Southern CA Female Program
Newport Academy - Southern CA Male Program
Newport Academy - Washington State Male Program
Northwest Passage - Riverside
Northwest Passage Child & Adolescent Center / Prairievew Program
Oxbow Academy
Paradigm Treatment Centers
PATH at Stone Summit
Pine River Institute
Polaris Teen Center
Project Patch
reSTART Life
Rogers Behavioral Health
Sandhill Center
Sedona Sky Academy
Shelterwood Academy
Solstice East
Solstice West RTC
Sonia Shankman Orthogenic School
Sorenson’s Ranch School
Spruce Mountain Inn
Sunrise RTC
Tamarack Center
Program Members: By Type (Cont’d)

Residential Treatment Centers (Cont’d)
Telos Academy
Three Points Center, LLC
Triumph Youth Services, LLC
Turn-About Ranch
Turning Winds Academic Institute
Uinta Academy RTC, LLC
Vista Adolescent Treatment Center
Waterfall Canyon Academy
WayPoint Academy
Wediko School
West Ridge Academy
WestBridge, Inc.
White River Academy
Wilderness Treatment Center
Youth Care

Residential Treatment Centers - Substance Abuse
ARCH Academy (Adolescent Recovery of Cumberland Heights)
Ascend Healthcare
Benchmark Transitions
Cottages on Mountain Creek
Ellenhorn
Family First Adolescent Services LLC
Pine River Institute
Shelterwood Academy
Turn-About Ranch
WestBridge, Inc.
White River Academy
Wilderness Treatment Center

Specialty Psychiatric & Behavioral Hospitals
Cottages on Mountain Creek
University Neuropsychiatric Institute
ViewPoint Center

Therapeutic Boarding Schools (Cont’d)
Cherry Gulch
Chrysalis
Clearview Horizon, Inc.
Devereux Glenholme School
Discovery Academy
Evangelhouse Christian Academy
Explorations
Greenbrier Academy for Girls
Grove School
Heartspring School
In Balance Ranch Academy
Little Keswick School
Montana Academy
Montford Hall
New Leaf Academy
New Summit Academy of Costa Rica
Novitas Academy
Pine River Institute
reSTART Life
Shepherd’s Hill Academy
Shortridge Academy
Spring Ridge Academy
Summit Preparatory School
Three Points Center, LLC
Valley View School
Waterford Country School, Inc.
Whetstone Academy

Therapeutic Day School
Bayes Achievement Center
Chamberlain International School
Devereux Glenholme School
Grove School
Journey Academy
JRI - Anchor Academy
JRI - Bay Cove Academy
JRI - Granite Academy
JRI - River Run at Susan Wayne Center
JRI-The Victor School
Lakemary Center, Inc.
The Learning Clinic
Newport Academy Therapeutic Day School - CA
Newport Academy Therapeutic Day School - CT
Program Members: By Type (Cont’d)

**Transitional Independent Living Programs**
- At the Crossroads
- Benchmark Transitions
- Cascade Crest Transitions
- Cottages on Mountain Creek
- EDGE Learning and Wellness Collegiate Community
- Journey Home West
- Journey Home Young Adult
- Momentum Recovery
- Northwest College Support
- Onward Transitions, LLC
- Optimum Performance Institute
- Red Mountain Sedona
- Urban Edge Denver

**Wilderness Therapy Programs**
- ANASAZI Foundation
- Aspiro Adventure
- Blue Ridge Therapeutic Wilderness
- BlueFire Wilderness Therapy
- Confluence Behavioral Health
- Evoke at Cascades
- Evoke Entrada
- Foundation House
- New Vision Wilderness
- Open Sky Wilderness Therapy
- Outback Therapeutic Expeditions
- Pine River Institute
- Pure Life Adventure
- RedCliff Ascent
- Second Nature Wilderness Family Therapy, LLC
- Star Guides
- Summit Achievement
- SUWS of the Carolinas and Phoenix Outdoor Trails Carolina
- True North Wilderness Program
- WinGate Wilderness Therapy

**Young Adult Programs**
- AIM House
- Aloft Transitions
- At the Crossroads
- Benchmark Transitions
- The Brooke Whitted Center
- Cascade Crest Transitions
- ClearView Communities, LLC
- Confluence Behavioral Health
- Cornerstones of Maine
- Dragonfly Transitions
- Echo Springs Transitional Study Center
- Evoke at Cascades
- Foundation House
- Fulshear Treatment to Transition
- Launch Centers
- Legacy Outdoor Adventures
- Pacific Quest
- Red Mountain Sedona
- Red Oak Recovery
- ScenicView Academy
- Skyland Trail
- Spruce Mountain Inn
- Telos U
- Urban Edge Denver
- WestBridge, Inc.
The National Association of Therapeutic Schools and Programs (NATSAP) recognizes the need and responsibility to conduct appropriate research on its professional practices. In this vein, NATSAP has undertaken a major initiative to encourage all members to demonstrate that they examine their practice in a meaningful way. Programs that demonstrate this commitment are invited to apply, and receive upon examination by the NATSAP Research Committee, the status of a NATSAP RESEARCH DESIGNATED PROGRAM (RDP).

**Bronze Programs**

- Benchmark Transitions
- Black Mountain Academy
- BlueFire Wilderness Therapy
- Cherokee Creek Boys School
- Cherry Gulch
- In Balance Ranch Academy
- ScenicView Academy
- Second Nature Wilderness Family Therapy, LLC
- Solstice East
- Youth Care

**Silver Programs**

- Aspiro Adventure
- Cascade Crest Transitions
- Discovery Academy
- Discovery Connections
- Dragonfly Transitions
- Heritage Schools, Inc.
- Intermountain
- New Haven Residential Treatment Center
- reSTART Life
- SUWS of the Carolinas and Phoenix Outdoor
- Three Points Center, LLC
- WinGate Wilderness Therapy

**Gold Programs**

- Alpine Academy
- ANASAZI Foundation
- ARCH Academy (Adolescent Recovery of Cumberland Heights)
- Chrysalis
- Discovery Ranch
- Evoke at Cascades
- Fulshear Treatment to Transition
- Gateway Academy, LLC
- Kolob Canyon RTC
- Legacy Outdoor Adventures
- Moonridge Academy
- Outback Therapeutic Expeditions
- Oxbow Academy
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### SEVIS (Student and Exchange Visitor Information System) Approved Programs

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<td>A4CIP</td>
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<td>AAC</td>
<td>American Adoption Congress</td>
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<td>AACAP</td>
<td>American Academy of Child &amp; Adolescent Psychiatry</td>
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<td>AACC</td>
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<tr>
<td>AACS</td>
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<tr>
<td>AAMFT</td>
<td>American Association for Marriage and Family Therapy</td>
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<tr>
<td>AANE</td>
<td>The Asperger / Autism Network</td>
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<tr>
<td>AARTC</td>
<td>American Association of Residential Treatment Centers</td>
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<tr>
<td>ABCT</td>
<td>Association of Behavioral and Cognitive Therapies</td>
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<tr>
<td>ACA</td>
<td>American Camp Association</td>
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<tr>
<td>ACATA</td>
<td>Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth</td>
</tr>
<tr>
<td>ACCT</td>
<td>Association for Challenge Course Technology</td>
</tr>
<tr>
<td>ACRC</td>
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<tr>
<td>ADAA</td>
<td>Anxiety and Depression Association of America</td>
</tr>
<tr>
<td>ADDAM</td>
<td>Association of Directors of Development and Admissions and Marketing</td>
</tr>
<tr>
<td>AED</td>
<td>Academy for Educational Development</td>
</tr>
<tr>
<td>AEDP</td>
<td>Association of Eminent Domain Professionals</td>
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<td>ANPA</td>
<td>American Neuropsychiatric Association</td>
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<tr>
<td>APA</td>
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<td>ARHE</td>
<td>The Association of Recovery in Higher Education Affiliate</td>
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<td>ARTA</td>
<td>American Residential Treatment Association</td>
</tr>
<tr>
<td>ASI</td>
<td>Accreditation Services International</td>
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<td>ASW</td>
<td>Autism Society of Wisconsin</td>
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<tr>
<td>ATN</td>
<td>Attachment and Trauma Network</td>
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<tr>
<td>ATSA</td>
<td>Association for the Treatment of Sexual Abusers</td>
</tr>
<tr>
<td>ATTACH</td>
<td>Association for Training on Trauma and Attachment in Children</td>
</tr>
<tr>
<td>CAADE</td>
<td>California Association for Alcohol and Drug Educators</td>
</tr>
<tr>
<td>CACFS</td>
<td>California Alliance for Child and Family Services</td>
</tr>
<tr>
<td>CAIS</td>
<td>Connecticut Association of Independent Schools</td>
</tr>
<tr>
<td>CAMFT</td>
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</tr>
<tr>
<td>CAPS</td>
<td>Christian Association of Psychological Studies</td>
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### Acronym Definitions (Cont’d)

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<thead>
<tr>
<th>Acronym</th>
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<tr>
<td>CAPSEF</td>
<td>Connecticut Association of Private Special Education Facilities</td>
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<td>CAPSES</td>
<td>California Association of Private Special Education Schools</td>
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<tr>
<td>CARF</td>
<td>Commission on Accreditation of Rehabilitation Facilities</td>
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<tr>
<td>CCAPP</td>
<td>California Consortium of Addiction Programs &amp; Professionals</td>
</tr>
<tr>
<td>CHADD</td>
<td>Children and Adults with Attention Deficit Disorder</td>
</tr>
<tr>
<td>CITA</td>
<td>Commission on International and Trans-Regional Accreditation</td>
</tr>
<tr>
<td>COA</td>
<td>Council on Accreditation</td>
</tr>
<tr>
<td>CSW</td>
<td>Clinical Social Work</td>
</tr>
<tr>
<td>CWLA</td>
<td>Child Welfare League of America</td>
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<tr>
<td>DESE</td>
<td>Department of Elementary and Secondary Education</td>
</tr>
<tr>
<td>DHCS</td>
<td>Department of Health Care Services</td>
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<tr>
<td>DoPL UT</td>
<td>Department of Professional Licensing of Utah</td>
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<tr>
<td>EAGALA</td>
<td>Equine Assisted Growth and Learning Association</td>
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<tr>
<td>EAP</td>
<td>Employee Assistance Professional Association</td>
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<td>ECEA</td>
<td>Evangelical Council for Financial Accountability</td>
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<td>EDC</td>
<td>Eating Disorder Coalition</td>
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<tr>
<td>EEC</td>
<td>Department of Early Education and Care</td>
</tr>
<tr>
<td>EIA</td>
<td>Education Industry Association</td>
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<td>GACS</td>
<td>Georgia Association of Christian Schools</td>
</tr>
<tr>
<td>GAIS</td>
<td>Georgia Association of Independent Schools</td>
</tr>
<tr>
<td>GAPSEC</td>
<td>Georgia Association of Private Schools for Exceptional Children</td>
</tr>
<tr>
<td>GISA</td>
<td>Georgia Independent Schools Association</td>
</tr>
<tr>
<td>HRC</td>
<td>Human Rights Campaign</td>
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<td>IADDA</td>
<td>Illinois Alcoholism and Drug Dependence Association</td>
</tr>
<tr>
<td>IAEDP</td>
<td>International Association of Eating Disorders Professionals</td>
</tr>
<tr>
<td>IASE</td>
<td>International Association for Statistical Education</td>
</tr>
<tr>
<td>IECA</td>
<td>Independent Educational Consultants Association</td>
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<tr>
<td>HiTAP</td>
<td>International Institute for Trauma and Addiction Professional</td>
</tr>
<tr>
<td>IOCDF</td>
<td>International OCD Foundation</td>
</tr>
<tr>
<td>IOP</td>
<td>Intensive Outpatient</td>
</tr>
<tr>
<td>ISBE</td>
<td>Approved Provider of Illinois</td>
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<tr>
<td>ISPA</td>
<td>Independent Small Programs Alliance</td>
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<tr>
<td>ISPS-US</td>
<td>International Society for Psychological and Social Approaches to Psychosis - United States Chapter</td>
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<tr>
<td>JCAHO</td>
<td>Joint Commission of Accredited Healthcare Organizations</td>
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<tr>
<td>KDH&amp;E</td>
<td>Kansas Department of Health &amp; Environment</td>
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<tr>
<td>LDA</td>
<td>Learning Disabilities Association of America</td>
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<tr>
<td>LICSW</td>
<td>Licensed Independent Clinical Social Worker</td>
</tr>
<tr>
<td>LMHC</td>
<td>Licensed Mental Health Counselor</td>
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<tr>
<td>LMHCC</td>
<td>Labor / Management Health Care Coalition</td>
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</table>
### Acronym Definitions (Cont’d)

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<th>Description</th>
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<tbody>
<tr>
<td>MAAPS</td>
<td>Massachusetts Association of Approved Private Schools</td>
<td>NARA</td>
<td>Northern Arizona Recovery Association</td>
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<tr>
<td>MADC</td>
<td>Maryland Addiction Disorders Consortium</td>
<td>NASP</td>
<td>National Association of School Psychologists</td>
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<tr>
<td>MADSEC</td>
<td>Maine Administrators of Services for Children with Disabilities</td>
<td>NASW</td>
<td>National Association of Social Workers</td>
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<td>MALA</td>
<td>Michigan Assisted Living Association</td>
<td>NATWC</td>
<td>National Association of Therapeutic Wilderness Camping</td>
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<td>MEDA</td>
<td>Multi-Service Eating Disorder Association</td>
<td>NBCDI</td>
<td>National Black Child Development Institute</td>
</tr>
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<td>MHA</td>
<td>Mental Health Association Children with Disabilities</td>
<td>NCA CASI</td>
<td>North Central Association Commission on Accreditation and School Improvement</td>
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<tr>
<td>MPA</td>
<td>Maine Principles Association</td>
<td>NCPSA</td>
<td>National Council for Private School Accreditation</td>
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<tr>
<td>MPY</td>
<td>Middlesex Partnerships for Youth</td>
<td>NCTRC</td>
<td>National Council for Therapeutic Recreation Certification</td>
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<td>NAADAC</td>
<td>The Association for Addiction Professionals</td>
<td>NEDC</td>
<td>National Eating Disorders Association</td>
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<tr>
<td>NAANAD</td>
<td>National Association of Anorexia Nervosa and Associated Disorders</td>
<td>NEASC</td>
<td>New England Association of Schools and Colleges</td>
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<td>NAAS</td>
<td>Northwest Association of Accredited Schools</td>
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<td>National Eating Disorders Association</td>
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<td>NAATP</td>
<td>National Association of Addiction Treatment Providers</td>
<td>NHASEA</td>
<td>New Hampshire Association of Special Education Administrators</td>
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<td>NADD</td>
<td>The National Association for the Dually Diagnosed</td>
<td>NIPSAG</td>
<td>National Private Schools Association Group</td>
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<td>NAIS</td>
<td>National Association of Independent Schools</td>
<td>NN4Y</td>
<td>National Network for Youth</td>
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<td>NAMI</td>
<td>National Alliance on Mental Illness</td>
<td>NNDC</td>
<td>National Network of Depression Centers</td>
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<td>NAPHS</td>
<td>National Association of Psychiatric Health Systems</td>
<td>NOJOS</td>
<td>Network on Juveniles Offending Sexually</td>
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<td>NAPN</td>
<td>National Adolescent Perpetration Network</td>
<td>NPSAG</td>
<td>National Private Schools Association Group</td>
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<tr>
<td>NAPS</td>
<td>National Association of Private Schools</td>
<td>NSC</td>
<td>National Safety Council</td>
</tr>
<tr>
<td>NAPSEC</td>
<td>The National Association of Private Special Education Centers</td>
<td>NWAC</td>
<td>Northwest Accreditation Commission</td>
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### Acronym Definitions (Cont’d)

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<th>Acronym</th>
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<td>NWEA</td>
<td>Northwest Evaluation Association</td>
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<tr>
<td>OBHC</td>
<td>Outdoor Behavioral Health Council</td>
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<tr>
<td>OBHIC</td>
<td>Outdoor Behavioral Healthcare Industry Council</td>
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<tr>
<td>OBHRC</td>
<td>Outdoor Behavioral Healthcare Research Cooperative</td>
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<tr>
<td>OPERA</td>
<td>Oregon Prevention Education and Recovery Association</td>
</tr>
<tr>
<td>OSSE</td>
<td>District of Columbia Office of the State Superintendent of Education</td>
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<tr>
<td>PAARP</td>
<td>Private Alternative Adolescent Residential Program</td>
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<tr>
<td>PANI</td>
<td>Patranato Nacional de Infancia de Costa Rica - child welfare organization</td>
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<tr>
<td>PWSANE</td>
<td>Prader-Willi Syndrome Association of New England</td>
</tr>
<tr>
<td>PWSAUSA</td>
<td>Prader-Willi Syndrome Association of New England</td>
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<tr>
<td>RDP</td>
<td>NATSAP Research Designated Program</td>
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<tr>
<td>SAATB</td>
<td>Secondary School Admission Test</td>
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<tr>
<td>SACAVA</td>
<td>Substance Abuse Certification Alliance of Virginia</td>
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<tr>
<td>SACS</td>
<td>Southern Association of Colleges and Schools</td>
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<tr>
<td>SAMHSA</td>
<td>Substance Abuse and Mental Health Services Administration</td>
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<tr>
<td>SASH</td>
<td>Society for the Advancement of Sexual Health</td>
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<tr>
<td>SBBSA</td>
<td>Small Boarding School Association</td>
</tr>
<tr>
<td>SBSI</td>
<td>Strength Based Services International</td>
</tr>
<tr>
<td>SEVIS</td>
<td>Student and Exchange Visitor Information System</td>
</tr>
<tr>
<td>SHRM</td>
<td>Society for Human Rights Management</td>
</tr>
<tr>
<td>SSATB</td>
<td>Secondary School Admission Test</td>
</tr>
<tr>
<td>TAADAS</td>
<td>Tennessee Association of Alcohol, Drug &amp; other Addiction Services</td>
</tr>
<tr>
<td>TAATP</td>
<td>Tennessee Association of Addiction Treatment Providers</td>
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<td>TABS</td>
<td>The Association of Boarding Schools and Colleges</td>
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<tr>
<td>TACC</td>
<td>Tennessee Association of Children’s Centers</td>
</tr>
<tr>
<td>TAPG</td>
<td>Therapeutic Adventure Professional Group</td>
</tr>
<tr>
<td>TCA</td>
<td>Treatment Communities of America</td>
</tr>
<tr>
<td>TFA</td>
<td>Teaching-Family Association</td>
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<tr>
<td>TJC</td>
<td>The Joint Commission</td>
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<td>USPRA</td>
<td>United States Psychiatric Rehabilitation Association</td>
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<td>VAISEF</td>
<td>Virginia Association of Independent Specialized Education Facilities</td>
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<td>VBSR</td>
<td>Vermont Business for Social Responsibility</td>
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<td>WAFCA</td>
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<td>WFMI</td>
<td>World Federation for Mental Health</td>
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<td>WISER</td>
<td>Washington Independent Services for Education Resources</td>
</tr>
<tr>
<td>YATA</td>
<td>Young Adults Transition Association</td>
</tr>
</tbody>
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