

NATSAP

Guiding the way

National Association of Therapeutic Schools and Programs PRN Report 2021

NATSAP serves as an advocate and resource for innovative organizations which devote themselves to society's need for the effective care and education of struggling young people and their families. One of the highest priorities of NATSAP members is their data-driven approach to treatment. See the results gathered in 2020.

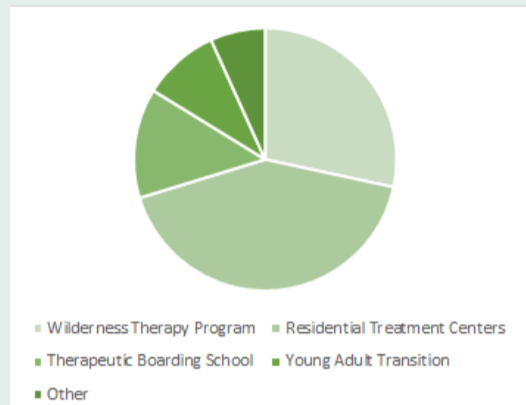
74 Programs Reported

86.4% of adolescent clients had clinically significant improvements from admit to discharge and beyond.

6,730 Matched Pairs of Data from adolescents

9,121 Matched Pairs of Data from Relative/Guardian

NATSAP Program Type



NATSAP is the largest not for profit membership association in the United States dedicated to residential treatment centers, wilderness therapy programs, therapeutic boarding schools and therapeutic programs.

Through research NATSAP aims to elevate ethical practices and principles of good practice.

90.1%

Adolescents have been in outpatient treatment prior to admit

43.3%

Adolescents have been hospitalized for psychiatric care prior to admit

69.6%

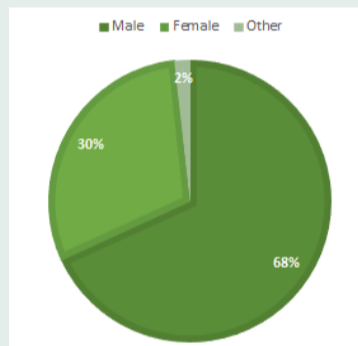
Adolescents self report clinically acute levels of functioning at intake were admitted within a clinical range

92.2%

Relatives/guardians report their youth at clinically acute levels of functioning at intake.

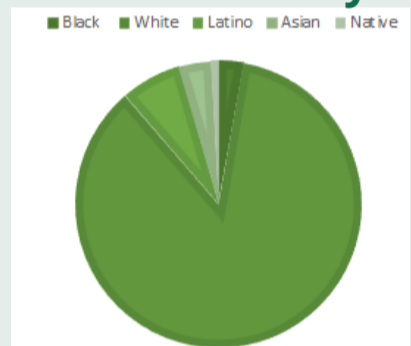
WHO IS ATTENDING NATSAP PROGRAMS?

Gender



As reported on YOQ-2.0SR

Race/Ethnicity

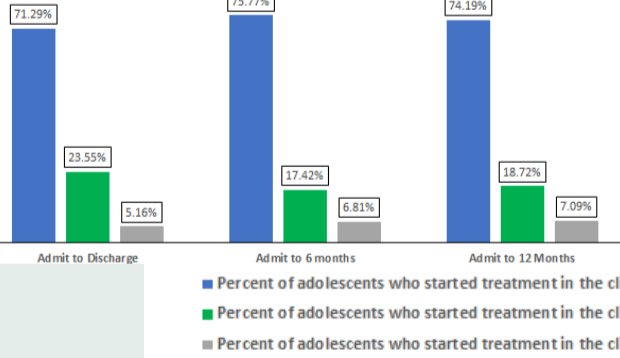


As reported on YOQ-2.01

YOQ Change

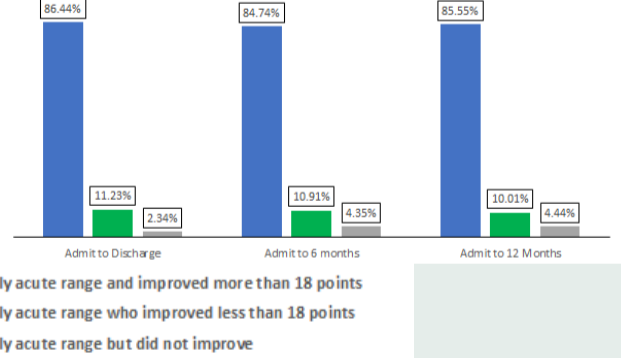
Adolescent Self Report Youth Outcomes Questionnaire Clinical Improvements Over Time

(Measured by the Reliable Change Index = 18 or more points of improvement)



Relative/Guardian Reported Youth Outcomes Questionnaire Clinical Improvements Over Time

(Measured by the Reliable Change Index = 18 or more points of improvement)



Over time, both adolescents and relatives/guardians reported a clinically significant change.

The clinical cutoff for the adolescent YOQ-2.0 SR is 46, for the guardian YOQ-2.01 it is 47, as indicated by the bold black line.

Total mean scores from adolescents and relatives/guardians show an overall decrease in clinical severity of participants in NATSAP programs that is sustained over time.

Mean Youth Outcomes Questionnaire Total Scores across Time Adolescent and Guardian/Relative Reports

